

Magic Life

July 2025 Edition

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Joy, Togetherness, and a Touch of Sunshine

As we step into July, summer is in full swing—and so is the unmistakable hum of life at Magic Life. There's a rhythm to this time of year: longer days, lighter moods, and an energy that seems to crackle in the air like a sparkler on a warm evening.

This month, we're celebrating the magic of togetherness. Whether it's a picnic in the park, a spontaneous dance party in the lounge, or simply sharing a joke over a cup of tea, July is all about the small moments that bring us closer. Community, after all, isn't just about proximity—it's about connection.

Turning Up the Joy—One Day at a Time

At Magic Life, we know that the real magic happens in the day-to-day. It's in the daily hellos, the shared routines, the little wins. July offers the perfect backdrop for these moments to shine. With nature at its peak and spirits running high, it's a chance to create joyful memories that will last long after the last ice lolly has melted.

And let's not forget our teams—the unsung heroes who turn plans into reality, rainchecks into creative detours, and activities into unforgettable experiences. You don't just go above and beyond—

you redefine what support can look like. Thank you for bringing so much care, imagination, and kindness to every corner of our community.

Fun, Flexibility, and Fabulously British Weather

Of course, British summer doesn't always behave. But if June taught us anything, it's that we're nothing if not adaptable. So whether it's sunhats or raincoats (or both!), we embrace it all with our trademark good humour.

A sunny garden becomes a stage for karaoke and storytelling. A rainy afternoon turns into a baking bonanza or a board game marathon. At Magic Life, flexibility isn't just a skill—it's an art form.

Celebrating Our Strengths, Sharing Our Stories

Every person we support brings something unique to the community—a perspective, a passion, a personality all their own. This month, let's keep championing those individual voices. Let's keep asking, "What lights



you up?” and creating spaces where the answer can shine.

Maybe that’s through painting a summer mural together, planning a day trip to a favourite spot, or simply taking time to listen and be present. These moments of connection are the heart of what we do.

A Little Laughter Goes a Long Way

Summer isn’t summer without a bit of silliness. The slightly-too-competitive water balloon fights. The mystery of the vanishing sunscreen. The pet goldfish who “supervises” every activity. At Magic Life, we find joy in the ridiculous—and that joy is contagious.

Let’s keep laughing.

Let’s keep sharing stories and playing games and finding fun in the unexpected. Because every giggle, every grin, every belly laugh is a victory worth celebrating.

Looking Ahead: What Will You Make of July?

As we look forward to the rest of the summer, here’s our invitation: Make July yours. Whether you’re organising a community

carnival, starting a sunflower-growing challenge, or just soaking in the warmth of being together, let it be a time of connection, creativity, and care.

From all of us at Magic Life, here’s to a July full of sunshine (or at least sunshiney moments), community spirit, and as always—a little bit of magic.

Seasonal inspiration for July

Try a “Garden Olympics” day with fun challenges like beanbag toss, wheelchair relays, or hoopla. Create DIY bird feeders or nature journals on nature walks. Make a “Summer Soundtrack” playlist together—or hold a Music Monday each week to dance and sing the blues away.



And for those occasional downpours? No problem—host a quiz night, plan a baking contest, or try “armchair travelling” with a virtual tour of somewhere new.

Whatever you do this month—make it joyful, make it inclusive, and make it yours.

Happy July!
PAWEŁ GAWRONSKI

Autism and Change

*I plan my days with care and grace,
Each moment set, each time, each place.
But when the world shifts out of line,
It rattles something deep in mine.*

*A sudden change, a twist, a sound—
My thoughts, they spin, my heart unwound.
You say, "It's small," but can't you see?
That small thing steals the ground from me.*

*So give me space, a little grace,
To find my calm, to find my pace.
I'll meet you there, just not as fast—
I'm steady, sure, but built to last.*

POEM BY: MORGAN

The image shows a screenshot of a web form titled 'SHARE YOUR STORY' with the Magic Life logo. The form is for article submissions and includes fields for personal details (first name, last name, email address, phone number, website) and article information (title, word count, topic). A 'Submit Article' button is visible on the right side of the form.

Thank You for Your Poem

A big thank you to one of our talented residents for sharing a beautiful poem with us! Your creativity brightened our day and reminded us how powerful words can be.

If you'd like to share your own poem, artwork, photo or story, we'd love to see it! Just head over to <https://magiclifeuk.com/share-your-story/>

Your creativity brightened our day!
Share your story—because every voice matters.

Joe
Editor, Magic Life Magazine

MagicLife Bruce Grove

Cheers to 58 Years

A heartfelt birthday bash at Bruce Grove



Birthdays at Magic Life are never just another day—they're cherished milestones filled with meaning, memories, and a bit of cheeky fun. At Bruce Grove, the spirit of celebration was in full swing as SSG marked his 58th birthday with warmth, laughter, and the unmistakable Magic Life touch.

A Toast to Togetherness

SSG, a long-standing member of the Bruce Grove community, chose to spend his special day with those who have shared in many of life's moments—his fellow residents and the ever-dedicated staff. Though he had other plans later in the day, he made one important request: cake and a few celebratory drinks. Naturally, the team

delivered with flair!

The lounge soon became a cosy gathering spot, buzzing with light-hearted conversation and good humour. SSG's joy was unmistakable, and he summed it up best with a grin and a chuckle: "Oh no! I am getting old and almost hitting 60, but it feels great to still be alive. Thank you."

Celebrating Life's Moments

Birthdays at Magic Life go beyond balloons and candles. They're an opportunity to honour the journey each individual has taken—the memories made, the laughter shared, and the strength shown. Whether you're turning 18 or 88, your story matters, and it deserves to be celebrated in style.

Here's to SSG, to 58 wonderful years, and to many more moments of joy, connection, and cake!

Looking for seasonal fun?

July is the perfect time to plan a sunny garden get-together or host a mocktail-making afternoon with fruity favourites. Add in a playlist of summer hits, and you've got the recipe for a day to remember.

"It feels great to still be alive. Thank you."

Magic Life birthdays are never overlooked—they're celebrated with care, laughter, and love. A cake, a toast, and a lot of heart—that's the Magic Life way.

AUTHOR: EMEM EKANEM

PHOTOGRAPHER: BRUCE GROVE STAFF



MagicLife 95 Greyhound Road

Summer Solace at Greyhound Road

June was another wonderful month at Greyhound Road, filled with joy, love, laughter—and a perfect blend of hot summer days and refreshing evening breezes.

The sense of unity between residents and staff was truly inspiring, with everyone supporting one another and forming bonds that continue to grow stronger. Here's a look back at some of this month's memorable highlights:

Retail Therapy in the City

The month kicked off with a trip into Central London, where one of our residents treated herself to a pair of trendy Stanley cups—this summer's must-have for staying stylishly hydrated.

Nature and Nurture at Kew Gardens

A serene visit to Kew Gardens offered a peaceful retreat from the urban hustle. Surrounded by lush greenery and vibrant blooms, it was the perfect moment to relax, reflect, and recharge.

Creative Flow

Art took centre stage this month, with painting sessions offering the ideal outlet for creative expression and mindfulness. Time spent with brush and palette became a joyful form of self-care.

Out and About

Daily walks and local park visits ensured a regular dose of sunshine and fresh air. These gentle moments in nature helped maintain well-being and connection to the outdoors.

Cute Finds and Catch-Ups

There was plenty of fun during a catch-up with Tabby from NL, which included some light-hearted shopping for Jellycat plushies. Laughter, memories, and a shared love for cute collectibles made it a heartwarming day.

AUTHOR: YVONNE SPILLANE

PHOTOGRAPHER: STAFF AND RESIDENTS

Thrill Seeker Mode: Activated

A high-energy day out at Thorpe Park brought excitement, adrenaline, and adventure. From daring rollercoasters to fast-paced rides, it was all about living life to the fullest.

Sunshine at Hampstead Heath

A visit to Hampstead Heath was a true highlight—whether strolling through scenic paths or pausing lakeside, the day was a celebration of nature and summer serenity.

Soaking in the Season

June was all about embracing the warmth, staying active, and creating beautiful moments with friends.

Special Mention

Congratulations to Istar on becoming the new Senior at Greyhound Road!



MagicLife Grove Park Road

June joy and summer sunshine at Grove Park Road



As the summer sun finally made its grand entrance, Grove Park Road came alive with creativity,

connection, and community spirit throughout the month of June.

From the very first week, our residents were full of energy and ideas. We kicked things off with a vibrant arts and crafts session that saw our lounge transformed into a mini gallery of colour and texture. Paints, glitter, feathers—you name it, we used it! It wasn't just about the art, though. It was about the laughter, the sharing of stories, and the pride on everyone's faces as their creations took shape.

Everyday Moments, Extra Special

Of course, it's not just the big events that make life at Grove Park Road so magical. June was packed with little moments of brilliance—shared jokes over a cup of tea, spontaneous singalongs, and quiet afternoons spent reading in the garden. These small things make our house feel like a home.

One resident even took it upon themselves to lead a mini book club, introducing others to some favourite classics. Their passion was infectious, and before long,

we had a whole group gathering regularly for chapter discussions and lively debates.

Shout-Outs to Our Stars

This month, we'd love to give a big cheer to EL and ST, who both went above and beyond in supporting residents and lifting spirits. Whether it was offering a helping hand or simply being a warm presence during a tricky moment, their kindness did not go unnoticed. The Grove Park Road family is stronger because of them.

Looking Ahead: Summer Fun Incoming!

With July just around the corner, we've got some exciting plans in the works. Think outdoor picnics, DIY ice cream sundaes, and a classic British garden games day. Residents are already getting involved in the planning—and we can't wait to share the fun!

Let the sunshine continue, and let the good times roll.

"It wasn't just about the art—it was about the laughter and the pride."

AUTHOR: AMIKO

PHOTOGRAPHER: GROVE PARK ROAD STAFF



Sunny Steps Forward

A month of quiet victories and radiant resilience at 171

June at 171 may have been on the quieter side, but that didn't stop the sun from shining on some truly inspiring moments of progress. With longer days and warmer weather, our residents embraced both personal growth and a strong sense of routine—making it a month to remember for all the right

reasons. is a powerful sign of her commitment to long-term wellbeing. With every visit, RL continues to build a strong foundation for the future.

Keeping on Track

Meanwhile, both NC and TB have demonstrated

“Every small step is a giant leap forward.”

reasons.

LG Shines Bright

Leading the way was LG, whose unwavering perseverance truly stood out. For the second month in a row, LG had no hospital admissions—a fantastic achievement that reflects her growing confidence and stability. Whether she's tuned into EastEnders or grooving to Smooth Radio, LG has found joy in the simple pleasures of home life. Her light, carefree energy has been a delight to witness, and a reminder that everyday happiness is something to be celebrated.

Commitment in Action

Over at The Grove, RL has been showing real dedication. Her consistent attendance at rehabilitation sessions and blood test appointments

fantastic responsibility by keeping up with their scheduled depot injections. This kind of medication adherence not only supports ongoing stability, but also shows how far they've come in taking control of their own journeys.

As we move further into the sunny season, we're excited to build on this positive momentum. There's a lot to look forward to—and even more to be proud of.

Try This This Summer!

How about a chilled afternoon of outdoor radio and iced drinks in the garden? Pair it with a quiz based on favourite TV soaps or a mini dance session to Smooth Radio hits. It's a perfect way to combine sunshine, music, and a bit of fun!

“EastEnders, Smooth Radio, and a sunny outlook—what more could you need?”

MagicLife Cherry Tree Lodge

**Living the
Pebble
Life**

**Brains,
Breeze &
Beach
Reads**



**Sunshine,
Fanta, and
Full-On
Relaxation
Vibes**



Empowering Progress at Burlington Lodge

At Burlington Lodge, June was a month of sunshine and success stories, with each resident engaging in meaningful activities tailored to support their wellbeing, independence, and joy. From strengthening steps to laughter-filled workouts, the spirit of growth was truly in the air.

Michael Takes a Confident Step Forward

Michael began a new chapter in his mobility journey with the My Way Walker at the Ermire Day Centre. Thanks to the dedicated physiotherapy team—and with Burlington staff Boakye and Jean receiving special training—Michael has been making fantastic strides, both physically and emotionally. His boosted confidence and social interactions are clear signs that he's moving in the right direction—literally and figuratively!

Jamie's Tuesdays Just Got Better

Already a regular at Ermire, Jamie was thrilled to add Tuesdays to his routine this June. These sessions focused on stretches and massage, and with support from both professionals and the ever-reliable Boakye and Jean, Jamie's flexibility and activity levels have noticeably improved. It's been a true team effort with heartwarming results.

Fridays Are for Fun and Fitness

For Sam, every Friday now brings something to look forward to—his personalised exercise and speech sessions! Developed by his dedicated therapists, the new routine blends fun, fitness, and a few good laughs. Incorporating walking with his frame into daily life, Sam's enthusiasm is infectious, and the results are impressive: better mobility, brighter moods, and more social smiles.

Junior's Outdoor Adventures

From parks to courts, Junior has become a familiar and cheerful face in the great outdoors. His daily sessions with staff and his personal trainer are strengthening not just his limbs but also his sense of motivation. Always eager and ready, Junior's energy is a powerful reminder of how enjoyable progress can be.

Elijah's Adapted Routine Brings Results

With an intensified and customised exercise programme, Elijah is feeling more at ease and confident than ever. The noticeable reduction in stiffness and the smiles during activities speak volumes. His commitment is paying off—and we couldn't be prouder.

Stephen's Social Spark

Stephen has truly embraced life back at home with new routines and renewed energy. From daily outings to Tesco (for shopping or just for a browse!) to increased social involvement, he's finding joy in everyday moments. The added independence and positive energy are reflected in every step he takes.

Celebrating Staff Dedication

None of these achievements would be possible without the compassion and creativity of our staff. Their thoughtful, person-centred approach continues to turn everyday activities into meaningful milestones.

A Summer Suggestion

As the sun continues to shine, why not launch a "Summer Scavenger Hunt" in the garden or local park? Create themed checklists—like "5 things that smell like summer" or "3 things that make you smile." It's a fun way to explore the outdoors while encouraging movement, conversation, and laughter.

AUTHOR: BURLINGTON LODGE

PHOTOGRAPHER: BURLINGTON LODGE



MagicLife Devonshire Lodge

Rolling Into Joy

Devonshire Lodge celebrates a week of fun, fitness, and friendship

At Devonshire Lodge, energy and enthusiasm were the order of the day as residents rolled into a week full of smiles, movement, and memory-making. June brought sunshine, laughter, and plenty of action—from pedalling to pins—with every activity designed to lift spirits and bring everyone together.

Pedal Power Gets Us Going

We kicked things off with a firm favourite: Pedal Power. With music pumping and encouragement flowing, residents hopped on the stationary bikes for a friendly challenge. Some were surprised by how far they went, and all left with a sense of achievement—and a good dose of fun!

Outdoors and On the Move

The sun made a guest appearance just in time for a park walk. Set against a backdrop of birdsong and blooming flowers, residents strolled the paths, shared stories from years gone by, and relaxed in the shade with good friends and great conversation. A gentle reminder that nature works wonders for the soul.

Strength, Smiles, and Stretching

Back at home base, gym sessions kept the good vibes going. Designed to suit all abilities, these gentle exercises focused on mobility and muscle strength, with more than a few laughs and cheeky challenges thrown in for good measure.

All Aboard for a Scenic Escape

Midweek brought a change of pace and scenery with a scenic bus tour through the local area. Windows down and spirits up, residents swapped stories and sang songs as they explored familiar streets and discovered hidden gems. It wasn't just a journey—it was a shared adventure.

Strikes, Cheers, and Team Spirit

And what better way to wrap up the week than with some friendly competition at the bowling alley? The cheers were loud, the high-fives plentiful, and the strikes impressive! Whether rolling a ball or simply cheering from the sidelines, everyone played their part in an unforgettable afternoon.

Community, Connection, Celebration

Each of these moments reminds us that life at Devonshire Lodge is about more than care—it's about community, connection, and keeping joy at the heart of everything we do.

Thank you to our amazing team for making it all happen, and to our wonderful residents for bringing the spirit and sparkle to every day.

Looking Ahead: Summer Fun Awaits!

As July unfolds, why not join us for a summer garden challenge? Residents can plant sunflowers, herbs, or tomatoes—and watch them grow over the season. Add a picnic day or an ice cream tasting session and you've got summer sorted!



AUTHOR: CINDY SINGH

PHOTOGRAPHER: DEVONSHIRE LODGE TEAM



MagicLife Manor Place

Summer Smiles at Manor Place

Sunshine, strolls, and special moments in June

AUTHOR: MANOR LODGE TEAM

PHOTOGRAPHER: MANOR LODGE TEAM



With golden rays lighting up the gardens and a breeze just right for a stroll, June at Manor Place was truly a month to remember. As the days grew longer, so did the opportunities for residents to soak up the summer vibes, reconnect with family, and enjoy the great outdoors.

Home Sweet Home for SH

There's nothing quite like the comfort of home—and SH knows that better than most. June saw him spending extended visits in his hometown of Watford, enjoying peaceful days with his mum and, of course, some cherished cuddles with his cat. These longer stays brought a real sense of joy and relaxation. Back at Manor Place, SH continues to impress with his positive routines and growing independence, all supported by our dedicated team.

JO on the Go

If there were an award for adventure, JO would be a strong contender! This month, he's taken full advantage of the warm weather by heading off on long bus rides, exploring new routes and enjoying



the journey just as much as the destination. A regular trip to the barbers has also become a highlight—because who doesn't love a fresh trim and a boost of confidence? Even better, JO's been spending more quality time with his dad, creating meaningful memories with every outing.

Steady Wins the Day for GS

GS has been quietly and confidently maintaining his daily routine like a pro. Whether it's managing his personal tasks or navigating his day with minimal support, his independence shines bright. On top of that, he's continuing to thrive in his part-time job, showing real commitment and a can-do spirit. A true example of balance and dedication!

Looking Ahead: July Joys

As we step into the heart of summer, why not try a "Sunflower Growing Challenge" in the garden? Or perhaps a mini ice cream social with DIY toppings on a sunny afternoon? There's plenty more sunshine and laughter to come.

Sunny Escapes and Sweet Moments

Adventures at Willow Farm, Potters Bar, and Beyond



This June, the sunshine brought with it a burst of excitement and outdoor fun for our Magic Life community. From countryside adventures to high-street retail therapy, our residents embraced every opportunity to make memories, laugh with friends, and enjoy the little pleasures that make life magical.

Farmyard Frolics at Willows

LVM and CB had a fantastic day out at Willows Farm, soaking up the rural charm and getting up close with the animals. From goats and cows to horses with soft muzzles that gently nudged their hands during feeding time, every encounter brought smiles and wonder. LVM especially loved piecing together a giant, colourful puzzle, while the trampoline area turned into a giggle-filled zone of bouncing joy for both friends.

“The thrill of soaring through the air made their day at Willow Farm truly memorable.”

CB’s day didn’t end at the farm—she rounded it off with a well-deserved treat at McDonald’s. The familiar aroma

of fries and burgers was the perfect conclusion to a day packed with sunshine, laughter, and shared moments.

Potters Bar Charm

Meanwhile, BH continued her cherished visits to Potters Bar Train Station. With its vibrant energy, quaint charity shops, and tasty food spots, it never fails to lift her spirits. She especially enjoys popping into McDonald’s for her favourite Big Mac and fries—simple joys that brighten her routine and offer a sense of comfort.

“Each visit has turned into a small ritual that brightens her week.”

Retail Therapy and Reunion

Over in Wood Green, JC—joined by her friend Frankie from Greyhound—enjoyed a lively afternoon of shopping, chatting, and catching up. Tabi, in particular, loved being out in the sun, browsing for new fashion pieces that reflected her style and spirit. With laughter in the air and bags in hand, the day proved to be a beautiful blend of friendship and fun.

“Every moment with Frankie is special to Tabi, and she values these outings for making lasting memories.”

Looking Ahead

With summer in full swing, now’s the perfect time to plan more sunny escapes! Why not host a garden tea party, try a friendly water balloon toss, or set up a mini outdoor cinema night? The warm weather is a great excuse to celebrate, connect, and enjoy the great outdoors—all while making more memories to treasure.



Congratulations to Everyone Nominated



Adenike Onifade Olaru

From Strength to Strength

Adenike Onifade Olaru's Well-Earned Promotion

When Adenike Onifade Olaru first joined Magic Life on a 24-hour contract, it didn't take long for her potential to shine through. With empathy at the heart of everything she does, Adenike has shown outstanding commitment, care, and reliability in her role.

Thanks to her consistent dedication and compassionate approach, she's now been promoted to **Senior Support Worker** on a full-time contract—a well-deserved recognition of her growth and impact.

As she moves from Northlands to The Whitehouse to begin this exciting new chapter, there's no doubt she'll continue to bring warmth, professionalism, and positivity to every shift.

Congratulations, Adenike—your journey is just getting started!

**Nominated
by Luisa Chagas**



Issah Umar

Going the Extra Mile

Issah Umar's Dedication Shines Bright

When duty called, Issah Umar didn't hesitate—he cancelled a booked holiday to ensure the team had the support they needed during an emergency. That kind of commitment speaks volumes.

Issah has consistently shown true dedication to the service, stepping in when it matters most and doing so with a positive attitude. His support for new residents has also made a real difference, helping them feel welcomed and settled from the start.

Reliable, selfless, and always upbeat—Issah is a valued member of the Magic Life family, and we're lucky to have him.

**Nominated
by Joan Delliston**



Amieda Koroma

Rising Star

Amieda's Journey from Senior to Service Manager

From the moment she stepped into her role as a senior support worker, Amieda had her sights set on something bigger—and just two years later, she's made it happen.

With determination, heart, and a clear vision for the future, Amieda worked her way up to become the youngest service manager at Magic Life, leading Park Lodge with confidence and purpose.

Her journey is a brilliant example of where passion and perseverance can take you. We're proud to celebrate her success—and even more excited to see what she'll achieve next!

**Nominated
by Andreea Calin**

NOMINATED SOMEONE TODAY



Hamdi Shire

Service Excellence

Hamdi Shire has been a shining example of dedication at Northlands for over four years. Always on time, consistently hardworking, and calm under pressure—she's someone the whole team looks up to.

Northlands can be a dynamic and demanding place, but Hamdi handles every situation with confidence and care. Her ability to support others, even in the trickiest moments, shows true professionalism.

Thank you, Hamdi, for your strength, reliability, and unwavering commitment. You help make Northlands the supportive and resilient place it is today.

**Nominated
by Lynn Shilline**



Amanjot Singh

Positive Force

Amanjot Singh's Uplifting Impact on the Team

Since joining the team, Amanjot Singh has become a standout presence—reliable, compassionate, and always ready to make a difference.

From day one, Amanjot has approached each shift with energy and professionalism, showing a genuine drive to grow and improve. He welcomes feedback, takes initiative, and brings a thoughtful, respectful approach to supporting residents—especially when it comes to encouraging independence and healthy boundaries.

But his impact doesn't stop there. Amanjot actively contributes to team development, offering practical ideas and showing a natural flair for collaboration. His positivity is infectious, his adaptability admirable, and his support for colleagues deeply appreciated.

Amanjot isn't just committed to doing his best—he's committed to bringing out the best in everyone around him.

**Nominated
by Amanda Robinson**



Martins Akonye

Leading by Example

Martins Akonye's Quiet Strength and Steady Growth

Over time, Martins Akonye has grown into one of the most dependable members of the team—calm, consistent, and committed to doing things the right way.

Martins leads not with words, but with action. They take responsibility without fuss, support colleagues without being asked, and bring a respectful, steady approach to resident care that truly makes a difference. Whether the day is smooth or challenging, Martins remains practical, composed, and ready to help.

In recent months, Martins has also made real strides in communication, working more closely with leadership and contributing to a more collaborative team spirit. Their thoughtful suggestions and proactive mindset have helped improve how the service runs on a daily basis.

While growth is always ongoing, it's clear that Martins' leadership comes from a place of integrity, not authority—and that's what makes their contribution so powerful.

**Nominated
by Amanda Robinson**

MagicLife 672 High Road

Farewell Danny

Wishing the very best on your next adventure

After many memorable years at 672 High Road, we recently said a warm and heartfelt goodbye to Danny, one of our longest-standing residents.

Danny has been a true part of the fabric here at Magic Life, bringing his unique spark and smile to everyday life at the home. From friendly chats in the lounge to



his unmistakable presence during activities, Danny has made a lasting impression on everyone who's had the pleasure of knowing him.

While it's never easy to say goodbye, we're proud to have been part of Danny's journey and are excited for what lies ahead for him. His next chapter is full of promise, and we know he'll bring the same warmth and character wherever he goes.

So here's to you, Danny—thank you for the laughter, the moments, and the memories. You'll always have a special place in the Magic Life family.

AUTHOR: 672 TEAM

PHOTOGRAPHER: 672 TEAM



**“Thank you for the laughter,
the moments, and the
memories.”**



MagicLife Hale End

Summer Spark at Hale End

Joy, laughter, and unforgettable memories in June

June at Hale End was a month bursting with sunshine, smiles, and celebration. With not one but two joyful events—a fabulous birthday bash and a delightful garden picnic—residents and staff came together to soak up the spirit of summer in true Magic Life style.

A Birthday to Remember

TP's special day on 9 June kicked off with a classic treat: a morning cinema outing, popcorn and all. Afterwards, TP and staff

headed out for a lively shopping trip, gathering goodies for the afternoon festivities. Back at the lodge, the team swung into action, decorating, prepping food, and setting the scene for a memorable party.

By 2:20 PM, the celebration was in full swing. With upbeat music, colourful decorations, and a feast of party favourites—pizza, cupcakes, crisps, and more—the room buzzed with excitement. TP's birthday cake, beautifully provided by his mum and Magic Life, stole the show as everyone gathered to sing and cheer.

There were hugs, laughter, and even some moves on the dance floor as the celebration turned into a heartwarming reminder of how special community can be.

picnic. With music playing, the smell of BBQ in the air, and a spread fit for royalty—think chicken nuggets, fresh salads, chilled cocktails, and ice lollies—it was the perfect recipe for fun.

And fun they had! Sun cream was slathered on, and the water pistols came out, sparking spontaneous splash battles and bubbles floating through the warm breeze. Residents and staff mixed and mingled, while impromptu dance-offs brought energy and laughter. A surprise visit from RS's parents added an extra touch of joy, making the day even more special.

By the time the event wrapped up at 6:20 PM, it was clear: June had delivered more than just good weather—it had gifted Hale End with lasting memories and stronger bonds.

Looking Ahead: Summer Fun Continues

As we move into July, why not keep the momentum going with a "Summer Carnival Day"? Think bunting, games, mocktails, and maybe even a mini talent show! Or, if the weather stays kind, a sunflower-growing competition could brighten up everyone's windowsills and spirits.



AUTHOR: DIANA LARYEA
PHOTOGRAPHER: AROME AND DIANA

Picnic in Paradise

Just a few weeks later, on 26 June, Hale End turned up the summer vibes once again with a vibrant garden

July 2025

MagicLife Park Lodge



AUTHOR: TANVIR SHUVO

PHOTOGRAPHER: BEN STOWE, ANDREEA CALIN,
SYLVIA OGUNDIPE, BENJAMIN TODD JONES, AND
RITA OJO

Jumping into June

Sunshine, smiles, and standout moments at Park Lodge

June at Park Lodge burst into life with a joyful flurry of activities, from seaside strolls to farmyard fun. Our community made the most of the longer days and warmer weather with a calendar full of adventure, laughter, and proud achievements that will be remembered long after the sun sets on summer.

Big Days Out and Bigger Smiles

We started the month with music, movement, and merriment at the Stratford Bubble Club, where dancing shoes were well and truly put to good use. Soon after, we headed for the coast, enjoying a refreshing Southend-on-Sea escape—think sea air, sandy shores, and plenty of smiles. Next came a trip to Old MacDonald's Farm in Brentwood, where we met our animal friends and followed the visit with a feast fit for a farmer.

Thrill-seekers were in their element at Westfield Max Gravity and Peter's Pier in South London, where the fun was fast-paced and the excitement contagious. The day was perfectly capped off with a picturesque boat ride that left everyone grinning from ear to ear.

Of course, it wasn't all go-go-go—we also found time for relaxed outings to Wood Green and Edmonton Green. A little window shopping and a lot of delicious food made for a lovely balance of calm and delight.

Moments That Mattered

The month saw personal milestones too. A heartfelt happy birthday to TG—here's to a new year full of joy and wonderful moments. And three cheers for SGF, who received not one, not two, but three awards from her day centre! Her bright spirit and perseverance are a source of encouragement to everyone around her.



Celebrating Our Champions

We're thrilled to welcome Aisha Aden into her new role as Activity Coordinator, and to congratulate Benjamin Tod Jones on becoming our Key Working Lead. Their commitment and positivity shine through in all they do, and we're excited to see the energy they bring to their new positions. Well done both!

As June comes to an end, we're already looking forward to what July will bring. Whether it's sunshine-filled adventures or quiet moments shared, there's always something special waiting at Park Lodge.

Birthday Cheers and Summer Steers

Celebrations, sunshine, and a splash of style at Park Side

June at Park Side was nothing short of sparkling, and the crown jewel of the month? A fabulous birthday bash for none other than our legendary Pauline! With regal flair and a tiara to match, Pauline declared herself queen for the day—and rightly so. Every detail of the decorations was handpicked by the birthday star herself, making the day as personalised as it was joyful. Family added to the magic too, with Pauline's sister Maureen and a dear friend joining the celebration.

And let's not forget our very own night shift hero Emmanuel, who made a special appearance just for Pauline's big day—despite it being his night off! That's what we call true team spirit.

Pool Tables and Peaceful Places

June wasn't just about cake and candles. Pauline also enjoyed a few competitive rounds of pool at Park Lodge, showing off her skills and sharing plenty of laughs with staff.

Meanwhile, Emma was busy soaking up the summer vibes. With the support of her one-to-one staff, she visited the peaceful grounds of Forty Hall—an ideal escape for a moment of calm. Later, she boarded the Sunborn Yacht in central London for a taste of luxury, and also took a sporty detour to the David Lloyds Club. A mix of elegance and endorphins? Yes please!

ED's Flavourful Adventures

ED spiced up his month with a lively barbecue at his local church, where music and his favourite meal—rice and peas, jerk chicken, and mixed vegetables—hit all the right notes. Later in the month, he enjoyed a shopping trip to the local high street where he handpicked meals for the days ahead. There's nothing quite like the satisfaction of choosing your own tasty treats.

Shout Outs and Summer Sunshine

Once again, hats off to Emmanuel for showing true dedication and kindness on Pauline's special day. It's these thoughtful moments that create the Park Side magic.



AUTHOR: MARGARET OCRAN
PHOTOGRAPHER: MARGARET OCRAN



Sunshine and Smiles

A blooming June at Chapel Row

There's nothing quite like a burst of sunshine to lift the spirits—and June delivered it in glorious abundance! At Chapel Row, residents and staff took full advantage of the warmer days, stepping outside to soak up the beauty, sounds, and scents of nature in full bloom.

Nature's magic at work

Ashley Smith once said, "Life is full of beauty. Notice it." That sentiment truly came to life this month as IG and BS embraced every opportunity to connect with the outdoors. With gentle encouragement from their support staff, they ventured beyond their flats, strolling under leafy trees, past gardens rich with colour, and alongside rivers and roads teeming with the quiet magic of summer.

From dragonflies flitting past to bumblebees buzzing lazily from bloom to bloom, every outing became a celebration of life's small, joyful moments. The sights, sounds, and even the fresh scent of summer air played a role in uplifting the mood and enriching the days.

Stepping into a brighter routine

For BS, this change has been especially heartwarming. Since moving to Chapel Row, he's found new joy in spending time outside—breaking free from the confines of his bedroom and reconnecting with the world around him. Whether walking to the park or simply watching the world go by,

BS and IG are making the most of every moment, showing how powerful nature's influence can be.

Their journeys this June remind us all of the importance of stepping outside, filling our lungs with fresh air, and letting nature do what it does best—soothe, inspire, and renew.

Why not join in?

Let's all take a leaf out of their book. Pause to appreciate the scent of flowers, the feel of sun on your face, or the birds singing from the treetops. Nature is calling—and it's offering a free, feel-good tonic for the soul.

Seasonal idea: Summer Snapshot Challenge

This July, why not try a Summer Snapshot Challenge? Residents and staff can team up to take photos of their favourite local flowers, trees, or outdoor views. Print them out, create a collage, and bring a touch of the outdoors into your home or service!

AUTHOR: JOAN DELLISTON

PHOTOGRAPHER: CHAPEL ROW STAFF



MagicLife The Hamptons

Joyful June

Birthday cheer lights up The Hamptons

June was a month of pure happiness at The Hamptons, as we celebrated the birthdays of three cherished residents—Horatio, Regan, and Mark. With music in the air and laughter echoing through the halls, these special days reminded us all just how vibrant and connected our community truly is.

The festivities began on 20th June with Horatio's birthday bash, followed by Regan's big day on the 26th, and Mark's grand finale on the 28th. Each event brought with it a burst of joy—there was dancing, singing, and plenty of smiling faces.

Of course, no birthday celebration is complete without delicious food, and our barbecue chicken stole the show once again! Prepared with care and served with love, it had everyone coming



back for seconds. Families, friends, and staff all came together to shower the birthday trio with thoughtful gifts and cards, creating warm memories that will last a lifetime.

At The Hamptons, every celebration is a community affair. These joyful moments not only honour individual milestones but also strengthen the bond we all share.

Here's to many more reasons to celebrate in the coming months!

AUTHOR: OMOYE ENYI

PHOTOGRAPHER: THE HAMPTONS STAFF



MagicLife West Lodge

New Beginnings at West Lodge

A warm welcome and a milestone moment

After much anticipation and preparation, West Lodge has officially opened its doors—and what a joyful opening it's been! On 10th June, the team proudly welcomed their very first resident, GC, marking the beginning of an exciting new chapter for the service.

Meet GC, Our First Explorer!

GC made the move from Leeds to Luton and has

**“Here’s
to new
beginnings,
local
discoveries,
and the start
of something
truly special.”**

taken to his new home with gusto. Not one to sit still, he's already been out and about, exploring the local area and soaking up everything Luton has to offer. With an adventurous streak and a strong sense

of independence, GC enjoys discovering new places on his own—though there's one upcoming journey where he's gladly accepting some company: a trip to London next month, with the trusty support of West Lodge staff by his side.

GC shared that he's “really enjoying life at West Lodge” and is excited to continue his adventures in and around the local community. His enthusiasm has certainly set the tone for what promises to be a lively and engaging atmosphere at the house.

A Home Full of Heart

The West Lodge team is beaming with pride and ready to roll! Their passion for creating a warm, welcoming environment is evident in every corner of the home. With GC now settled in, they're even more inspired to grow the community and ensure every resident feels valued, supported, and celebrated.

Here's to GC, the first of many bright beginnings at West Lodge. The journey has only just begun—but already, it's one to remember.



AUTHOR: WEST LODGE STAFF

PHOTOGRAPHER: WEST LODGE STAFF

MagicLife The White House

Moments to Remember

Joy, connection, and celebration in June

June was a beautiful month at Magic Life UK, marked by joyful outings, heartfelt gestures, and meaningful moments shared with friends, family, and staff.

HJ's Heartwarming Highlights

HJ embraced the spirit of summer with a series of memorable experiences. A visit to the cinema brought plenty of laughs, while trips to Eastleigh allowed her to reconnect with loved ones and soak up the local charm. One particularly touching highlight was a visit to her nan's resting place. Surrounded by family, HJ placed the handmade wreaths she had so lovingly created—an act of quiet strength and deep affection. Her time spent with her mum was equally cherished, as the two made new memories together and enjoyed each other's company.

Whether out on an adventure or enjoying a quiet moment with loved ones, HJ's month was filled with the things that matter most: laughter, love, and connection.

A Birthday Surprise for SD

Over at the Whitehouse, SD's birthday came with an unexpected and delightful twist. The team surprised her with a thoughtful celebration—complete with cake, drinks, snacks, and a beautiful bouquet of flowers. The warm gestures from her colleagues brought smiles all around and made the day truly special. It's these moments of community and kindness that make every birthday feel extraordinary.



MagicLife Winns Mews Complex

Summer of Joy

Exploring connections and celebrating milestones at Winns Mews

As June warmed our days and lifted our spirits, the Winns Mews Complex bloomed with vibrant activity and heartfelt moments. From adventurous outings to joyful reunions, this month was all about connection, community, and celebrating the many wins—big and small—that make life at Winns so special.

Back with a Bang – Men’s Day Returns!

After a short break, the much-loved Boys’ Club roared back to life under the proud new title “Men’s Day”—and what a return it was! The atmosphere was electric as staff and residents came together for an afternoon of laughter, tasty

“magic car” and the ever-encouraging staff team, the day was packed with laughter, rides, and seaside charm.

The duo explored the beach, breathed in the salty air, and giggled their way around the amusement park. The bumper cars were a clear favourite—plenty of good-natured crashes, joyful squeals, and those all-important moments that build lasting memories. It was a day to remember, deepening friendships and capturing the carefree magic of summer.

Tony Takes on the Town

Tony had a whirlwind of a month, taking every chance to get out and enjoy the world around him. From breezy days on the Southend shore to the buzz of an Arsenal match at Emirates Stadium, he made the most of every opportunity.

Whether strolling through local parks or zipping around the fair at Turnpike Lane, Tony’s adventures were brimming with fun. He even squeezed in some retail therapy, balancing fashion inspiration with picking up everyday essentials. It’s safe to say he’s our resident roamer—and his

“We are proud of her and wish her all the best in her new journey.”

treats, and playful mischief. At the centre of the excitement? A piñata dangling temptingly from the gate. With our manager boldly taking the first swing, the air was soon filled with cheers, chuckles, and a flurry of encouraging words. When the piñata finally burst, it revealed a quirky surprise—vibrant pens that proved a hit with everyone. It was a moment of pure, shared joy, perfectly capturing the fun and spirit of togetherness that defines our community.

Seaside Smiles in Brighton

What better way to embrace summer than a trip to the seaside? Residents Danni and Morgan took full advantage of the sunshine with a lively adventure to Brighton Beach. Thanks to our trusty

stories never fail to bring smiles to everyone he shares them with.

Cheers to Milestones – Celebrating Growth

June was also a month of personal triumphs and proud moments. Across the complex, residents reached incredible milestones, each one a testament to their strength, determination, and the support of our brilliant team.

Jessica from Winns 6 took a huge step into independence, moving on to live on her own after thriving during her time at Magic Life.

From holding a job to launching her own online business, her journey has been nothing short of inspiring.

In Winns 3, we celebrated two shining achievements. Danii reached a full year—365 days—of positive progress. Her celebration was full of sparkle, music, and joy as staff and residents danced the evening away, topped off with a beautifully presented certificate.

Alisha also marked over a month of sobriety—an empowering choice she made herself. Her determination has been recognised and cheered on by both family and staff. Her certificate presentation was followed by a lovely indoor picnic, filled with good food, laughter, and pride in how far she's come.

Looking Ahead – What's Next?

With the sun high and spirits even higher, we're already looking forward to what July might bring. Perhaps a summer-themed arts day, a mini sports tournament in the garden, or a refreshing fruit smoothie session during the next heatwave? Whatever comes next, one thing's for certain—Winns Mews is a place where community shines and every achievement is celebrated.



From Emirates to Salamina

There was a buzz in the air and smiles all around as England and Arsenal legend Jack Wilshere pulled on the red-and-white stripes of New Salamis FC UK, stepping onto the pitch to take on Haringey Borough in a spirited match that brought football, community, and pride together in perfect harmony.

Sporting the club's iconic kit—sponsored by none other than Magic Life UK Supported Living—Wilshere looked right at home, bringing a touch of Premier League class to the local showdown. The jersey itself, emblazoned with Magic Life's motto “Big Enough To Cope, Small Enough To Care”, symbolised the heart of the event: professional flair grounded in community values.

Local Football with a Global Star

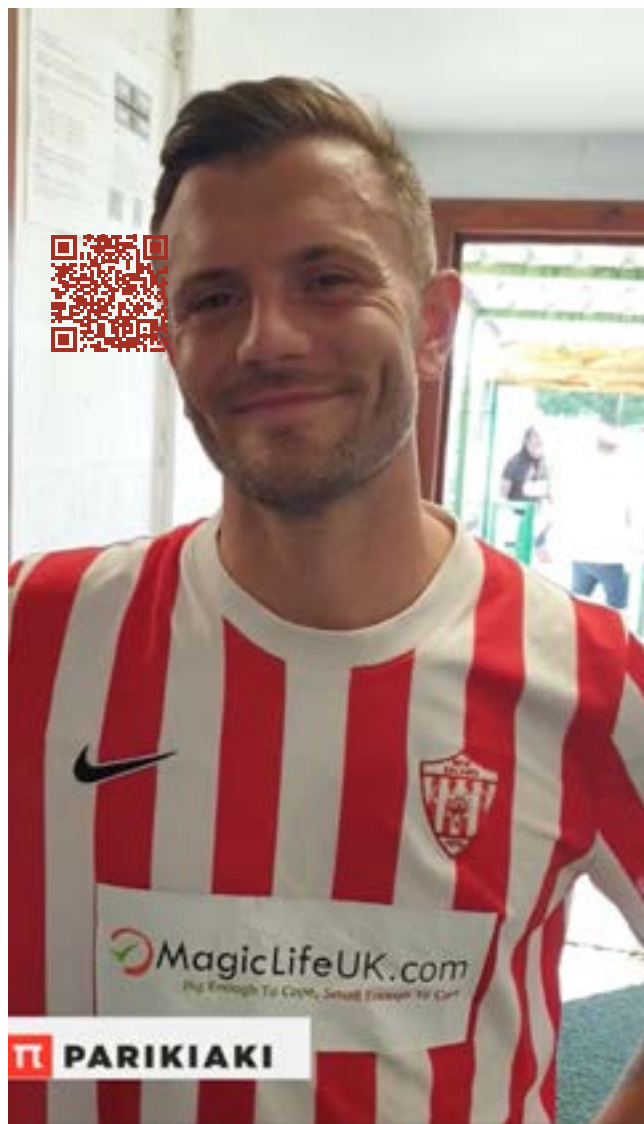
To see Jack Wilshere representing New Salamis, a club deeply rooted in London's Cypriot community, was a moment to remember. Known for his dazzling footwork and midfield mastery at Arsenal and on the international stage, Wilshere now brings his passion and presence to the grassroots level—sparking excitement not only among fans but also young players watching from the sidelines.

The game against Haringey Borough was more than just a fixture; it was a celebration of local football's power to unite and inspire. From the roar of the crowd to the proud cheers of New Salamis Youth, every moment reminded us of football's true spirit.

Magic Life Makes Its Mark

As headline sponsor, Magic Life UK stood proudly at the centre of the action—both on the kits and in the community. Their support highlights a shared vision of inclusion, teamwork, and opportunity. Whether on the field or in supported living, Magic Life continues to back people to achieve their best and live with confidence and purpose.

Jack Wilshere shines for New Salamis in community clash



**Magic Life
UK proudly
supporting sport,
community, and
inclusion across
the board.**

Heatwave Heroes

Top Tips to Stay Cool, Safe, and Hydrated This Summer

As temperatures soar across the UK this July, the Magic Life community is rising to the occasion with sunny smiles and smart strategies to stay safe in the heat. With thermometers climbing past 30°C in parts of the country and more hot days on the horizon, it's the perfect time to talk hydration, sun safety, and a sprinkle of summer fun.

Water First, Worry Later

First things first—hydration is everything when the sun's out in full force. At Magic Life, we're making it easier than ever for residents and staff to keep those water levels up. Whether it's colourful reusable bottles, lemon-and-mint infused jugs at mealtimes, or a cheeky ice lolly in the garden, there's no shortage of creative ways to stay refreshed.

Encourage everyone to sip water regularly, even if they don't feel thirsty. Try offering water-rich fruits like watermelon, oranges, or cucumber as light snacks throughout the day. And here's a tip worth its weight in ice cubes: keep drinks cool by popping frozen grapes or berries into glasses—they double as a tasty treat!

Cool Moves and Chill Zones

When the heat's on, it's all about timing and shade. Outdoor activities are best enjoyed in the early morning or early evening, when it's cooler and the UV rays are gentler. During peak heat hours (11am to 3pm), retreat to shaded spots or stay indoors with the fans on and blinds drawn.

Many Magic Life locations have been transforming lounges into "cool zones," complete with ice-cold squash, music playlists that make you feel like you're on holiday, and relaxed activities like indoor games, quizzes, and art sessions.

And of course, no sunny day would be complete without the Magic Life signature sun hats—fashionable, functional, and full of flair!

Dress for the Sun You Want

Light, loose, and lovely—that's the dress code of the season. Breathable fabrics like cotton help the body stay cool, and lighter colours reflect the heat instead of absorbing it. And let's not forget the all-important sun cream! A good layer of SPF 30 or higher, reapplied throughout the day, keeps everyone protected while enjoying the sunshine.

The Month Ahead: Weather at a Glance

July looks set to continue its hot streak, with the Met Office predicting above-average temperatures across much of the UK. Expect dry spells, plenty of sunshine, and occasional summer storms—perfect for watching from the safety of a window with a cold drink in hand.

In the southeast, temperatures could reach up to 32°C on some days, while the north and coastal areas may hover in the mid-to-high 20s. It's likely we'll see the odd thunderstorm later in the month, especially after periods of heavy heat. Keep your sunglasses handy, but maybe keep a brolly nearby too—just in case!

Sunny Days, Safe Ways

While we're all enjoying the feel-good factor of a proper British summer, it's more important than ever to look after ourselves and each other. A little planning, plenty of hydration, and a lot of laughter go a long way to making this heatwave a happy one.

Seasonal Activity Idea: Try a 'Frozen Fruit Fiesta'! Set up a DIY fruit-kebab station with chunks of melon, pineapple, grapes, and strawberries. Let everyone build their own fruity sticks, pop them in the freezer, and enjoy later as a healthy chilled snack. It's colourful, hydrating, and deliciously fun.

Magic Life Location's

Magic Life Head Office
5-11 Green Lanes, London,
N13 4TN

Bruce Grove
52 Bruce Grove, London,
N17 6RN

Burlington Lodge
21-29 Tewkesbury Road, London,
N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London,
N17 7NL

Greyhound Road
95 Greyhound Road, London,
N17 6XR

Grove Park Road
57 Grove Park Road, London,
N15 4SL

Harringay Road
171 Harringay Road, London,
N15 3HP

High Road Tottenham
672 High Road, London,
N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar,
Hertfordshire,
EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford
Green,
IG8 9NB

NorthLands
10 Northlands, Potters Bar,
Hertfordshire,
EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue,
London,
N18 2UH

Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

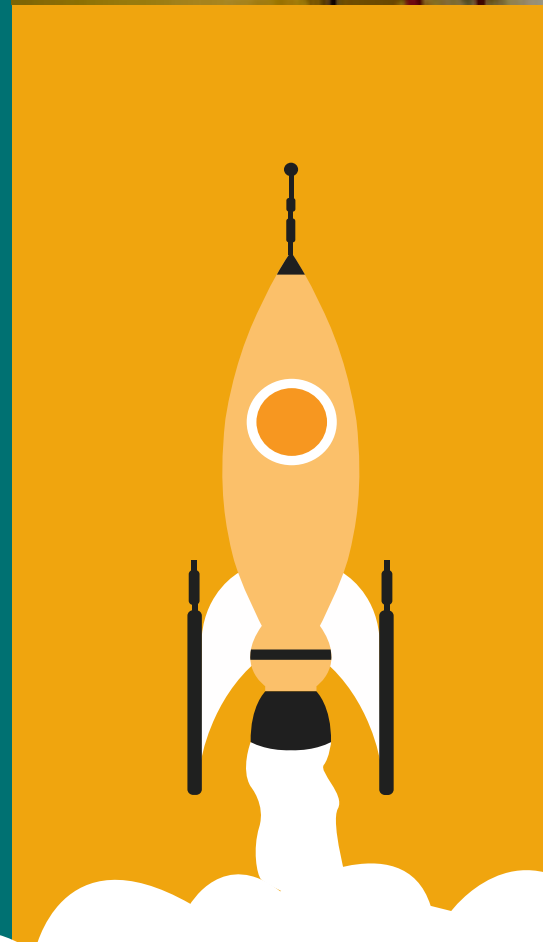
The Hamptons
403 Eagle Way, Peterborough,
PE78EG

Cherry Tree Lodge
185 London Road, Croydon
CR0 2WN, UK

The White House
138 High Street, Coopers Walk,
Cheshunt,
EN8 0AP

West Lodge
15 West Hill Road,
Luton,
LU1 3LY

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



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