

MagicLife Life Magazine

Magic Life

October 2026 Edition



Stronger Together

Chapel Row celebrates teamwork, new beginnings and memorable moments in the community

September was a month that truly highlighted the strength of the team at Chapel Row. Through flexibility, commitment and a willingness to support one another, staff continued to create positive experiences and maintain a strong sense of stability across the service.

It was a month that showed just how much can be achieved when people work together with a shared purpose.

Teamwork in Action

One of the biggest achievements of the month was the progress made in preparing to welcome YB to Chapel Row.

The team has spent many months carefully planning and preparing for this next chapter, showing patience, determination and optimism throughout the process. In September, that preparation reached an exciting milestone as shadow shifts with YB successfully began.

Feedback from staff involved has been extremely positive. YB engaged well with the team, enjoyed taking part in community activities and appeared comfortable spending time with staff.

It has been an encouraging start and one that has given the Chapel Row team plenty to look forward to as they continue helping YB settle in, build confidence and explore the opportunities available to him.

Punting into September

There were memorable experiences for existing residents too.

BS enjoyed a fantastic trip to Cambridge, where he had the chance to take part in one of the city's most famous activities — punting along the river.

The outing gave BS the opportunity to explore somewhere new, enjoy the surroundings and spend time out in the wider community. He engaged positively throughout the day and appeared to thoroughly enjoy the experience.

And really, can you visit Cambridge without taking to the river at least once?

It was another great example of how personalised activities can create memorable experiences and open the door to new interests and adventures.

Always Learning

Behind the scenes, the Chapel Row team has also continued developing its knowledge and skills through ongoing training.

This commitment to learning has helped staff build confidence and prepare for the next stage of YB's transition, while continuing to provide consistent, person-centred support to everyone at Chapel Row.

The positive progress made during September reflects the dedication of the whole team and their determination to help each person achieve meaningful goals, greater independence and a fulfilling life within the community.

A SPECIAL MENTION

This month, a special congratulations goes to Chiamaka Sylvia Brendan.

Chiamaka has consistently demonstrated dedication, professionalism and a positive approach to her role. She embraces change, takes pride in developing her skills and has shown strong leadership qualities within the team.

Her reliability, high standards and attention to accurate reporting have made her a valued colleague and a positive example to those around her.

Most importantly, Chiamaka approaches her work with enthusiasm and a genuine commitment to providing quality support.

A very well-deserved special mention — congratulations, Chiamaka!

September has been a rewarding month for Chapel Row, filled with progress, new experiences and plenty of reasons to celebrate.

From preparations for welcoming YB, to BS enjoying Cambridge from the river, and the everyday dedication shown by staff, the month has demonstrated what Chapel Row does best — working together to create opportunities, build confidence and help people move towards positive futures.

AUTHOR: JOAN DELLISTON

PHOTOGRAPHER: ISSAH UMAR, ENIBRAYIKEDOU ALBERT, EBIMENE EBIKEME MIRACLE, EVELYN AMRASAVWORE, TIKO PAEBI AND CHIAMAKA SYLVIA BRENDAN



September Smiles

Seaside adventures, home-grown treats and a birthday breakfast made September a month to remember at Grove Park Road.

A Day Beside the Sea

There's something special about a day at the seaside, and RL and KM made the most of a September trip to Southend Beach.

With staff joining them for the outing, the pair enjoyed the fresh sea air, the lively atmosphere and a welcome change of scenery. Of course, no traditional seaside trip would be complete without one important ingredient – fish and chips!

RL and KM tucked into the classic seaside favourite and enjoyed spending time outdoors together. It was a simple but memorable day, filled with the pleasures of good company, a different environment and a taste of the coast.

From Garden to Plate

Back at Grove Park Road, EL was busy discovering the rewards of a little patience and plenty of gardening.

Earlier in the summer, potatoes had been planted and carefully looked after. September finally brought harvest time, giving EL the opportunity to dig them up and collect the home-grown crop.

Seeing the potatoes emerge from the soil was only part of the experience. The freshly harvested produce was then transformed into delicious jacket potatoes for a meal.

From planting and caring for the vegetables to harvesting, preparing and finally eating them, EL was able to enjoy the whole journey from garden to plate. Proof, perhaps, that some of the tastiest achievements begin with a little digging!

AUTHOR: ANDREA

PHOTOGRAPHER: AMAL

Birthday Breakfast

September also brought a very special occasion as NR celebrated her birthday.

Rather than simply waiting for breakfast to arrive, NR got involved herself, helping to prepare a full English breakfast for her birthday celebration. She cooked not only for herself but also for staff and fellow residents.

Everyone then sat down to enjoy the meal together, turning breakfast into a lovely shared celebration.

It was a warm and sociable way to mark NR's special day – and when a birthday begins with a full English breakfast, it is already off to a pretty good start!

September at Grove Park Road showed once again that memorable moments can come in many forms: a day beside the sea, potatoes freshly dug from the garden or breakfast shared around the table.

Each experience brought opportunities to participate, enjoy time with others and take pride in something special. Congratulations to EL, KM, RL and NR for helping make September such an enjoyable month.



MagicLife 672 High Road

Out and About

A month of activity, independence and new experiences for CK at 672 High Road

Starting the Day Well

September was a busy and positive month for CK, with plenty of opportunities to stay active, build independence and enjoy time out in the community.

At home, CK continued to take an active role in his daily routine. He made his bed in the morning before breakfast and also prepared his own orange juice, helping him begin the day with purpose and involvement.

“Small everyday achievements can make a big difference, and CK embraced his morning routine with confidence.”

Pedal Power

Staying active was an important part of CK's month.

CK took part in bike riding at Pedal Power with staff support and clearly enjoyed the experience. He also visited the park, where he took part in outdoor exercise and made the most of being active in the fresh air.

There was plenty of movement, energy and enjoyment throughout the month – and CK certainly kept everyone on their toes!

Exploring Enfield

CK also enjoyed getting out and exploring the local area.

One of his trips took him to the Riverside at Forty Hall in Enfield, giving him another opportunity to enjoy a change of scenery and spend time in the community.

These outings provided a great balance of activity, relaxation and new experiences.

Shopping Independently

A real highlight of the month was CK's weekly shopping trip.

CK selected items from the shelves, used the self-service till to pay for his shopping and then took them home.

It was a great example of CK taking an active role in an everyday task and being involved throughout the whole shopping experience.

“From choosing his shopping to paying at the till, CK was involved every step of the way.”

A London Adventure

September also included a particularly exciting trip to the London Eye.

CK travelled there with staff and enjoyed taking a ride inside one of the capsules. The experience gave him the chance to enjoy something different and take in the sights of London from high above the city.

It was clearly an outing to remember and another memorable addition to a very active month.

Choosing What's for Dinner

Back at home, CK also spent time cooking alongside staff.

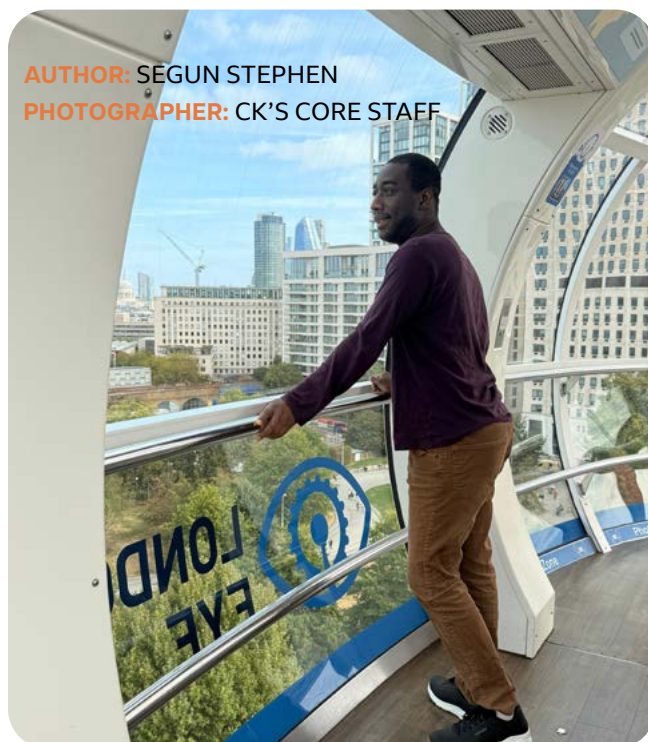
He chose what he wanted for dinner and became actively involved in preparing the meal. Making choices and taking part in cooking gave CK another opportunity to contribute to everyday life at home while enjoying an activity with staff.

“Whether cycling, shopping, cooking or exploring London, CK made September a month full of participation and achievement.”

September at 672 High Road was packed with activity, choice and memorable experiences. From daily routines and cooking to cycling, shopping and a trip to the London Eye, CK took part in a wide range of activities and enjoyed a month that was truly out and about.

AUTHOR: SEGUN STEPHEN

PHOTOGRAPHER: CK'S CORE STAFF



Birthday in Style

Burlington Lodge comes together for a joyful celebration filled with music, food, friendship and plenty of birthday cheer

There was a wonderful sense of excitement at Burlington Lodge as residents, staff, family and friends came together to celebrate Jamie's special birthday.

The anticipation had been building for weeks. As birthday parcels began arriving in the post, they were carefully put aside ready for Jamie to open on the big day. Staff also headed out on two shopping trips – one for Jamie's birthday items and another to make sure there was plenty of delicious food and refreshments for everyone.

Getting Party Ready

When the big day finally arrived, Burlington Lodge was soon buzzing with activity.

Staff worked together to get Jamie's flat and the communal areas ready for the celebration, with particular attention given to the lounge where everyone would gather.

Then came the fun part – the decorations!

Colourful balloons of different shapes and sizes transformed the lodge into a bright and cheerful party venue, while the dining table was decorated ready for everyone to sit together and enjoy the celebration.

Meanwhile, the kitchen was just as busy. A tempting spread of chicken, salads, biscuits, birthday cake and soft drinks was prepared, with everyone playing their part in getting things ready.

“Burlington Lodge was transformed into a colourful party venue ready for Jamie's big celebration.”

Turn Up the Music

And what is a birthday party without some great music?

Jamie's favourites provided the soundtrack, with Bob Marley, Michael Jackson and Afrobeat filling Burlington Lodge.

As everyone enjoyed the food and drinks, the music brought even more energy to the occasion. Heads were nodding, people were moving along to the rhythm and there were smiles all around.

With good food, great tunes and plenty of company, the party atmosphere was in full swing.

Together for Jamie

Perhaps the most special part of the celebration was seeing so many people come together for Jamie.

All the residents joined the party alongside staff on duty, while some colleagues even came in on their day off to be part of the occasion. Family members and friends also joined in, making the celebration feel even more special.

It was a wonderful example of the community spirit at Burlington Lodge – people coming together, enjoying each other's company and creating happy memories.

“Residents, staff, families and friends came together to make Jamie's birthday a day to remember.”

From the colourful balloons and carefully prepared food to Jamie's favourite music and the fantastic turnout, every part of the celebration helped make the day memorable.

Most importantly, it was a day centred around Jamie and the joy of celebrating together.

“Great music, delicious food and wonderful company – the perfect ingredients for a very special birthday.”

Happy Birthday, Jamie!



AUTHOR: BOAKYE ASUMAN ADU

PHOTOGRAPHER: STAFF TEAM

Beneath the Blue

SH dives into a fascinating underwater adventure at SEA LIFE London

There's something exciting about stepping away from the everyday and discovering a completely different world – especially when that world is filled with colourful fish, fascinating sea creatures and, most importantly, sharks!

For SH, a recent visit to SEA LIFE London provided just that opportunity. With staff support, he enjoyed exploring the aquarium, discovering its different underwater habitats and taking in the sights of life beneath the waves.

Into the Deep

As SH made his way through the aquarium, there was plenty to capture his attention.

Different displays introduced him to a wonderful variety of aquatic life, from colourful fish to some of the ocean's most fascinating creatures.

But one particular attraction soon emerged as the star of the show.

Shark Encounter

The sharks were undoubtedly SH's favourite.

He showed a particular interest in the shark section and spent more time watching them than many of the other exhibits.

Their size, movement and presence captured his attention as they glided through the water, making this one of the most memorable moments of the entire visit.

“Of all the amazing creatures beneath the water, it was the sharks that stole the show for SH.”

Discovering Something New

The adventure didn't end with the sharks.

SH continued exploring the different displays and discovering the wide variety of marine life throughout the aquarium. The trip offered a welcome change of scenery and an opportunity to enjoy an activity away from his usual surroundings.

Experiences like this can also help staff discover more about the activities and environments that genuinely capture someone's interest.

And on this occasion, SH made his preference very clear – sharks, sharks and more sharks!

A Day to Remember

By the end of the visit, there was little doubt about which part of SEA LIFE London had made the biggest impression.

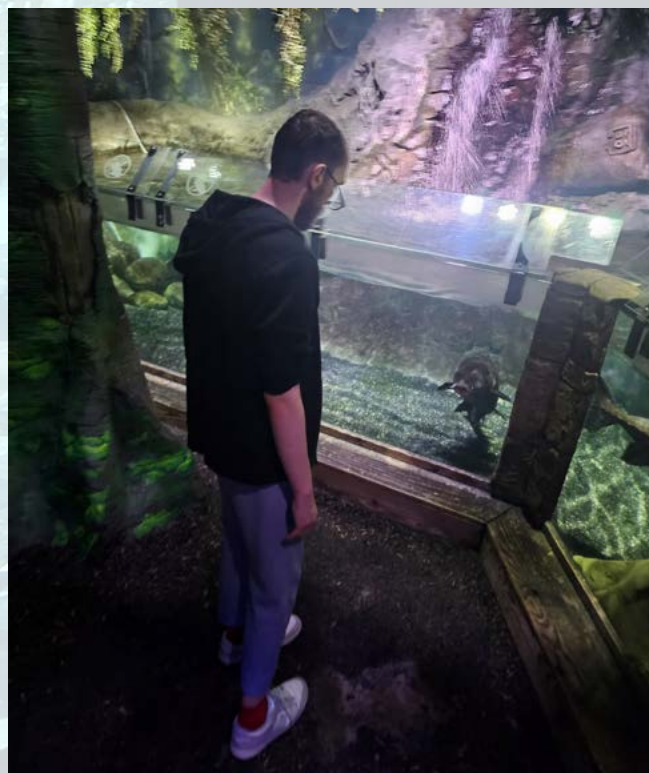
Among all the colourful fish, underwater habitats and fascinating creatures, the sharks remained firmly at the top of SH's list.

More than simply a day at the aquarium, the outing gave SH an opportunity to explore somewhere new, engage with something that genuinely interested him and create a positive memory out in the community.

“A new environment, a fascinating discovery and one unforgettable encounter with the sharks.”

“SH's underwater adventure showed how the right experience can spark curiosity, enjoyment and engagement.”

Sometimes the best days are the ones that introduce us to something new – and for SH, this was certainly a day beneath the blue.



AUTHOR: EMEM EKANEM

PHOTOGRAPHER: EMMANUEL NANDI



Summer Moments

Independence, friendship and plenty of fun at Cherrytree Lodge

It was a lively month at Cherrytree Lodge, filled with opportunities to get out and about, make independent choices, learn new skills and, most importantly, enjoy time together.

From confidently tackling the weekly shop to picnics, thoughtful conversations and a colourful carnival celebration, there was certainly no shortage of memorable moments.

Shopping with Confidence

RF enjoyed the opportunity to take charge of his own grocery shopping – and did a fantastic job.

He independently chose the items he needed before heading to the self-checkout, where he scanned his shopping and successfully completed the payment himself.

Everyday activities like shopping provide valuable opportunities to make choices and practise independence, and RF approached the experience with growing confidence.

Well done, RF!

“RF took charge of his shopping from choosing his items to completing the payment himself.”

Picnic in the Park

There's nothing quite like a summer picnic, and residents and staff made the most of a trip to Lloyd's Park.

With games, laughter and light refreshments, there was plenty of time to relax and enjoy each other's company.

But the afternoon wasn't only about having fun. Residents also got involved in an interesting discussion about saving money, sharing their thoughts on why saving and planning for the future can be important.

Everyone who took part contributed to the conversation, turning the picnic into a great combination of friendship, learning and community spirit.

SG Takes the Lead

SG also had an achievement to celebrate.

During a visit to a local shop, he selected his purchase and confidently used contactless payment.

Completing everyday transactions is an important practical skill, and SG's involvement gave him another opportunity to practise making choices and handling a purchase independently.

AUTHOR: OLUWATOSIN MANDY ADEDAYO

PHOTOGRAPHER: CHERRYTREE LODGE STAFF

“Everyday moments can become important achievements – and SG had another one to celebrate.”

Carnival Comes to Cherrytree

Then it was time to turn up the music!

The biggest celebration of the month brought the colourful spirit of Notting Hill Carnival right into Cherrytree Lodge.

Residents and staff dressed in bright and creative costumes, while music filled the air and everyone enjoyed dancing, smiling and celebrating together.

And what would a summer celebration be without a barbecue?

With delicious food, lively music, colourful outfits and plenty of laughter, Cherrytree created its very own carnival atmosphere and a celebration to remember.

Making Memories Together

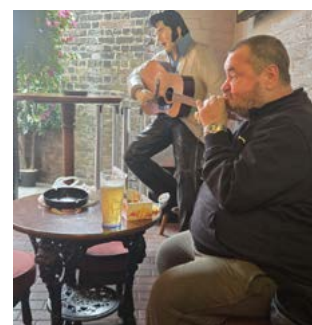
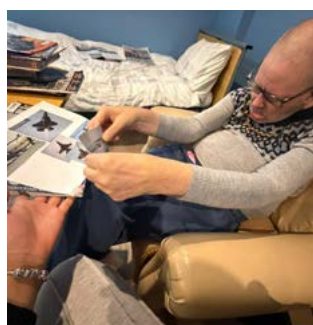
Whether it was shopping independently, using contactless payment, enjoying a picnic, sharing ideas or dancing at the carnival celebration, the month provided plenty of opportunities for residents to participate, make choices and enjoy new experiences.

Most importantly, these moments were shared.

They brought residents and staff together and created the kind of happy memories that make life at Cherrytree Lodge special.

“From independent choices to colourful celebrations, Cherrytree Lodge was filled with achievement, laughter and togetherness.”

Here’s to more independence, more laughter and many more memorable moments at Cherrytree Lodge!



Moments to Celebrate

Birthdays, new adventures and warm welcomes made it a memorable month at Hale End

It has been a month filled with reasons to smile at Hale End, with residents enjoying celebrations, favourite destinations and exciting new experiences out in the community.

There were also some new faces to welcome, making this a month not only about celebrating achievements, but about looking forward to what comes next.

A Birthday to Remember

One of the biggest highlights was JA's 29th birthday.

JA celebrated his special day surrounded by his mother, siblings, staff and fellow residents at Maple Lodge. Seeing him join everyone for the celebration made the occasion particularly meaningful.

JA sat comfortably with the group, enjoyed the festivities and, with a little support from staff, took on one of the most important birthday duties of all – cutting the cake!

The smiles and happiness shared by JA, his family, residents and staff helped turn the occasion into a wonderful memory for everyone involved.

“Surrounded by family, residents and staff, JA's 29th birthday became a celebration to remember.”

Out and About

The celebrations weren't JA's only highlight.

He also headed back to one of his favourite destinations – Southend – accompanied by two support workers. JA enjoyed taking part in different activities throughout the outing and made the most of his day by the seaside.

Another adventure took him somewhere completely new: the Paradox Museum.

Despite it being his first experience of the unusual surroundings, JA embraced the visit, remained engaged and enjoyed exploring what the museum had to offer.

Trying somewhere new can bring its own sense of adventure, and this was another positive opportunity for JA to explore, participate and create new memories.

TP Explores London

TP had an action-packed month of his own, enjoying several trips out into the community.

A visit to the Museum of London Docklands gave him the opportunity to explore the exhibits and discover more about London's fascinating history.

Then it was time for something rather more energetic!

TP visited Gravity, where he got involved in a range of fun and interactive activities. He was fully engaged in the experience and clearly enjoyed everything the visit had to offer.

From discovering London's past to throwing himself into interactive fun, TP certainly enjoyed plenty of variety this month.

“From museums to interactive adventures, TP made the most of every opportunity to get out, explore and have fun.”

A Warm Hale End Welcome

There was also some exciting news closer to home as Hale End welcomed a new resident to the community.

Everyone looks forward to helping them settle into their new home and become part of life at Hale End.

The team is growing too, with four new members of staff joining Hale End. We wish them every success in their new roles and look forward to the ideas, enthusiasm and contributions they will bring to the service.

More Memories Ahead

From JA's wonderful birthday celebration and adventures in Southend to new experiences at the Paradox Museum and TP's trips around London, there has been plenty to celebrate.

Add a new resident and four new colleagues into the mix, and it is clear that this has been a month of both memorable moments and new beginnings.

“Celebrations, adventures and new beginnings – another memorable month for the Hale End community.”

Here's to more achievements, more adventures and plenty more reasons to celebrate in the months ahead.

AUTHOR: SUZETTE WHYTE

PHOTOGRAPHER: DAMMY, LILLIAN, ALBERT AND JOHN



LVM Out and About

Making the most of September sunshine with ducks, swings and happy memories



September brought the perfect opportunity for LVM to get outdoors and enjoy the last touches of summer at Northlands. With pleasant weather to make the most of, a trip to the park turned into a lovely day filled with familiar favourites, fresh air and plenty of smiles.

Back to a Favourite

One of the highlights of the visit was spending time by the water, feeding and watching the ducks. It was an activity LVM had missed, and returning to it brought back happy memories.

Sometimes, it really is the simplest things that make a day special — a peaceful park, a few ducks and the chance to enjoy an old favourite again.

Swinging into September

The fun didn't stop at the pond. LVM also headed for the swings, enjoying the moment alongside staff and making the most of her time outdoors.

It was a wonderful opportunity to enjoy the surroundings, have some fun and spend quality time together before summer finally handed over the reins to autumn.

Simple Moments, Happy Memories

Days like this remind us that memorable adventures don't always require a packed itinerary. Sometimes, getting outdoors, revisiting something you love and sharing a few laughs is more than enough.

For LVM, September's park visit offered exactly that — a chance to enjoy the outdoors, reconnect with a favourite pastime and create another happy memory at Northlands.

"Sometimes, the simplest days create the happiest memories."

AUTHOR: LYNN

PHOTOGRAPHER: STAFF

September Moments

Country park adventures,
festive creativity and
plenty of happy memories
at The Whitehouse

AUTHOR: WHITE HOUSE STAFF

PHOTOGRAPHER: WHITE HOUSE STAFF

September brought a lovely mix of fresh-air adventures and creative moments at The Whitehouse, with residents enjoying activities that offered something a little different and plenty to smile about.

A Wild Day Out

VS made the most of a visit to the Country Park, where there was plenty to see and explore. One of the highlights was spotting the different animals, which quickly caught her attention and added an extra bit of excitement to the day.

With beautiful surroundings to take in along the way, the outing was a wonderful opportunity to enjoy the scenery, spend time outdoors and simply make the most of a lovely day out.

Christmas Comes Early

Meanwhile, HJ was already adding a little festive sparkle to September!

Getting a head start on Christmas, she spent time creating a diamond art Christmas card. Carefully placing each piece, HJ enjoyed the creative process and the chance to make something special in

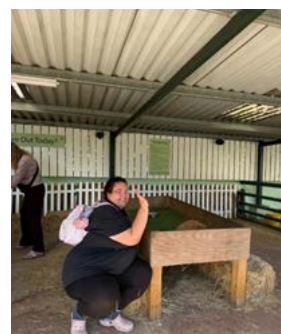
preparation for the festive season.

Who says you have to wait until December to bring out the Christmas cheer?

Making Memories

From discovering animals in the great outdoors to getting creative with a festive project, September showed just how varied a good month can be.

Most importantly, these activities gave residents the opportunity to enjoy their interests, try something different and create more happy memories together at The Whitehouse.



West Lodge Adventures

September brings community outings, everyday independence and plenty of shared smiles

September was full of variety at West Lodge, with residents enjoying everything from peaceful park walks and animal encounters to cooking, games and a spot of friendly competition. Across the month, there were plenty of opportunities to make choices, enjoy favourite activities and spend quality time together.

Parks, Animals and Favourite Places

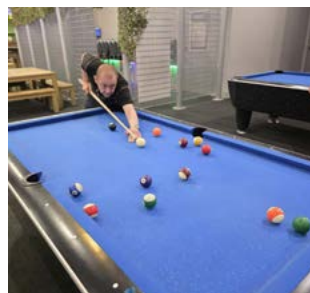


MA enjoyed several trips into the community, including visits to the local park and Luton Hoo Memorial Park. The swings proved particularly popular, alongside time spent admiring a favourite tree, affectionately known as the “willow tree”.

A visit to Woodside Animal Farm added another memorable day to the calendar, with MA enjoying the chance to feed the animals. Back at West Lodge, board games with staff brought a little friendly competition and plenty of social time.

JS also enjoyed a busy September. A trip to Galaxy Luton brought all the fun of bowling, while Woodside Animal Farm offered another opportunity to get out and about and meet some four-legged friends. Board games with staff rounded off a month filled with enjoyable activities both at home and in the community.

Cue the Fun



MP headed into the local community for some well-earned leisure time, enjoying a game of snooker as well as a shopping trip. Both activities offered the chance to make the most of time out and about while enjoying familiar interests.

Independence in Bloom

CM continued to make everyday independence part of his routine. From preparing his own meals to regularly watering and caring for the courtyard flowers, he showed plenty of responsibility throughout September.



There was time for fun too, with mystery games alongside staff providing laughter, conversation and a chance to put those detective skills to the test. Who solved the mystery? We'll keep that one under wraps!

Cooking Up Confidence

GP mixed practical skills with recreation throughout the month. Cooking sessions with staff provided opportunities to build confidence and independence in the kitchen, while table football brought out a more competitive side.

Whether preparing something tasty or going for victory across the football table, GP embraced the chance to get involved and enjoy time alongside staff.

A Month of Everyday Magic

September at West Lodge showed that memorable months are often made from a wonderful mixture of experiences: a walk in the park, caring for flowers, feeding animals, preparing a meal or simply sitting down together for a game.

Each activity brought its own opportunity for enjoyment, independence and connection — and West Lodge certainly made the most of them.

AUTHOR: FELIX AYEBBUSI

PHOTOGRAPHER: WEST LODGE STAFF



Wonderful September

Parkside residents made the most of the final days of summer with outings, favourite activities, family visits and plenty of memorable moments together.



September certainly wasn't a quiet month at Parkside. Residents enjoyed getting out and about, keeping up with the routines they love and, perhaps most importantly, spending quality time with the people who matter to them.

Making a Splash

PC had a particularly active month and made the most of a visit to Edmonton Leisure Centre. She enjoyed spending time with the gym instructor and enthusiastically got involved in a variety of activities, including weightlifting.

After all that exercise, there was also time to relax and enjoy the poolside — a well-earned change of pace!

PC also showed her thoughtful side by taking time to visit DM at the local hospital, demonstrating the friendships and connections that are such an important part of life at Parkside.

London Adventures

ESB headed into Central London for a day of sightseeing and entertainment. A walk across the Millennium Bridge provided an opportunity to enjoy some of the capital's famous views before she spent time at the National Film Theatre enjoying some movies.

Sometimes the best days are the simple ones — a walk through London followed by a good film sounds like a pretty good combination to us!

Keeping Active

ED continued to enjoy his regular day centre activities throughout September and also made time for swimming sessions at the Aspire Club in Finchley.

The celebrations didn't stop there, either. ED attended birthday parties at his church, giving him another opportunity to spend time with friends and enjoy being part of his wider community.

Cooking and Caring

Back at Parkside, EG continued enjoying the routines that are important to him. Trips to the mosque remain part of his regular activities, while video games on his phone provide some well-earned downtime.

EG also continues to take great pride in his cooking. He likes to make sure his meals are prepared for the week ahead — organisation that many of us could probably learn from!

Regular visits from his parents have provided plenty of opportunities to spend quality time together. EG has also taken on a new responsibility: helping to look after his parents' cat. It looks as though Parkside may have a new honorary feline member of the family!

Family Time

For SM, some of September's most enjoyable moments came from visits with his daughters and grandchildren.

Family visits are always something SM looks forward to. Together they spend time sitting outside on the patio, catching up on family news, remembering experiences from the past and listening to music on his phone.

These relaxed moments may seem simple, but they are often the ones that mean the most.

September at Parkside was ultimately about enjoying life in all its different forms — whether lifting weights, swimming, exploring London, cooking, celebrating with friends or simply sitting together and sharing stories.

AUTHOR: OSEI-KUFFOUR

PHOTOGRAPHER: MARGARET OCRAN

MagicLife Greyhound Road

Pages of Happiness

Creativity, connection and colourful September memories at Greyhound Road

September brought plenty of colour, creativity and memorable moments to Greyhound Road, with new interests discovered, favourite activities enjoyed and some lovely days out along the way.

For Franks, one activity in particular has captured her imagination: journalling. What began with putting pen to paper has quickly developed into a wonderfully creative way to record thoughts, ideas and experiences.

And why stop with words? Painting has also become part of the creative mix, bringing an extra splash of colour to September.

A Shared Spark

One of the loveliest parts of discovering a new interest is being able to share it with someone else.

Staff member Safia has rediscovered her own enjoyment of journalling, giving Franks and Safia a creative interest they can enjoy together. They have been able to share ideas, talk about their creations and inspire one another with what they might try next.

Sometimes the simplest activities create the best opportunities for connection — and a blank page can be a surprisingly good place to start.

The Creative Treasure Hunt

Of course, taking up a creative hobby requires supplies, and finding them can be half the fun!

Trips to arts and crafts shops have become little adventures of their own. Colourful paints, journals, pens and decorative materials have all provided inspiration, whether it is something new for Franks' latest painting or the perfect finishing touch for a journal page.

With so much to choose from, there always seems to be another creative idea waiting around the corner.

Out and About

September certainly wasn't spent entirely surrounded by paints, pens and journals.

There was also time to get out and enjoy some delicious treats, including a visit to a Chinese buffet and a leisurely afternoon tea.

These outings provided wonderful opportunities to explore the community, make choices, enjoy favourite foods, try something different and, most importantly, spend quality time together creating happy memories.

Turning the Page

From peaceful moments journalling and colourful afternoons painting to shopping adventures and delicious days out, September at Greyhound Road has been about enjoying both the little moments and the bigger adventures.

As autumn begins and another page turns, we are looking forward to seeing where Franks' creativity takes her next.



AUTHOR: YVONNE SILLANE

PHOTOGRAPHER: GREYHOUND STAFF

September Moments

From a first-ever cinema trip to karaoke, sensory play and a sunny picnic, September brought plenty of opportunities to try something different, have fun and enjoy time together.

September was filled with those moments that make everyday life special. Across the service, people enjoyed getting out into the community, discovering new experiences and taking part in activities they love.

Some adventures were completely new, while others were simple pleasures enjoyed in familiar surroundings. What they all had in common was plenty of engagement, smiles and shared experiences.

Lights, Camera, Horatio!



One of September's standout moments belonged to Horatio, who experienced his first-ever trip to the cinema alongside JO.

A first visit to the cinema brings plenty to take in — the big screen, different lighting, unfamiliar sounds and a completely new environment. Horatio was given plenty of time to explore everything at his own pace and soon settled into the experience.

He remained comfortable and engaged throughout the

film and appeared to thoroughly enjoy his cinema debut.

And what better way to finish a trip to the movies than with lunch?

Afterwards, Horatio and JO headed out for something to eat, enjoying a relaxed end to what had already been a memorable day.

For Horatio, it wasn't simply a trip to see a film. It was a chance to experience somewhere completely new — and make a great success of it.

Karaoke Time



VDM brought some musical energy to September with karaoke sessions in the lounge.

Together with staff, she enjoyed singing along and spending time sharing music in a relaxed and familiar setting.

There is something about karaoke that can transform an ordinary lounge into a stage — and these sessions brought a lively atmosphere to the home.

Alongside her bicycle riding, karaoke gave VDM a lovely mixture of active and creative activities throughout the month.

It was also a reminder that memorable activities don't always require a big day out. Sometimes good music, familiar surroundings and great company are more than enough.

Catch!

MS enjoyed some playful and engaging sessions in the sensory room during September.

Ball games provided plenty of interaction, with staff throwing the ball towards MS for him to catch. The simple back-and-forth game created a fun way for everyone to engage and spend time together.



MS also explored the sensory environment at his own pace, spending time comfortably on the floor and enjoying the different lighting around him.

Combining movement, play and colourful sensory experiences meant there was plenty for MS to explore and enjoy during each session.



Sunshine and Picnics

RMT's September included one of life's simple pleasures — a picnic in the park on a beautiful sunny day.

With good food, conversation and plenty of laughter, RMT enjoyed spending quality time outdoors with staff in a calm and relaxed setting.

There was no complicated itinerary needed. It was simply an opportunity to get outside, enjoy the sunshine and spend time in good company.

And sometimes those uncomplicated days turn out to be the best ones.

As the original activity report summed it up perfectly: a sunny day, good food and great company!

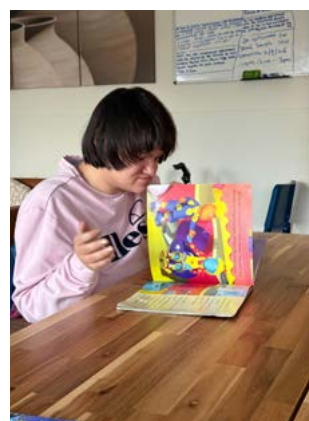
Something for Everyone

September showed just how many different forms a great day can take.

For Horatio, it was sitting down for his first film on the big screen. For VDM, it was enjoying music and karaoke. MS found enjoyment through sensory exploration and interactive play, while RMT made happy memories outdoors in the sunshine.

Different people, different interests and different experiences — but all with the same goal of creating opportunities to participate, connect and enjoy the moment.

September certainly gave us plenty of moments worth remembering.



AUTHOR: THE HAMPTONS TEAM

PHOTOGRAPHER: THE HAMPTONS TEAM

Wonderful September

Shopping, cooking, dancing and birthday celebrations made September a lively and memorable month at Winns Mews.

September brought plenty of activity to Winns Mews, with residents enjoying a mixture of everyday routines, social occasions and opportunities to make their own choices.

From trips into the local community to time spent cooking, dancing and celebrating birthdays, the month was full of moments that encouraged independence, confidence and, most importantly, enjoyment.

Shopping and Dancing

TB enjoyed getting out into the local community for shopping trips, where she had the opportunity to choose the things she wanted and make her own decisions.

There was also time for something a little more energetic — dancing!

TB thoroughly enjoyed taking part, and the activity brought plenty of movement and fun into the month. She also enjoyed spending time with staff and fellow resident LG, joining in conversations and shared activities throughout September.

It was lovely to see TB relaxed, enthusiastic and making the most of the opportunities around her.

What's Cooking?

LG was busy in the kitchen during September and showed a real enthusiasm for preparing different meals.

Cooking alongside staff gave LG the chance to practise useful everyday skills, from preparing food and following instructions to becoming increasingly confident around the kitchen.

There is always a special sense of achievement when something you have prepared yourself is finally ready to serve, and LG clearly took pride in her creations.

Perhaps Winns Mews has a budding chef in the making!

Time to Celebrate

September was also a month for birthdays — and Winns Mews had several reasons to bring out the decorations.

NC enjoyed a warm birthday celebration surrounded by residents and staff. Decorations, refreshments and plenty of good wishes helped make the occasion feel special, creating a lovely atmosphere for everyone involved.

KW also celebrated a birthday during the month and enjoyed joining in with the party atmosphere, spending time socialising with others and sharing refreshments.

Both occasions offered a wonderful opportunity for everyone to come together and make sure each birthday felt properly celebrated.

Celebrating Your Way



JH also marked his birthday in September and enjoyed celebrating in a way that suited him.

Staff and fellow residents made sure the occasion was recognised and that plenty of birthday wishes were shared. When photographs were offered, JH decided he would rather not have pictures taken, and his choice was fully respected.

It was a great reminder that celebrations do not all have to look the same. What matters most is that each person gets to enjoy their special day in the way that feels right for them.

A Month to Remember

Looking back, September was full of the kinds of moments that make life at Winns Mews special.

There were opportunities to get out into the community, build everyday skills, enjoy favourite activities and spend time together.

Whether it was choosing something on a shopping trip, preparing a meal, dancing to a favourite tune or blowing out birthday candles, each experience brought its own reason to smile.

A big thank you goes to the Winns Mews team for helping make September another enjoyable and positive month.

AUTHOR: AMANJOT SINGH

PHOTOGRAPHER: WINNS MEWS TEAM



Together at Park Lodge

Culture, creativity, community adventures and plenty of laughter made September a month to remember at Park Lodge.

September was certainly a busy one at Park Lodge. From competitive games and creative afternoons to music, sport and adventures around London, residents and staff found plenty of ways to enjoy time together.

But one event really brought everyone together — a colourful celebration of the different cultures and traditions that make the Park Lodge community so special.

Let the Games Begin!

There was plenty of friendly competition throughout the month.

BL and CR went head-to-head over a game of Connect 4, bringing concentration, strategy and a little competitive spirit to the lounge.

CR wasn't finished there. He later challenged staff to a game of Ludo, resulting in plenty of laughs as everyone battled their way around the board.

The Park Lodge garden even became a mini basketball court, with residents getting outside for an energetic session filled with movement, fun and laughter.

Who said September had to be quiet?

Creativity and Favourite Things

For BM, September included some quieter creative moments.

He spent time in the Arts Room drawing and painting, giving him an opportunity to express his creativity and simply relax with an activity he enjoys.

Football fan CR also had an outing connected to one of his passions, visiting the Arsenal Hub as it reopened for the new season.

It was a great opportunity to soak up the football

atmosphere and spend time enjoying something that really matters to him.

Celebrating Our Cultures

One of September's biggest occasions was undoubtedly Park Lodge's Culture & Diversity Celebration.

Residents and staff came together for a wonderfully colourful day celebrating the different backgrounds, cultures and traditions represented across the Park Lodge family.

There was food, music, dancing, drinks and traditional clothing, with staff proudly sharing elements of their cultures. People from other projects also joined the celebrations, making the occasion even bigger.

More than anything, the day was about sharing.

Everyone had an opportunity to discover something about one another while celebrating the differences that make the Park Lodge community unique.

And, naturally, an occasion filled with traditional clothing and colour called for a little fashion recognition!

Congratulations went to Lisa Fana, Rita Ojo and Joyce Beckley, who were named the day's Best Dressed winners.

They certainly brought plenty of style to the celebration!

Out and About

Park Lodge residents also enjoyed plenty of opportunities to get out into the wider community.

RG had a particularly active month, visiting the Community Café, enjoying his favourite computer games and heading out for a meal at a Somalian restaurant.

Music and movement were on the agenda too, with RG enjoying an energetic dance session with staff before getting outdoors for some exercise at Pymmes Park.

Meanwhile, SGF continued to enjoy his regular church visits, spending time with members of a community that means a great deal to him.

Camden Calling

Another highlight saw residents and staff jump on a bus and head for the unmistakable sights and sounds of Camden Town.

After enjoying a Chinese buffet, the group spent time sightseeing and exploring the area.

There was an especially exciting discovery for PRM when she found somewhere selling items connected with her idols. Her delight was clear — one of those spontaneous moments that can turn a good outing into a brilliant one.

**“Sometimes it’s the little moments
— a game, a song or simply spending
time together — that make the biggest
memories.”**

RG also enjoyed exploring Camden Market, taking photographs and soaking up the atmosphere as he wandered through one of London’s most distinctive neighbourhoods.

The Little Moments Matter

Not every achievement needed a day trip or special event.

BM and PRM both got involved with household activities alongside staff, helping to keep Park Lodge clean and welcoming while building everyday independence and responsibility.

Those ordinary moments are every bit as important as the big occasions.

Looking back, September had a little bit of everything: artwork, football, games, basketball, dancing, church visits, good food, London adventures and a fantastic celebration of culture.

Most importantly, there were plenty of opportunities for people to enjoy their interests, try something different and spend quality time together.

A huge thank you goes to the entire Park Lodge team for helping make it happen.

CONTINUE ON NEXT PAGE

AUTHOR: OLAMIDE TAJUDEEN

PHOTOGRAPHER: AMIEDA KOROMA, LISA FANA, RITA OJO, AYODEJI KAMAKU, IDIL MOHAMMED AND AISHA AIDEN

MagicLife Park Lodge Continued



Culture Day Awards



Autumn Adventures

New achievements,
favourite activities
and miles of smiles at
Devonshire Lodge



September has been another action-packed month at Devonshire Lodge, bringing new achievements, plenty of fresh air and lots of opportunities to enjoy favourite activities.

With autumn beginning to make its presence felt, everyone has been making the most of the changing season — whether that means trying something new, heading out into the community or simply enjoying a good long walk.

Bringing the Outdoors In

For MG, September brought an exciting new activity: cycling!

The team have been supporting MG to explore cycling indoors, giving him the opportunity to experience the movement and enjoyment of being on a bike in familiar surroundings.

It is a great example of finding creative ways to introduce new experiences and allowing someone to progress at their own pace.

And who knows? Indoor cycling today... outdoor adventures tomorrow!

Sheeka's Out and About

Sheeka certainly hasn't been sitting still this month.

From energetic fun on the trampoline to scenic outdoor walks, she has enjoyed a wonderful variety of activities and plenty of opportunities to get out and about.

Naturally, there was also time for an important stop at one of her favourite destinations — the chicken shop!

Combining familiar favourites with outdoor adventures has made for some very enjoyable days and plenty of happy memories.

Miles of Smiles

Sometimes the simplest activities really are the best.

For OB, long walks continue to be a firm favourite and a wonderful way to spend time out in the community.

With the arrival of cooler autumn weather, September provided the perfect opportunity to get outside, stretch those legs and enjoy some longer walks.

There is something rather special about a good autumn stroll — especially when the air is fresh and there is plenty to see along the way.

Hello Autumn

It has certainly been a busy month at Devonshire Lodge, and everyone is embracing the new season.

The cooler weather can only mean one thing: the great British autumn brisk walk is officially back!

From parks and scenic walks to favourite community destinations and indoor cycling, September has been filled with activity, enjoyment and new experiences.

As we head further into autumn, we look forward to seeing what comes next.

Here's to more adventures, more achievements and, of course, plenty more miles of smiles!



Magic Life Locations

Magic Life Head Office
5-11 Green Lanes, London,
N13 4TN

Burlington Lodge
21-29 Tewkesbury Road, London,
N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London,
N17 7NL

Greyhound Road
95 Greyhound Road, London,
N17 6XR

Grove Park Road
57 Grove Park Road, London,
N15 4SL

High Road Tottenham
672 High Road, London,
N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar,
Hertfordshire,
EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford
Green,
IG8 9NB

NorthLands
10 Northlands, Potters Bar,
Hertfordshire,
EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue,
London,
N18 2UH

Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

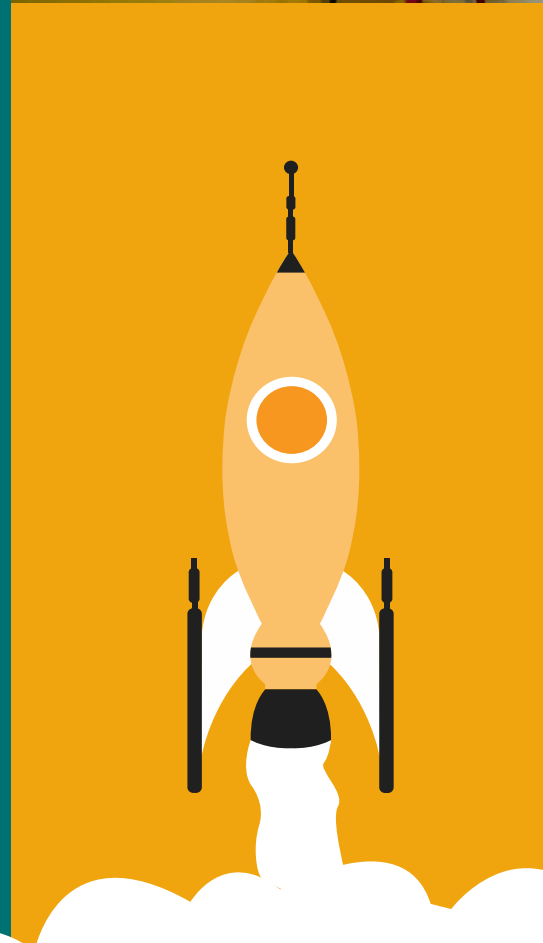
The Hamptons
403 Eagle Way, Peterborough,
PE78EG

Cherry Tree Lodge
185 London Road, Croydon
CR0 2WN, UK

The White House
138 High Street, Coopers Walk,
Chestnut,
EN8 0AP

West Lodge
15 West Hill Road,
Luton,
LU1 3LY

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



Visit <https://magiclifeuk.com>
Call our team on 0208 826 4348