

MagicLife Life News

Magic Life

August 2026 Edition

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Summer Together

From seaside adventures and birthday celebrations to new skills, friendships and family reunions, August's edition captures the warmth of community life across Magic Life.

There is something wonderfully uplifting about summer at Magic Life. The brighter days bring more opportunities to step outside, explore the community and enjoy time together—but the real sunshine comes from the people who make each experience meaningful.

Throughout July, residents and staff across our services filled the calendar with celebrations, outings, personal achievements and those quieter everyday moments that often mean the most. From cooking a favourite meal and discovering a new hobby to reconnecting with family or achieving a long-held goal, this edition is a celebration of lives being lived with confidence, choice and plenty of character.

Every Achievement Matters

At Park Lodge, the month began at a lively pace as CR took part in the Run with Mo event in Hyde Park and met sporting hero Sir Mo Farah CBE. A Certificate of Achievement from the Arsenal Hub added another proud moment, recognising CR's commitment and football skills. The celebrations continued with a birthday party, cinema visit, community outings and plenty of activity in the summer sunshine.

That same spirit of independence could be seen at 672 High Road, where CK enjoyed family time, a visit to the funfair, bus journeys and park walks. Back at home, preparing breakfast, managing laundry and helping to maintain the living environment showed that everyday routines can become important signs of progress.

At West Lodge, residents explored creativity, community activities and independent living. Painting, museum visits,

bowling, shopping, draughts and meal preparation each offered opportunities to develop skills and confidence. The warm welcome given to a new resident also reflected the importance of creating a place where people can settle in at their own pace and feel at home.

Parkside brought its own collection of achievements. Ed continued caring for his garden and reached a long-awaited goal by securing a place at a local swimming venue. PC celebrated England's football success and invited a friend from Park Lodge to share lunch, while ESB returned to the beautiful surroundings of Forty Hall Gardens—a favourite place filled with treasured memories.

These stories remind us that progress does not always arrive with a fanfare. Sometimes it looks like choosing what to cook, entering a shop independently, trying an activity again or deciding how to spend the afternoon. Every choice matters because every choice belongs to the person making it.

The Joy of Being Together

Food played a starring role this month—and, judging by the photographs, it was a role performed very well indeed.

Grove Park Road transformed its garden into a welcoming setting for a backyard barbecue, complete with music, refreshments and plenty of relaxed conversation. Manor Place celebrated Somali culture through a colourful summer gathering where traditional dishes brought residents and staff together around the table. It was a feast not only of flavour, but also of culture, conversation and shared enjoyment.

At Northlands, Samantha prepared chicken curry and rice during her Saturday cooking session. Cutting onions, washing vegetables and helping to create the sauce gave her the opportunity to take part in every stage of preparing a meal she knows and enjoys.

“Ordinary days become stories worth sharing when they are filled with connection.”

The kitchen at Winns Mews was equally lively as residents worked together to prepare a group meal. Responsibilities were shared, new participants joined in and the finished dish was enjoyed with a well-earned sense of pride. Elsewhere in the home, a newly discovered love of reading

and the infectious joy of music and dancing showed that fresh interests can appear when the right opportunity comes along.

Perhaps summer tastes better when it is shared. Whether it is curry, barbecue favourites, Somali dishes, birthday cake or a seaside ice cream, meals become memories when they are accompanied by laughter and good company.

Connections That Count

Many of this month's most moving stories centred on friendship and family.

At Burlington Lodge, JF joined his twin sons for an outdoor birthday celebration at Chestnut Park. Gifts, hugs, food and conversation made the day memorable, while regular visits to the Community Hub helped residents stay connected with the wider neighbourhood.

Cherry Tree Lodge also celebrated the importance of meaningful relationships. CP fulfilled a personal wish by visiting Croydon Airport, while JE enjoyed both a peaceful café outing and a special reunion with her father. RF and SG made time for a relaxed visit to the pub, proving that a good catch-up and a change of scenery can be just the ticket.

Friendship Day at Greyhound Road offered a beautiful reminder of the power of kind words. Residents and staff wrote positive messages and placed them in a decorated glass jar, creating a collection of encouragement that can be revisited whenever someone needs a lift. Pizza, cool drinks and shared laughter completed a celebration built around appreciation and belonging.

At The White House, International Friendship Day was marked with a visit from a friend at another Magic Life service. Alongside the celebration of a significant personal milestone, the occasion demonstrated how friendships and achievements can brighten even a quieter month.

Across these stories, one message stands out clearly: connection does not need to be complicated. It may begin with an invitation to lunch, a handwritten note, a shared joke or simply the decision to spend time together.

Summer Adventures

The great outdoors also provided the perfect stage for adventure.

Hale End embraced football fever before heading further afield for seaside smiles and a peaceful day at Chingford Memorial Park. Jude enjoyed the lively coastal atmosphere, while Toby's park visit offered a gentler pace with a picnic, playground time, bird feeding and the chance to relax among nature.

Residents from The Hamptons enjoyed the best of both worlds. The sensory room provided a calm and welcoming place for relaxation, gentle games and personalised activities, while a group trip to Hunstanton brought sea

air, coastal views, ball games, lunch by the water and a boat ride. Naturally, no British seaside adventure would be complete without ice cream.

These experiences reflected the wonderful variety of summer. For one person, the ideal day may involve music, crowds and a trip to the coast. For another, it might mean soft lighting, a peaceful environment and time to recharge. What matters is that each person is supported to enjoy the experiences that feel right for them.

Celebrating Every Chapter

Devonshire Lodge had twice the reason to smile as Oliver and Ina celebrated their birthdays surrounded by residents, staff and friends. Cake, laughter and cheerful conversation created an occasion that recognised two individuals while strengthening the wider community around them.

At Chapel Row, the month brought reflection as one chapter came to a close and the team looked towards the future. The experiences shared over several years have strengthened teamwork, understanding and the service's commitment to personalised support. Meanwhile, everyday choices continued to show how confidence can grow when people are heard and encouraged to take ownership of their decisions.

That balance—honouring what has been achieved while looking forward with optimism—runs throughout this edition. Every service has its own stories, personalities and proud moments, yet they are connected by the same spirit of encouragement, respect and togetherness.

The Magic in the Everyday

August's magazine is full of events worth celebrating, but it also reminds us not to overlook the smaller moments: watering a plant, selecting ingredients, reading a magazine, enjoying a favourite song, choosing a destination or sitting beside someone who makes the day brighter.

These moments may appear simple, but together they create belonging. They build confidence, deepen friendships and turn ordinary days into stories worth sharing.

A heartfelt thank you goes to every resident who embraced a new opportunity, revisited a favourite place or shared their achievements with us. The same gratitude goes to the staff teams whose planning, encouragement and enthusiasm helped make each experience possible.

As summer continues, may there be more adventures, more laughter, more meals around shared tables and perhaps just one more ice cream than originally planned.

EDITOR: JOE BERNARDES

PHOTOGRAPHER: MAGIC LIFE RESIDENTS AND STAFF TEAMS ACROSS ALL FEATURED SERVICES

Together We Thrive

From memorable milestones to sunny adventures, July was packed with moments worth celebrating at Park Lodge.



July got off to a flying start at Park Lodge, with residents embracing every opportunity to get out, stay active, and celebrate life's special moments. From unforgettable sporting experiences to birthdays, shopping trips and community adventures, the month was a wonderful reminder that every day offers a chance to create new memories.

Running with a Champion

What better way to begin the month than with an inspirational day in Hyde Park? CR proudly took part in the Run with Mo 3km event alongside none other than Sir Mo Farah CBE. The experience was made even more special when CR had the chance to have a photograph taken with his sporting hero, creating a memory that will last for years

to come.

As if that wasn't enough excitement, CR was also presented with a Certificate of Achievement in recognition of his fantastic commitment throughout the football season at the Arsenal Hub. His dedication, enthusiasm and impressive football skills made this award thoroughly deserved.

Birthday Celebrations

The celebrations continued as everyone came together to mark CR's birthday. Friends, residents and guests from neighbouring services joined in for an afternoon full of music, dancing, laughter and plenty of cake. It was a joyful occasion that perfectly reflected the warmth and togetherness that makes Park Lodge such a special place.

Out and About

Residents enjoyed making the most of the local community throughout the month. A visit to Wood Green Shopping Centre provided the perfect opportunity to browse the shops, spend time together and enjoy a relaxed day out.

RG also enjoyed a shopping trip to Edmonton Green, while later in the month combining fitness with fun by exercising at Pymmes Park before finishing the day with a well-earned meal out with staff.

With the summer sunshine making a welcome appearance, residents embraced every opportunity to get outdoors. CR enjoyed spending time in the fresh air, while RG and SGF both kept active with energetic games of basketball and football at Pymmes Park.

Healthy Living, Happy Living

Staying active remained a priority throughout July. PRM continued working towards personal fitness goals with regular community walks, carefully counting steps and enjoying exercise as part of a healthy routine. Every achievement, big or small, reflected the determination and positive attitude shown by residents every day.

Friendship Makes Everything Better

One of the month's most heartwarming moments came through the growing friendship between BM and PRM. Inspired by PRM's interests, BM developed a new curiosity about visiting the temple, demonstrating how friendships often open the door to new experiences and shared understanding.

Meanwhile, BM also took great pride during Tidy Day by organising their bedroom and carefully arranging their toys, showing increasing independence and responsibility.

Football Fever

There was plenty of excitement as residents gathered together to cheer on England during the football matches.



Sharing the highs, the excitement and the match-day atmosphere together made for another memorable community occasion.

Fresh Looks and Big Screen Adventures

A visit to the barber left SGF sporting a smart new haircut and a big smile, while CR enjoyed an exciting trip to the cinema to watch Toy Story 5 on the big screen. Sometimes it's the simple pleasures that create the biggest smiles.

Looking Ahead

As another fantastic month comes to a close, July has once again shown the incredible spirit of Park Lodge. Whether celebrating personal achievements, exploring the community, supporting one another or simply enjoying time together, every activity has strengthened friendships and created lasting memories.

A huge thank you goes to our dedicated staff team, whose encouragement, creativity and unwavering support make every experience possible. Their commitment helps residents continue to grow in confidence, embrace new opportunities and enjoy life to the fullest.

Here's to another month filled with laughter, adventure and plenty more magical moments.

AUTHOR: OLAMIDE TAJUDEEN

PHOTOGRAPHER: LISA FANA, EMEDIONG EKPO, IDIL MOHAMMED, RITA OJO, BARWAGO MOHAMMED, JACOB KENNEDY, TIMOTHY MINTAH AND BRENDA LAWRENCE.





Out and About

Enjoying the Sunshine and Building Independence

July has been an enjoyable and active month for CK, making the most of the warm weather by spending more time out in the community. One of the highlights of the month was a short stay with family, where CK enjoyed quality time together and returned home feeling calm, relaxed, and happy.

CK has continued to take part in a variety of community activities, including a visit to the funfair, which he thoroughly enjoyed. He also enjoyed going on bus rides and spending time walking in the park, helping him stay active while enjoying the outdoors.

At home, CK has continued to build his independence by completing a range of daily living tasks. He has been preparing his own breakfast, keeping on top of his laundry, and making sure his bed is made every day. He has also taken part in cleaning tasks around the home, demonstrating his commitment to maintaining his living environment.

Overall, July has been a positive month for CK, filled with enjoyable experiences, increased community engagement, and continued progress in developing his independent living skills.

AUTHOR: SEGUN STEPHENS

PHOTOGRAPHER: CK CORE STAFF

MagicLife Grove Park Road

Backyard BBQ

Bringing Everyone Together for Food, Fun and Friendship

Residents at Grove Park Road enjoyed a fun-filled Backyard BBQ, bringing everyone together to enjoy good food, music and time outdoors. The garden was transformed into a welcoming space where residents could relax, socialise and make the most of the warm July weather.

A variety of BBQ favourites, refreshments and snacks were available, allowing residents to choose what they wanted to eat while enjoying each other's company in a relaxed and friendly setting. Music played throughout the afternoon, creating a lively atmosphere filled with conversation, laughter and positive engagement.

The BBQ provided a great opportunity for residents to spend quality time together outside of their usual daily routines. It encouraged social interaction, promoted wellbeing, and supported community inclusion, while giving everyone the chance to enjoy being outdoors as part of a meaningful group activity.

A special thank you goes to Andrea Agard, whose hard work, planning and enthusiasm made the event possible. Andrea's excellent organisation ensured the BBQ ran smoothly and was an enjoyable and memorable occasion for everyone who attended.

AUTHOR: AMIKO
PHOTOGRAPHER: AMAL

Closure Outcomes and Future Focus

Honouring the Past While Building a Stronger Future

This month marks an important transition for Chapel Row as we completed the closure of care and support for IG, who has been part of our community for over three years. Her journey has been one of progress, challenges, learning and meaningful connections. Throughout her time with us, IG became an integral part of Chapel Row, helping to shape not only our daily practice but also the values that continue to guide our team.

Supporting IG required patience, creativity and a united approach. Over time, staff developed a deep understanding of her complex needs, responding with consistency, compassion and resilience. These shared experiences strengthened the team's confidence and enriched our collective knowledge. IG leaves behind a meaningful legacy built on perseverance, unity and the belief that positive outcomes are achieved through dedicated, person-centred support.

As we move forward, Chapel Row remains committed to carrying these valuable lessons into our work with current and future service users. The experience gained through supporting IG continues to shape our practice, reinforcing the importance of teamwork,

empathy and adaptability. Our focus remains on maintaining high standards of care while ensuring every individual receives support that is meaningful, empowering and tailored to their needs.

This commitment is already reflected in the progress being made by BS, who continues to show encouraging development in his day-to-day life. He is becoming more confident in making his own decisions and taking ownership of his choices. A recent example was his decision to decline his swimming session and instead request a haircut. Although seemingly a small decision, it represents an important step towards greater confidence, self-awareness and independence.

The Chapel Row team will continue to build on the skills, strategies and understanding developed over the years, using these experiences to support BS and future service users alike. We look ahead with optimism and determination, knowing that every journey—whether beginning or coming to a close—strengthens our service. Our commitment remains the same: to provide compassionate, consistent and forward-thinking care that enables every individual to achieve their full potential.



AUTHOR: JOAN DELLISTON

PHOTOGRAPHER: ISSAH UMAR, ENIBRAYIKEDOU ALBERT, EBIMENE EBIKEME MIRACLE, EVELYN AMRASAVWORE, TIKO PAEBI, CHIAMAKA SYLVIA BRENDAN.

Saturday Cooking

A favourite meal, plenty of smiles, and another enjoyable morning in the kitchen.

A favourite meal, plenty of smiles, and another enjoyable morning in the kitchen.

A recipe for a great Saturday

Samantha enjoys taking part in the Saturday cooking sessions, where she chooses a meal she likes and is supported by staff to prepare it. This week, she made chicken curry with rice, which was very tasty.

She enjoyed cutting the onions, washing the vegetables and helping to make the curry sauce. Samantha likes cooking meals that she knows and enjoys eating, and she was happy to be involved throughout the activity.

Looking forward to next week

Samantha had a great time and will continue to take part in the Saturday cooking sessions, enjoying the opportunity to prepare meals she loves.

**“Samantha
enjoys
cooking
meals she
knows and
loves.”**

AUTHOR: LYN

PHOTOGRAPHER: STAFF



Progress Through Purpose

Celebrating Progress, Independence and New Beginnings

July has been a positive and productive month at West Lodge, with residents continuing to develop their independence, engage in meaningful activities and build positive relationships. Throughout the month, staff remained committed to providing person-centred support, ensuring every resident had opportunities to achieve their goals and enjoy new experiences.

JS had a rewarding month, taking part in a painting activity with encouragement and support from staff. Following reassurance, he became fully engaged, describing painting as something that “feels good” and therapeutic. The session provided an opportunity for creativity, self-expression and emotional wellbeing, and JS expressed his wish to participate in similar activities again. He also enjoyed a day trip to London’s Science Museum and Natural History Museum, where he remained settled and engaged throughout the visit, benefiting from community access and a meaningful leisure experience.

MP continued to make positive progress throughout the month. With support from Manager CF, he received assistance with his personal care, ensuring he remained comfortable and well cared for. MP also enjoyed accessing the community through activities such as snooker and bowling. He spoke positively about his progress, sharing that he feels he is improving and would like to continue participating in these activities, which continue to build his confidence, skills and overall wellbeing.

GP remained independent with many daily living tasks, regularly using the kitchen to prepare meals, washing up afterwards and taking responsibility for household duties, including putting the bins out. Although GP experienced periods of shouting, screaming and behaviours that challenged during the month, staff responded with calm, person-centred approaches to help de-escalate situations safely. He also continued to demonstrate his independence by shopping on his own each week and returning without any concerns.

CM spent the month developing positive relationships with staff through regular conversations and person-centred interactions. He particularly enjoyed playing draughts, showing enthusiasm, concentration and a healthy sense of competition, especially when celebrating his victories. These activities promoted communication, confidence

and meaningful social engagement. CM also enjoyed a shopping trip to Sports Direct as part of his community activities.

A warm welcome was extended to MA, who settled well into his new home and quickly became familiar with his surroundings and daily routine. Throughout the month, MA enjoyed taking part in meal preparation, attended appointments with staff support and continued to develop his interest in painting using the watercolour set gifted by Magic Life. He also spent time enjoying games on his tablet, helping him relax while settling into his new environment.

Overall, July has been a month of achievement, meaningful engagement and continued progress across West Lodge. Residents have embraced opportunities to build independence, access the community and develop new skills, while staff have continued to provide compassionate, person-centred support that enables everyone to thrive.

Special Mentions

This month, we would like to recognise Support Worker Henry Fatomoye for his outstanding commitment to delivering person-centred care. Henry consistently demonstrates patience, compassion and professionalism, building trusting relationships with residents while remaining calm and reassuring in challenging situations. His dedication to providing high-quality support makes him a valued member of the West Lodge team.

Congratulations also go to Felix Ayegbusi on his well-deserved promotion to Senior Support Worker. Felix’s commitment, professionalism and positive attitude have earned the respect of both colleagues and residents. His promotion reflects the dedication and hard work he brings to his role every day, and everyone at West Lodge wishes him every success in this exciting new chapter.



AUTHOR: FELIX AYEGBUSI

PHOTOGRAPHER: WEST LODGE STAFF



July Together

Family celebrations, community connections and memorable moments at Burlington Lodge

July brought plenty of smiles to Burlington Lodge, with residents enjoying family celebrations, welcoming community gatherings and moments that made the month feel truly special.

A Birthday to Remember

One of July's biggest highlights was a wonderful family celebration for JF, whose twin sons marked another milestone birthday.

The Burlington Lodge team helped JF prepare for the occasion, making sure he looked smart and had everything he needed for a relaxed and enjoyable day. The celebration took place outdoors at Chestnut Park, where JF was joined by his sons and other family members.

There were warm hugs as the boys greeted their father, followed by the exciting moment when JF proudly presented them with their birthday gifts. The family shared food, drinks, conversation and plenty of laughter, creating memories that everyone will treasure.

JF's excitement shone throughout the celebration. It was a beautiful reminder that the best birthday ingredient is not always the cake — sometimes, it is simply being together.

Community Connections

Residents also continued to enjoy regular visits to the local Community Hub, with JF, EN, SB, JM and MM taking part in the twice-weekly gatherings.

These welcoming events offered the perfect opportunity to meet people from the wider community, catch up over tasty refreshments and enjoy relaxed conversations. Laughter, storytelling and friendly faces made each visit something to look forward to.

The outings encouraged residents to feel confident, connected and involved in their local community. Whether sharing a story or enjoying a meal together, every visit brought its own little spark of Magic Life spirit.

Seeing Things Clearly

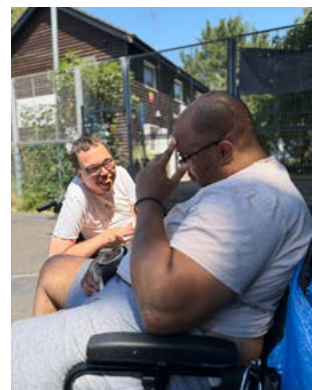
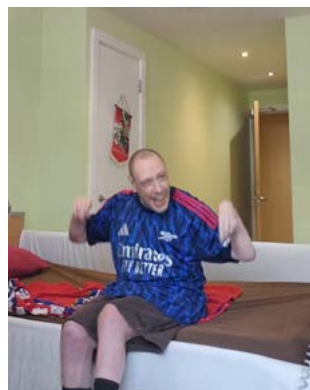
July also included a visit from the Specsavers team, who provided residents with personalised eye-care support and helped ensure everyone had the glasses they needed.

The visit was both convenient and reassuring, bringing an important service directly into the comfort of Burlington Lodge. New glasses also meant a fresh look for some residents — practical, stylish and ready for their close-up!

A Month Full of Meaning

From family milestones to community friendships, July was filled with opportunities to connect, celebrate and enjoy time together.

The residents of Burlington Lodge embraced every experience with enthusiasm, creating a month full of warmth and memorable moments. With such a joyful July behind them, there is plenty to look forward to in the months ahead.



“July was filled with opportunities to connect, celebrate and enjoy time together.”

AUTHOR: BURLINGTON LODGE TEAM

PHOTOGRAPHER: BURLINGTON LODGE TEAM



Happy Reunions

New experiences, treasured family time and plenty of smiles at Cherry Tree Lodge

July was another bright and activity-filled month at Cherry Tree Lodge, with residents enjoying community outings, social occasions, personal achievements and valuable time with loved ones.

A Wish Come True

CP had a particularly exciting month as he visited Croydon Airport, an experience that brought plenty of smiles. The trip was especially meaningful because visiting the airport was one of the items on his wishlist for the year.

Being able to tick this goal off the list was a proud and joyful moment for CP. His excitement was clear throughout the visit, proving that some of the best adventures begin with a personal dream and a plan to make it happen.

Café Calm

JE explored a new local venue with a visit to the Café in the Community. She returned with glowing feedback, particularly praising the beautiful and relaxing outdoor scenery.

The outing gave JE the chance to discover somewhere new, enjoy a peaceful setting and spend quality time within the local community. A lovely view and a welcoming café — sometimes that is the perfect recipe for a great day out.

A Special Reunion

One of the most meaningful moments of the month came when JE visited her dad, whom she had not seen for some time.

The reunion was emotional and heartwarming, with JE clearly delighted to reconnect with her father. Spending valuable time together made the occasion particularly special and created memories that will be treasured.

It was a beautiful reminder of the importance of family connections and the joy that can come from simply being together again.

Friends Out and About

RF and SG also made the most of July by enjoying a relaxed visit to the pub together. The outing offered a welcome change of scenery and a chance to socialise, unwind and enjoy each other's company.

RF later headed out for lunch, enjoyed a beer and watched football — combining several of his favourite things in one very successful afternoon. Good food, good company and football on the screen certainly made for a winning fixture.

Choices That Matter

Throughout July, residents were supported to choose activities that reflected their individual interests and preferences.

From fulfilling a wishlist goal and discovering a new café to reconnecting with family and enjoying social outings, each experience brought something meaningful to the month.

July showed just how much joy can be found when people are given opportunities to explore, connect and spend their time in ways that matter to them.

Special Recognition

A special thank you goes to Morufat Adebisi for her commitment and hard work in helping all staff members remain compliant. Her dedication and attention to detail are greatly appreciated by the Cherry Tree Lodge team.



AUTHOR: OLUGBENGA OLATIDOYE

PHOTOGRAPHER: CHERRY TREE LODGE STAFF



Summer Flavours

Sunshine, smiles and a celebration of Somali culture at Manor Place

Manor Place came alive with laughter, conversation and the wonderful aromas of delicious food as residents and staff gathered for a special summer get-together.

Everyone Had a Part

The event was eagerly anticipated, with residents excited to take part in the preparations. Staff worked alongside everyone to organise the day and create a warm, welcoming atmosphere.

From setting up the space to helping with the food, each person played a part in bringing the celebration together. That shared effort gave the event an extra-special sense of teamwork and inclusion before the first plate had even been served.

A Feast of Flavour

The highlight of the day was the delicious Somali cuisine, enjoyed by residents and staff alike.

The traditional dishes were full of flavour and offered everyone a wonderful opportunity to experience and appreciate Somali culture. The food received plenty of compliments, with several guests returning for second helpings — always the clearest sign of a successful menu!

More than simply a meal, the feast became a joyful way to share culture, spark conversation and bring people closer together.

Laughter Around the Table

Throughout the gathering, the room was filled with smiles, friendly conversation and a genuine sense of community.

Residents and staff had the chance to relax, socialise and strengthen their connections in a cheerful setting. These shared moments helped create lasting memories and showed just how powerful a simple get-together can be.

Celebrating Together

Events like this remind us of the importance of coming together, celebrating different cultures and creating experiences where everyone feels included.

A big thank you goes to everyone who helped make the summer get-together such a memorable occasion. With wonderful food, warm company and plenty of laughter, Manor Place certainly served up a celebration to remember.



AUTHOR: EMEM EKANEM

PHOTOGRAPHER: MUKHTAR ALI

Moments to Celebrate

Personal achievements and lasting friendships made July a memorable month at The Whitehouse

July may have been a quieter month at The Whitehouse, but it was filled with meaningful moments that deserved to be celebrated.

A Remarkable Milestone

One resident reached a significant personal milestone this month, marking an achievement that reflected determination, resilience and a great deal of personal progress.

To celebrate the occasion, everyone enjoyed making and tasting a delicious batch of homemade puff puff. The sweet treat added an extra touch of joy to an already memorable day, proving that every milestone is worth celebrating with a little something special.

The Value of Friendship

International Friendship Day provided another wonderful reason to celebrate as JC spent quality time with a friend from another Magic Life service.

The visit highlighted the importance of staying connected, sharing experiences and nurturing friendships that continue to grow across the wider Magic Life community. Whether catching up over conversation or simply enjoying each other's company, the day was a lovely reminder that friendships can brighten every season.

Celebrating Every Success

At The Whitehouse, it is often the personal victories and meaningful relationships that make the biggest difference.

July reminded us that every achievement deserves recognition, every friendship is worth celebrating, and every shared smile helps make our community stronger. We look forward to creating many more special moments together in the months ahead.



Winns Moments

New hobbies, shared achievements and plenty of reasons to smile at Winns Mews



AUTHOR: AMANJOT SINGH

PHOTOGRAPHER: WINNS MEWS TEAM

July was another wonderful month at Winns Mews, where sunny days, teamwork and community spirit combined to create memorable experiences for everyone. From discovering new interests to enjoying time together in the kitchen and out in the community, residents embraced every opportunity with enthusiasm.

Turning the Page

One of the month's most heartwarming moments came as HC discovered a new love of reading.

Staff noticed HC happily spending time exploring magazines, taking particular delight in seeing photographs of fellow residents and reading about the activities taking place across Magic Life. Watching his confidence grow as he developed a new hobby was a real pleasure, showing that it's never too late to discover something new.

Cooking Up Success

The kitchen was full of laughter as WT, GC and AM joined forces for a group cooking session.

Working together, they shared responsibilities, supported one another and created a delicious meal that everyone was proud of. AM was especially delighted with what the team had achieved and happily celebrated the occasion with photographs before everyone sat down to enjoy the meal together with refreshing drinks.

As the cooking was underway, DK watched with interest before deciding to roll up his sleeves and join in. His willingness to get involved and the confidence he showed impressed both staff and fellow residents, making the activity an even greater success.

Music That Brings People Together

Music continued to fill Winns Mews with positive energy throughout the month.

PKP spent time listening to favourite songs through headphones while dancing along with a smile. His cheerful enthusiasm quickly spread throughout the home, creating an uplifting atmosphere that residents and staff alike couldn't help but enjoy.

Out and About

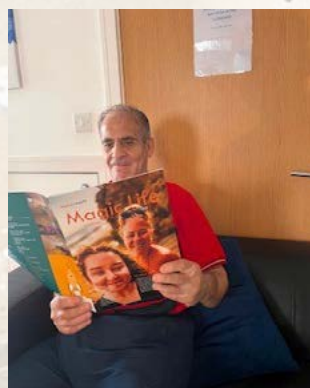
Residents also made the most of the summer by taking part in a variety of community outings, including visits to the local food bank and relaxing trips to the park.

These outings provided valuable opportunities to enjoy a change of scenery, spend time together and remain connected with the local community. While some residents preferred not to be photographed, their choices were fully respected, reflecting Winns Mews' commitment to dignity, choice and person-centred support.

Making Every Moment Count

July was filled with friendship, achievement and new experiences.

Whether discovering a passion for reading, preparing meals together, enjoying favourite music or exploring the local community, residents continued to build confidence, strengthen friendships and create lasting memories. The Winns Mews team looks forward to another exciting month filled with even more opportunities to celebrate the everyday moments that make life so special.



Summer Adventures

Football fever, seaside smiles, and peaceful moments at Hale End

This month at Hale End has been bursting with colour, laughter, and memorable adventures, giving residents plenty of opportunities to enjoy new experiences and make lasting memories.

We kicked things off with a fantastic celebration as Hale End proudly showed its support for England during the World Cup. Staff fully embraced the occasion by dressing in England colours, while the home came alive with football anthems, singing, cheering, and plenty of excitement. The afternoon was filled with national pride, bringing everyone together in a joyful celebration that set the tone for a brilliant month ahead.

Seaside Smiles

Jude enjoyed an unforgettable trip to the seaside alongside two members of the support team. From the moment they arrived, the day was filled with smiles as Jude explored the shoreline, breathed in the fresh sea air, and embraced the lively atmosphere. It was a day full of freedom, laughter, and simple pleasures that created memories to treasure.

A Peaceful Escape

Meanwhile, Toby spent a relaxing day at Chingford Memorial Park, accompanied by staff who helped make the outing extra special. The visit included time in the playground, a picnic surrounded by nature, feeding the birds, and enjoying the peaceful surroundings. The gentle pace of the day provided the perfect opportunity to unwind and appreciate the beauty of the outdoors.

Making Every Moment Count

From football celebrations and seaside adventures to peaceful park visits, this month has been filled with meaningful experiences that have brought happiness, confidence, and connection. Every outing has offered residents the chance to enjoy new surroundings, spend quality time together, and create moments worth celebrating.

A heartfelt thank you goes to our dedicated staff, whose enthusiasm, care, and support continue to make these wonderful experiences possible. Together, they help turn everyday outings into lasting memories.



AUTHOR: SUZETTE

PHOTOGRAPHER: DIANA, TOYIN AND ALBERT

Coast and Calm

From peaceful sensory sessions to a memorable seaside adventure, The Hamptons embraced the best of summer

Summer at The Hamptons has been filled with meaningful moments, exciting adventures and opportunities for residents to enjoy activities that reflect their individual interests. Whether relaxing in the calming surroundings of the sensory room or making treasured memories beside the sea, every experience celebrated choice, wellbeing and the joy of spending time together.

A Place to Relax

The sensory room continues to be one of the most popular spaces at The Hamptons, offering residents a peaceful environment where they can unwind, explore and engage at their own pace.

HS and MS recently enjoyed a session filled with laughter as they played ball games with staff, encouraging movement, coordination and interaction in a calm and welcoming setting. Soft lighting and soothing surroundings created the perfect atmosphere for relaxation while making the activity both enjoyable and engaging.

For VDM, the sensory room offers a quieter retreat. With the main lights switched off and only the gentle sensory lighting filling the room, the peaceful environment provides a comforting space to relax and recharge. Sometimes the tranquillity is so inviting that it even inspires a well-earned afternoon nap.

These personalised sessions demonstrate how simple moments can make a lasting difference, creating opportunities for residents to relax, build confidence and enjoy activities tailored to their own preferences.

A Day Beside the Sea

Later in the month, five residents – MS, HS, RMT, EH and JO – enjoyed an unforgettable day trip to Hunstanton Beach, accompanied by the dedicated Hamptons team.

The journey was filled with excitement as everyone looked forward to spending the day by the coast. On arrival, residents embraced the fresh sea air, beautiful scenery and lively atmosphere that only a traditional British seaside can offer.

One of the day's highlights was an exciting boat ride for MS and HS, who enjoyed taking to the water while admiring the stunning coastal views. EH explored the beach, joined in games and enjoyed the vibrant surroundings, while RMT made the most of the opportunity to walk along the promenade, play ball games and spend quality one-to-one time with staff. JO also enjoyed a relaxing day, sharing plenty of smiles and making wonderful memories with both staff and fellow residents.

After a busy morning, everyone came together to enjoy lunch overlooking the sea before cooling down with well-deserved ice creams in the summer sunshine. It was the perfect ending to a fantastic day filled with friendship, laughter and unforgettable experiences.

Creating Meaningful Moments

Whether enjoying the peaceful atmosphere of the sensory room or embracing the excitement of the seaside, every activity at The Hamptons is centred around creating opportunities that promote independence, confidence and wellbeing.

By supporting residents to enjoy experiences that reflect their individual choices, The Hamptons continues to create magical moments where every day offers something to look forward to—and this summer has certainly been one to remember.





Parkside Connections

Community outings, new friendships and personal milestones made July a month to remember.

July brought plenty of reasons to smile at Parkside, with residents embracing new experiences, strengthening friendships and making the most of the summer sunshine. From community outings to personal achievements, every week offered fresh opportunities to build confidence, celebrate independence and create lasting memories.

Making Every Moment Count

There was a real sense of togetherness throughout the month as residents enjoyed spending time both at home and out in the local community. Whether it was exploring familiar places or trying something new, every activity encouraged connection, choice and shared enjoyment.

PC proudly supported the England team throughout the Women's World Cup, waving her England flag and celebrating every victory with infectious enthusiasm. Her month also included a special lunch at Cobblers café, where she invited Taylor from Park Lodge to join her. The afternoon was filled with great conversation, delicious food and the simple joy of spending time with a good friend.

Small Steps, Big Achievements

For Ed, July was full of personal milestones. He continued caring for his garden, taking pride in watering his plants and watching them flourish. An exciting breakthrough came when he visited a local swimming venue he had hoped to join for some time. After touring the facilities and giving it his seal of approval, he was delighted to secure a place straight away—a long-awaited goal finally becoming reality.

Ed also enjoyed his regular shopping trips to ASDA, where his growing confidence shone through. Choosing his own shopping and making independent decisions brought a real sense of achievement and satisfaction.

Returning to a Favourite Place

ESB enjoyed a particularly meaningful outing when she returned to Forty Hall Gardens, a place filled with happy

memories. Surrounded by beautiful scenery, she spent time relaxing, enjoying the fresh air and reflecting on a location that has always been special to her. It was a day of peaceful moments and treasured memories.

Looking Ahead

July demonstrated that some of life's greatest moments come from friendship, confidence and the freedom to enjoy favourite places and familiar faces. As summer continues, Parkside looks forward to creating even more opportunities for residents to explore, connect and celebrate every achievement—big or small.





AUTHOR: MARY OSEI-KUFFOUR
PHOTOGRAPHER: PARKSIDE STAFF



Double the Celebration

Two birthdays, one unforgettable day of laughter, friendship and shared happiness at Devonshire Lodge.



There was twice the reason to celebrate at Devonshire Lodge this month as residents, staff and friends came together to mark the birthdays of Oliver and Ina. The home was filled with smiles, laughter and a wonderful sense of togetherness as everyone enjoyed a day dedicated to two very special people.

A Celebration Shared

Birthdays are always special at Devonshire Lodge. They are an opportunity to celebrate each person's unique journey, recognise the friendships that have grown throughout the year, and create new memories together. This double celebration was no exception, bringing everyone together for an afternoon filled with warmth, conversation and plenty of cheerful moments.



Of course, no birthday would be complete without cake. Residents and staff gathered to enjoy delicious birthday treats, sharing stories, laughter and good company as the celebrations unfolded. The simple joy of spending time together reminded everyone that the best occasions are those shared with friends.

More Than Just a Birthday

The atmosphere throughout the day reflected everything that makes Devonshire Lodge such a welcoming community. Residents celebrated alongside one another, staff joined in the festivities, and every smile reflected the strong bonds that continue to grow within the home.

These occasions are about much more than candles and birthday wishes. They are opportunities to strengthen friendships, encourage confidence and celebrate the everyday moments that make life so meaningful. Watching residents enjoy their special day surrounded by people who genuinely care is one of the greatest rewards for the team.

Looking Ahead

As the celebrations came to a close, there was a shared feeling of gratitude for another memorable day spent together. The laughter, conversations and joyful atmosphere were a wonderful reminder that life is made brighter when milestones are celebrated as a community.

Everyone at Devonshire Lodge would like to wish Oliver and Ina a very happy birthday. Thank you for allowing us to share such a special occasion with you both. We hope the year ahead is filled with happiness, new adventures and many more reasons to celebrate.



AUTHOR: DEVONSHIRE LODGE

PHOTOGRAPHER: DEVONSHIRE LODGE

Friendship Day

A celebration of kindness, connection and the simple moments that bring people together.

There is something truly special about taking time to celebrate friendship. At Greyhound Road, Friendship Day became much more than a date in the calendar—it was a joyful reminder that the strongest communities are built through kindness, laughter and genuine human connection. Throughout the day, residents and staff came together to celebrate the friendships that brighten everyday life and remind us that no one ever has to feel alone.

A Jar Full of Kindness

The heart of the celebration was a thoughtful activity that encouraged everyone to reflect on the people around them. Residents and staff wrote positive affirmations, words of encouragement and heartfelt messages before placing them into a beautifully decorated glass jar. Each note became a small but powerful reminder that kindness costs nothing, yet can mean everything.

The jar quickly filled with messages of hope, appreciation and friendship, creating a keepsake that can be revisited whenever someone needs a little encouragement. It was a wonderful opportunity for everyone to recognise one another's strengths, celebrate individuality and reinforce the caring relationships that continue to flourish throughout Greyhound Road.

Sharing Food, Sharing Smiles

No celebration would be complete without delicious food, and Friendship Day certainly didn't disappoint. Residents and staff enjoyed freshly prepared pizzas, refreshing soft drinks and plenty of ice to keep everyone cool during the summer sunshine. As everyone gathered around the table, conversations flowed naturally, laughter filled the room and new memories were created together.

Sometimes the simplest occasions become the most memorable, and this was one of those days where being together was the greatest celebration of all.

More Than Just One Day

While Friendship Day may only come around once a year, the values it celebrates are part of everyday life at Greyhound Road. The event highlighted how meaningful relationships are built through shared experiences, mutual

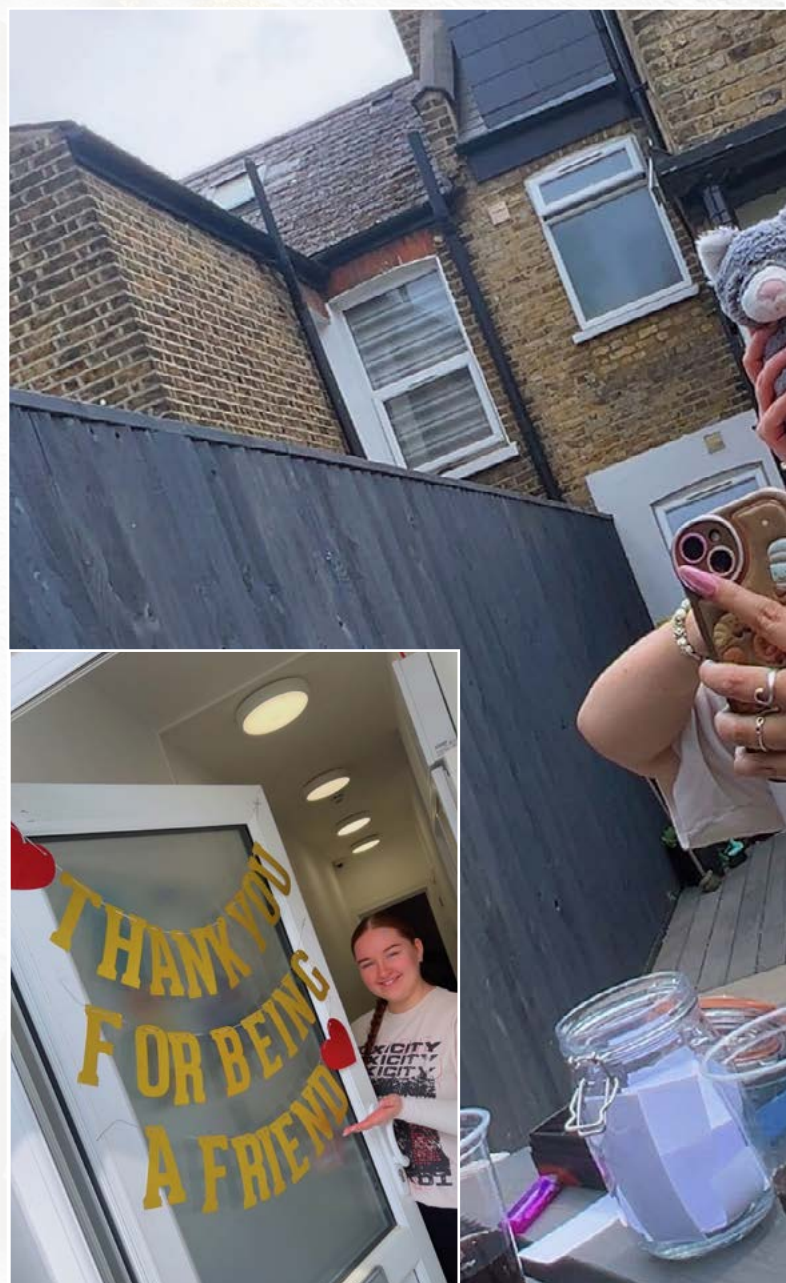
respect and taking the time to support one another through life's journey.

As the day came to a close, the glass jar held far more than handwritten notes. It contained encouragement, compassion, shared memories and countless reminders that friendship has the power to brighten even the cloudiest days. It is these moments that make Greyhound Road such a welcoming and supportive community, where everyone is valued and every friendship matters.

SPECIAL MENTION: MICHELLE RICHARDS – THANK YOU FOR ALWAYS BRINGING THE LITTLE DETAILS TOGETHER TO MAKE SPECIAL DAYS LIKE FRIENDSHIP DAY POSSIBLE. YOUR DEDICATION HELPS CREATE MEMORABLE EXPERIENCES FOR EVERYONE.

AUTHOR: YVONNE SPILLANE

PHOTOGRAPHER: GREYHOUND ROAD RESIDENTS AND STAFF.





Magic Life Locations

Magic Life Head Office
5-11 Green Lanes, London,
N13 4TN

Burlington Lodge
21-29 Tewkesbury Road, London,
N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London,
N17 7NL

Greyhound Road
95 Greyhound Road, London,
N17 6XR

Grove Park Road
57 Grove Park Road, London,
N15 4SL

High Road Tottenham
672 High Road, London,
N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar,
Hertfordshire,
EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford
Green,
IG8 9NB

NorthLands
10 Northlands, Potters Bar,
Hertfordshire,
EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue,
London,
N18 2UH

Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

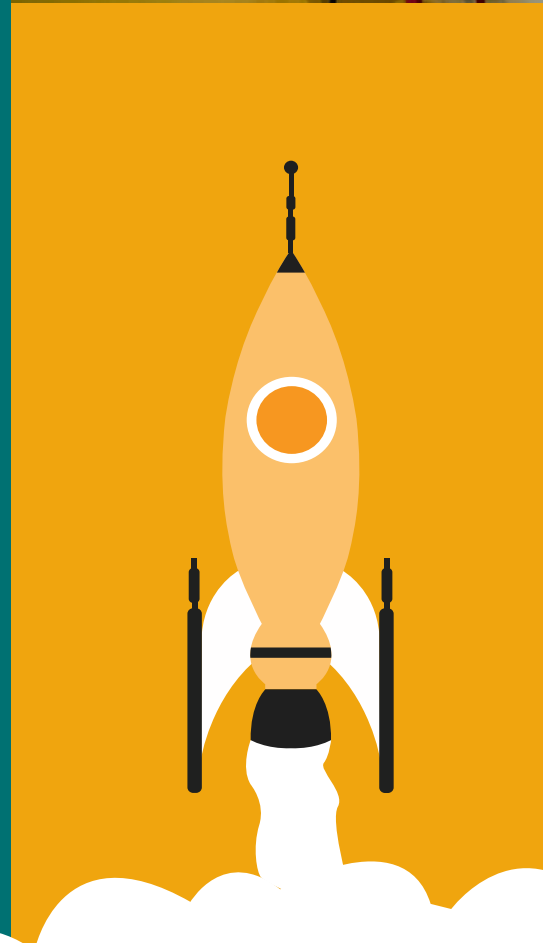
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403 Eagle Way, Peterborough,
PE78EG

Cherry Tree Lodge
185 London Road, Croydon
CR0 2WN, UK

The White House
138 High Street, Coopers Walk,
Chestnut,
EN8 0AP

West Lodge
15 West Hill Road,
Luton,
LU1 3LY

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



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