

Magic Life



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Numbers That Matter

Precision, passion, and dedication in the Magic Life accounts team

Behind every smooth-running service is a team working quietly, diligently, and with remarkable focus. At Magic Life Head Office, that spotlight shines brightly on Maude and Anu—two individuals whose dedication and expertise keep the accounts department moving with confidence and care.

From New Beginnings to Real Impact

Maude's journey into accounts is a story of courage and change. Beginning her career as a fully qualified nanny for prestigious families across London, she built a strong reputation for professionalism, reliability, and care. Yet, she recognised the need for something new—a fresh challenge.

Stepping into the accounts department at Magic Life, **Maude** took on a complex and demanding responsibility: reducing the debits list. With precision, determination, and a keen eye for detail, she approached the task head-on.

The result? Real, measurable impact—delivered with consistency and professionalism that continues to strengthen the department every day.

A Passion Rediscovered

For **Anu**, the journey has been one of returning to her roots.

After joining Magic Life as a student support worker, she

quickly rose through leadership roles, becoming both Deputy Manager and Service Manager. While she excelled in these positions, her true passion remained in finance.

With an extensive background in accounting—including experience as a Chief Accountant in Nigeria—**Anu** brought a wealth of knowledge into the accounts team. Today, she applies that expertise to complex financial tasks with confidence and clarity.

Her ability to navigate challenges, maintain accuracy, and bring structure to demanding processes is nothing short of impressive.

Excellence Behind the Scenes

Together, **Maude** and **Anu** represent the strength of the accounts department—handling complex tasks with calm efficiency and unwavering focus.

Their work may often happen behind the scenes, but its impact is felt across the entire organisation. From maintaining financial clarity to ensuring processes run smoothly, their contribution is vital.

And it doesn't go unnoticed.

Because when dedication meets skill, the results speak for themselves.

A Different Lens

Understanding autism through lived experience and kindness

What does it really mean to experience the world differently?

For Autism Awareness Month, we're invited to pause, listen, and see the world through another lens—one shaped not by labels, but by lived experience.

Beyond the Spectrum

Autism is often described as a spectrum—but not in the way many people assume. It doesn't mean “a little bit of this” or “a touch of that.” Instead, it reflects the beautifully varied ways individuals experience the world.

For some, it's about noticing patterns others might miss. For others, it's the intensity of textures, sounds, or social interactions. It's not linear, and it's certainly not one-size-fits-all. Each person's experience is unique, shifting even from day to day.

Seeing the World Differently

Imagine a world where details don't distract—but instead reveal the bigger picture. Where honesty is direct, not disguised. Where energy in a room is felt deeply, even when words are few.

At the same time, everyday things—like making eye contact or moving between spaces—can feel overwhelming or intensely personal. Conversations might flow endlessly on topics of passion, yet small talk can feel like an impossible puzzle.

This isn't about difficulty—it's about difference.

And difference deserves understanding.

Listening, Not Labelling

One of the biggest challenges isn't the experience itself—it's explaining it. Helping others understand that it's not just what traits someone has, but how strongly they feel them, can be difficult to put into words.

That's why listening matters.

Taking a moment to understand someone's perspective, without judgement or assumption, can make all the difference. Because acceptance doesn't require expertise—it starts with kindness.

A Simple Message

At its heart, the message is clear and powerful:

This isn't about changing the world to fit one person. It's about making space so everyone can feel comfortable within it.

And sometimes, the most meaningful thing we can do is simply listen—and be kind.

“Autism isn't one experience—it's many, each uniquely felt.”



Mindful March

Fresh air, new energy, and meaningful steps forward at Chapel Row

March arrived with a gentle sense of renewal at Chapel Row, and with it came a shared focus on mindfulness, movement, and making the most of each day. As the season began to shift, so too did the rhythm of the home—lighter, brighter, and full of quiet determination.

Stepping Into Spring

With wellbeing at the heart of the month, opportunities to stay active took centre stage. Trips to the local leisure centre brought splashes of confidence and plenty of laughter, as time in the water became as much about enjoyment as it was about building new skills. It was clear—this wasn't just exercise, it was empowerment in motion.

Out and About

Beyond the pool, the wider community beckoned. Walks in the fresh spring air became a daily pleasure, offering moments to pause, reflect, and simply enjoy the world waking up again. The appearance of daffodils and crocuses added a cheerful reminder that growth is always just around the corner.

“Sometimes, it's the smallest signs of spring that bring the biggest sense of joy.”

Moments That Matter

Connection remained at the heart of it all. Time spent with loved ones brought warmth and reassurance, strengthening bonds and creating lasting memories. These moments, filled with familiarity and laughter, added a deeply personal layer to an already meaningful month.

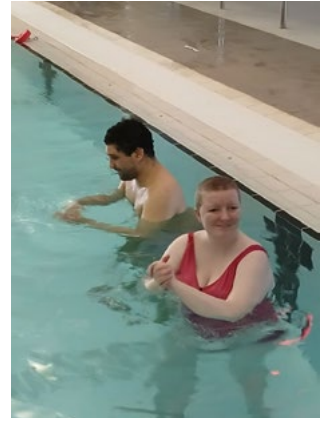
Looking Ahead

There was also a sense of anticipation in the air—of plans forming and hopes taking shape. Progress towards personal goals brought excitement and a renewed sense of purpose, reminding everyone that every step forward, no matter how small, is worth celebrating.

A Month to Remember

Mindful March at Chapel Row has been a beautiful blend of movement, connection, and quiet achievement. From fresh air adventures to meaningful milestones, the month has shown that wellbeing grows best when nurtured together.

“Growth doesn't always shout—it often blooms quietly, just like spring.”



AUTHOR: JOAN DELLISTON

PHOTOGRAPHER: ISSAH UMAR, ENIBRAYIKEDOU ALBERT, EBIMENE EBIKEME MIRACLE, EVELYN AMRASAVWORE, TIKO PAEBI

A Day of Love

Heartfelt reflections and creativity bring Mother's Day to life at Grove Park Road

There are some days in the year that carry a little extra meaning—and Mother's Day is certainly one of them. At Grove Park Road, this special occasion was marked with warmth, creativity, and a shared sense of reflection that brought everyone closer together.

A Space to Reflect

The room was gently filled with conversation, as residents took time to think about the people who have shaped their lives. With thoughtful support from staff, each person was encouraged to reflect in their own way—whether through memories, stories, or quiet moments of appreciation.

For some, this meant celebrating joyful connections. For others, it was about honouring memories and expressing feelings that don't always find their way into everyday conversation. What mattered most was that everyone had the space to share, to be heard, and to connect.

Creativity with Meaning

The highlight of the day came through a simple but powerful activity: creating personalised Mother's Day cards. Each card became more than just paper and decoration—it became a message, a memory, a moment captured in colour and words.

From heartfelt notes to carefully chosen designs, every creation told its own story. The addition of handwritten messages on post-it notes added an extra layer of sincerity, turning the activity into something deeply personal and meaningful.

Moments That Matter

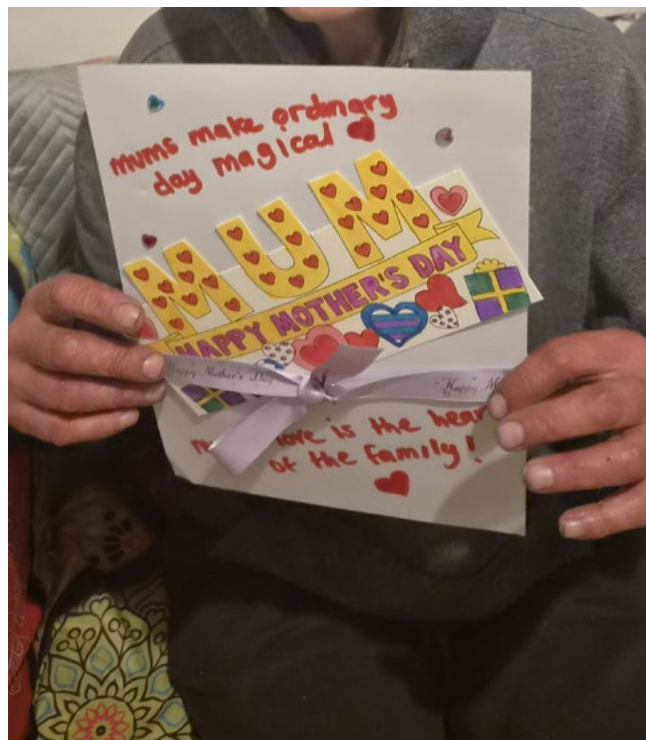
Throughout the session, conversations flowed naturally. Residents shared stories, spoke warmly about their mothers, and reflected on the lasting impact of love and care in their lives.

There was a quiet strength in these exchanges—a reminder that connection doesn't fade with time or distance. Instead, it evolves, finding new ways to be expressed and celebrated.

By the end of the day, the room was filled not just with

beautiful cards, but with a sense of togetherness that lingered long after the activity had finished.

Because sometimes, the most powerful moments are the simplest ones—shared stories, kind words, and the chance to say, "you matter."



AUTHOR: HAWA / ANDREA

PHOTOGRAPHER: AYESHA / HAWA



AUTHOR: YVONNE SPILLANE
PHOTOGRAPHER: GREYHOUND ROAD LADIES AND STAFF

Together in March

Food, laughter and meaningful moments bring Greyhound Road closer than ever

March at Greyhound Road has been a month of warmth in every sense—filled with comforting meals, shared laughter, and moments that brought everyone a little closer together.

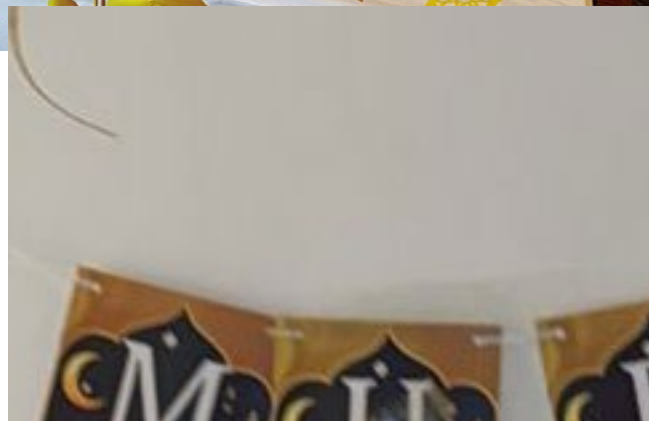
Food for the Soul

There's something special about gathering around the table, and this month, mealtimes became the heart of the home. From classic Sunday roasts (always a winner!) to Mediterranean and Turkish-inspired dishes, each meal offered more than just flavour—it created space for connection.

Conversations flowed, laughter echoed, and those simple shared moments turned everyday dining into something truly meaningful. Because at Greyhound Road, it's never just about the food—it's about the feeling.

Game On!

With the chill of winter still lingering, indoor activities took centre stage—and with them came a spark of friendly competition. Ludo quickly became a firm favourite, with residents and staff alike fully embracing the challenge.



Who's the most competitive? The jury's still out! But one thing's certain—the laughter, playful banter, and shared joy made every game a highlight worth repeating.

A Celebration of Togetherness

A standout moment this month was the celebration of Eid—a beautiful occasion that brought everyone together in the spirit of unity and appreciation.

The evening was filled with warmth, as residents and staff gathered to enjoy pizzas of their choice and an array of sweet treats. It was a chance to celebrate culture, share traditions, and create a sense of belonging that could be felt throughout the home.

Moments That Matter

March has been a gentle reminder that it's often the simplest things that mean the most. A shared meal, a board game, a celebration—each moment adding to the story of a home built on connection and community.

And if this month is anything to go by, there's plenty more laughter, flavour, and togetherness still to come.

MagicLife 672 High Road

Out and About

Fresh air, new routines and everyday achievements shine at 672 High Road

March at 672 High Road has been all about embracing the outdoors, building routines, and celebrating the joy found in everyday achievements.

Stepping Into the Community

With brighter days and milder weather making a welcome return, CK has been making the most of every opportunity to get out and about. From peaceful walks in the local park to enjoying the buzz of the arcade, each outing has brought a sense of energy and enjoyment to the month.

A visit to Hainault Forest offered a refreshing change of scenery, while trips to an Indian restaurant added a flavourful twist to his routine. These moments out in the community have not only been enjoyable, but also a chance to explore, connect, and create new experiences.

Everyday Wins

Back at home, CK has continued to build on his daily living skills with pride and consistency. From preparing fresh orange juice in the morning to keeping on top of laundry and household tasks, his commitment to maintaining a clean and organised space truly stands out.

There’s a quiet satisfaction in these routines—a sense of ownership and independence that shines through in the care he takes with his environment.

Meaningful Moments

Sundays have remained a special highlight, with regular church visits alongside family providing a sense of connection and tradition that brings warmth to the week.

It’s these steady, meaningful moments—both big and small—that have shaped a positive and fulfilling month.

Looking Ahead

March has been a wonderful reminder that progress isn’t always loud—it often lives in the everyday. In the fresh air of a morning walk, the pride in a tidy space, or the comfort of a familiar routine.

And at 672 High Road, those moments continue to build something truly special.

AUTHOR: MEENA NAGI

PHOTOGRAPHER: ALL CK CORE STAFF



Power of Routine

Consistency, connection and confidence flourish at Burlington Lodge

At Burlington Lodge, March has been a shining example of how routine can quietly transform everyday life into something meaningful, uplifting, and full of connection.

The Rhythm of Everyday Life

There's a certain comfort in knowing what the day holds—and this month, that sense of rhythm has created a strong foundation for residents to thrive. Through regular activities and familiar routines, each day has offered not just structure, but opportunity.

Whether it's heading out for a scheduled session or enjoying time in shared spaces, these moments

have brought a reassuring sense of balance and purpose across the home.

Moments of Growth and Connection

For many residents, consistency has opened the door to growth. Regular attendance at day centres and community programmes has supported both social interaction and personal confidence.

MM embraced his twice-weekly sessions with enthusiasm, while JM's commitment to his weekly routine stood out as a wonderful example of dedication. These steady patterns have created space for enjoyment, progress, and meaningful engagement.

Elsewhere, SB continued to explore the community through regular visits, and EN found joy in daily interactions within the home—proving that connection can be found both out and about, and right at the heart of where we live.

Family at the Heart

One of the most touching threads throughout March has been the strength of family connections. From regular visits to special shared moments, these relationships have brought comfort, continuity, and happiness.

For some, it's the joy of a weekly outing. For others, it's the reassurance of frequent visits and familiar faces. These moments remind us that routine isn't just about activities—it's about people.

Strength in Small Steps

Daily physiotherapy sessions have also played an important role this month, supporting residents' physical wellbeing while reinforcing a sense of achievement and independence.

And for SG, the simple but powerful routine of "going for a walk" has remained a highlight—proof that joy often lives in the most familiar moments.

The Magic Behind the Scenes

Of course, none of this would be possible without the dedication of the team. Their consistency, care, and encouragement ensure that routines are not just followed—but truly felt.

Because at Burlington Lodge, routine isn't just structure. It's connection, confidence, and a pathway to a fulfilling life.

AUTHOR: BURLINGTON LODGE
PHOTOGRAPHER: BURLINGTON LODGE



MagicLife Cherry tree Lodge

Moments That Matter

Celebrations, creativity and connection light up Cherry Tree Lodge

March at Cherry Tree Lodge has been a vibrant tapestry of joy, creativity, and togetherness—where every day brought something to smile about.

Eyes Down, Smiles Up

There’s one activity that continues to steal the spotlight—bingo! A firm favourite within the home, each session is filled with anticipation, laughter, and a touch of friendly rivalry. RF, proudly holding onto the unofficial title of “Bingo Champion,” brings energy and enthusiasm that’s simply infectious.

Out and About

As the days began to brighten, so did the opportunities to step outdoors. CP embraced the fresh morning air with a community walk, enjoying friendly greetings along the way and soaking in the simple pleasure of sunshine and movement.

JE also made the most of the lovely weather with a relaxed lunch outing—proof that sometimes, a change of scenery is all it takes to lift the day.

Celebrations to Remember

A standout moment this month was MA’s birthday—a truly joyful occasion filled with delicious food, laughter, and a cake that stole the show. It was a day that brought everyone together, creating memories that will be cherished long after the candles were blown out.

Meanwhile, International Women’s Day was marked with creativity and reflection. Through painting and shared conversations, residents and staff celebrated the achievements and importance of women—past and present—in a meaningful and uplifting way.

Creative Connections

Back at the lodge, creativity and teamwork took centre stage. A pancake-making session saw RF and SG working side by side, sharing laughs and flipping their way to success. It was a simple activity, but one rich in connection and camaraderie.

SG’s month didn’t stop there—between football in the community and exploring painting at home, he embraced

both movement and creativity with pride (and even a celebratory dance or two!).

The Heart of the Home

What truly stands out this month is the sense of connection woven through every activity. Whether it’s a game, a walk, a celebration, or a shared laugh, these moments continue to strengthen the bonds that make Cherry Tree Lodge feel like home.

Because here, it’s not just what we do—it’s how we do it, together.

AUTHOR: OLUGBENGA OLATIDOYE

PHOTOGRAPHER: CHERRY TREE LODGE STAFF



A Month of Momentum

Progress, pride, and powerful connections at Devonshire Lodge

March at Devonshire Lodge has been nothing short of inspiring—a month where steady progress met a vibrant sense of community, and everyday moments turned into meaningful milestones.

Out and About, Together

There's something special about stepping into the local community, and this month our residents did just that. From relaxed trips to nearby shops to refreshing visits to the park, each outing brought opportunities for connection, independence, and a breath of fresh air—literally.

The outdoor gym became a particular favourite, offering not just movement and energy, but shared laughter and encouragement. It's proof that wellbeing can be both uplifting and social, especially when enjoyed side by side.

Meanwhile, back at the lodge, the atmosphere remained warm, structured, and full of purpose. A place where routines provide comfort, and positivity is part of the daily rhythm.

A Moment Worth Celebrating

Every so often, a moment comes along that reminds us why consistency and care matter—and this month, that moment truly stood out.

One resident took a significant step forward by beginning to spend time outside of their flat and engaging more with the wider environment. What may seem like a small change on the surface is, in reality, a powerful milestone—built on patience, teamwork, and trust.

Behind the scenes, this progress reflects a shared effort: thoughtful planning, a consistent approach, and collaboration across the team. It's a wonderful reminder that growth often happens quietly—until one day, it shines.

Welcoming Families, Sharing Pride

March also brought the joy of connection with families, as visits created space for reassurance, celebration, and shared experiences.

The feedback? Overwhelmingly positive. Families spoke warmly about the welcoming environment, the professionalism of the team, and the genuine sense of care felt throughout the service.

These moments matter. They strengthen bonds, build trust, and remind everyone that Devonshire Lodge is not just a service—it's a community.

Coming Together

One of the most heartwarming highlights of the month came as the team gathered to mark the end of Ramadan with a shared meal.

Prepared with care and enjoyed together, the evening reflected everything that makes Magic Life special: respect, inclusion, and unity. It wasn't just about the food—it was about coming together, recognising one another, and celebrating the richness of the community.

Looking Ahead

With March setting such a strong tone, April arrives with excitement and intention. The focus remains clear: continue building independence, deepen community connections, and maintain the high standards that make Devonshire Lodge such a positive place to be.

Because if this month has shown us anything, it's this—progress isn't just measured in big steps, but in the courage to take the next one.





AUTHOR: YVONNE SPILLANE
PHOTOGRAPHER: STAFF SUPPORTING THE SERVICE USERS

A Day for Jo

Family, laughter, and a celebration filled with heart



Some days are simply made for celebrating—and Jo’s birthday was one of those moments that truly brought everyone together.

Family at the Heart

The highlight of the day came with a visit from Jo’s father and sister, turning an already special occasion into something even more meaningful. Their arrival brought warmth, excitement, and that unmistakable feeling of being surrounded by the people who matter most.

Together, they headed out to enjoy drinks and a meal, creating a relaxed and joyful atmosphere. Jo embraced every moment, engaging warmly and making the most of this time with his loved ones. It was a celebration not just of a birthday, but of connection.

Out, About, and Smiling

There’s something magical about celebrating beyond familiar walls. The outing gave Jo the chance to enjoy a change of scene, share laughter, and mark his day in a social and uplifting way.

And the celebrations didn’t stop there...

Back Home, Where Memories Grow

Following their time out, Jo continued the celebrations with his family at home. This quieter, more personal time offered space for deeper connection—those simple, meaningful moments that stay with us long after the day has passed.

It was a beautiful reminder that sometimes, the best celebrations are the ones filled with comfort, familiarity, and togetherness.

Thoughtful Touches

Adding to the joy were the birthday cards Jo received from family members—small gestures with a big impact. Each message carried care, appreciation, and love, making the day feel even more special.

More Than a Birthday

Jo’s celebration was more than just marking another year—it was a reflection of strong relationships, shared experiences, and the importance of staying connected.

Because at Magic Life, it’s these moments—full of laughter, love, and belonging—that truly make life magical.

MagicLife Park Lodge

Through Our Frames

Moments of joy, independence, and community at Park Lodge

March at Park Lodge has been a beautiful collection of moments—each one capturing the spirit of connection, celebration, and everyday achievement.

Moments Worth Celebrating

The month began with joyful celebrations, as birthdays brought everyone together in true Magic Life style. Laughter filled the space, smiles were shared freely, and the sense of togetherness was unmistakable. These occasions remind us that it's not just the milestone—it's the people around you that make it special.

Stepping Out, Soaking It In

Out in the community, residents made the most of fresh air and new experiences. Trips to the park offered the perfect blend of movement and mindfulness, while a relaxed lunch outing created space for conversation and connection.

One particularly peaceful moment came during a visit to Ally Pally—lunch by the lake, scenic views, and a chance to simply pause and enjoy the surroundings. Sometimes, the quietest moments leave the strongest impressions.

Finding Joy in the Everyday

Back at home, it's the little things that made a big impact. A friendly (and slightly competitive!) game of Connect 4 brought laughter and a well-earned victory, while singing and dancing sessions at the day centre kept spirits high and energy flowing.

These shared activities continue to build confidence, encourage expression, and bring people closer together.

Independence in Action

There's something truly special about gaining confidence in everyday skills. This month saw a wonderful example, as one resident proudly prepared their own breakfast—an achievement that reflects growing independence and self-belief.

Elsewhere, a lively game of football in the garden brought both fun and fitness, proving that staying active can be just as enjoyable as it is energising.

AUTHOR: PARK LODGE TEAM

PHOTOGRAPHER: PARK LODGE TEAM



Making a Difference

One standout moment came from an inspiring act of initiative and kindness. A resident took the lead in creating a fundraising platform to support The Feast Youth Project—turning compassion into action and making a positive impact beyond Park Lodge.

It's a powerful reminder that even small ideas can create meaningful change.

Celebrating Culture and Community

March also brought a moment of cultural celebration, as Eid was recognised with warmth and inclusivity. The home came alive with colour, smiles, and shared appreciation—reflecting a community where everyone feels valued and respected.

A Week to Remember

From outdoor adventures to personal milestones, from quiet reflections to lively celebrations—March has truly captured the heart of life at Park Lodge.

Because when you look closely, every moment tells a story—and together, they create something truly special.

Hale End Highlights

Adventures, achievements, and joyful moments across the month

March at Hale End has been bursting with energy, adventure, and those everyday wins that make all the difference. From seaside escapes to local triumphs, it's been a month full of moments worth celebrating.

Seaside Smiles and New Adventures

Let's start with a getaway that had it all—fresh sea air, laughter, and a touch of bravery! A weekend trip to Hastings brought three days of fun, from arcades and fairground delights to relaxing in cosy lodges.

And the highlight? Taking on the high ropes—proof that a little courage can go a long way. Add in some dancing, gift shopping, and ice cream (of course), and you've got a trip to remember. Back at Hale End, that same spirit continued, with creative ideas flowing into a brand-new game for everyone to enjoy—and even preparations for a Big Easter Egg Hunt. Now that's what we call bringing the fun home!



Curiosity and City Adventures

Meanwhile, a trip to the Natural History Museum offered a day of discovery and wonder. Exploring fascinating exhibits and soaking in the atmosphere, it was a gentle reminder that sometimes the best days are spent learning something new—with plenty of smiles along the way.

Big Wins in Everyday Moments

Not all achievements come with fanfare—some arrive quietly, but mean just as much.

A successful shopping trip marked a fantastic step forward this month, made even more special by the encouragement and support from staff. These moments of independence and confidence deserve a proper round of applause.

And then there are the journeys that build over time...

Steps Forward, One Walk at a Time

One resident's month stood out as a powerful example of progress in action. From enjoying a long community walk and lunch out, to visiting Lloyd Park and making the most of the outdoor gym, each experience added another layer of confidence.

What makes it even more special? The consistency, patience, and encouragement behind the scenes. With ongoing support, even more outings followed—including walks with new team members—showing just how far things have come.

Celebrations and Shared Moments

Birthdays and cultural celebrations brought everyone together this month, including a joyful 55th birthday and a shared Eid meal enjoyed by residents, staff, and family. These are the moments that turn a house into a home—filled with laughter, connection, and togetherness.

AUTHOR: HALE END TEAM

PHOTOGRAPHER: HALE END TEAM

Everyday Joys

Elsewhere, the simple pleasures of routine and companionship have been shining through. Weekly lunches out, relaxed social time with housemates, and enjoying the outdoors as the weather brightens have all added to a calm and positive atmosphere.

From bus rides and walks to outdoor gym sessions, it's clear that staying active and connected remains at the heart of life at Hale End.

Looking Back, Moving Forward

If March has shown us anything, it's that progress comes in many forms—big adventures, quiet achievements, and everything in between.

And with this kind of momentum? April is already looking bright.



Moments That Matter

Connection, reflection, and togetherness at Parkside

March at Parkside has been a month shaped by meaningful moments—where community experiences, personal reflection, and heartfelt support came together to create a truly connected environment.

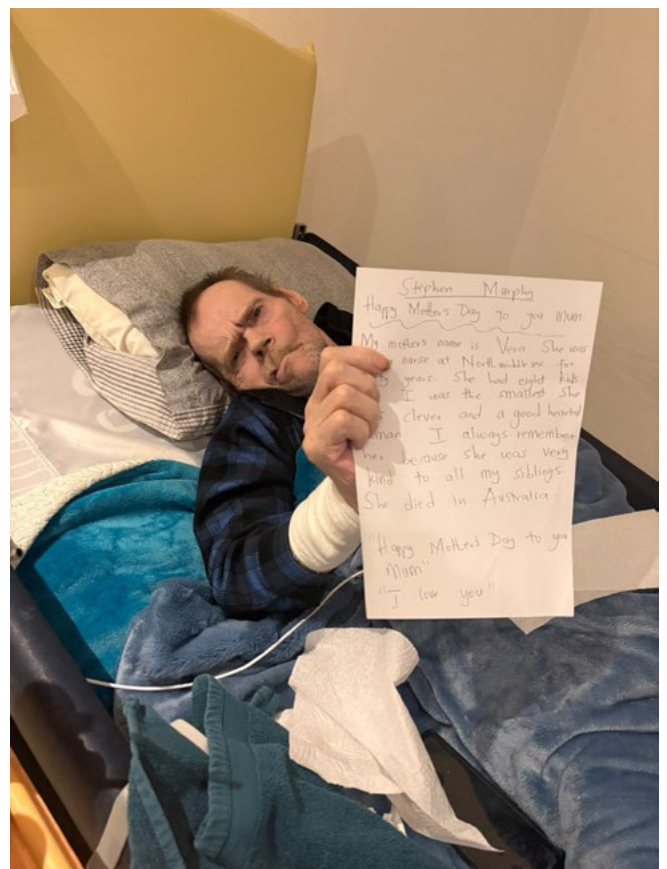
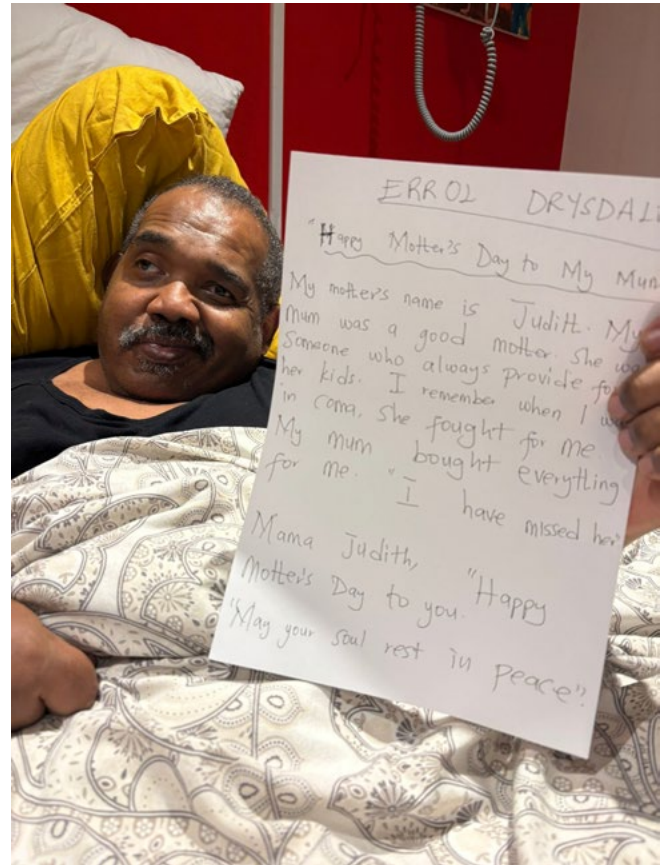


Out in the Community

Getting out and about brought plenty of opportunities for enjoyment and engagement. A visit to Pymmes Park offered a peaceful setting, where time spent feeding the ducks created a gentle sense of calm and connection with nature.

Trips further afield added to the excitement, including a visit to London Bridge and a relaxed lunch outing. These experiences encouraged social interaction, boosted confidence, and brought a refreshing change of scenery.

Meanwhile, everyday activities such as shopping and a trip to the barbers supported independence and personal wellbeing—those small but important routines that help build confidence and self-expression.



Reflecting with Heart

Mother's Day provided a special opportunity for reflection and emotional expression. Residents took part in activities that encouraged them to write about their mothers, sharing memories and personal stories.

These moments were handled with care and warmth, offering space to express feelings, celebrate cherished memories, and connect through shared experiences. It was a gentle reminder of the importance of reflection and the power of remembering those who mean so much to us.

Finding Joy in Simple Things

Back at Parkside, meaningful engagement continued through activities like gardening—bringing both a sense of purpose and the simple pleasure of being hands-on and active.

These everyday moments, whether indoors or outdoors, contribute to a calm and positive atmosphere where everyone can feel involved and valued.

A Moment of Tribute

This month also brought a time for reflection and remembrance. We honour the memory of ESB's father, remembered as a kind, gentle, and loving man who brought great joy to those around him.

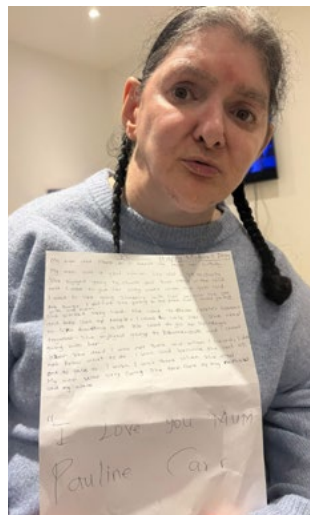
His visits were always filled with warmth, and the bond they shared was clear to see. He will be fondly remembered for the happiness he brought and the lasting impression he leaves behind.

During this time, the Parkside community has come together with care and compassion, offering support and kindness—demonstrating the strength of togetherness when it matters most.

Looking Ahead

March has been a balance of activity, reflection, and unity. As we move forward, the focus remains on creating spaces where people feel supported, connected, and able to express themselves in their own way.

Because at Parkside, every moment—big or small—truly matters.



AUTHOR: TEMITOPE OBANSA
PHOTOGRAPHER: PARKSIDE STAFF

Lucky and Lively

A joyful St Patrick's Day filled with colour, culture, and connection

There are some days that instantly lift the spirit—and this year's St Patrick's Day celebration was certainly one of them.

A Touch of Green Magic

From the moment you stepped through the door, the home was transformed into a lively sea of green. Shamrocks, festive balloons, and cheerful decorations created an atmosphere that felt both warm and celebratory.

It wasn't just about how it looked—it was about how it felt. Welcoming, uplifting, and full of energy.

Celebrating Together

What truly made the day special was the coming together of staff and residents. There was a genuine sense of unity as everyone joined in to celebrate Irish culture and traditions.

Laughter echoed through the rooms, conversations flowed easily, and shared moments turned into lasting memories. It was a day where everyone felt part of something special.

Food, Fun, and Festivity

No celebration is complete without a delicious spread, and this one certainly delivered. Themed treats and refreshments added a creative touch, giving everyone the chance to enjoy something a little different while socialising in a relaxed setting.

And then came the music...

Let the Music Play

As the tunes began, the celebration truly came alive. Staff and residents took to dancing, filling the space with energy and joy. The atmosphere was infectious—smiles all around, feet tapping, and a sense of carefree fun that carried throughout the day.

It's moments like these that remind us just how powerful music and togetherness can be.

More Than a Celebration

Beyond the decorations and dancing, the day reflected something deeper—a shared sense of community, inclusion, and happiness.

Because at its heart, St Patrick's Day wasn't just about

celebration. It was about connection.

And judging by the laughter, the smiles, and the memories made, it's safe to say this was a day everyone will be feeling lucky to remember.



AUTHOR: THE HAMPTONS TEAM

PHOTOGRAPHER: THE HAMPTONS TEAM

Creative Connections

Confidence, creativity, and joyful moments at The Whitehouse

March at The Whitehouse has been a wonderful celebration of creativity, connection, and growing confidence—where every activity brought its own spark of joy.

Finding Their Rhythm

It's always special to see new beginnings take shape, and this month has been full of positive energy. One resident has been settling in beautifully, building connections with staff and embracing activities with enthusiasm.

Karaoke quickly became a favourite—bringing laughter, confidence, and a chance to shine. Because sometimes, all it takes is a microphone and a little courage to light up a room.

Creativity in Full Colour

Art has taken centre stage this month, with painting and colouring sessions offering space for expression and imagination. From cheerful Easter-themed creations to detailed designs, creativity has been flowing freely.

One particularly heartwarming highlight? A handmade book titled “My Auntie Has Stripes”—a thoughtful and imaginative piece, proudly shared and celebrated. It's these personal touches that make creativity so powerful.

Moments That Matter

Elsewhere, games and shared activities brought people together in simple but meaningful ways. A lively game of Monopoly sparked laughter and friendly competition, while family visits added warmth and reassurance—leaving smiles that lasted long after the day ended.

These moments of connection are the heartbeat of life at The Whitehouse.

Creative Calm

For some, creativity has also been a space for relaxation. Painting and colouring sessions provided a calm, focused environment—where time slows down, and pride in each finished piece shines through.

It's not just about the artwork—it's about the confidence built along the way.

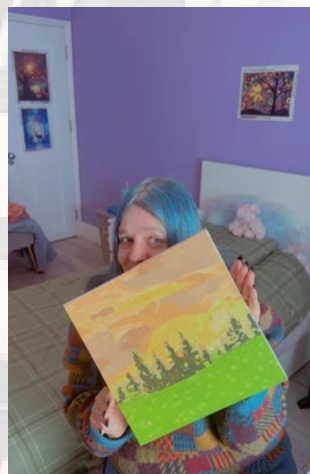
A Time for Reflection

Mother's Day brought a gentle pause in the month, as residents reflected on the love and support of their mothers. Heartfelt messages were shared, creating a meaningful and emotional moment that brought everyone closer together.

A Month to Celebrate

From singing and storytelling to painting and play, March has been filled with moments that inspire confidence and connection.

And if this month is anything to go by, there's plenty more creativity—and joy—still to come.



Moments That Matter

Celebration, connection, and confidence across Winns Mews

March at Winns Mews has been nothing short of uplifting—a month where celebration met personal growth, and everyday moments turned into something truly meaningful.

A Celebration to Remember

At the heart of the month was a vibrant and joyful Eid celebration that brought everyone together. The atmosphere was alive with colour, laughter, and a shared sense of togetherness.

From beautifully prepared dishes to the buzz of conversation and connection, the day became more than a celebration—it became a moment of unity. Residents embraced the occasion with enthusiasm, and the joy in the room was unmistakable.

Because sometimes, the most powerful moments are the ones we share.

Everyday Wins, Big Impact

Across the houses, the month was filled with achievements that deserve their moment in the spotlight.

From cooking sessions that built confidence in the kitchen, to shopping trips that encouraged independence, residents continued to take positive steps forward. Whether choosing favourite items, learning new recipes, or simply enjoying time out in the community, each experience added to a growing sense of self-belief.

Even a friendly game of Scrabble became an opportunity for connection—proving that joy can be found in the simplest of moments.

Confidence in Action

For many, March was about trying something new and embracing independence. From managing shopping and budgeting to maintaining personal spaces, these everyday skills became stepping stones toward greater confidence.

One particularly joyful moment came through self-expression—when a resident enjoyed a fresh new hairstyle, leaving her feeling full of excitement and confidence. Sometimes, a small change can make a big difference.

Out and About

Trips into the community brought fresh energy to the month. From peaceful walks in nature to lively outings at restaurants and parks, residents made the most of every opportunity to explore and connect.

A visit to the park saw laughter on the swings and carefree enjoyment, while other outings offered moments of calm reflection—reminding us that wellbeing comes in many forms.

Creativity, Connection, and Calm

Creative and meaningful activities continued to shape the month, from cooking and gardening to shared coffee mornings filled with laughter and conversation.

One standout experience came through a powerful musical outing, where the emotion and atmosphere created a deeply moving moment. Elsewhere, time spent in nature and gardening brought a sense of calm and grounding—simple pleasures with lasting impact.

Stronger Together

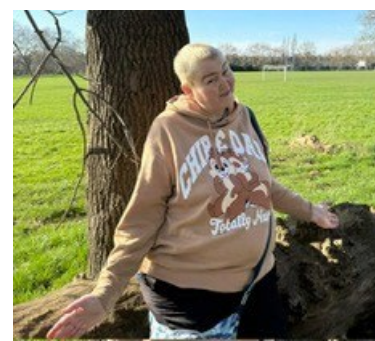
What truly stands out this month is the sense of community. Across every house, there has been a shared commitment to connection, inclusion, and support.

Whether through celebrations, quiet moments, or new experiences, residents and staff have come together to create something special—a place where everyone feels part of the story.

Looking Ahead

As March draws to a close, it leaves behind a collection of memories built on laughter, growth, and togetherness.

Because at Winns Mews, it's clear—the little moments really do create the biggest memories.



WELCOME
Chestnuts Community & Arts Centre
280 St Ann's Rd, Tottenham, London, N15 5BN
Enquiries & Bookings
Tel/Fax: 020 8442 7659
Rooms available for hire:
Conferences, Training, Functions

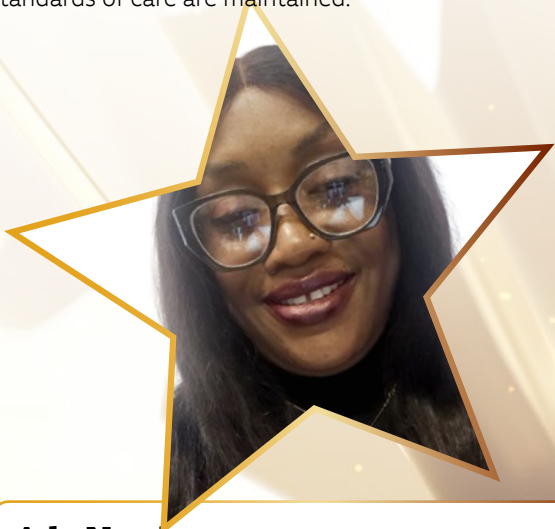
AUTHOR: AMANJOT SINGH
PHOTOGRAPHER: CHRISTIAN, BELINDA



Celebrating Our Team at Park Lodge

We are proud to recognise Ada Nwoke, Victoria Uzoamaka, Nagma Jama, and Carlene Douglas for their outstanding contributions to Park Lodge.

Each of them consistently demonstrates dedication, compassion, and professionalism in their roles. Whether supporting residents during night shifts or contributing to a positive team environment, they go above and beyond to ensure high standards of care are maintained.



Ada Nwoke
A Rising Star in Night Care Excellence

Senior Support Worker | Park Lodge, North London

Nominated by Amieda Koroma

Ada Nwoke, a Senior Support Worker at Park Lodge in North London, has been nominated for her outstanding contribution to the night team and the consistently high standards she brings to her role. Her professionalism and dedication have made a clear and positive impact on the service.

Working night shifts, Ada demonstrates a strong ability to support each service user effectively, ensuring their safety, comfort, and individual needs are met at all times. Her calm and composed approach allows her to manage the demands of night work with confidence, even in high-pressure situations.

Ada is highly reliable and always willing to step in to support the team when needed. Her proactive attitude, combined with her commitment to maintaining high standards of care, makes her a dependable and respected member of staff.

Recognised by her Service Manager for her dedication and leadership by example, Ada plays a key role in the smooth running of the service. Her consistent performance and positive influence truly set her apart.

This nomination recognises Ada in the Rising Star category, celebrating her professionalism, reliability, and the exceptional contribution she makes to Park Lodge.



Victoria Uzoamaka
A Rising Star in Leadership and Care

Senior Support Worker | Park Lodge, North London

Nominated by Amieda Koroma

Victoria Uzoamaka, a Senior Support Worker at Park Lodge in North London, has been nominated for her dedication, professionalism, and the strong leadership she consistently demonstrates within the night team. Her dependable nature and commitment to high standards make her a valued member of staff.

Victoria works attentively with each service user, ensuring their needs are met with care, patience, and professionalism throughout the night. Her ability to remain calm and focused in high-pressure situations allows her to deliver consistent and effective support, creating a safe and reassuring environment for residents.

She is always willing to support her colleagues and contribute wherever needed, showing a strong team ethic and a genuine commitment to the service. Her leadership qualities and positive attitude help strengthen the team and promote a collaborative working environment.

Recognised by her Service Manager for her consistent performance and the impact she has on the team, Victoria continues to set a high standard in her role.

This nomination recognises Victoria in the Rising Star category, celebrating her leadership, reliability, and the positive difference she makes at Park Lodge every day.

Their teamwork, reliability, and commitment to both residents and colleagues make a real difference every day. Together, they represent the very best of what we stand for at Park Lodge.

Thank you all for your continued hard work and dedication!



Nagma Jama
Delivering Service with Compassion and Excellence

Senior Support Worker | Park Lodge, North London

Nominated by Olamide Tajudeen

Nagma Jama, a Senior Support Worker at Park Lodge in North London, has been nominated for her compassionate approach, professionalism, and proactive contribution to the team. She is recognised as a valued member of staff who consistently demonstrates empathy and dedication in her daily work.

Nagma is known for her patience and her ability to build positive relationships with both residents and colleagues. Her supportive and approachable nature helps create a collaborative and welcoming environment within the service.

She plays an active role in supporting management, particularly through her involvement in ongoing medication audits, helping to ensure that high standards are consistently maintained. Her proactive attitude and willingness to take initiative—often stepping in to help others without being asked—highlight her commitment to both the team and the quality of care provided.

Reliable and dependable, Nagma continues to make a meaningful impact through her professionalism and strong work ethic.

This nomination recognises Nagma in the Service Excellence category, celebrating the compassion, initiative, and high standards she brings to Park Lodge every day.



Carlene Douglas
A Reliable and Valued Team Player

Support Worker | Park Lodge, North London

Nominated by Olamide Tajudeen

Carlene Douglas, a Support Worker at Park Lodge in North London, has been nominated for her reliability, dedication, and the consistent contribution she makes to the service. As a dependable member of the team, Carlene plays an important role in supporting both residents and colleagues.

She is known for her patient and professional approach, always ensuring the safety and wellbeing of residents in her care. Her calm and supportive manner helps create a positive environment where residents feel comfortable and well looked after.

Despite working part-time, Carlene has built strong relationships with residents and works effectively alongside her colleagues, contributing to a harmonious and supportive team dynamic. Her positive attitude and commitment to her role make her a valued and trusted member of staff.

This nomination recognises Carlene in the Team Player category, celebrating her reliability, teamwork, and the meaningful impact she continues to make at Park Lodge.

Gratitude in Action

A heartfelt thank you that celebrates progress, support, and new beginnings

There's something truly powerful about taking a moment to say "thank you"—and this message does exactly that. In a few simple but sincere words, it captures a journey shaped by opportunity, encouragement, and determination.

A Fresh Start, A New Chapter

Sometimes, life offers a turning point—and when it does, it takes courage to embrace it. With the support of dedicated teams and services, a new path has been created, opening the door to fresh opportunities and a brighter future. It's a reminder that with the right people around you, change is not only possible—it's something to be celebrated.

Support That Makes a Difference

At the heart of this story is the incredible impact of teamwork. The warmth, encouragement, and positivity shown by staff at West Lodge shine through, creating an environment where progress can flourish. Feeling supported isn't just helpful—it's transformational.

Little Moments, Big Meaning

And sometimes, it's the small gestures that carry the biggest smiles. A simple food voucher became a moment of real joy—proof that kindness, in any form, can lift spirits and brighten days.

Looking Ahead with Confidence

This message isn't just about gratitude—it's about growth, progress, and the confidence that comes from moving forward. It celebrates how far someone has come, while quietly looking ahead to all that's still possible.

I would like to give a massive thank you to the Two Saints Mental Health Team, the Council, the Alcohol & Drug Service, and to Magic Life for giving me the chance to start a new life and helping me to rebuild my future. It means so much to have this opportunity.

The West Lodge team have been very supportive and pleasant towards me. I have been engaging well with staff and cooperating fully. In short, I am doing really well.

A very big thank you to everyone who has supported me to get this far and to continue progressing.

THANK YOU FOR THE FOOD VOUCHER - I AM SO HAPPY!

Jason Stent



MagicLife Chris Reid

Running for Change

A determined effort to keep opportunity alive



When one door looks set to close, someone steps forward to keep it open. That’s exactly what Christopher Reid is doing—turning determination into action in support of The Feast Youth Project, a programme that has brought hope, connection, and opportunity to so many young people.

A Race Against Time

With just weeks remaining, the project faces a critical moment. But rather than standing still, Christopher has chosen to act—raising funds and awareness to help secure its future. His efforts shine a light on just how much this initiative means, not only to those directly involved, but to the wider community it continues to uplift.

Because this is more than a fundraiser—it’s a rallying call. A reminder that when people come together with purpose, even the toughest challenges can be met with courage and unity.

Why It Matters

The Feast Youth Project has long been a place where young people can grow, connect, and discover new possibilities. It’s a space filled with encouragement, learning, and belonging. Losing it would mean losing more than a service—it would mean losing a vital source of inspiration.

Christopher’s goal to raise £2,000 is a powerful step towards protecting that future. Every contribution, big or small, helps keep that sense of possibility alive.

Community in Action

There’s something special about seeing a community come together behind a shared cause. It’s in the messages of support, the donations given with generosity, and the simple act of spreading the word. Together, these moments create real momentum—and real change.

Christopher’s journey reminds us that one person’s initiative can spark something much bigger. And in that spark, there’s hope.

AUTHOR: CHRIS REID

Waiting

By Christopher Reid

*A lot of times I have struggled to wait
For things such as volunteering in a primary
school.*

*But if I didn’t wait for the opportunities to
come,
They may give it to someone else.*

That’s why it’s really important to wait in life.

*You never know what opportunities or job may
come up.*

*I thought to myself, if I waited, everything falls
into place.*

*I wouldn’t have to worry about it,
Because I know that God has a purpose plan
for my life.*

Celebrate Earth Day Outdoors

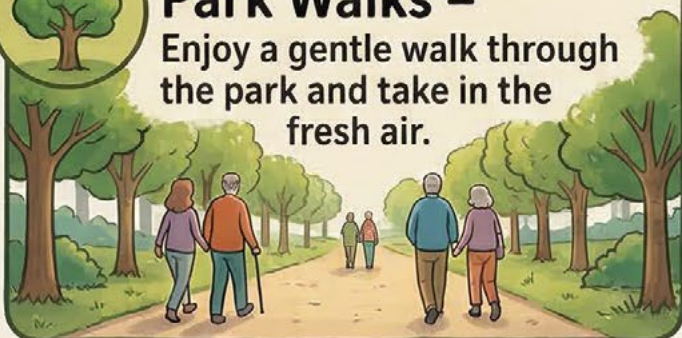
Let's celebrate Earth Day by getting outside and enjoying the beauty of nature together.

Residents and staff are invited to take part in a variety of simple outdoor activities such as:



Park Walks –

Enjoy a gentle walk through the park and take in the fresh air.



Canal Walks –

A peaceful stroll along the canal while spotting boats, birds, and nature.



Nature Spotting –

See how many flowers, trees, birds, or insects you can spot along the way.



Earth Day Moments –

Take a moment to appreciate the world around us and talk about favourite outdoor memories.



Fresh air, nature, and gentle movement can help lift our mood and create lovely shared moments together.



Don't forget to take photos!

We would love to feature your Earth Day celebrations in the May Magazine, so please capture your walks, nature moments, and smiling faces.



Let's celebrate our beautiful planet together! 🌍💚

Join the Celebration

Step outside, get involved, and make Earth Day count

What if the best part of your day was just outside the door? This Earth Day, we're inviting all residents and staff to get involved, get outside, and enjoy the simple magic of nature together.

Your Day, Your Way

This isn't about doing something complicated—it's about taking part. Whether it's a gentle park walk, a canal stroll, or a moment spent spotting flowers and wildlife, there's something for everyone to enjoy.

Want to keep it relaxed? Take a seat, soak up the surroundings, and share your favourite outdoor memories. Prefer a bit of movement? Stretch your legs and explore the world just beyond your doorstep.

However you choose to join in, you're part of something special.

Get Involved, Together

The real magic happens when we do things side by side. Residents and staff coming together, sharing laughs, spotting nature, and creating moments that matter.

- So why not make a plan?
- Invite others along.
- Try something new.
- Or simply enjoy the fresh air as a group.

Because every step taken together is a step towards connection.

Don't Forget—Capture It!

We'd love to see your Earth Day in action! Take photos of your walks, your discoveries, and your smiles. Your moments could be featured in the May edition of the Magic Life Magazine—so get snapping and show us your day.

Let's make Earth Day a celebration of togetherness, laughter, and the beauty around us—because when we all get involved, that's when the magic really happens.

Looking Ahead to May

Mental Health Awareness Week
Starting 11 May 2026.

Let's take time to focus on wellbeing, kindness, and connection.
Everyone is welcome to join these simple activities throughout the week.

Mindful Music Moment
Relax and unwind while listening to calming music together in a peaceful space.

Why it's great:
Music can help reduce stress, lift mood, and create a calm atmosphere.

Tea & Talk Circle
Enjoy a cup of tea together and take part in friendly conversations about happy memories, hobbies, or favourite stories.

Why it's great:
Talking and sharing helps build connections and reduce loneliness.

Gratitude Jar
Write down something you are grateful for and place it in the Gratitude Jar. We will read some of them together during the week.

Why it's great:
Focusing on positive moments can boost mood and encourage optimism.

Colour & Relax Table
Join the colouring table and spend time colouring relaxing patterns or pictures while chatting with others.

Why it's great:
Colouring is calming, creative, and can reduce anxiety.

Eid al-Adha Celebration
27 May 2026

Join us as we celebrate Eid al-Adha, a special festival that represents kindness, generosity, and community.
Everyone is welcome to take part in these activities!

Decorate the Home for Eid
Help decorate our home with moons, stars, and festive colours. Together we will create a cheerful space to celebrate the occasion.

Eid Cultural Learning Moment
Take part in a short and friendly session to learn about Eid al-Adha, its meaning, and how it is celebrated around the world.

Moon & Star Craft Table
Join the craft table and create moon and star decorations to display around the home.

Don't forget to take photos!
We would love to include your celebrations in the June Magazine.

Magic Life Locations

Magic Life Head Office
5-11 Green Lanes, London,
N13 4TN

Burlington Lodge
21-29 Tewkesbury Road, London,
N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London,
N17 7NL

Greyhound Road
95 Greyhound Road, London,
N17 6XR

Grove Park Road
57 Grove Park Road, London,
N15 4SL

High Road Tottenham
672 High Road, London,
N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar,
Hertfordshire,
EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford
Green,
IG8 9NB

NorthLands
10 Northlands, Potters Bar,
Hertfordshire,
EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue,
London,
N18 2UH

Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

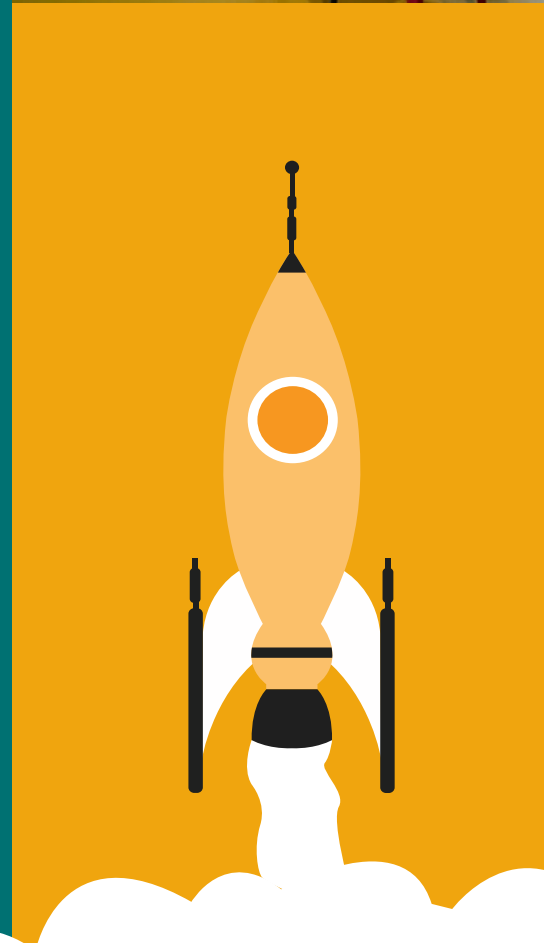
The Hamptons
403 Eagle Way, Peterborough,
PE78EG

Cherry Tree Lodge
185 London Road, Croydon
CR0 2WN, UK

The White House
138 High Street, Coopers Walk,
Cheshunt,
EN8 0AP

West Lodge
15 West Hill Road,
Luton,
LU1 3LY

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



Visit <https://magiclifeuk.com>
Call our team on 0208 826 4348