

MagicLife Life News

Magic Life

September 2026 Edition

In this Edition

- One More Summer
- Out & About
- Wonderful August Moments
- Summer Moments
- Game On
- Smashing New Beginnings
- One Love
- A Moment of Trust
- Tasty Treats
- Choosing His Path
- Summer in Full Swing
- Making Memories
- Celebrating Together
- August Adventures
- Birthday Adventures
- Wonderful August
- Skills in Bloom



One More Summer

Making the most of the season while there's still sunshine to share

September may be here, but there's still time to squeeze a little more joy from the season.

September has arrived, but nobody said we had to pack summer away just yet.

The mornings may be cooler and the evenings a little shorter, but there are still gardens to enjoy, places to visit and memories to make. At Magic Life, we intend to squeeze every last drop from the season.

Just One More...

One more afternoon in the garden. One more picnic in the park. One more trip to the seaside. One more barbecue where somebody inevitably takes charge of the tongs.

And yes, absolutely one more ice cream.

Over the past few months, our homes have shown that making the most of summer doesn't require elaborate plans. Sometimes the best days begin with a simple question: "What shall we do today?"



Those answers have taken us to beaches, parks, cafés and community events. They've brought music into gardens, food around shared tables and plenty of laughter into

ordinary afternoons.

Chase the Sunshine

British weather being British weather, we make no promises about blue skies.

But making the most of September isn't really about chasing the forecast. It's about chasing opportunities.

If the sun appears, enjoy it. Take lunch outside, visit a favourite park, sit in the garden or head somewhere new. And if it rains? Bring the fun indoors and carry on.

Summer at Magic Life has never depended entirely on sunshine. It depends on people.

Your Kind of Summer

There is no single way to enjoy summer.

For one person, a brilliant day might mean the seaside, music and a busy promenade. For someone else, happiness might be a quiet garden, a familiar walk, a favourite meal or time with someone important.

Both count.

What matters is having the choice to enjoy experiences that mean something to you.

So, before we reach for the autumn jumpers, there's one question worth asking:

What would make your summer complete?

Perhaps there's somewhere you'd still like to visit, something you want to try or simply a favourite experience worth enjoying once more.

Memories We Keep

Eventually, summer will make way for autumn. The sandals will retreat to the back of the wardrobe, evenings will become cosier and somebody will inevitably mention Christmas far earlier than seems reasonable.

But we carry pieces of summer with us — the photographs, achievements, friendships, places discovered, meals shared and jokes that will still be repeated months from now.

So here's to September — not quite goodbye to summer, but an invitation to enjoy a little more of it.

Take the photograph. Make the plan. Visit the place. Share the meal. Sit in the sunshine.

And if somebody suggests one last ice cream?

We think you already know the answer.

MagicLife Staff Nomination



Clement Anti **Clement's Outstanding Contribution to Resident Support**

Support Worker | Hale End (Maple Lodge & Cedar Lodge)

Nominated by Suzette Whyte

Recognised for his outstanding dedication, exceptional teamwork, and commitment to providing safe, person-centred support.

Clement has consistently gone above and beyond in supporting a resident who can be extremely challenging to work with. His willingness to step in, even in situations where others may hesitate, demonstrates remarkable professionalism, resilience, and commitment.

Despite facing verbal aggression and difficult behaviours, Clement maintains a calm, positive, and respectful approach. He consistently helps keep the resident settled, reassured, and engaged, even during moments of heightened distress. His patience and ability to remain composed under pressure reflect his dedication to promoting dignity and wellbeing.

Clement is a true team player who supports his colleagues and never shies away from responsibility. He approaches challenges with a smile, a positive attitude, and a genuine desire to help. His contribution has made a significant difference to the resident's daily experience and the overall stability of the team.

Clement's hard work, compassion, and professionalism make him an asset to the service and a highly deserving recipient of this Team Player recognition.



Damilare Famuyiwa (Dammy) **Dammy's Rising Star Journey**

Support Worker | Hale End (Maple Lodge & Cedar Lodge)

Nominated by Suzette Whyte

Recognised for her outstanding growth, dedication, and commitment to the team, while demonstrating a confident, proactive, and supportive approach to her role.

Damilare has shown significant personal and professional growth over recent months. She has taken the initiative to become more actively involved with residents, spending quality time with them and contributing to meaningful activities that enhance their wellbeing.

She works closely with senior staff, willingly taking on additional responsibilities and supporting the team whenever needed. Her positive attitude, increased confidence, and openness to learning have made her a valued member of the team.

Damilare consistently demonstrates dedication, teamwork, and a genuine desire to provide the highest standard of support to residents. She is always willing to step in and help without hesitation, regardless of the task, and can be relied upon to support both colleagues and residents alike.

Her proactive approach, strong work ethic, continued growth, and willingness to go above and beyond make Damilare a highly deserving recipient of this Rising Star recognition.



John Mowetei **John's Commitment to Teamwork**

Support Worker | Hale End (Maple Lodge & Cedar Lodge)

Nominated by Suzette Whyte

Recognised for his unwavering dedication, teamwork, and willingness to support residents, colleagues, senior staff, and managers, always going above and beyond to help wherever he can.

John has consistently been a great source of support, not only for residents and senior staff but also for the management team. He is always willing to lend a helping hand and can be relied upon to assist wherever needed without complaint. His positive attitude, flexibility, and commitment to teamwork make him an invaluable member of the team.

John regularly supports his colleagues, stepping in whenever additional assistance is required and approaching every task with professionalism and a willingness to help. His dedication and reliability have not gone unnoticed and are greatly appreciated by both staff and management.

He consistently demonstrates a strong work ethic and a genuine commitment to ensuring the best outcomes for residents and the wider team. His willingness to support others and go above and beyond makes John a highly deserving recipient of this Team Player recognition.

Out & About

CK fills August with cycling, bowling, cooking and everyday achievements

August was a busy and positive month at 672 High Road, with CK getting involved in a brilliant mix of activities at home and out in the community. From bike rides and bowling to cooking and household tasks, there were plenty of moments to celebrate.

Pedal Power

One of the highlights of the month was getting out on a bike with staff. CK really enjoyed cycling, making it a great opportunity to try something active while spending time out and about.

The fun continued with a trip to Finsbury Park, where CK enjoyed a game of bowling with staff. He also made time for walks in the park, enjoying a change of scenery and the chance to get outdoors.

Getting Stuck In

Back at home, CK showed plenty of enthusiasm for



everyday tasks. He took part in cleaning, completed his laundry and even had a go at making juice.

He also made his bed in the morning before breakfast, turning an everyday routine into another positive achievement. It might seem like a small task, but these everyday moments are worth celebrating as CK continues to take an active role in his daily life.

What's for Dinner?

The kitchen provided another opportunity for CK to get involved. Working alongside staff, he chose what he wanted for dinner and took an active part in preparing the meal.

There's always something satisfying about helping to create your own dinner — especially when you've had a say in what's on the menu!

CK was also involved in planning his activities with staff, helping to shape a month that reflected his choices and interests.

From pedal power to picking dinner, August showed just how much can be packed into everyday life when choice, participation and a little adventure come together.

AUTHOR: SEGUN STEPHEN

PHOTOGRAPHER: CK'S CORE STAFF

MagicLife Burlington Lodge

Wonderful August Moments

Burlington Lodge celebrates a month of warm welcomes, music, friendship and memorable moments

August brought plenty to smile about at Burlington Lodge, with music, friendship and community spirit taking centre stage. From welcoming a new face to enthusiastic performances and favourite activities, the month was filled with those special everyday moments that make Magic Life shine.

A Warm Welcome

Burlington Lodge was delighted to welcome KS for a fortnight's stay, and it didn't take long for the famous Burlington warmth to make an appearance.

Residents helped KS feel at home from the moment she arrived, with SB taking a particularly active role in welcoming her and her family. He spent time chatting and singing with them, sharing plenty of smiles along the way. He even offered some of his own belongings to help KS during her stay — a thoughtful gesture that perfectly captured his generous spirit.

At the end of the fortnight, KS's family presented the team with a lovely card expressing their appreciation for the warm welcome and support they had received.

It was a touching way to end KS's time at Burlington Lodge, and everyone wishes her and her family all the very best.

Centre Stage

If there was a soundtrack to SB's August, it would certainly be a lively one!

SB has become a regular visitor to Ermine Day Centre, where Friday drumming sessions have become a firm favourite. His enthusiasm for music is clear to see, and this month he had another opportunity to show everyone just how much he loves performing.

Invited to join a karaoke activity, SB didn't simply take part — he took centre stage!

Microphone in hand, he entertained the group with singing, expressive movements and some brilliant wheelchair dancing. His confidence and enthusiasm soon had everyone smiling, laughing and joining in with the fun.

Who needs a concert ticket when SB is on the microphone?

Doing What You Love

MM also enjoyed spending time taking part in his favourite MyWay walker sessions during August.

There is something particularly special about seeing someone enjoying an activity that means something to them, and MM's sessions provided another positive opportunity for participation, movement and achievement.

Magic in the Moments

August was a wonderful reminder that community is often built through the simplest things: welcoming somebody new, sharing a song, offering a helping hand or spending time doing something you enjoy.

KS's warm welcome, SB's show-stopping musical moments and MM's enjoyment of his favourite sessions all brought something special to Burlington Lodge.

With plenty of smiles and memories made, we can't wait to see what September has in store!

AUTHOR: BOAKYE ASUMAN-ADU

PHOTOGRAPHER: BURLINGTON LODGE STAFF



Summer Moments

Independence, friendship and carnival colour make August a month to remember at Cherrytree Lodge

August brought plenty of energy to Cherrytree Lodge, with residents enjoying opportunities to make their own choices, build everyday skills and spend quality time together. From independent shopping and lively conversations in the park to a colourful carnival celebration, there was no shortage of moments worth celebrating.

Shopping with Confidence

RF enjoyed putting his everyday skills into action during a grocery shopping trip. Taking charge of the experience, he selected the items he needed before using the self-checkout and completing his payment independently.

It was a simple shopping trip with a big sense of achievement — a brilliant example of confidence, choice and independence in action. Well done, RF!

Picnic, Games and Great Conversation

Summer called for a trip to Lloyd's Park, where residents and staff enjoyed a relaxing picnic together. Games, refreshments and plenty of laughter made for a lovely afternoon in the fresh air.

There was also time for an engaging conversation about saving money and planning for the future. Residents shared their ideas and listened to one another, turning an enjoyable afternoon into an opportunity to exchange thoughts and learn together.

Who says a picnic can't come with food for thought?

SG Takes the Lead

SG also had an opportunity to demonstrate his independence during a visit to a local shop. He confidently chose his purchase and completed the transaction himself using contactless payment.

Everyday experiences like these can provide meaningful opportunities to practise skills and make independent choices — and SG certainly rose to the occasion.

Carnival Comes Home



The month finished in spectacular style when the unmistakable spirit of Notting Hill Carnival arrived at Cherrytree Lodge.

Residents and staff dressed in colourful, creative costumes while music brought everyone together for dancing, smiles and plenty of laughter. And because every great summer celebration deserves something delicious, the barbecue was soon fired up too!

With colourful outfits, lively music and tasty food, Cherrytree Lodge created its own carnival atmosphere and a celebration everyone could enjoy.

Moments That Matter

From choosing groceries and making payments to sharing ideas, enjoying the park and dancing together, August showed how everyday opportunities can become memorable achievements.

Most importantly, the month was filled with choice, friendship and togetherness — the ingredients that make ordinary days feel rather special.



AUTHOR: OLUWATOSIN MANDY ADEDAYO

PHOTOGRAPHER: CHERRYTREE LODGE STAFF

Game On

Laughter, friendly competition and togetherness make Games Day a winner at Grove Park Road

There was plenty of fun in the air at Grove Park Road as residents came together for a brilliant Games Day. With a variety of activities to choose from, the afternoon offered something for everyone, creating a relaxed and welcoming atmosphere filled with laughter, conversation and friendly competition.

Let the Games Begin

Residents were encouraged to choose the games that interested them and take part at their own pace. Before long, the competitive spirit appeared — all in good fun, of course!

The games provided a wonderful opportunity for residents to spend quality time together, cheer one another on and enjoy a change from their usual routines. There were smiles, conversations and plenty of those little moments that make a shared afternoon memorable.

Better Together

Games Day wasn't simply about who won or lost. What really mattered was the sense of togetherness it created.

Residents supported one another, enjoyed friendly competition and shared plenty of laughter along the way. It was a lovely reminder that sometimes the simplest activities can create some of the best memories.

With good company, a welcoming atmosphere and everyone joining in their own way, Games Day was certainly a winner at Grove Park Road.

AUTHOR: ANDREA

PHOTOGRAPHER: AMAL



Smashing New Beginnings

August brings memorable experiences, celebrations and a warm welcome at Greyhound House

August was a month of memorable moments at Greyhound House, bringing together new experiences, plenty of laughter and the excitement of welcoming someone new into the home.

From an action-packed return to the Rage Room to birthday celebrations and the beginning of a brand-new chapter, there has been plenty to celebrate.

A Smashing Day Out

For FOS, one activity is quickly becoming a firm favourite — the Rage Room!

With everything safely set up and ready for action, FOS had another opportunity to enjoy the rather unusual pleasure of smashing things to pieces. Plates and other breakables may not have stood much of a chance, but the smiles certainly survived!

More importantly, the experience gave FOS the chance to enjoy something different, energetic and completely out of the ordinary alongside the staff supporting her.

There was plenty of laughter along the way, proving that a great day out doesn't always have to be quiet and relaxing. Sometimes, having a smashing time really does mean exactly that.



Welcome Kath

August also brought a very special new arrival as the Greyhound House team welcomed Kath into her new home.

Moving somewhere new is a significant moment, filled with unfamiliar surroundings, new faces and new routines. The team has been delighted to support Kath as she begins settling in and getting to know everyone around her.

Most importantly, this is an opportunity for Kath to look ahead and begin creating the future she wants for herself.

Every new relationship formed, positive choice made and experience enjoyed can become another part of that journey. The Greyhound House team is looking forward to being alongside her as those moments unfold.

Birthday Magic

And what better way to begin life at Greyhound House than with a birthday celebration?

Amongst the excitement of settling in, Kath had her special day to enjoy — and the team made sure it was one worth remembering.

Surrounded by warmth, kindness and good company, Kath was able to celebrate her birthday in her new home. Her verdict said everything: it was “one to be remembered”.

Those words meant a great deal to the team.

Birthdays are about far more than cake and candles. They are an opportunity to make someone feel celebrated, included and valued — and to create the sort of memories that stay with us long after the candles have been blown out.

Different Journeys Shared Moments

FOS and Kath may be at different points in their individual journeys, but August gave both plenty of moments worth celebrating.

For FOS, the month brought another opportunity to enjoy an activity she loves, share laughter with staff and make some brilliant memories.

For Kath, it marked the beginning of a new chapter — a new home, new relationships and new opportunities ahead.

That is what makes life at Greyhound House special. The big milestones matter, but so do the everyday smiles, shared experiences and moments when somebody discovers something that brings them joy.

Here's to more adventures, more celebrations and, judging by FOS's enthusiasm, perhaps a few more things getting smashed along the way!



AUTHOR: GREYHOUND HOUSE TEAM

PHOTOGRAPHER: GREYHOUND HOUSE STAFF



One Love

Good food, great music and even better company brought the Magic Life community together at Devonshire Lodge

There are some days that simply have all the right ingredients — delicious food, brilliant music, wonderful company and plenty of sunshine in the atmosphere.

That was certainly the case at Devonshire Lodge, where residents, families, staff and friends from across our services came together for a spectacular Caribbean BBQ.

From the moment guests arrived, there was a fantastic buzz around the service. The Devonshire Lodge team had pulled out all the stops, creating a colourful, welcoming setting where everyone could relax, catch up and enjoy a very special afternoon together.

A Caribbean Feast

Of course, every great BBQ needs great food — and the Devonshire Lodge team certainly delivered!

Guests were treated to an impressive Caribbean-inspired feast, with beautifully seasoned BBQ favourites accompanied by a colourful selection of fresh salads and tasty sides.

The food didn't just taste fantastic; it looked the part too. Family members were full of praise, with some commenting that the quality and presentation could have rivalled professional catering.

Now that's what we call serving up something special!

The wonderful feedback was a fitting reward for all the thought, preparation and hard work that went into creating the feast.

Together Is Better

One of the loveliest parts of the afternoon was seeing people arrive from across the Magic Life community.

Residents and staff travelled from South London, while friends from services closer to Devonshire Lodge also joined the celebrations, creating a fantastic turnout.

Before long, conversations were flowing just as freely as

the good vibes.

Events like this are about much more than an enjoyable afternoon. They give people the opportunity to meet, reconnect, make new friends and enjoy being part of something bigger.

And judging by the smiles around the garden, everyone was making the most of it.

Time for a Boogie

No Caribbean celebration would be complete without music, and the playlist provided the perfect soundtrack to the afternoon.

Then came one of those moments that captures the spirit of an event perfectly.

Hasan from Wins Mews decided it was time for a boogie!

His moves brought plenty of smiles from those around him and summed up exactly what the afternoon was all about — feeling comfortable, having fun and enjoying the moment.

Across the garden there was laughter, conversation, music and dancing as residents, families, guests and staff enjoyed the relaxed atmosphere together.

Memories to Cherish

Perhaps the greatest success of the afternoon wasn't something that could be found on a plate or counted on a guest list.

It was the memories.

There were smiles, laughter, dancing, new conversations and moments of genuine connection throughout the day. Photographs may have captured some of them, but the feeling of such a special afternoon is something everyone can carry with them.

A huge thank you goes to the Devonshire Lodge team for the creativity, enthusiasm and hard work that made the celebration possible. And, of course, thank you to everyone from across our services who travelled to join the fun and helped create such a wonderful atmosphere.

Sometimes the best recipe really is the simplest one.

Good food. Good music. Good people. Great memories.

One Love from Devonshire Lodge.

AUTHOR: YVONNE SPILLANE

PHOTOGRAPHER: STAFF SUPPORTING THE SERVICE USERS



A Moment of Trust

After almost three years, LF chose to take a very personal step forward — showing what patience, choice and consistent support can achieve.

Some moments are worth waiting for

At Magic Life, progress does not always arrive with a fanfare. Sometimes it happens quietly, after months — or even years — of patience, encouragement and trust.

For LF, one of those moments arrived on 31 August 2026.

For almost three years, LF had chosen not to have his hair cut or professionally cared for. Throughout that time, staff respected his decision while gently keeping the opportunity open. Different products and approaches were explored, along with the possibility of home visits and quieter salon appointments. But there was never any pressure.

The message remained simple: when LF was ready, the team would be ready too.

This time was different

When Emem raised the idea of a haircut again, LF agreed. Importantly, he was able to shape the experience himself.

He chose the date and explained how he wanted to be supported. His original preference was for staff to accompany him to the salon but wait outside while his hair was being done.

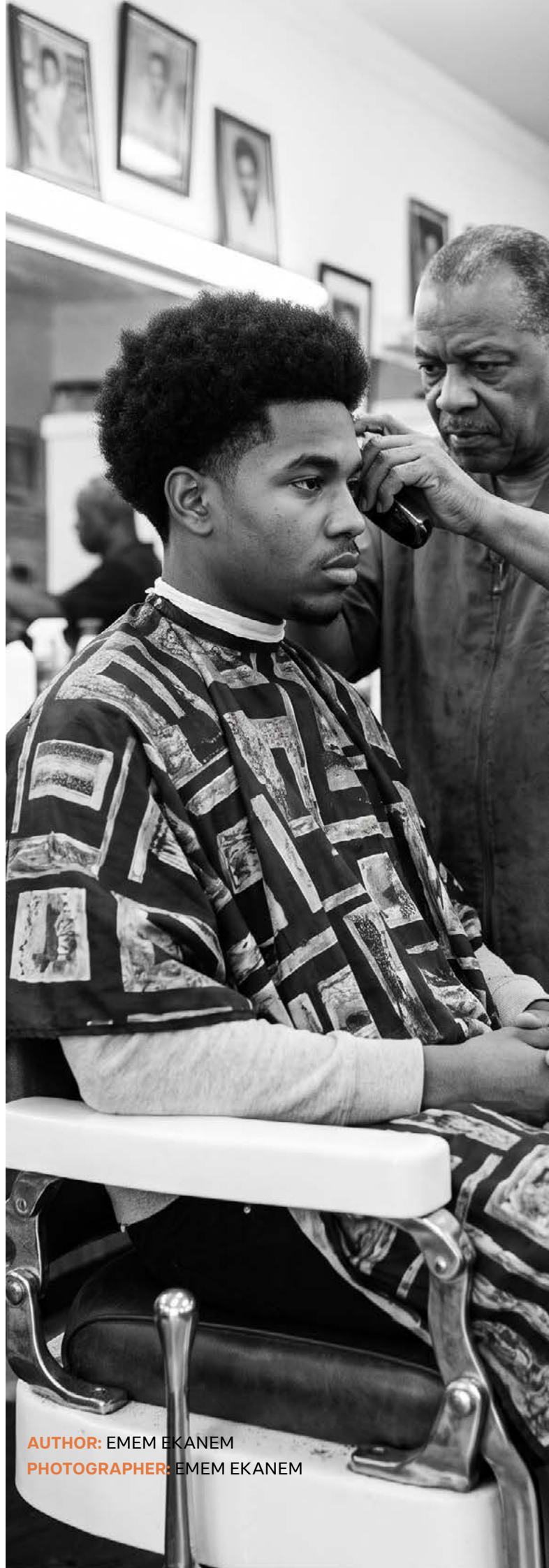
Then came an especially encouraging moment. On the morning of the appointment, LF not only remembered the plan — he came downstairs himself to remind staff.

After such a long journey, he was taking the lead.

A change of plan

Of course, even the best-laid plans can meet a very British obstacle: a bank holiday.

When LF and staff arrived at the first salon, they discovered it was closed. It could easily have brought the day to an abrupt end, but the team quickly began looking for another



AUTHOR: EMEM EKANEM

PHOTOGRAPHER: EMEM EKANEM



option.

Emem contacted salons in the surrounding area while colleagues explored alternatives. Eventually, a suitable salon in Waltham Cross was found.

The change was explained to LF and, crucially, the decision remained his.

He chose to continue.

In the barber's chair

At the salon came another sign of growing trust.

Although LF had originally asked staff to remain outside, he changed his mind and said they could stay with him.

The barber had been briefed beforehand so that the appointment could remain calm, respectful and centred around LF's preferences. What followed was a lengthy process involving cutting, washing, conditioning, drying and shaping.

LF stayed engaged throughout. He patiently worked through each stage and communicated directly with the barber about the style he wanted.

After nearly three years of saying "not yet", this was LF saying, in his own way, "I'm ready."

The biggest smile came afterwards

Perhaps the most memorable moment happened when LF stepped outside.

For almost three years, he had kept his hair covered when around other people. After leaving the salon, however, LF walked along the high street with his new hairstyle uncovered.

He travelled back to the service the same way.

When he arrived home, staff were delighted to see his new look. LF accepted their compliments with a shy smile and continued going about his day with his hair uncovered.

It was a small-looking moment with a very big story behind it.

More than a haircut

This achievement belongs first and foremost to LF.

He made the decision. He communicated what he wanted. He adapted when the original plan changed. He chose who stayed with him. He told the barber how he wanted his hair styled.

At every stage, his voice mattered.

The day also reflected years of patient work from the team. Rather than treating earlier attempts as failures, staff continued building trust, offering choices and respecting LF's boundaries.

A special thank you goes to Emmanuel, who changed his personal plans so he could be there to support LF on this important day, and to the whole team whose consistency helped make the moment possible.

His story, his choice

LF has chosen not to have photographs of himself or his new hairstyle published, and that decision is being fully respected.

Celebrating someone should never mean compromising their privacy. In fact, respecting LF's choice is part of what makes this story so meaningful.

We may not have a photograph to accompany this achievement, but we hardly need one.

The picture that matters is already clear: LF walking out of the salon, hair uncovered, having achieved something entirely in his own time and on his own terms.

After almost three years, the moment was his.

"It was a small-looking moment with a very big story behind it."

Tasty Treats

BH mixes kitchen confidence with a splash of creativity at Northlands

August brought plenty of creativity to Northlands, with BH enjoying a month that combined two very different talents — cooking up something tasty in the kitchen and putting pencil to paper for some relaxing drawing time.

Cooking Up a Storm

BH got stuck into the action in the kitchen, preparing a delicious chicken meal and carefully serving it onto the plate. With plenty of focus and enthusiasm, she looked every bit the chef as she worked through the different stages of preparing her meal.

There's always something satisfying about seeing a dish come together, and BH could take pride in creating something tasty from start to finish. Chef BH was certainly busy cooking up a storm!

Pencil Perfect

The creativity didn't stop when the cooking was finished. BH also spent time with her pencils and sketchbook, following a video for inspiration as she practised her drawing.

She showed wonderful concentration, taking her time and enjoying the process of bringing her artwork to life. It was a lovely opportunity to relax, explore her creative side and enjoy doing something at her own pace.

A Creative August

From preparing a tasty meal to settling down with her sketchbook, BH's August was filled with enjoyable experiences and opportunities to get creative.

Whether holding a serving spoon or a pencil, she certainly knew how to make the most of the month — and we can't wait to see what she creates next!

“Whether holding a serving spoon or a pencil, BH certainly knew how to make the most of August.”

AUTHOR: LYNN

PHOTOGRAPHER: NORTHLANDS STAFF



Choosing His Path

BS takes an active role in shaping his goals, choices and experiences at Chapel Row

August at Chapel Row has been all about choice, opportunity and looking ahead. Throughout the month, BS has worked alongside the team to explore what matters to him, celebrate his achievements and think about the experiences and ambitions he would like to pursue next.

His Voice Matters

Regular conversations and key-working sessions have given BS plenty of opportunities to share his ideas, express his preferences and play an active part in decisions about his life.

These sessions have also provided time to reflect on achievements and consider future ambitions. By sharing what he would like to do and exploring the opportunities available to him, BS continues to take an important role in shaping his own journey.

It has been wonderful to see his confidence grow as he expresses his wishes and makes choices about the things that are meaningful to him.

Building Possibilities

The Chapel Row team has continued to work closely with BS to identify new experiences and activities that encourage independence, confidence and self-expression.

Person-centred planning has remained at the heart of this approach, ensuring BS's interests and aspirations guide the support around him. Looking ahead, the team will continue exploring opportunities for personal growth, social engagement and achievement — with BS firmly in the driving seat.

Learning Together

August was also a month of development for the Chapel Row team. Most staff attended Active Support training and a report-writing workshop delivered by David, Magic Life PBS Lead.

The sessions gave staff an opportunity to strengthen their knowledge, share good practice and develop their skills around meaningful, person-centred support and high-quality documentation.

A special thank you goes to David for delivering the training, and to the whole Chapel Row team for their continued commitment to learning and development.

Looking Forward

From meaningful conversations to new ambitions, August demonstrated what can happen when people are given the opportunity to make choices and shape their own future.

With BS continuing to share his ideas and the team working alongside him, Chapel Row is looking forward to seeing where those choices and ambitions lead next.

AUTHOR: JOAN DELLISTON, SERVICE MANAGER

PHOTOGRAPHER: SSAH UMAR, ENIBRAYKEDOU ALBERT, EBIMENE EBIKEME MIRACLE, EVELYN AMRASAVWORE, TIKO PAEBI. CHIAMAKA SYLVIA BRENDAN.

Summer in Full Swing

Carnival colour, seaside adventures and plenty of summer fun made August one to remember at Hale End

August certainly brought the sunshine to Hale End — and the team made the most of every moment! From a colourful carnival celebration to seaside trips, outdoor adventures and a rather creative encounter in London, the month was packed with experiences to enjoy.

Carnival Comes Home



With carnival season in full swing, Hale End hosted its very own Carnival Party, bringing together fantastic food, lively music and plenty of colour.

The menu was a celebration in itself, with delicious Caribbean favourites including rice and peas, brown stew chicken and potato salad, alongside plenty of other tasty treats and refreshing drinks.

Adding to the occasion, PC and staff from Park Side joined the Hale End crew for the festivities. With music setting the mood and everyone enjoying the celebrations together, the party captured the joyful spirit of carnival beautifully.

Sunshine and Fresh Air

JA made the most of August's warmer days, heading out with staff for walks and outdoor activities.

The summer sunshine also provided the perfect opportunity for some exercise in the garden. Fresh air, movement and a little sunshine — sometimes the simplest activities make for a great summer day!

Adventures for TP

TP certainly had a busy August, with an impressive collection of outings and experiences.

A trip to the seaside offered the chance to enjoy some time by the coast, while another adventure took him to the Time Walk Exhibition.

“From carnival celebrations to seaside adventures, August was packed with moments to remember.”

There was even more fun waiting at Lloyd Park, where TP enjoyed the funfair, a picnic and an ice cream. He also took a turn on the swings before getting behind the wheel of the bumper cars. Hopefully everyone else remembered to steer clear!

Doodles in London

Another memorable adventure took TP into London's West End for Mr Doodle's Doodle Discovery.

The colourful experience featured imaginative characters inspired by London's film, theatre, food and art scene, creating a creative trail to explore. It proved to be an engaging and enjoyable addition to an already action-packed month.

August Adventures

From carnival celebrations and garden exercise to bumper cars, seaside trips and colourful discoveries, August brought laughter, creativity and plenty of opportunities to get out and enjoy the summer.

Hale End certainly made the most of the month — and there are plenty more memories still waiting to be made.



AUTHOR: SUZETTE

PHOTOGRAPHER: SUZETTE, DIANA, DAMMY AND TOYIN



September 2026



Making Memories

Friendship, fresh air and fantastic adventures made August an action-packed month at Park Lodge

August was certainly a busy one at Park Lodge! From bowling and sightseeing to gaming, exercise and cultural celebrations, there was rarely a dull moment. Residents enjoyed plenty of opportunities to get out and about, spend time together and discover something new.

Wishing Tanvir Well

The month began with a special celebration as residents and staff gathered to say goodbye to Senior Support Worker Tanvir, who is moving on to the next chapter of his journey.

The leaving party was an opportunity to share happy memories, celebrate his time at Park Lodge and send him off with plenty of good wishes.



Tanvir, you will certainly be missed. Everyone at Park Lodge wishes you happiness and success for the adventures ahead!

Out and About

With summer in full swing, SGF made the most of the fresh air with an exercise session at Pymmes Park. BM also headed to the park with staff for a walk and some exercise, combining activity with an enjoyable day outdoors.

RG mixed things up with some gaming at an internet café before enjoying a walk in the park with staff — a little screen time followed by some fresh air!

PRM had an adventure of his own with a trip to Westfield. With plenty to explore and browse, it was another enjoyable opportunity to get out into the community.

London From Above

One particularly memorable outing took residents to one of the capital's most recognisable attractions — the London Eye.

Taking in the spectacular views across London from high above the city made for a fantastic experience and offered a completely different perspective on the capital.

It's fair to say Park Lodge took sightseeing to new heights!

Strikes and Style

CR and SGF enjoyed an action-packed day together, travelling by bus to Finsbury Park for a bowling session filled with fun and friendly competition.

But the adventure didn't finish when the final ball was bowled. The pair continued to Camden Town, where some delicious food and shopping were on the agenda.

They even picked up some stylish new hats along the way — because every great day out deserves a fashionable finishing touch!

Movie Magic

There was plenty to enjoy back at Park Lodge too. BM and RG settled into the chill-out room for a movie together, enjoying some relaxed shared downtime.

BM also put his Harry Potter knowledge to good use with a board game — and this time, it was the staff who had something to learn!

Taking the lead, BM shared his knowledge, tricks and strategies as he helped staff understand the game. Could Park Lodge have a future Harry Potter board game champion on its hands? We wouldn't bet against it!

Celebrating Culture

Another highlight was a Cultural Day party at The Hamptons, bringing together music, food and a wonderful celebration of different traditions.

The event offered residents the chance to socialise, enjoy the festivities and share in a colourful day of community and togetherness.

What a Month

From London landmarks and bowling lanes to park walks, movies, gaming and cultural celebrations, August offered something for everyone at Park Lodge.

Most importantly, it was a month filled with shared experiences, friendship and plenty of memories. With so much packed into August, we can only wonder what Park Lodge has planned next!

AUTHOR: OLAMIDE TAJUDEEN

PHOTOGRAPHER: LISA FANA, RITA OJO, OLUBUNMI ABIODUN AND BARWAGO MOHAMMED

Celebrating Together

Milestones, cultures and community spirit came together for one unforgettable day at The Hamptons

The Hamptons was bursting with colour, pride and celebration on 28 August as residents, staff, families and guests gathered for a very special occasion.

What began as a celebration of residents' achievements through the Milestone Awards became something even bigger, with a vibrant Cultural Day bringing music, food, traditions and people together.

A World of Colour

Residents and staff proudly represented different cultures through colourful traditional clothing, delicious food and drinks, music and shared experiences.

There was plenty of laughter and conversation as everyone had the opportunity to discover something new about one another and celebrate the wonderful diversity within the community.

The occasion grew even more special as residents and staff from another home within The Hamptons joined the festivities. New connections were made, conversations flowed and everyone was welcomed into the celebrations.

That's what community is all about!

Every Milestone Matters

At the heart of the day were the Milestone Awards, recognising residents for their personal achievements, growth and individual qualities.

Awards celebrated everything from adventure, independence and curiosity to musical talent, communication, community engagement and personal development.

Each award told its own story.

Whether discovering a new interest, becoming more confident when out in the community, developing everyday skills, building relationships or finding new ways to express



AUTHOR: OMOYE ENYI

PHOTOGRAPHER: THE HAMPTONS

themselves, there was plenty to applaud.

And while some achievements might appear small from the outside, their meaning can be enormous. Every step forward deserves its moment in the spotlight.

Proud Moments

The awards gave everyone the chance to stop, reflect and celebrate just how much can be achieved over time.

Seeing residents recognised for the things that matter to them made for some particularly proud moments, while families, staff and guests were there to share in the celebrations.

It wasn't simply about receiving an award. It was about recognising each person's individual journey and celebrating what makes them unique.

Everyone Belongs

Cultural Day added another wonderful dimension to the occasion.

Through food, clothing, music and traditions, residents



and staff shared parts of their cultures while learning more about those around them. Whether joining the festivities, chatting with others, enjoying the food or simply soaking up the atmosphere, everyone had a place in the celebration.

The smiles throughout the day told their own story — this was a celebration of people, progress, culture and belonging.

More Milestones Ahead

A huge thank you goes to the residents, staff, families and guests who helped make the Milestone Awards and Cultural Day such a memorable occasion.

The day was a wonderful reminder of what makes The Hamptons community so special: different people and cultures coming together, celebrating one another and making sure every achievement gets the recognition it deserves.

Here's to the next milestone — and plenty more reasons to celebrate!



August Adventures

Seaside sunshine, treasured memories and time with family made August a month to remember at Parkside

August was full of activity at Parkside, with residents making the most of summer through days out, favourite routines, family visits and plenty of time together.

From a trip to the seaside and a nostalgic return to a much-loved park to swimming, cooking and even a fresh new haircut, everyone found their own way to enjoy the month.

Seaside Smiles

PC certainly embraced the summer spirit with a day trip to Southend-on-Sea.

With pleasant weather and an ice cream to enjoy, it had all the ingredients for a classic seaside day. PC also showed her thoughtful side by choosing gifts for residents who were unable to join the trip, bringing a little bit of the seaside back to Parkside.

A special mention goes to Mo, the driver, for helping make PC's Southend adventure such an enjoyable and memorable one.

A Walk Down Memory Lane

Another special outing took PC to Richmond Park, a place filled with happy childhood memories of visiting with her dad and sister.

Returning gave PC the opportunity to reminisce and share stories with staff about the times she had enjoyed there when she was younger.

Sometimes a familiar place can hold a lifetime of stories, and this was certainly one of those occasions.

Out and About

ESB also enjoyed a change of scenery with a three-day stay at a Premier Inn in Waltham Cross, including the opportunity to spend some quality time with her partner.

Meanwhile, ED continued enjoying his regular day centre activities while fitting even more into his August calendar.

He went swimming, visited the park to feed the ducks and headed to church looking particularly smart in his Sunday best.

Feeling at Home

EG has been enjoying life at Parkside and settling into his routines. Trips to the mosque, shopping and preparing his meals for the week have all featured in his month.

Visits from his parents have also brought opportunities to spend quality time together — often accompanied by one of EG's BBQs. Nothing brings people together quite like good company and something tasty on the grill!

Family and Friendship



Family time remained an important part of SM's August, with regular visits and plenty of opportunities to spend time with his grandchildren.

He has also enjoyed listening to music on his phone and sharing relaxed moments with those around him.

DM, meanwhile, has enjoyed spending time in the lounge with fellow residents and staff. Board games have provided another opportunity for some shared fun, and there was also time for a fresh haircut courtesy of staff — a new look to round off the month in style!

Summer Well Spent

August at Parkside showed that memorable months are made from all kinds of moments.

Whether it was travelling to the seaside, revisiting a treasured place, enjoying family time, cooking, swimming or simply sharing good company at home, residents had plenty of opportunities to enjoy the things that matter to them.

Now that's a summer well spent.

AUTHOR: MARY OSEI KUFFOUR

PHOTOGRAPHER: PARKSIDE STAFF



Birthday Adventures

Double the birthdays meant double the celebrations for VS and JC at The Whitehouse

August brought two very special reasons to celebrate at The Whitehouse as VS and JC both marked their birthdays.

With fun activities, special outings and plenty of opportunities to make happy memories, the birthday celebrations added an extra sparkle to the month.

Hip Hip Hooray!

Everyone deserves to feel special on their birthday, and VS and JC each had the chance to celebrate their big day in their own way.

Residents and staff shared in the festivities, creating a cheerful atmosphere and making sure there were plenty of enjoyable moments to remember.

And with two birthdays in one month, The Whitehouse certainly had good reason to celebrate!

A Wild Birthday

The celebrations also included birthday outings to the zoo, adding a little adventure to the occasion.

It was a wonderful opportunity to get out and enjoy a different experience while making those all-important birthday memories.

After all, birthdays are about more than candles and cake — sometimes a great day out is the perfect present!

Happy Birthday!

A very happy birthday to VS and JC from everyone at The Whitehouse and Magic Life.

We hope August brought plenty of smiles and wonderful memories — and here's to many more celebrations and adventures ahead!



Wonderful August

Culture, cooking, community adventures and personal moments made August shine at Winns Mews Complex

August brought a wonderful variety of experiences to Winns Mews Complex. From enjoying a meal out and celebrating Indian Independence Day to cooking, keeping active and visiting a special place, everyone had opportunities to enjoy the things that mattered to them.

It was a month filled with individuality, shared experiences and plenty of memorable moments.

Dining Out in Style

TB enjoyed a lovely restaurant outing with staff, providing the perfect opportunity for a change of scenery, some quality time together and, of course, a tasty meal.

Alongside her adventures out and about, TB also enjoyed activities at home, making August a nice mixture of outings and relaxed time in familiar surroundings.

A Colourful Celebration



There was an extra splash of colour when TB celebrated Indian Independence Day.

Proudly wearing a beautiful traditional saree, TB embraced the occasion and enjoyed celebrating in style. It was a meaningful opportunity to celebrate culture, identity and belonging — and she certainly looked the part!

TB also made time for exercise during August, adding some activity and movement to an already varied month.

Stepping Out in Style

JK brought his own sense of style to August during a trip out with staff.

Looking smart and carrying himself with confidence, JK turned an everyday outing into another opportunity to express his personality.

Who says you need a special occasion to dress to impress?

A Meaningful Visit

For PKP, August included a visit to Wembley Temple, a place with personal and spiritual significance to him.

The visit provided an opportunity to spend time somewhere meaningful and enjoy an experience connected to his individual beliefs and choices.

Supporting people to enjoy the places and traditions that are important to them is one of the many ways Winns Mews Complex celebrates individuality.

What's Cooking?

Back at home, SSG rolled up his sleeves for an enjoyable cooking session alongside staff.

The kitchen provided the perfect setting to practise



everyday skills, work together and enjoy the satisfaction of preparing something.

Cooking can turn an ordinary day into something special — especially when good company is on the menu too!

Something for Everyone

Looking back, August demonstrated just how many different ways there are to make a month memorable. TB celebrated her culture and enjoyed dining out, JK expressed his individual style, PKP visited a place important to him, and SSG got busy in the kitchen.

Different interests, different experiences and one shared theme — enjoying life in a way that feels meaningful to each person.

That's what made August at Winns Mews Complex so special.

AUTHOR: AMANJOT SINGH

PHOTOGRAPHER: WINNS MEWS TEAM



**“Supporting individuality
was at the heart of
August.”**

Skills in Bloom

Magic tricks, gardening, games and growing independence made August a rewarding month at West Lodge

August at West Lodge was all about discovering talents, enjoying favourite activities and getting involved. JS, MP and MA each had opportunities to build on their interests, spend time in the community and show what they can do.

And with everything from magic tricks to flower planting on the agenda, there was certainly plenty of variety!

Magic Moments

JS continued developing one of his favourite interests during August — magic tricks!

His enthusiasm has been growing, and he particularly enjoys demonstrating his tricks to others. Sharing his magic has given JS a fantastic opportunity to be creative and show his growing confidence.

We won't ask him to reveal how the tricks are done, though. Every magician needs to keep a few secrets!

JS also headed out for some bowling, where he remained actively involved and clearly enjoyed taking part.

Getting Green Fingers



The West Lodge courtyard received a colourful helping hand when JS and MP joined CF for some flower planting.

Both got involved with the gardening activity and contributed to improving the shared outdoor space. There's something particularly satisfying about planting something and then watching it grow — especially when everyone can enjoy the results.

It was a lovely example of working together to make West Lodge an even brighter place.

Taking His Shot

MP enjoyed getting out into the community with a trip to Tenpin in the city centre, where he took part in a game of snooker.

It proved to be a great choice, with MP sharing his enthusiasm for the game and expressing an interest in continuing to develop his skills.

It looks like there could be plenty more time around the snooker table ahead!

Looking Sharp

MA demonstrated his practical skills when it was time for a haircut, getting things started himself before staff helped with the finishing touches at the back.

The result? A smart new look and another opportunity for MA to put his skills into action.



MA also enjoyed a shopping trip in the community, spending time out and about alongside staff.

Growing Together

From mastering magic tricks and improving snooker skills to planting flowers and showing independence with everyday activities, August provided plenty of opportunities for everyone to get involved.

Most importantly, JS, MP and MA were able to enjoy activities connected to their individual interests and abilities.

The flowers aren't the only things growing at West Lodge — confidence, skills and interests are blooming too.



AUTHOR: FELIX AYEBBUSI

PHOTOGRAPHER: WEST LODGE

Magic Life Locations

Magic Life Head Office
5-11 Green Lanes, London,
N13 4TN

Burlington Lodge
21-29 Tewkesbury Road, London,
N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London,
N17 7NL

Greyhound Road
95 Greyhound Road, London,
N17 6XR

Grove Park Road
57 Grove Park Road, London,
N15 4SL

High Road Tottenham
672 High Road, London,
N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar,
Hertfordshire,
EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford
Green,
IG8 9NB

NorthLands
10 Northlands, Potters Bar,
Hertfordshire,
EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue,
London,
N18 2UH

Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

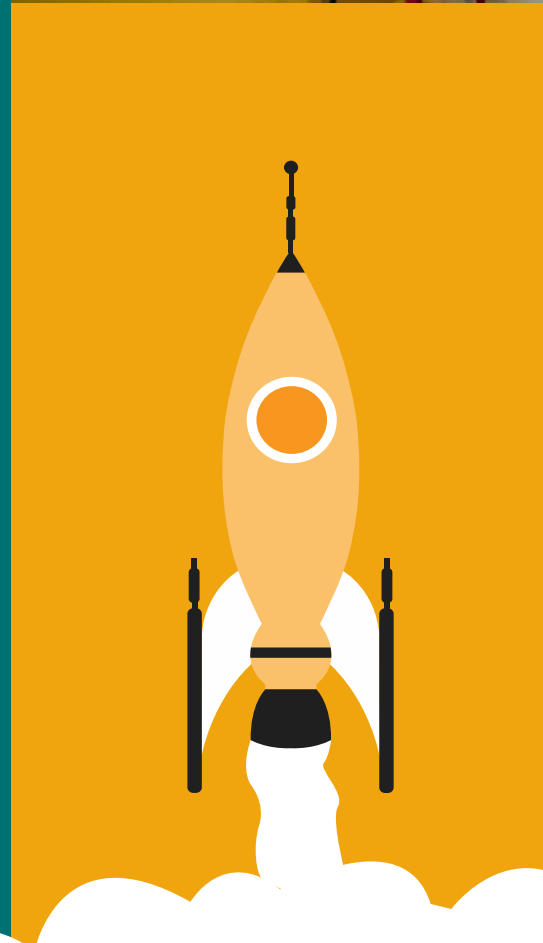
The Hamptons
403 Eagle Way, Peterborough,
PE78EG

Cherry Tree Lodge
185 London Road, Croydon
CR0 2WN, UK

The White House
138 High Street, Coopers Walk,
Chestnut,
EN8 0AP

West Lodge
15 West Hill Road,
Luton,
LU1 3LY

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



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