

MagicLife Magazine

Magic Life

August 2025 Edition

Special Feature
**Franks'
Year of Courage**

Read her story on page 4

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August Antics

Soaking up sunshine, stories, and a splash of silliness

Well, it's official—summer has decided to turn the thermostat all the way up, and we at Magic Life are practically melting faster than an unattended Fab ice lolly! But far from slowing us down, this glorious heatwave has only fuelled the fun. Whether we're sipping squash in the shade or turning handheld fans into fashion accessories, August is off to a sizzling start.

Hot Days, Cool Vibes

August brings with it that unmistakable late-summer magic: sun-drenched afternoons, the scent of BBQs drifting through the air, and the occasional dramatic dash to rescue laundry from a surprise shower (because let's face it, it wouldn't be a British summer without some meteorological mischief).

But what really keeps the temperatures soaring—in the best possible way—is the energy of our community. There's laughter echoing through the halls, creativity spilling out in every corner, and enough joy to rival the sun itself.

The Magic Is in the Moments

Here at Magic Life, the real highlights aren't on a calendar—they happen when you least expect them. A spontaneous singalong over breakfast. A joke so good it makes your juice come out your nose (true story, reportedly). A shared smile between neighbours who've become lifelong friends.

August reminds us that magic doesn't have to be planned. It shows up in the everyday—if you know where to look.

Heatwave or Not, We're on Fire

Of course, we owe a massive shout-out to our teams, who are working harder than ever—often with a handheld fan in one hand and a clipboard in the other. You're the reason our days run so smoothly, our residents feel so supported, and our fans (both electric and human) stay on full blast.

You've been organising barbecues, splashy garden games, and ice cream socials with the finesse of seasoned summer event planners—and always with that unbeatable Magic Life spirit.

From Paddling Pools to Party Hats

Whether it's turning a quiet afternoon into a full-on beach party (complete with inflatable flamingos) or getting everyone giggling with sunhat fashion shows, you lot prove time and again that fun is a renewable resource—and we've got it in abundance.

It's not just the sun that's shining—it's every face in our community.

Let the Sunshine In—and the Laughter Out

As we dive into the heart of August, let's keep leaning into the silliness. The impromptu dance-offs. The "who wore it best" sunhat showdowns. The mango smoothies that somehow ended up in someone's hair (don't ask).

Because if there's one thing we know for sure, it's this: joy is contagious—and you're all spreading it like suncream on a day out.

Here's to another month of belly laughs, heartwarming moments, and—hopefully—slightly fewer wasps.

Seasonal Inspiration for August

Why not hold a "Tropical Tuesday" with fruity drinks, flower garlands, and limbo dancing? Organise a sunflower measuring contest or create summer-themed sensory trays with sand, shells, and citrus scents. Got a shady garden spot? Perfect for poetry picnics or cool-down colouring afternoons.

And when it gets too hot? Pop on a fan, crank up the tunes, and turn your lounge into a retro ice cream parlour—with mocktails, milkshakes, and memories served chilled.

Whatever August brings, let's make it magical—one sun-soaked (or air-conditioned!) moment at a time.



Happy August

Pawel Gawronski : Regional Manager

Raising The Bar

A month of joy, movement, and new connections at Burlington Lodge

This July, Burlington Lodge was brimming with energy and excitement as residents embraced a vibrant new chapter of community engagement and outdoor exploration. From inclusive events to innovative mobility experiences, the spirit of possibility was in full swing—and the results were nothing short of magical.

Stepping into Something New

Residents kicked off the month with an inspiring visit to Winkfield Resource Centre, a warm and welcoming hub run by Haringey Council. There, they joined a wider circle of community members in a lively mix of group activities designed for inclusivity, interaction, and pure enjoyment.

Wheelchair users with a variety of support needs—including learning disabilities, brain injury, and cerebral palsy—were at the heart of the action. The air was alive with laughter, chatter, and shared stories over delicious meals. As one staff member put it, “You could really feel the togetherness—there was a real buzz in the room.”

Moments That Matter

Sam and Stephen couldn't stop smiling when asked about their day. “It was so much fun!” they said in unison—a joyful affirmation of how much it meant to be part of a wider



social scene. For those who can sometimes feel on the edges of community life, this kind of connection can be transformative.

Pedals and Possibilities

Meanwhile, Michael had his own moment of discovery at Ermine Road Day Centre, where he met the My Way Walker—a unique piece of mobility equipment that supports movement through gentle pedalling. As he took to it with enthusiasm, the room lit up with his laughter and vocal joy. Watching him explore with such freedom and confidence reminded everyone why these opportunities matter so deeply.

More Than Just a Day Out

At Burlington Lodge, these activities aren't just about filling the calendar—they're about fostering independence, joy, and meaningful engagement. Each outing is a chance to challenge limits, build confidence, and celebrate the vibrant individuals who make up our community.

And the best part? We're only just getting started.

As summer continues, we look forward to more uplifting moments, new friendships, and shared adventures. A big thank you to our dedicated support staff, the teams at Winkfield and Ermine Road, and the brilliant residents who remind us every day that life is for living—boldly and joyfully.

Seasonal Idea: Summer Photo Bingo!

Create a fun bingo card with summer-themed photo challenges—like “a bee on a flower”, “a group selfie”, or “something yellow”. It's a great way to get outside, spark creativity, and capture beautiful memories along the way.

AUTHOR: ACTIVITIES TEAM AT BURLINGTON LODGE
PHOTOGRAPHER: STAFF AND COMMUNITY PARTNERS

A Year of Courage: Celebrating Franks' Sobriety Milestone

One Year Sober — A Milestone Worth Honouring

Today, the team at Greyhound Road stands in heartfelt celebration of a remarkable woman and her incredible achievement. Franks has reached her first full year of sobriety — a feat that speaks volumes of her strength, determination, and unyielding will to change her life for the better. Overcoming alcohol dependency is never easy, and yet Franks has shown unwavering commitment in choosing life, healing, and hope every single day.

A Journey of Struggles and Breakthroughs

Franks' journey was not without hardship. There were moments of struggle, doubt, and deep emotional pain. But at every stage, Franks made the courageous choice to keep moving forward. In the early days, harm reduction and therapeutic intervention work led by the Greyhound Road team provided a vital safety net. The unity and dedication of the team proved essential — a collective effort rooted in compassion, persistence, and belief in Franks' potential.

From Pain to Purpose — Facing the Past

Recovery is more than abstinence; it is about healing from the inside out. For Franks, sobriety meant finally confronting the raw emotions and traumatic experiences that she had long tried to suppress. Where once alcohol and prescription medication were a means to cope, she instead turned to therapy — embracing it as a healthy and empowering path to process her past. With bravery and honesty, Franks began doing the deep inner work, facing truths she had previously been unable to face.

Community Support: The Role of HAGA and BUBIC

In the early days of her recovery, community-based organisations like HAGA and BUBIC 2 played an instrumental role. Their support provided Franks with a foundation of care, guidance, and community connection. These services offered more than just resources — they offered hope, and a space where she was seen, heard, and believed in.

The Power of Resilience

There is a strength that lives in people like Franks — a quiet resilience that rises even in the darkest of nights. Her journey has shown us that even in times of deep despair, healing is possible. Her ability to reach within herself for the strength to endure, to persevere, and to grow, is nothing short of inspiring.

A Message of Hope

Franks' journey is a shining example of what recovery can look like. It is not perfect, nor is it linear. But it is real, it is hard-earned, and it is deeply beautiful. She has shown what it means to be brave in the face of fear, and to choose healing when numbness seems easier.

To Franks — your journey has inspired us all. Your light now shines where darkness once lived, and we could not be prouder to walk alongside you.

Well done, Franks — here's to many more milestones.

Special Mention

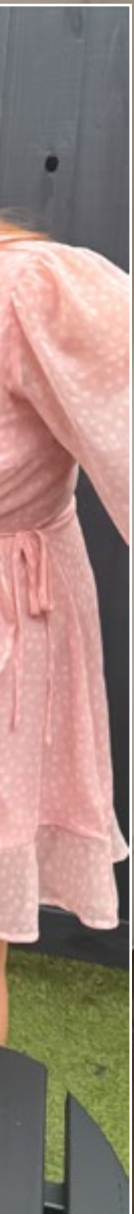
Heart Felt thank you to Eniitan who has left for greener pastures



AUTHOR: YVONNE SPILLANE

PHOTOGRAPHER: GREYHOUND RD STAFF & FRANKS

MagicLife 95 Greyhound



Keeping It Clean

How DK found joy and purpose through a brush and a broom

Even the simplest acts can offer the biggest rewards.

AUTHOR: EMEM EKANEM
PHOTOGRAPHER: BRUCE GROVE STAFF

Who knew that a simple sweep could stir such serenity? For many of us, a messy space can send stress levels soaring. But did you know that tidying up can also be a form of therapy? That's right—dusting, decluttering, and wiping down surfaces can work wonders not just for your space, but for your state of mind too.

While some might opt for yoga or mindfulness apps to ease tension, others find just as much relief in the rhythmic motions of a mop or the satisfying clatter of organising a shelf. A clean and ordered environment can have a surprising calming effect, providing a sense of control in an otherwise chaotic world.

Sweeping with a Smile

At Bruce Grove, DK has taken this idea to heart. Known for his jovial spirit and love of the outdoors, DK is often spotted sitting near the office door, headphones on, soaking in the day and watching the world go by. But recently, he decided to add something new to his daily routine—cleaning the front of the house.

When DK approached Emem with the idea, he explained, “I spend a lot of time out there and I feel responsible for the place in a kind of way. It will keep me busy and help me with my mental health.” And just like that, DK found a way to turn his appreciation for his surroundings into purposeful action.

Now, with broom in hand and a spring in his step, DK has become the front-yard champion—keeping the space clean, tidy, and welcoming for all who pass by. The joy on his face says it all: this isn't just a chore, it's a cherished part of his day.

A Gentle Reminder

It's easy to underestimate the power of small routines. But DK's story shows that even the simplest acts—like sweeping a pavement—can offer structure, satisfaction, and a deep sense of wellbeing. For anyone looking to lift their mood or find a moment of calm, maybe it's time to pick up the duster.

Seasonal Suggestion: Late Summer Sparkle

As the summer holidays wind down, why not organise a “Clear and Cheer” afternoon? Residents can team up to tidy their favourite communal spots, followed by a well-earned cold drink and music in the garden. It's a great way to end the summer with a sense of pride, purpose, and togetherness.

MagicLife 57 Grove Park Road

Welcome to Grove Park

A warm beginning for KM's new chapter

There's nothing quite like a heartfelt welcome—and that's exactly what KM received when she joined the Grove Park Road family this July. With open arms and joyful smiles, the team and residents came together to celebrate a new arrival who's already made a big impression.

Settling In With Confidence

From the moment she arrived, KM has taken everything in stride. She's quickly adjusted to her new environment and seems completely at ease—like she's been here all along. Her confidence and independence are blossoming by the day, and it's clear she's beginning to call Grove Park home.

KM has been building lovely connections with staff and residents alike, joining in on daily routines with enthusiasm and a sense of ease. She recently shared how safe and supported she feels—something we always strive to provide at Grove Park Road.

A Party to Remember

To mark this fresh start, we hosted a welcome party that was nothing short of delightful. With laughter echoing through the room and plenty of friendly chatter, the event was a joyful celebration of new beginnings. KM was touched by the warm gestures and thoughtful touches, and the party made one thing abundantly clear—she's already an important part of our community.

Big Smiles and Bright Days Ahead

We're so proud of how beautifully KM has settled in, and we look forward to seeing her continue to thrive. This is just the beginning, and we're thrilled to be on this journey with her.

Seasonal Fun Idea: "Sunshine Snapshots" Challenge

As summer rolls on, why not get creative with a photo challenge? Encourage residents to take pictures of their favourite sunny moments—whether it's a garden stroll, an arts-and-crafts session, or a cheerful smile. Display the photos around the home to celebrate the season and brighten up the walls!



“KM said that she feels safe and supported in her new home.”



AUTHOR: HAWA & AYESHA

PHOTOGRAPHER: AYESHA



Science and Splashes

A joyful July at 672 High Road

It's been a busy and brilliant July for the small but mighty community at 672 High Road, where two residents have made the most of summer by diving into activities—both educational and energising.

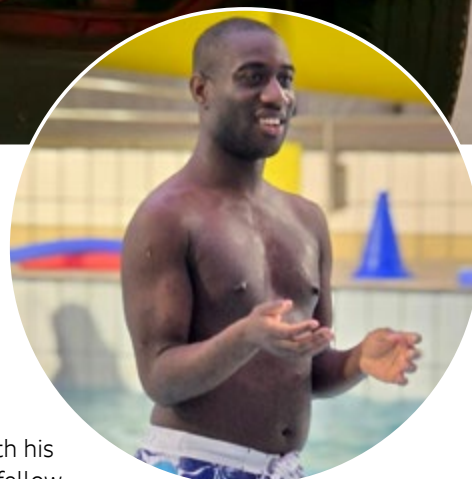
Gadgets, Gears and Great Fun

Chris was thrilled to visit the Science Museum in London this month, hopping on a bus for the journey—always one of his favourite ways to travel. Once at the museum, Chris got hands-on with both vintage and modern cars, exploring the exhibits with curiosity and enthusiasm. From pressing buttons to participating in interactive displays, the museum brought out his inner explorer.

Making a Splash

Back on home turf, Chris has also been making waves—quite literally! He's been regularly attending swimming

sessions, where he's not only building his confidence in the water but also enjoying meaningful interactions with his instructor and fellow swimmers. There's nothing like a bit of poolside camaraderie to brighten up a week.



With residents like Chris leading the way, July has been a month of discovery, activity, and genuine joy at 672 High Road.

Looking Ahead: Soaking Up the Last of Summer

As August rolls in, why not keep the momentum going with more summer outings? A picnic in a local park, an ice cream-tasting session, or a garden scavenger hunt could be a lovely way to enjoy the warm days while encouraging engagement and creativity.

AUTHOR: MEENA NAGI

PHOTOGRAPHER: 672 STAFF

MagicLife Harringay Road

Ladies' Night Magic

Glam for a night to remember

The spirit of sisterhood and sparkle lit up Harringay Road this July, as the staff pulled out all the stops to host a sensational Ladies' Night. With laughter in the air and creativity on full display, the space was transformed into a stylish pop-up salon—complete with pampering, polish, and plenty of pizzazz.

A Touch of Glam, a Dash of Heart

Residents had the chance to enjoy personalised mini-makeovers, and the results were as individual as they were fabulous. TB, lovingly known as the matriarch of the project, chose a playful pastel green nail varnish and a gorgeous henna flower design. She was so thrilled with the results, she even offered to pay staff for their time—a true testament to how special she felt.

Meanwhile, the ever-graceful LG embraced a more classic style with elegant floral henna adorning both arms. But her creativity didn't stop there—she also painted a heartfelt piece of art as a gift for her son Toby, who's set to visit from Spain in just two weeks. A masterpiece made with love.

An Evening of Pure Joy

From beauty treatments to belly laughs, the night buzzed with energy, good food, and even better company. It was a shining example of how shared moments—no matter how simple—can create unforgettable memories.

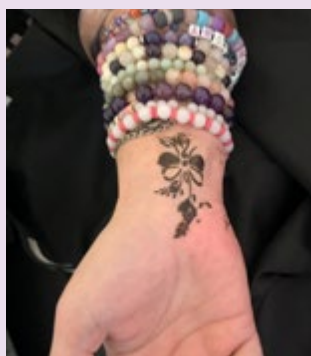
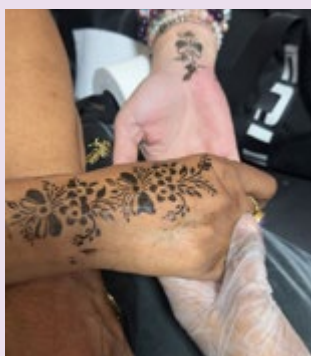
And for those wondering...

“What about the gents?”

Fear not! A Lads' Night Out is just around the corner—so stay tuned!



“The night was filled with joy—plenty of food, fun and laughter.”



August 2025

MagicLife Cherry Tree Lodge



MagicLife Devonshire Lodge

Sunshine & Smiles

July wraps up with laughter, team spirit, and sizzling barbecues at Devonshire Lodge

As July bids farewell, the vibrant energy at Devonshire Lodge shows no signs of slowing down! This month has been a shining example of the joy, connection, and camaraderie that define life at the Lodge.

From the splash of swimming sessions to the rhythm of the gym, our clients have been on the move—embracing everything from long walks in the sunshine to energising outings with pedal power. These regular activities not only boost physical health but offer moments of calm, reflection, and emotional well-being. Plus, there's nothing quite like a sunny stroll to lift the spirits!

Flames, Flavours, and Friendship

The highlight of the month? Without a doubt, our much-loved residents and staff barbecue. The air was filled with the scent of delicious food and the sound of cheerful chatter, as everyone came together for an afternoon of good eats and even better company. There's something special about sharing a meal that sparks genuine connection—and this was no exception.

Teamwork Makes the Magic

This month also featured our regular staff bonding session, reinforcing what makes Devonshire Lodge truly special: our incredible team. These sessions continue to strengthen collaboration and bring staff closer together, ensuring that the warm, inclusive spirit of the Lodge shines through in everything we do.

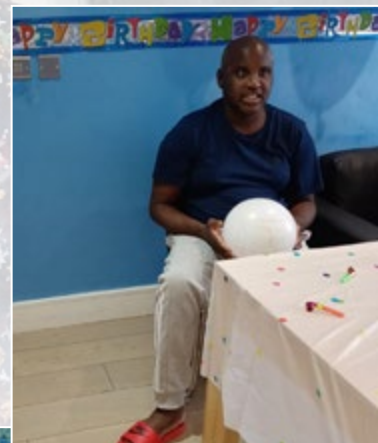
Here's to another month of joyful moments, shared stories, and continued dedication to the well-being of all who call Devonshire Lodge home.

Seasonal Idea: Summer Stroll & Snapshot Challenge

Why not encourage residents to snap a photo of their favourite outdoor spot or flower during their walks? It's a lovely way to enjoy nature and spark conversation—and who knows, maybe even a photo display in the lounge!

AUTHOR: CINDY SINGH

PHOTOGRAPHER: DEVONSHIRE TEAM



Summer Days at Manor Place

Sunshine, strolls, and sweet success

July was truly a month to remember at Manor Place, with golden sunshine setting the perfect stage for growth, connection, and a good dose of outdoor fun. As the flowers bloomed, so did our residents—each one making the most of the season in their own unique way.

SH Steps into Summer

SH took full advantage of the sunshine, enjoying his regular community walks and even popping into the local pub now and then. His visits home to Watford gave him the chance to relax with family—and of course, spend some quality time with his beloved cat. Whether strolling through Rickmansworth Park with his mum or chatting about his hobbies on daily walks, SH has clearly found his summer rhythm. He's also becoming increasingly confident in the kitchen, showing real enthusiasm for preparing meals. While he still welcomes a bit of help, his growing independence has been fantastic to witness.

JO's Great Outdoors Adventure

Never one to sit still when the sun is shining, JO made the most of July with a string of day trips to Enfield, Hatfield, and Potters Bar—often hopping on the bus for a little adventure. JO's love for exploring new places shines through, and these outings have undoubtedly been a highlight of his month. Back at home, he continues to enjoy quality time with his dad, sharing both home-cooked meals and stories. And let's not forget the golf park next door—perfect for JO's bike rides, adding a dash of summer sport to the mix.

GS Grows and Glows

Punctuality was GS's star achievement this month. With support from staff and his own commitment, he's been arriving promptly for both work and appointments—two months running with no late reports! On the home front, his green fingers have been busy, with the garden producing a colourful crop of fruits and vegetables. True to his generous nature, GS has been sharing his harvest with staff and fellow residents alike. He also enjoyed a few well-deserved cinema outings to Enfield Cineworld, immersing himself in the latest Warhammer releases.

LF Enjoys the View

For LF, the warm weather brought a welcome change of pace. He spent more time outdoors, often relaxing in the garden watching birds or engaging in lively conversations with staff in the lounge. This increased interaction has been lovely to see, and LF continues to manage his personal care and meal prep with ease, adapting well to any adjustments in his routine.

As July wrapped up, it was clear that Manor Place was positively buzzing with energy, laughter, and progress. Whether exploring new places, harvesting tomatoes, or simply enjoying a chat in the sun, each resident found their own way to flourish.

AUTHOR: MANOR PLACE TEAM
PHOTOGRAPHER: MANOR PLACE TEAM



Sweet Moments of July

Baking, bonding, and a few cheeky naps—July had it all!

As summer warmed the days, the Magic Life community embraced July with open arms, filling it with laughter, creativity, and delicious aromas.

CB led the charge with a month packed full of activity and heart. She took advantage of the sunny skies with long, refreshing walks that brought both energy and scenic joy. But it wasn't just the outdoors that kept her busy—CB also lit up the kitchen! Cakes, cookies, and brownies flew from oven to plate, and true to her generous spirit, she shared her sweet creations with her housemates, creating little moments of joy with every bite.

Art, Animals and Party Hats

Meanwhile, JC had a wonderful time letting her artistic side shine, particularly in the sensory room where she immersed herself in painting. Her highlight of the month? A lovely outing to Frankie's party in Greyhound, where familiar faces and cheerful vibes stirred up warm memories and wide smiles.

LVM's July was just as joyful. She joined CB on peaceful visits to the farm, where the laughter of animals (and perhaps a few cheeky neighs) filled the air. Feeding the horses brought pure happiness—it's safe to say her heart was as full as the feed buckets! Shopping trips were just as exciting, with colourful displays and soft furnishings turning the store into a playground of comfort. The duo even discovered a few cosy corners for spontaneous snoozes—because why not nap when the cushions are just that inviting?



A Month to Remember

Park Lodge shines with creativity, connection, and summer joy

July at Park Lodge was nothing short of magical — a month brimming with colour, cheer, and moments that warmed the heart. As summer settled in, so did a wave of new experiences, each one met with smiles, curiosity, and community spirit.

Art, Music, and a Bit of Magic

TG stepped into a world of inspiration through art therapy sessions in King's Cross, where she discovered not just creativity but also a calming space to express herself freely. Her artistic spark is truly lighting up the Lodge!

Meanwhile, PRM turned a long-time dream into reality with a night to remember — seeing Billie Eilish live in concert! The lights, the music, the thrill of the crowd — it all came together to create an unforgettable evening that she'll be talking about for years to come.

Games, Giggles, and Good Times

BM brought the fun indoors with his newfound love of games, diving into every new challenge with infectious enthusiasm. His playful energy added a cheerful buzz to our afternoons.

SGF and RG turned up the tempo with a trip to Gravity Max in Stratford. From flashy arcade games to group antics, the day was packed with laughter and excitement. SGF also took some well-earned time to relax with rejuvenating swims at Tottenham Leisure Centre — proof that balance is everything!

Not to be outdone, RG capped off his July adventures with a trip to Lee Valley Farm, complete with animal encounters and a cheeky round of mini golf. Talk about ending the month on a high note!

Together We Move

One standout moment came courtesy of VS, who led a brilliant outdoor gym session that brought residents and staff together in the sunshine. It wasn't just about movement — it was about connection, encouragement, and feeling part of something bigger.

Welcome to the Family

This July, we were thrilled to welcome Briannah Hamilton to Park Lodge. From the moment she arrived, Briannah's

warmth and dedication have made a real impact. Whether lending a helping hand during activities or sharing a kind word in passing, she's already become a cherished member of our community.

Looking Ahead

With July leaving behind a trail of memories, we can't wait to see what August brings. It's the perfect time for a summer picnic, a DIY ice cream day, or perhaps a garden-themed scavenger hunt. However we spend it, we know it'll be full of sunshine and smiles.

AUTHOR: AISHA ADEN

PHOTOGRAPHER: PARK LODGE STAFF





hi Amieda

Thank you for your:

- Kindness
- Support
- Generosity
- Help
- Love

Thank you for being inspiring, for making me smile daily, for bringing me up when I'm down - I appreciate all that you've done for me - from Taylor



AUTHOR: RITA APPIAH

PHOTOGRAPHER: MARGARET OCRAN

Seaside Smiles and Summer Style

Adventures, outings, and a whole lot of sunshine at Park Side this July

This July, Park Side was buzzing with excitement as our residents stepped out to embrace the season with cheerful hearts and open minds. From sandy beaches to shopping sprees, every moment was packed with purpose and plenty of joy.

A Seaside Day to Remember

ED and PC set off on a sunny adventure to Southend-on-Sea, where they soaked in the scenic views of the award-winning beaches. The highlight? Strolling along the world's longest pleasure pier—an unforgettable experience that brought smiles and laughter all around. ED's day was made even brighter by a delicious lunch at a local Chinese restaurant, which he thoroughly enjoyed.

Out and About in the Community

PC had a fabulous month filled with relaxing moments and refreshing outings. Whether enjoying a peaceful walk in Pymmes Park with the Park Lodge team or sipping coffee at a café in Edmonton Green, PC truly embraced the calm and connection that these trips offered. Her shopping trip to Lidl was a proud moment—armed with her own list, she made thoughtful choices and enjoyed a sense of independence, supported every step of the way.

A River Cruise to Remember

ESB had a standout experience with her carer and a close friend as they ventured into Westminster for a scenic cruise along the River Thames. It was more than just a trip—it was a triumph. Her excitement radiated from the moment they set off, and the sense of achievement was shared by all who know how special this outing was for her.

Cartoons, Rock 'n' Roll and a New Look

Back at Park Side, DM found peace in his own way—by tuning into his favourite cartoons and cranking up some classic rock tunes. Always one for a chat, he shared his thoughts on the characters with PC, impressing everyone with his insights. And talk about a fashion statement! DM's shopping spree led to a brand-new wardrobe, which he proudly showed off the very next day, beaming with pride.

It's the Little Things

From seaside walks to coffee dates, every resident found joy in their own way this month. Whether through shared laughter, new clothes, or simple moments of peace, July reminded us just how vibrant and full of life our Park Side community is.



A place of strength and support in the heart of Bishop's Stortford

In the peaceful corners of Bishop's Stortford stands a place where warmth, patience, and purpose come together under one roof—The Chapel. More than bricks and mortar, it's a home built on compassion and community, carefully nurtured by the dedicated team at Magic Life.

They call it **"The Chapel,"** but for the residents and staff, it's far more than a name—it's a beacon. A haven. A place where the journey of support begins and the spirit of resilience takes centre stage.

A Foundation of Understanding

Here, challenges aren't roadblocks—they're invitations to grow. The Chapel team work daily with individuals whose behaviours may be misunderstood by the outside world, yet within these walls, those same individuals are seen, heard, and celebrated for who they are.

With gentle minds and kind hearts, the staff walk alongside those in their care—people like BS and IG—offering guidance, patience, and an open heart. For those who may not always find the words, The Chapel listens all the same, understanding what goes unsaid and offering comfort without condition.

A Home with Purpose

Every day, you'll find smiles shared and victories—big and small—embraced. From quiet moments of progress to shared laughter over a cuppa, The Chapel is alive with hope and togetherness.

This is not just a service. It's a mission. A place where life is enhanced and futures are brighter. The team's unwavering commitment ensures that every person feels valued, respected, and empowered to grow in their own unique way.

As Joan Delliston, Service Manager, so beautifully captures in her heartfelt poem, The Chapel is a sanctuary—a supportive space where challenges are met with courage, and every day holds the potential for new beginnings.

AUTHOR: JOAN DELLISTON – SERVICE MANAGER

PHOTOGRAPHER: CHAPEL ROW STAFF



MagicLife The Hamptons

Summer Sparks

Seaside days and chessboard plays bring joy to The Hamptons

July at The Hamptons has been nothing short of spectacular. As the summer sun beamed down, our community soaked up every golden moment—from strategic moves at the London Chess Festival to sandy toes and sunny smiles at Hunstanton Beach.

A Grand Move in Westminster

We couldn't be prouder of Nick, who stepped into the spotlight at the prestigious Annual Chess Festival in London. Held in the grand setting of Westminster and opened by none other than the Mayor himself, the festival brought together some of the finest minds in the chess world. Nick rubbed shoulders with icons including Micky Adams, Nevil Chan, and members of the London Chess & Bridge team.



"I really enjoyed the atmosphere," Nick shared. "It's always inspiring to be surrounded by people who share your passion."

We call that a checkmate in confidence and community!

Beach Day Bliss

Back on the coast, our residents set out for a sun-soaked adventure to Hunstanton Beach. The journey itself was filled with good cheer, singalongs, and plenty of nibbles to go around. Once there, the group made the most of a perfect summer's day—dipping toes into the sea, building top-tier sandcastles, and scouring the shoreline during a lively scavenger hunt.

The crowning moment? Fish and chips by the promenade, topped off with giggles and gratitude.

"I haven't laughed like that in years," said one joyful resident. "It reminded me of holidays from long ago."

Now that's what we call a wave of happiness.

AUTHOR: OMOYE ENYI

PHOTOGRAPHER: THE HAMPTON TEAM



Sun, Sizzle & Smiles

July BBQ brings the heat and the heart at Hale End

If you're looking for proof that sunshine, music, and a mouth-watering BBQ can work wonders, look no further than Hale End's fabulous July celebration. The "Joyful July BBQ" brought a wave of summer cheer that left everyone beaming—from water pistols to jollof rice, it was a day of pure magic.

A Feast for the Senses

On the 25th of July, the Hale End grounds were transformed into a festive haven of vibrant bunting, irresistible aromas, and the sound of laughter echoing through the air. From the moment the first burger hit the grill, it was clear this wasn't going to be an ordinary afternoon.

Tables groaned under the weight of BBQ chicken, nuggets, pizza, and jollof rice, while chilled cocktails and ice lollies helped beat the heat. And if that wasn't enough, there were sweet desserts on standby to keep the energy up for the next dance battle—or bubble-gun showdown.



Summer Fun, the Hale End Way

Water pistol battles turned the lawn into a splash zone, as residents and staff alike dived into the playful mayhem. Music pulsed in the background, with impromptu singing and dancing adding a spontaneous flair to the already electric atmosphere.

By the time the sun began to set around 6:20 PM, hearts were full, and faces glowed with joy. The celebration wasn't just about the BBQ—it was about connection, laughter, and the kind of community spirit that makes Hale End feel like home.

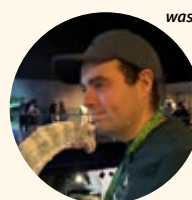
Moments that Matter

The success of the day lies in its simplicity: good food, great company, and the freedom to let loose and have fun. It was a reminder that it doesn't take much to create lasting memories—just a little effort, some music, and a whole lot of heart.

AUTHOR: DIANA

PHOTOGRAPHER: SUZETTE

"I had an amazing day out with Toby at the Jurassic World Experience. It was a day full of fun, excitement, and lots of roaring dinosaurs."

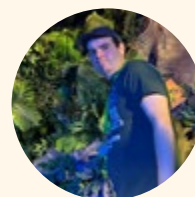


Toby loved seeing the life-sized dinosaurs move and hearing their sounds. I think his favourite would be the mighty T-Rex—he watched it with wide eyes and a big smile. We also took some cool photos together, standing next to a gentle Brachiosaurus and even pretending to run from a Velociraptor!

The best part was watching Toby's excitement as he explored the jungle-themed park. He even got to touch a "dino baby" and got to be told some fun facts about these ancient creatures.

This outing was not just fun, but also an unforgettable and exciting journey into the prehistoric past for both of us."

-Kofi, Support Worker



Hello Marcia and Suzette, hope you had a good weekend.

I wanted to let you know how grateful I am to you both for your efforts and support you've given me since joining Magiclife at Hale End Road.

I especially appreciate the constant efforts, care and efficient management of his home. I have been so impressed with the swift action of things that needed to be put into place for his well-being, health and safety. It is the most person-centred and professionally led team since Raphael moved into the service.

Team leaders and supportive staff are welcoming, polite, caring and hardworking. Raphael's key workers, particularly Daniel who is with him so much of the week provides outstanding consistent care. I would like to offer praise also to John and all day and night supportive staff.

It is our view as a family that the changes at Magic life have contributed greatly to Raphael's progression and confidence -this can be seen in him requesting walks, going to the sensory room and engaging in activities in the garden.

We hope Hale End Road continues to go from strength to strength.

Kindest Regards,

Maria Savva



**“Simple pleasures turned
into extraordinary
memories at Hale End.”**

West Lodge Life

One man, one house,
endless good vibes



GC is still living the solo dream at West Lodge—and he's absolutely owning it! With the whole place to himself, he's been enjoying the freedom, the space, and every opportunity to make the most of each day.

Master of his own domain

While GC treasures his independence (and who wouldn't love their own personal kingdom?), he hasn't gone full hermit. Whether it's showing off his footie skills, sinking a few basketball shots, or simply kicking back with his favourite TV shows in the lounge, he's keeping things lively and active.

Chef in the making

The kitchen has become GC's own personal training ground. With just a touch of staff support, he's been rustling up some delicious dishes and developing some serious cooking know-how. From simple snacks to more adventurous bites, he's building confidence and flavour in equal measure.

Ready to share the magic

As much as he enjoys the peace and quiet, GC is looking forward to welcoming new residents to West Lodge. There's plenty of room and plenty of good vibes to go around—and he's more than ready to spread the cheer.

AUTHOR: WEST LODGE TEAM

PHOTOGRAPHER: WEST LODGE TEAM

MagicLife The White House

Joyful July

A colourful month of creativity, cooking, and first-time triumphs

July at Magic Life was a vibrant mix of artistic expression, hands-on adventures, and heartwarming achievements that brought smiles all round.

Paints and pastries were the order of the day as LW explored their artistic sides with staff support. Not far away, IM was brimming with joy as she threw herself into a lively cooking activity—her enthusiasm was as contagious as the delicious smells wafting through the room!

LEGO Legends and Loaves of Love

Elsewhere, the sound of concentration filled the air as HJ completed her very first LEGO set. With a look of determination and a heart full of pride, she assembled each piece with care—a moment worth celebrating. At the same time, SD turned up the heat in the kitchen, baking a fresh loaf of bread that brought warmth and comfort to all. There's something special about the smell of freshly baked bread that makes a place feel like home.

This July was a shining example of how small moments of creativity and shared joy can turn ordinary days into extraordinary ones.

AUTHOR: THE WHITE HOUSE TEAM

PHOTOGRAPHER: THE WHITE HOUSE TEAM



Toyshop Triumph

A joyful July of confidence, growth and unforgettable adventures

There's always something special in the air at 6 Winns Mews, and July was no exception! This month, the team have been busy building confidence, celebrating independence, and turning big dreams into even bigger memories. From West End wanderings to cultural pride on display, it's been a heartwarming season of wins—both big and small.

Off to Hamleys We Go!

The standout moment this month came when DM decided it was time to tick something off her wish list: a trip to the legendary Hamleys toy store in the heart of London. She'd never been before, but that didn't stop her. With the ever-wonderful Nana by her side, the pair made a day of it—and what a day it was! From top to bottom, they explored the whole store, soaking in the magic and snapping an impressive 34 photos along the way.

And yes—while the price tags at Hamleys might feel like you're applying for a mortgage, DM was savvy in her shopping, picking up just a few treasures that truly made her smile. It was a joyful outing, one that reflected her growing confidence and willingness to explore the world on her own terms.

From Shy to Shining

Another big round of applause goes to ME, who has made incredible strides in her personal journey. In just a year, she's transformed from being shy and reserved to confidently expressing herself—whether it's through conversation, life decisions, or even fashion!

ME has been dazzling everyone with her traditional Muslim outfits, each one more elegant than the last. Her pride in her heritage shines through, and it's been a true joy to witness her self-assurance bloom right before our eyes. Keep it up, ME—we see you, and we're cheering you on every step of the way.

Celebrating Independence

We'd also like to give a proud shout-out to JSB, who has recently moved on to live independently.

It's a beautiful reminder of why we do what we do—because at Magic Life, we believe in helping people reach their full potential, even when the path gets tough. JSB's success is a testament to the support, dedication, and compassion that flows through Winns Mews every day.

AUTHOR: CHERYL EVANS

PHOTOGRAPHER: WINNS MEWS STAFF

It's a Milestone at Winns

Celebrating joy, unity, and unforgettable memories this July

It's been a vibrant and joyful month at Winns Mews Complex, filled with heartfelt celebrations, shared laughter, and one especially big milestone that brought the whole service together.

A Very Special Birthday Bash

The highlight of July was a very special celebration for our wonderful AA, who turned the big 6-0! And you better believe we pulled out all the stops. From birthday balloons to BBQ bliss, the Winns team made sure it was a day to remember. AA, ever the food lover, had a feast fit for royalty—complete with delicious BBQ chicken wings whipped up by Cheryl, our talented service manager, and a spread of mouth-watering dishes courtesy of the amazing Joyce, whose cooking never fails to impress.

Best of all, the birthday was completely person-centred. AA chose his favourites for the menu, making sure his day was just the way he wanted. To top it off, his sister joined in the celebrations—her visit made the day even more special, and the joy on AA's face said it all.

Cooking Up Joy

AA's passion for food didn't stop at eating! He's also quite the baker. With a little help from Joy, he created a scrumptious chocolate cake that looked as good as it tasted. The pictures from that day capture more than just a cake—they capture AA's love for getting stuck in and sharing the results with others.

A Fond Farewell

As the month came to a close, we had to say goodbye to AA as he moved on from Winns. While we're sad to see him go, we're filled with pride knowing we played a part in his journey. AA brought warmth and humour to our days—always up for anything, always full of life. His easy-going nature and infectious spirit will be deeply missed, but we wish him every happiness in the next chapter of his adventure.

AUTHOR: HANNAH TOSIN ALE

PHOTOGRAPHER: AMANDA, JOY, AND HANNAH



Splish Splash Spectacular

Winns Mews turns up the summer fun

Sunshine, music, and sheer community spirit made this year's Summer Splish Splash Party at Winns Mews Complex a resounding success! Held in the vibrant courtyard of Number 5, the event brought together residents and staff for a day of joy, laughter, and good old-fashioned water-soaked fun.

Decorations and Dance Moves

The residents of Number 5 were first on the scene, rolling up their sleeves and diving into the decorating. With colourful balloons and non-stop chatter, they transformed the courtyard into a bright and welcoming party zone. And what's a party without music? Residents enthusiastically chose their favourite tunes while the manager and deputy threw in a few energetic hits of their own, creating a playlist that had everyone grooving.

Let the Games Begin

The real splash began when one resident, determined to turn up the volume, brought out her own speaker—officially kicking off the party! From there, things got competitive in the best way, as two teams emerged: the bold Blue Thunder and the fiery Red Dragon. The courtyard echoed with cheers, laughter, and friendly rivalry.

Water guns may have been in short supply, but that didn't stop the fun. Staff quickly improvised with bottles and sponge balls, turning a potential hiccup into a highlight of the day. Bubbles floated through the air, kids and adults splashed with glee, and everywhere you looked there were smiles.

Sunshine Snacks and Summery Spirits

Between battles and dance breaks, guests enjoyed a spread of refreshing snacks—think sandwiches, fresh fruit, and cool drinks that kept everyone energised. It was the perfect fuel for an afternoon in the sun.

Together to the End

As the sun began to dip, the spirit of the day lingered. Several residents kindly volunteered to help with the clean-up, proving once again that community is at the heart of everything at Winns Mews. Their cheerful teamwork brought the day to a close on a high note.

The event didn't just leave everyone a bit soggy—it left hearts full. As one resident summed it up, "We need more

days like this!" And we couldn't agree more.

Seasonal Idea: As the summer continues, why not host a Garden Picnic & Games Day? With lawn games, fruity drinks, and sun hats galore, it's the perfect way to keep the summer spirit alive—without needing to get soaked!

"The summer party was more than just a fun afternoon—it was a powerful reminder of the joy that comes from community, connection, and shared moments of happiness."



AUTHOR: NATALIE GARRICK
PHOTOGRAPHER: FIDEL CHUKWUMA

MagicLife Staff Appreciation



Martins Akonye

Thank you for being a good collaborator, attention to details, working under pressure, time management and service excellent.

Thank you Martins



Andre Powell

Andre, a dedicated member of our team. As shown great leadership skills in the absence of senior staff, this month. He led by example, delegated in an approachable manner and was open to feedback. He maintained great communication skills, demonstrated effective problem solving skills which in turn maintained a positive/productive work environment.



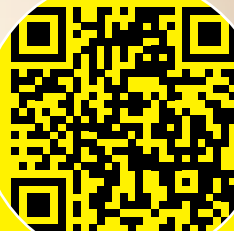
Tales From My Diary

*'A bright light came piercing my eyes
Still struggling to overcome,
I heard a familiar sound
I opened my eyes and let them in*

*Awake again, in this loneliness
Does it really end though?
All I have is hope,
that one day, it word all end.*

*Sneaking out of bed
into the cold lonely house
What could be better?
than a hot cup of tea'*

Poem by Loveth Okeke



Share Your Magic

Your stories, your voice, your moment to shine!

Got something to shout about? Whether you've written a poem, snapped a cracking photo, painted a masterpiece, or just have a brilliant story to tell—we want to hear from YOU!

The Magic Life Magazine is your stage, your scrapbook, and your spotlight. We're on the lookout for creative spark and everyday magic from residents and staff alike. No moment is too small, no idea too big. From funny day-to-day tales to proud achievements and heartfelt creations, everything is welcome.

How to share your magic:

Click the QR code below to upload your story, artwork, or idea directly to the Magic Life Magazine team. It's quick, easy, and your moment to shine could be just a scan away!

Magic Life Location's

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N15 4SL

Harringay Road
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N15 3HP

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N17 0AB

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Hertfordshire,
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Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

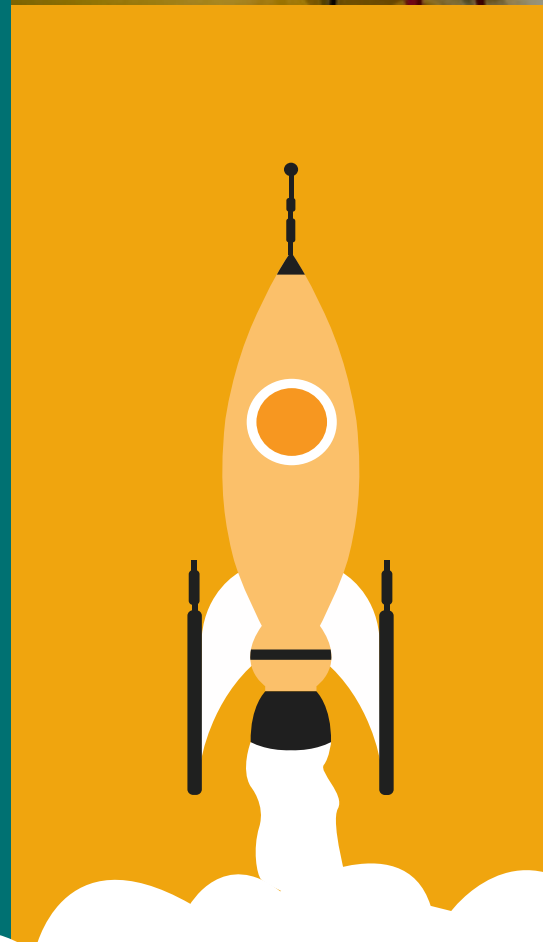
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Luton,
LU1 3LY

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