

**MagicLife** Life Magazine

# Magic Life

November 2025 Edition

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# Sparkle in the Grey

Lighting up November,  
Magic Life style



## You don't need blazing sunshine to have a brilliant day

### A Season for Our Own Sunshine

November is here, bringing with it crisp mornings, longer nights, and the gentle hush of autumn in full swing. Outside, the world might seem a little greyer, but step through the doors of any Magic Life home and you'll find a different story altogether—one painted in smiles, music, and the quiet brilliance of community spirit.

As the clocks roll back and daylight becomes a rare treasure, we're reminded that true warmth and light don't just come from the sky—they're something we create together, one small act of kindness at a time. A cosy chat over a cup of tea. A shared giggle during a rainy afternoon. The pride that sparkles in someone's eyes after mastering a new recipe or crafting a handmade card. These are the moments that lift us, even when the sun has decided to have a lie-in.

### Let's Shine Brighter—Together

This month, I invite you all to embrace the magic of November by making your own sparkle—however you can. Turn up the music, string those fairy lights, and celebrate the small victories. Dig out your favourite board games for a friendly rivalry, or organise a "grey day disco" in the lounge (fancy dress encouraged, of course!). If you spot someone feeling a bit down, be the reason they smile

today. It's the simple things—a compliment, a shared story, a hand to hold—that turn grey days golden.

Of course, the lead-up to the festive season brings its own brand of excitement, and there's no harm in letting a little tinsel sneak in early. Let's welcome the first signs of winter with open arms—and maybe a mince pie or two if you're feeling cheeky.

### Moments That Matter

At Magic Life, we know better than anyone that you don't need blazing sunshine to have a brilliant day. November teaches us the quiet power of togetherness: reading stories while the wind whistles outside, baking treats and filling the house with warmth, or planning a craft afternoon that ends in a masterpiece (or at the very least, a lot of glitter on the floor).

As always, my thanks go out to every member of our community—residents, staff, and families alike. Your energy, humour, and resilience are what keep our homes glowing, no matter what the forecast says. Here's to another month of turning up the brightness, finding laughter in the little things, and reminding ourselves that real magic isn't weather-dependent—it's people-powered.

**Wishing you all a sparkling November!**



# Pumpkin Kisses and Honest Wishes

## A golden October of change, pride, and plenty of pumpkin spice

### October at Chapel Row: Welcoming Autumn's Renewal

Autumn's gentle arrival always brings a sense of renewal, but at Chapel Row, October is about more than just changing leaves. It's a time to celebrate the journeys of those we support—every small step towards independence, every heartfelt connection, and all the laughter shared over mugs of something deliciously autumnal.

### A Season of Change, a Tapestry of Triumphs

October rolled in, cloaked in gold and crimson, and with it came reminders that change—like a cheeky wind—can be both invigorating and unpredictable. For Indigo and Ben, this season mirrored their own journeys: a time of growth, resilience, and proud moments as they embraced new activities and discovered fresh sparks of independence. Their achievements, big and small, scattered through our days like fallen leaves—each one a reason to smile.

### Pumpkin Kisses: The Magic of Everyday Moments

What exactly are “pumpkin kisses”? Around Chapel Row, it's not just about the flavour of the month. It's those glowing everyday moments—a shared joke, a supportive nod, or that unmistakable twinkle in the eyes of Indigo and Ben when they master something new. These small moments, woven together, create a vibrant tapestry of progress.

### Honest Wishes and Real Conversations

Honest wishes, meanwhile, are the conversations that matter most. It's about being truly seen and heard, empowering everyone to chase their own dreams with a little gentle humour and a whole lot of care. No magic wand required—just a community determined to make each wish a reality.

### Celebrating Our Real-Life Magic Makers

Of course, the true wizards of Chapel Row are the staff. To every team member who greets each day's unpredictable challenges with patience, grace, and more than a dash

of good humour—thank you. You're the reason our community shines. With every act of kindness and every creative solution, you transform challenges into triumphs, and frustration into connection. Even on the days when the world seems to be throwing pumpkins at us, you keep spirits high (and caffeine levels just as robust).

Your unwavering dedication ensures Chapel Row remains a safe, vibrant place where everyone is free to be themselves, explore their strengths, and grow with dignity and confidence. You turn “ordinary” days into something magical.

### Gratitude from the Heart

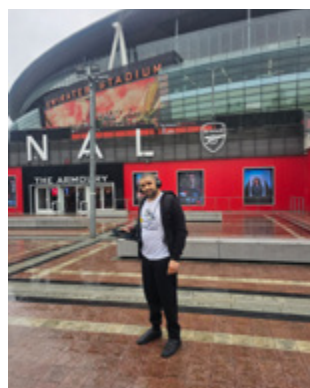
As the autumn leaves fall and another year draws to a close, the Chapel Row team wants to say a heartfelt thank you—to those we support, their families, the Magic Life Head Office and CEO, every member of staff, and all the professionals whose support lights up our days. Your kindness and energy empower us all, making our team stronger, more united, and more inspired.

Autumn might be messy and a little muddy, but it's always beautiful—and so is our Chapel Row family. Here's to everyone's unique journey, and to the laughter, support, and achievements we share along the way.

Raise a mug (make mine pumpkin spicel!) to October, to honest wishes, and to every moment of joy. May your days be bright, your coffee strong, and your hearts as full as the magic you bring to Chapel Row, every single day.

### Special Mentions

Here's to the stronger and more united Chapel Row team—thank you for another golden month.







**BRUCE GROVE**



## Halloween Make Up Challenge Winners

### You Are All Winners

A huge thank you to everyone who took part in our Halloween Makeup Challenge! We were absolutely blown away by the creativity, effort, and spooky brilliance in every single entry.

You all went above and beyond — and it was just too hard to pick a single winner. So... we've decided that everyone's a winner!

Each participant will receive a box of Celebrations as a token of our appreciation for making this year's Halloween extra magical.

Well done to everyone who got involved — we can't wait to see what you come up with next year!





THE WHITE HOUSE



THE WHITE HOUSE



THE HAMPTONS



THE HAMPTONS



BRUCE GROVE



PARK SIDE



# Celebrating Our Everyday Stars

## The Magic of Teamwork and Recognition



**Aderonke Olaore**

### **Aderonke's Unwavering Dedication**

#### **The Hamptons, Peterborough**

A calm force for excellence and support.

Aderonke's dedication to our service shines in everything she does. She consistently goes above and beyond to support both staff and residents, ensuring that the home runs smoothly and remains fully compliant with regulations. Always willing to assist with any task, Aderonke takes genuine pride in maintaining high standards of care. She manages her team and supports residents with professionalism, compassion, and respect, fostering a positive and supportive environment for everyone. Her commitment, teamwork, and natural leadership make her an invaluable member of the team and a truly deserving nominee for recognition.



**Joan Delliston**

### **Joan's Comforting Presence**

#### **Chapel Row, Bishops Stortford**

Always there with warmth and kindness.

When I'm upset, Joan is the first to help, offering the kind of support and comfort that truly makes a difference. Her caring nature shines through in every cuddle and gentle gesture, bringing reassurance when it's needed most. Joan's presence turns difficult moments into opportunities for comfort and connection, and her kindness is treasured by all who know her.



**Margaret Ocran**

### **Margaret's Team Spirit**

#### **Park Side, North London**

A leader who lifts everyone around her.

Margaret's journey from support worker to service manager is a testament to her passion and dedication. She is truly grounded in team spirit, always focusing on shared accomplishments and fostering an environment of mutual respect. Margaret's coordination of activities and her unwavering commitment to the welfare of both staff and service users set her apart as a natural leader. Her dedication ensures that everyone feels valued and supported, and her positive impact continues to shape the heart of Park Side.



Every month, the heart of Magic Life beats a little brighter thanks to the dedication, care, and spirit of our incredible staff. This round of nominations shines a light on the everyday heroes across our services—those whose commitment, compassion, and teamwork truly set the standard for excellence.

From the calm confidence shown in moments of challenge to the quiet acts of kindness that lift someone's day, each nominee brings something special to our community. Whether they're supporting colleagues through tough times, helping residents find new joy and independence, or leading with patience and empathy, their actions ripple outwards—creating a culture where everyone feels valued.

What makes these nominations even more powerful is that they come from peers who see, appreciate, and celebrate the difference their colleagues make. This recognition is more than just words—it's a reflection

of a workplace built on mutual respect, trust, and encouragement. The willingness of staff to lift each other up and cheer each other on is the secret ingredient that makes Magic Life so unique.

To all our nominees: thank you for showing what's possible when we put people first. You set an example every day and remind us that the greatest strength in any organisation is its people. We are proud of you—today and always.

Together, we make Magic Life a place where everyone can shine.



**Felix Ayegbusi**

**Felix's Calm Confidence**

**West Lodge, Luton**

Ready for anything, always supporting the team.

Felix is the embodiment of calm, showing a consistent caring approach and true continuity in his practice. Though he often comes across as laid back and chilled, Felix is highly observant and quick to respond to any situation. When a challenging moment arose during a GP appointment, Felix acted instantly—applying his CPI training with confidence to safeguard both a service user and others present, de-escalating the situation with skill. His ability to remain steady and effective, even without prior real-world practice, was outstanding. Felix's actions inspire trust and demonstrate exactly why he is such a valued member of the team.



**Lynn Shilline**

**Lynn's Steadfast Leadership**

**Northlands, Potters Bar**

A guiding hand through every challenge.

Since joining Magic Life in 2019, Lynn has been instrumental in settling Northlands and maintaining the highest standards. Her support has been invaluable—especially during challenging times when her guidance made all the difference for the whole team. Lynn is known for building strong relationships with professionals and families alike, often leading complex conversations with skill and empathy. She confidently manages the service in the absence of the manager and, after a difficult audit, worked tirelessly to restore and exceed expectations. Lynn's dedication, leadership, and steady presence have made her a true cornerstone of Northlands.



**Jesutumilara Akinju**

**Mary's Inspiring Leadership**

**The White House, Cheshunt**

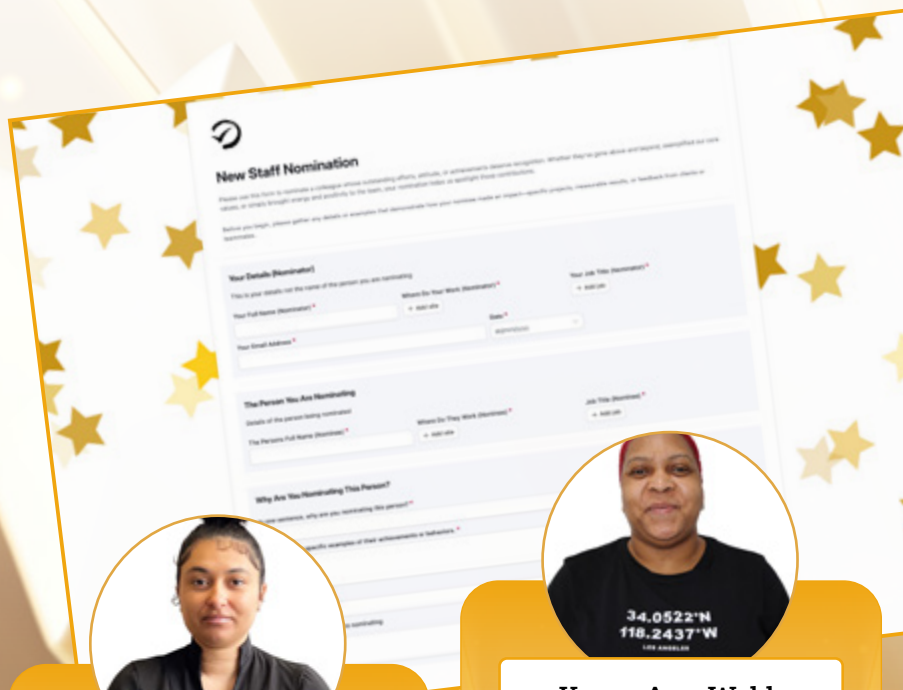
A rising star who leads by example.

Mary has been an integral part of setting up The White House to an excellent standard and has maintained that standard ever since, as shown by consistently strong audits. She handles challenging situations with calm and skill, always ready to provide support while confidently managing the service in the manager's absence. With two promotions during her time at Magic Life, Mary's growth and commitment are clear—she's definitely one to watch for the future.



# Shine a Light on Your Colleagues

## Every Nomination Matters



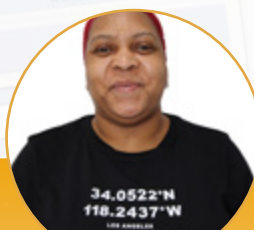
**Malandra Simpson**

### Malandra's Personal Touch

#### Manor Lodge, Potters Bar

Turning challenges into calm with care.

Malandra is known for her person-centred approach, always putting the needs of those she supports first. This month, she demonstrated excellent de-escalation skills on several occasions, helping a young man in distress return from high anxiety to a calm baseline. Using her CPI training with skill and empathy, Malandra has shown just how much difference thoughtful, compassionate support can make.



**Kerry-Ann Webb**

### Kerry Ann's Caring Connection

#### Park Side, North London

Spreading smiles and kindness every day.

Kerry Ann's passion for her work shines through in the way she treats everyone with love and respect. She has built a close bond with ED, always going out of her way to make sure he gets what he needs, whether it's playing board games or taking him shopping. Kerry Ann's warmth and genuine care put a smile on the faces of both residents and staff. She thrives on teamwork, valuing shared accomplishments over individual ones, and her positive energy is felt by everyone around her. Well done, Kerry Ann.



**Herbert Ahabwe**

### Herbert's Thoughtful Teamwork

#### Park Side, North London

Bringing warmth and encouragement to every shift.

Herbert values and respects the ideas and contributions of his colleagues, working hard as a dependable and adaptable member of the Park Side team. He's passionate about his job and always ready to help others, whether it's supporting the team or spending extra time engaging with residents like SM and ED. Herbert's patient, friendly approach helps introverted residents open up, and he's always there with a smile or a helping hand—whether it's chatting about what matters to SM or helping ED with maths. His positive energy and commitment make a real difference every day. Well done, Herbert!



There's something truly magical about being recognised by the people you work alongside. When you take a moment to nominate a colleague, you're not just filling out a form—you're reminding someone how much their efforts mean and how deeply they are appreciated.

Maybe you've seen a team member go the extra mile, bring a smile to someone's face, or calmly handle a tricky situation. Perhaps you've noticed the quiet encouragement that helps everyone feel at home, or the creative spark that brings new ideas to life. These moments, big and small, are the threads that weave our Magic Life community together.

By nominating a colleague, you help shine a light on those special qualities that might otherwise go unnoticed. It's a wonderful way to celebrate dedication, kindness, teamwork, and the spirit that makes our services feel like home.

We hope that, whether you nominate someone or are nominated yourself, it brings a sense of pride, joy, and connection. Every recognition is a little spark—reminding us all how important we are to each other.

So, if you see someone making a difference, let them know. Your nomination could be the highlight of their month—and you never know, it might inspire them to keep spreading their magic even further.



**Enibrayikedou Albert**

#### **Albert's Rising Dedication**

##### **Chapel Row, Bishops Stortford**

Stepping up, standing out, and making a difference.

Since becoming a full-time member of the team, Albert's enthusiasm and commitment have only grown. He's become even more dedicated, positive, and proactive, willingly taking on extra duties and responsibilities—even those not assigned to him. Albert is always focused, eager to help plan more activities with service users, and constantly looks for ways to support the team. His drive to develop his career and his diligence make him a true rising star at Magic Life.



**Elizabeth Johnson**

#### **Elizabeth's Compassionate Energy**

##### **Park Side, North London**

Bringing joy and hope to every day.

Elizabeth always supports the staff with enthusiasm and makes a real difference to the lives of residents. She brings service users together for activities that spark joy, showing compassion and a deep commitment to person-centred care. Elizabeth's patience and encouragement have helped ESB overcome challenges, inspiring greater confidence and a happier outlook. Nothing shakes her hope or positivity—she never gives up, and her efforts have truly improved the quality of life for those she supports.



**Amanjot Singh**

#### **Amanjot's Empathy in Action**

##### **4 Winns Mews, North London**

Amanjot approaches every day as an opportunity to bring light into someone's life, carrying out his work with pride and purpose. His own lived experience has taught him discipline, patience, and a profound empathy that shapes every interaction. Amanjot's ability to connect with residents—meeting them not just with professionalism, but with genuine understanding—creates a space where everyone feels safe, valued, and heard. Calm, compassionate, and emotionally aware, Amanjot uses his experiences to build meaningful relationships and offer care that is not only effective, but deeply human.



# Scary Face Beat

## A Halloween of Creativity and Community

This year, the spirit of Halloween swept through Bruce Grove with an extra splash of creativity and camaraderie. While Samhain's ancient roots remind us of times when Celts believed the world of spirits was just a breath away, here at Magic Life, it was all about bringing everyone together for a night of fun, laughter, and a bit of make-believe magic.

### A Night of Fancy Faces

With the theme set as "fancy dress and makeup," excitement buzzed through the house as the long-awaited makeup kit arrived. There were no fancy costumes this year—just plenty of imagination and resourcefulness. Undeterred, residents and staff turned to what was on hand, proving once again that you don't need a shop-bought cloak to conjure up a little magic.

Erlinda, ever the cheerful ringleader, brought the team together to bring their spooky visions to life. From eerie eyes to ghoulish grins, the lounge transformed into a bustling studio, paintbrushes and laughter flying in equal measure.

### Joining the Fun—Together

It wasn't just the usual suspects, either. This year, SSG, HC, and RB—who sometimes find it tricky to get involved in group activities—were right in the thick of it. There's something about the sparkle of face paint and the promise of a shared giggle that draws even the shyest goblins out of their corners.

Teamwork made the dream work, as everyone pitched in well into the early hours, perfecting their masterpieces. By the end of the night, spirits were high, and the sense of achievement was clear on every painted face.

### A Halloween to Remember

When the final look was revealed, cheers and applause echoed down the hallways. What started as a simple night of face painting turned into a celebration of creativity, determination, and togetherness. It was a reminder that, at Magic Life, the real magic is always in the moments we share—and the stories we create together.



**AUTHOR:** EMEM EKANEM  
**PHOTOGRAPHER:** ERLINDA EMERY



# Parkside Playmakers

## A month of games, grins, and togetherness

October at Parkside arrived with a fresh burst of fun, teamwork, and shared achievements. As the leaves turned golden, our residents and staff proved that the real magic isn't just in costumes or quizzes—it's in the everyday moments of connection that light up our days.

### Mind Games and Mighty Wins

Who knew a little friendly competition could spark so much excitement? This month, Parkside played host to a lively maths quiz, with DM, ED, and PC putting their heads together. In the end, ED clinched victory, proudly earning the title of Parkside's resident maths whizz. Congratulations, ED—your trophy-worthy smiles say it all!

But the fun didn't stop there. For DM, known for his love of TV and rock music, October brought a special breakthrough. With a little encouragement from staff, DM joined a game of Connect 4 in the lounge—a small moment, perhaps, but one that made staff beam with pride. The game not only brought a new spark to DM's day, but also opened the door to fresh ways to connect.

### Adventures Beyond the Door

Sometimes, the best way to lift spirits is to step out together. ED and PC set off for a shopping trip, picking out their favourite treats and finishing with lunch at a local café. These outings are more than a change of scenery—they're opportunities for teamwork, laughter, and the kind of chats that make a house feel like home.

### Big Smiles, Little Victories

Back at Parkside, the games continued! ED showed off his skills at Ludo, grinning from ear to ear with every win. The trophy shelf is looking a little fuller this month, and so are our hearts. PC also enjoyed her time at Park Lodge, sharing smiles and claiming a bingo win to much applause. When she completed a jigsaw puzzle (with just a touch of help), her pride shone brighter than any autumn sun.

### A Spooktacular Finish

No October is complete without a dash of Halloween magic. The lounge transformed into an artist's studio for a face-painting session, as staff and residents created

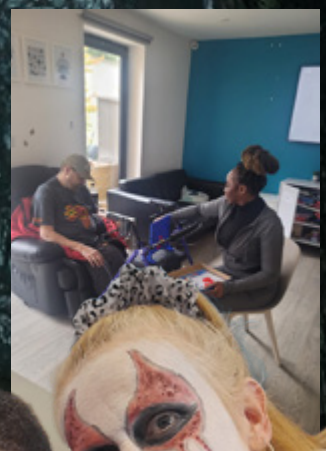
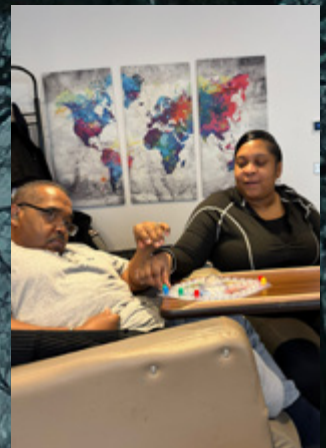
imaginative (and occasionally spooky!) looks. Special mention to SR and ED, whose painted faces had everyone giggling and admiring the handiwork.

### Moments to Treasure

SR and PC also took time to savour coffee and pastries at the local Costa, proving that the simplest moments can be the sweetest. With every game, outing, and shared smile, October at Parkside was filled with achievements—both big and small—that remind us what community is all about.

**AUTHOR:** RITA APPIAH

**PHOTOGRAPHER:** MARGARET OCRAN





# Cherry Tree Lodge Life

## A Month of Smiles and Shared Moments

From birthdays to outdoor adventures, October at Cherry Tree Lodge sparkled with celebration, laughter, and plenty of togetherness. This past month was a beautiful reminder that life's real magic is found in the bonds we build and the joy we share every day.

### Team Spirit Shines Bright

The month began with a boost of team energy as staff took part in a day of CPI training—a learning session that brought fresh confidence, new skills, and, most importantly, plenty of smiles. The dedication and enthusiasm in the room were unmistakable, setting the stage for even more heartfelt support throughout the lodge.

### Birthday Joys and Community Cheers



No sooner had the last training handout been packed away than it was time for the birthday celebrations to begin! First up was SG's special day, bursting with colour and personality thanks to a lively Simpsons theme (SG's personal pick, of course!). The lounge echoed with singing, dancing, and the cheerful hum of happy conversation as residents and staff came together for cake, gifts, and a few cheeky party tricks. SG's grin said it all—this was a birthday to remember.

And the fun didn't stop there! AL also marked her birthday in true Cherry Tree style, making sure everyone had their fill of tasty treats, music, and joy. It was a day full of laughter, good company, and that special feeling you get when you know you belong.

### Adventure, Sunshine, and Thumbs-Up

SG wasn't content to keep the celebrations indoors. He took his excitement outside, heading off on a cycling adventure around the community, cheered on by staff and friends. Every pedal brought fresh air and even bigger smiles, with SG's joy radiating out to everyone he met.

Later in the month, it was time for a classic English breakfast outing. SG brought his signature charm to the table, soaking up the scenery, sharing a few jokes, and giving a thumbs-up to passersby who couldn't help but smile back.

### Moments That Matter

October at Cherry Tree Lodge wasn't just about big events—it was the little things that made the month shine. Shared jokes, words of encouragement, and new memories created a sense of connection that everyone could feel.

As the month drew to a close, one thing was clear: at Cherry Tree Lodge, every day is a chance to grow, celebrate, and make magic together.

Here's to even more shared laughter, learning, and love in the months ahead! condimentum. Phasellus sed velit neque. Nunc volutpat et augue id dictum. Sed feugiat sapien a justo blandit dapibus. Sed quis ornare turpis. Integer ullamcorper lectus feugiat diam ullamcorper, eu ultrices nulla molestie.





# Autumn Adventures

## A month of connection, colour, and community at Devonshire Lodge

October at Devonshire Lodge has been nothing short of magical. As the leaves turned golden and the air grew crisp, our community embraced the season's energy with open arms, proving that adventure and togetherness can light up even the chilliest autumn days.

### Out and About: The Joy of Discovery

There's nothing like a change of scenery to lift the spirits! This month, residents hopped aboard for scenic bus rides, soaking up the autumn views, and enjoyed the rhythmic comfort of the train as it wound its way through countryside bathed in gold and orange. Shopping trips brought a flurry of excitement, with everyone carefully selecting favourite treats and little seasonal luxuries—because sometimes, happiness really can be found on a shop shelf.

For those craving quiet moments, curling up with a good magazine or simply watching the world go by proved just as rewarding. In every outing, big or small, there was a sense of adventure and a feeling that life's best memories are often found just outside the front door.

### Keeping Active, Keeping Happy

Physical wellbeing has continued to be at the heart of life at Devonshire Lodge. Residents pedalled their way to fitness, enjoyed brisk autumn walks, and turned local parks into arenas of laughter and friendly competition during spirited games of football. Trampolining sessions added a bounce to everyone's step, filling the room with giggles and shouts of "higher, higher!"



**AUTHOR:** OLAMIDE OGUNDIPE



**PHOTOGRAPHER:** DEVONSHIRE LODGE TEAM

### Creativity in the Air

Artistic expression has flourished this month, with drawing and creative sessions transforming afternoons into colourful escapes. Residents watched with pride as their flats received a fresh lick of paint, making each space feel that little bit more like home. It's these creative touches that make every corner of Devonshire Lodge truly special—a place shaped by those who live and love here.

### Spooktacular Spirit

October wouldn't be complete without a bit of spooky fun! Residents and staff joined forces to conjure up a hauntingly good Halloween celebration, from decorating to sampling ghoulish treats. Costumes and creativity took centre stage as everyone embraced the playful side of autumn—because at Devonshire Lodge, we believe every moment is worth celebrating, especially when there's a hint of mischief in the air.

### Thank You, Team Magic

Of course, none of this would be possible without our incredible staff, whose care and dedication shine brighter than a bonfire on a chilly evening. Their efforts ensure that every day is brimming with purpose, connection, and joy. To Olamide Ogundipe, Michael McCarthy, MD, Albert, and Marie—our seniors and our stars—a heartfelt thank you for all you do.

As we bid farewell to October, we look forward to November's adventures, confident that the spirit of community will keep us warm, whatever the weather brings.





# Celebrating Black History

## A joyful tribute at Winns Mews

The vibrant heart of Winns Mews was beating stronger than ever this October, as residents, staff, and supporters gathered for a dazzling Black History Month celebration. The communal space came alive with the colours, sounds, and spirit of togetherness—a true testament to the joy and pride that flows through the Magic Life community.

### A Space Transformed

From the moment the festivities began, it was clear this was more than just a party. The walls, lovingly decorated by JK and friends, were adorned with artwork, inspiring messages, and powerful symbols of Black culture. JK's creative energy was contagious, and his delight during the photoshoot set the mood for the day—laughter echoing, smiles shared, and everyone swept up in the fun.

### A Feast for the Senses

No celebration is complete without delicious food, and the team at Winns Mews pulled out all the stops. The aroma of home-cooked classics and contemporary dishes filled the air, sparking conversation and nostalgia alike. Plates were loaded, stories were shared, and mealtimes became moments of connection—each bite a celebration of heritage and tradition.

### Unity and Uplift

Throughout the event, residents spoke of the uplifting atmosphere and the sense of belonging that filled the room. This gathering wasn't just about looking back—it was about honouring the strength, creativity, and resilience that continues to shape our community every day. Here, everyone's voice was heard and valued.

### A Lasting Legacy

Black History Month at Winns Mews was more than a day on the calendar. It was a celebration of unity, a reminder of the importance of representation, and a joyful step towards an even more inclusive future. The memories made will linger, inspiring many more moments of connection in the months to come.









# Season of Confidence & Bloom

## A New Autumn, A New Confidence

As autumn's golden leaves swirl outside Greyhound Road, something even more remarkable is blossoming inside: confidence. October has been a true season of growth and celebration, as our community continues to shine with new milestones and moments of joy.

### Birthday Magic and Jelly Cat Hunts

No autumn would be complete without a little birthday magic, and this month, we were delighted to celebrate FOS's 27th! With her favourite people by her side, FOS enjoyed a day of laughter, adventure, and sweet treats. Baking sessions filled the air with delicious aromas, while a Jelly Cat hunt in Windsor sparked plenty of smiles (and maybe a little friendly competition). As the candles were blown out,

it was clear: this was a birthday filled with light-hearted joy and love.

### Education Triumphs: RJB's Journey

If October had a theme, it would be perseverance—and no one embodied this more than RJB. After months of dedication, she achieved her dream of accessing structured learning, opening new doors for her future. From work and skills sessions to mastering photography and tackling maths tasks with flair, RJB's focus and enthusiasm have set a shining example for us all.

But the real story is her transformation. The once-anxious newcomer now steps into the community with growing self-belief. RJB is out and about more than ever, embracing new experiences and managing her emotions with maturity. Her progress is a living testament to the magic that happens when care and encouragement come together.

### Breakfast Buffets & Sunday Family Vibes

Of course, life at Greyhound Road isn't just about milestones—it's also about the everyday moments that weave us closer. The weekly morning buffet at Toby Carvery has become a firm favourite, where everyone finds something to love (not to mention, top-notch value and a cheery welcome).

Sundays are reserved for our "Family Vibe Days," where residents and staff gather for an around-the-world feast. There are dishes to tempt every taste, films, painting, and a dash of friendly rivalry at our ever-popular card tournaments. These moments of connection are what make our house a home.

### Looking Forward—With Confidence

As the autumn unfolds, we celebrate not just the changing season but the remarkable confidence blossoming within our walls. October has been a time of milestones, learning, and laughter. With each new step, our home is living proof that confidence—like autumn leaves—blooms brightest when nurtured with care.



**AUTHOR:** STAFF TEAM, GREYHOUND ROAD  
**PHOTOGRAPHER:** STAFF TEAM, GREYHOUND ROAD



**MagicLife** 672 High Road

# Out and About

## Small Team, Big Adventures

October at 672 High Road has proven that you don't need a crowd to make life extraordinary—just a dash of curiosity, a sprinkle of kindness, and the right company. With only four residents calling this service home, every achievement, outing, and new experience feels that bit more special.

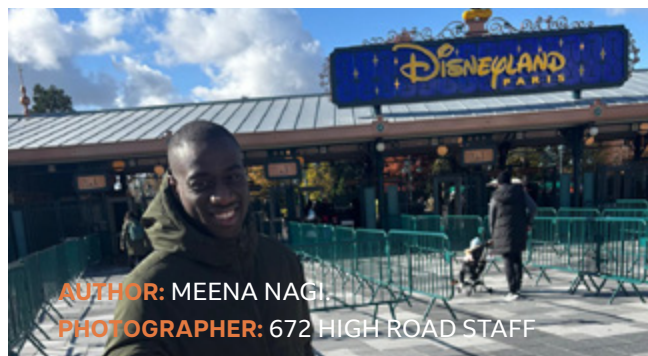
### Sky-High Smiles and Life Skills

CK, our resident top-deck enthusiast, has been racking up bus miles and memories, always choosing the best seat in the house for a tour of London's sights. Back at home, CK takes genuine pride in looking after his flat—chores are tackled with focus and a can-do spirit. October also brought culinary triumphs: CK prepared fresh juice for breakfast and whipped up his own meals, adding new strings to his bow.

The highlight of CK's month? A magical family holiday to Disneyland Paris, complete with thrilling rides and a scenic boat trip around the City of Lights. Paris might be famous for the Eiffel Tower, but we think CK's smile could light up the Champs-Élysées!

### Community, Culture, and Connection

SSS has been gently encouraged to embrace independence in daily life—washing up, managing laundry, and keeping his space sparkling. This month, a meaningful visit to the local Sikh temple with Agnes and Idris created a real sense of togetherness. The team was welcomed warmly, shared



delicious food (part of the temple's generous tradition), and even brought some home for later. Sometimes, the best journeys are the ones that feed both body and soul.

### Settling In, Reaching Out

There's nothing quite like that feeling of making a place your own. Our newest resident, TH, has settled in beautifully, already growing fond of her flat. The team continues to work closely with her, ensuring support is tailored, friendly, and just right. October also saw TH enjoy a special holiday to Jamaica—a true sun-kissed adventure, with caring staff checking in to make sure all was well.

### Celebrating Our Stars

Special mention must go to Agnes and Idris, whose thoughtful support during the temple visit made the day memorable for everyone. It's moments like these—small acts of kindness, quiet encouragement—that form the heart of the Magic Life community.

### Autumn's Magic, Everyday Moments

As the autumn leaves swirl outside, there's a special warmth inside 672 High Road—a sense of belonging that grows stronger with each shared meal, each new experience, and each simple day well spent. Here's to another month of achievement, adventure, and those little moments that make all the difference.





# Manor Place Halloween Magic

## A Month of Spooks, Smiles and Special Moments

If you heard the laughter echoing down the halls at Manor Place this October, you weren't imagining things—Halloween truly took centre stage, filling the house with costumes, creativity, and the spirit of togetherness.

### All-Inclusive October

This month, no one was left out of the fun. Every resident found their own way to join in, with a flurry of activities that kept spirits high and smiles even higher. Family visits sprinkled a little extra sparkle on the celebrations, reminding us that Manor Place is as much about friendship as it is about festivities.

### A Walk on the Wild Side

For some, October meant making the most of autumn's golden days. SH enjoyed a scenic visit to Rickmansworth Park in Watford, watching the swans glide across the water with his mum by his side. When Halloween rolled around, SH was ready—fresh haircut, pumpkin at the ready, and a camera roll full of happy snaps with family and friends. These moments of connection made the season feel all the more special.

### Out and About, Every Day

For JO, the month was a lively mix of community trips—food shopping, bus rides, or exploring the local park. Whether prepping meals with a helping hand, heading out for long evening walks, or unwinding with favourite



music videos in the games room, JO kept each day moving. Halloween brought a family reunion and a dash of restaurant magic—proof that the best memories are made when you're surrounded by those who matter most.

### Pride in Progress

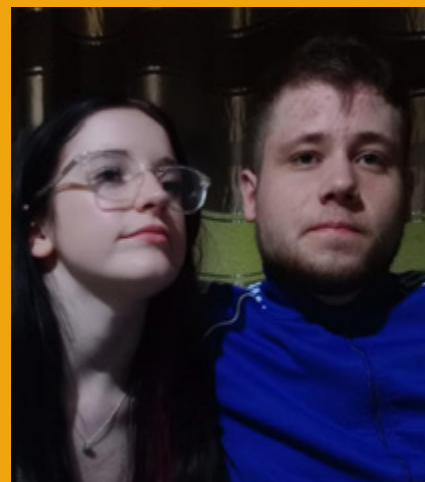
LF has been on a journey of positive change, embracing every step with determination. From keeping his room tidy to mastering the laundry and attending all the right meetings, LF's consistency is building confidence and self-esteem. These everyday achievements are no small feat—and each one is worth celebrating.

### Pumpkins, Purpose and a New Perspective

For GS, a thoughtful new addition—a mini fridge—helped turn a tough time into a season of gratitude. He threw himself into the Halloween festivities, leading the charge on pumpkin carving and decorations. Staying connected with family, returning to work, and helping decorate for the holiday, GS reminded us that resilience and participation make every day a little brighter.

### October's Takeaway: Magic Happens Together

Manor Place's October was a masterclass in community spirit. With laughter, support, and a fair bit of spooky fun, every resident and staff member helped create an atmosphere where everyone could shine. Here's to more months of memories, milestones, and—of course—magic.







## Sweet Success

### A birthday bake and Halloween joy

Some moments in life are simply too sweet not to share—especially when they're baked with love and a dash of determination. This month, CB rolled up her sleeves and set out to make her sister's birthday extra special, baking a cake herself—with a little support, of course. The result? Not just a delicious treat, but a beaming sense of pride and joy that filled the whole house.

#### The Magic of Doing for Others

For CB, this was more than following a recipe; it was an act of giving. Mixing the batter, smoothing the icing, and finally lighting the candles, she poured her heart into every step. The smiles and gratitude from her sister made every minute worthwhile. "It felt amazing to do something for someone I love," CB shared, still glowing from the experience.

#### Spooky Fun and Creative Flair

But the fun didn't stop at cake. As autumn crept in, the girls got busy turning their home into a Halloween haven. There were pumpkins to decorate, cobwebs to hang, and spooky scenes to set. Laughter rang out as creative ideas took shape, and by the end, the house looked frightfully festive—ready for a night of celebration.

#### A Season of Sharing

What makes these moments so memorable isn't just the cakes or the decorations—it's the sense of togetherness and achievement that lingers long after the last slice has been eaten or the final pumpkin lantern blown out. CB's joy in baking for her sister and celebrating Halloween with her friends proves that the best memories are always homemade.

**AUTHOR:** CB WITH SUPPORT

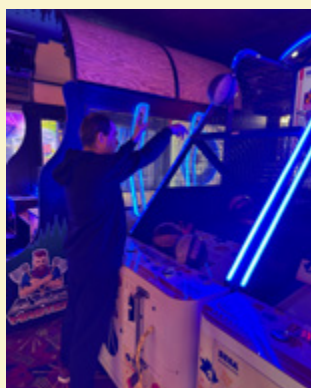
**PHOTOGRAPHER:** NORTHLANDS STAFF





# Southend Seaside Magic

## A Day of Sun, Sea, and Smiles



There's something timeless about a classic day out at the seaside. For Toby and I, our trip to Southend was more than just a change of scenery—it was a joyful adventure that turned an ordinary day into something truly memorable.

### Seaside Shenanigans Begin

As soon as we arrived in Southend, the excitement was unmistakable. The sound of seagulls overhead, the gentle crash of waves, and the smell of salty chips set the perfect scene for our escapade. Toby was quick to spot the iconic pier stretching out into the blue—a ribbon of wood and history that's as much a part of Southend as the laughter of its visitors.

After a stroll along the bustling promenade, we couldn't resist the pull of the arcades. Lights flashed and cheerful music played as Toby tried his hand at the games. There's a special kind of thrill in watching the coins clatter and the prizes drop—proof that you're never too old to enjoy a little seaside fun.

### Fish, Chips, and Friendship

No trip to the coast is complete without a traditional lunch, and we made sure to find a spot with the freshest fish and crispiest chips around. Sitting outside, basking in the sun, our conversation flowed as easily as the tide. Toby's stories and quick wit had us both grinning from ear to ear—reminding me that the best part of any outing is the company you keep.

### Making Memories, One Step at a Time

The afternoon brought more adventures. We wandered down the beach, toes sinking into warm sand, watching children build castles and families dip their feet in the sea. Toby and I collected a few pretty shells as keepsakes—a little bit of Southend to take home with us.

As the day drew to a close, there was time for one last ice cream, melting faster than we could eat it, and a promise to come back soon. The train ride home was filled with shared smiles and sleepy contentment, our hearts a little lighter and our spirits lifted by the simple magic of a day out together.

### Why Days Like These Matter

At Magic Life, we know that every outing is an opportunity for connection, discovery, and joy. Whether it's the sparkle of the seaside or a walk in the local park, what matters most is being together and making memories—one seaside adventure at a time.





## Dining, Delighting, and a Dash of Drama

Next on the agenda: a visit to a restaurant known as much for its atmosphere as for its menu. Surrounded by friends, KM was treated to all her favourites, with plates passed and stories swapped. “This is the good stuff,” someone grinned between bites, and nobody argued.

But what’s a birthday without a little surprise? Just as KM was settling in, out came the pièce de résistance: a spectacular cake. Candles were lit, a chorus of voices (some tuneful, some more ‘enthusiastic’) filled the room, and KM’s wish was made with a beaming smile.

## A Day to Remember

As the outing wound down, one thing was clear: this was a birthday to remember. There were full hearts, fuller bellies, and the kind of laughter that echoes long after the last slice of cake is gone. At Grove Park Road, we believe birthdays should feel special—and KM’s certainly did.

Here’s to more outings, more shared moments, and more reasons to celebrate. Because if there’s anything we’ve learned, it’s that a little bit of joy goes a long way.

**AUTHOR:** AMIKO

**PHOTOGRAPHER:** AMAL

**MagicLife** Grove Park Road

## Birthday Joy

### A Day of Delicious Moments and Sweet Surprises

When it comes to birthdays at Grove Park Road, there’s only one rule: make it memorable. KM’s birthday outing this October ticked every box—laughter, togetherness, and a touch of mischief (mostly from the cake).

#### Let the Celebrations Begin

The festivities started just as any good day should: tucked away in a cosy café, sheltered from the city’s bustle. Warm mugs in hand and the scent of fresh pastries in the air, everyone caught up on the latest news. KM, positively radiant, set the tone for a day built around joy. As someone remarked, “You’ve got that birthday glow!”—and, honestly, she wore it well.





# Halloween at The Hamptons

## A frightfully fun celebration brings out creativity and community

When cobwebs become couture and pumpkins are practically VIP guests, you know Halloween has arrived at The Hamptons!

### Spooky Transformations and Creative Celebrations

On 31st October, The Hamptons was a sight to behold. Eerie decorations, colourful balloons, and enough cobwebs to make any spider proud transformed the home into a delightfully spooky wonderland. It wasn't just the décor that turned heads—the real stars were the residents and staff, whose costumes and face paints made this Halloween truly magical.

Emily, always ready with a brush and a smile, worked her magic with some brilliantly scary face painting, while Joane unleashed her inner feline—complete with whiskers, a twitching nose, and a mischievous grin. The creativity on display proved that you don't need a cauldron to whip up a little Halloween magic.

### Dancing, Laughter, and Togetherness

The fun didn't stop with costumes. A lively Halloween disco set the tone for an afternoon of dancing and laughter. Residents and staff showed off their best moves to a playlist of spooky tunes—because at The Hamptons, even skeletons have rhythm! As the music played, delicious treats and drinks kept everyone energised for an afternoon of celebration.

### Moments to Treasure

What made this Halloween truly memorable wasn't just the face paint or the dance floor—it was the sense of community. Laughter echoed down the hallways, friendships were celebrated, and the home was filled with warmth (despite all those ghosts!). It was a day that captured the very best of The Hamptons: creativity, connection, and a touch of cheeky fun.

Thank you to every resident and staff member who joined in and made the day unforgettable. With so much spirit, it's no wonder The Hamptons is a place where everyone belongs.



**AUTHOR:** THE HAMPTONS  
**PHOTOGRAPHER:** THE HAMPTONS







# Festive Moments, Creative Days & Spooky Fun

## A month packed with celebration, colour, and connection

When autumn's chill arrived at Park Lodge, it brought more than just crisp leaves and cosy jumpers—it ushered in a whirlwind of excitement, creativity, and unforgettable community moments. October proved that the spirit of Magic Life shines brightest when we come together.

### Dining Out and About

We kicked off the month in style, venturing out to a local restaurant where laughter filled the air and plates were piled high. It was more than a meal; it was a chance for everyone to unwind, swap stories, and enjoy good company in a setting that made everyone feel special.

### A Day for Shopping and Sharing

There's nothing quite like a shopping trip to bring out the smiles! Residents relished the chance to browse for new treasures, pick out favourite treats, and feel the buzz of being out and about in the community. It was a wonderful reminder of the joy that comes from a simple change of scenery.



### Creativity in Full Colour

Regular visits to the Day Centre kept spirits high, with engaging activities and lively chats with friends old and new. Then came our dazzling Diwali party—a Festival of Lights that truly lived up to its name! The room sparkled with colour, music, and joy as everyone joined in celebrating this beautiful tradition, learning more about the magic of Diwali together.

### Puzzle Masters & Kitchen Confidence

Teamwork took centre stage during Puzzle Games Day, as residents and staff teamed up to conquer crosswords, jigsaws, and a whole host of brain teasers. Meanwhile, PRM's kitchen adventures continued to impress, with new recipes and growing culinary confidence earning high praise—and perhaps a few requests for seconds!

### Autumn Walks and Cupcake Smiles

Sometimes the simplest pleasures bring the most joy, as proved by our refreshing walks in the park. The golden leaves and crisp air made for the perfect backdrop to relax, recharge, and connect with nature.

And let's not forget Cupcake Day! SGF and RG donned their aprons for a whirlwind of baking and decorating, filling Park Lodge with sweet aromas and even sweeter treats. Their creations were shared—and quickly devoured—by all.

### A Halloween to Remember

October's grand finale arrived with a spectacular Halloween party. Residents and staff unleashed their creativity with costumes, music, and games, transforming Park Lodge into a haven of spooky fun. Joined by friends from Burlington Lodge and Park Side, the night was filled with laughter, playful frights, and a sense of togetherness that will last far beyond the last pumpkin lantern.

As October closes, we look back with pride at a month bursting with celebration, creativity, and community spirit. Every moment was made brighter by the people who call Park Lodge home—and we can't wait to see what November brings!







# Building Confidence Together

## Burlington Lodge's October Highlights

**A**t Burlington Lodge, October brought a wonderful blend of learning, laughter, and connection, as residents and staff joined forces to build new skills and strengthen their bonds as a community.

### Signing, Smiling, and Sharing

One of the most heartening moments this month came during our lively Makaton sign language session. With hands waving and faces beaming, residents and staff practised new signs together, making communication more inclusive and accessible for everyone. There was no shortage of smiles as residents embraced the chance to express themselves in new ways. SB and JM shone particularly brightly, picking up signs with enthusiasm and a real sense of pride. These sessions aren't just about words—they're about building confidence, understanding, and a sense of belonging that ripples through the whole



home.

### Speaking Up and Being Heard

October also saw another meaningful resident meeting, where everyone was encouraged to share their views, hopes, and happy stories. It was truly inspiring to see residents feeling empowered to shape life at Burlington Lodge. SG, one of our residents, summed up the atmosphere beautifully, sharing how settled and content he feels—and how much being part of the Burlington Lodge family means to him. His journey is a gentle reminder that with the right support and environment, everyone can flourish.

### Spook-tacular Celebrations

No October would be complete without a touch of Halloween magic! Residents—including MM—enjoyed a visit to Park Lodge for a spook-tacular Halloween Party. From costumes and dancing to laughter and new friendships, it was a celebration to remember. It's events like these that remind us: the best memories are made when we come together to celebrate as one big Magic Life family.

### More Than Just Activities

At Burlington Lodge, every day is a chance to learn something new, share a laugh, and build connections that make life brighter. Whether it's mastering Makaton, voicing ideas in a meeting, or dancing the night away in costume, these moments are the heart and soul of what we do.

Because at Magic Life, supporting independence, inclusion, and joy isn't just our job—it's who we are.





# Halloween Creativity

## A Spooktacular Celebration Unleashed

If you thought October was just about pumpkins and falling leaves, think again! At Magic Life, the real magic arrived in a whirl of costumes, colour, and creativity as residents and staff embraced the Halloween spirit like never before.

### Ghoulish Glamour and Creative Spark

The lounge became a haven of transformation as JC wowed everyone with imaginative Halloween makeup and a costume that turned heads. Not to be outdone, HJ added her own sparkle, blending creativity with a costume so stunning it could've stolen the show at any spooky soiree. Meanwhile, SD and LW brought Halloween to their fingertips—literally—designing beautiful themed art on their hands and inspiring everyone to join the fun.

BL joined in on the makeup action, adding their unique flair, while IM made a grand entrance at the Halloween party, proving that when it comes to celebrating, the more the merrier.

### An Atmosphere to Remember

The energy was infectious: laughter, excitement, and the shared thrill of dressing up filled every corner. Plates were piled high, glasses clinked, and there was never a dull moment as everyone tucked into treats, sipped their favourite drinks, and soaked up the fun. The atmosphere truly sparkled with the joy that only comes from being together.

### Moments of Magic

This year's Halloween wasn't just about scary costumes—it was about building confidence, celebrating creativity, and making memories that will outlast any leftover sweets. For every resident who picked up a makeup brush or tried on something new, this was a chance to shine in the spotlight of community celebration.





# Magic Life Locations

**Magic Life Head Office**  
5-11 Green Lanes, London,  
N13 4TN

Bruce Grove  
52 Bruce Grove, London,  
N17 6RN

Burlington Lodge  
21-29 Tewkesbury Road, London,  
N15 6SE

Devonshire Lodge  
139 Devonshire Hill Lane, London,  
N17 7NL

Greyhound Road  
95 Greyhound Road, London,  
N17 6XR

Grove Park Road  
57 Grove Park Road, London,  
N15 4SL

High Road Tottenham  
672 High Road, London,  
N17 0AB

Manor Lodge  
3 Cedar Close, Potters Bar,  
Hertfordshire,  
EN6 1EW

Maple Lodge & Cedar Lodge  
271-275 Hale End Road, Woodford  
Green,  
IG8 9NB

NorthLands  
10 Northlands, Potters Bar,  
Hertfordshire,  
EN6 5DF

Park Side  
Quadrant Court, 2a Park Avenue,  
London,  
N18 2UH

Park Lodge  
8B Park Road, London,  
N18 2UT

The Chapel  
14 Chapel Row, Bishop's Stortford,  
CM23 3SE

Winns Mews  
2,3,4,5,6 & 7 Winns Mews, London,  
N15 4FF

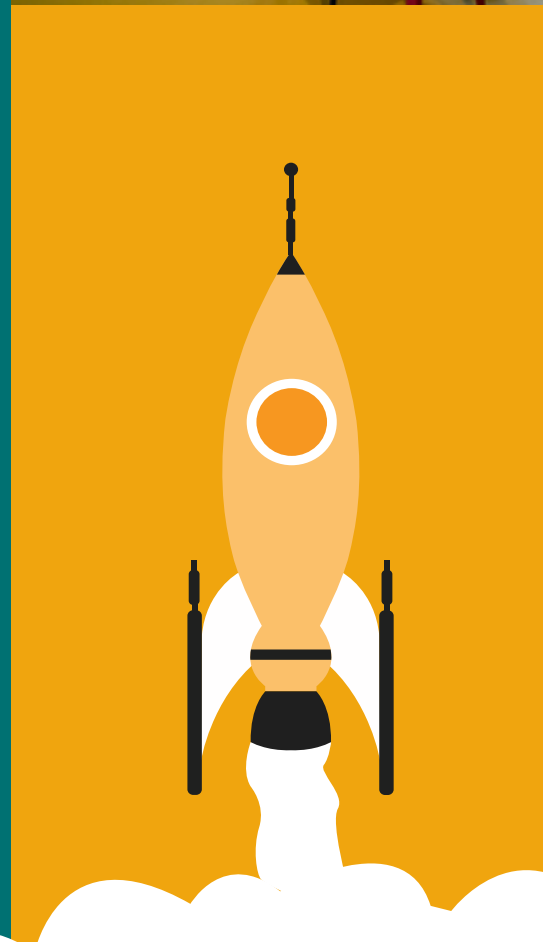
The Hamptons  
403 Eagle Way, Peterborough,  
PE78EG

Cherry Tree Lodge  
185 London Road, Croydon  
CR0 2WN, UK

The White House  
138 High Street, Coopers Walk,  
Cheshunt,  
EN8 0AP

West Lodge  
15 West Hill Road,  
Luton,  
LU1 3LY

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



Visit <https://magiclifeuk.com>  
Call our team on 0208 826 4348