

# Magic Life

Powering Positivity

Quick Tips To Be A  
Energy Hero

Sunflower Challenge

Winner Of Easter Egg  
Challenge

And Much More



# Powering Positivity: How Small Changes at Work Can Make a Big Difference

## Saving Energy, Supporting the Planet – Together We Shine Brighter

In a world where every flick of a switch and hum of a heater makes a difference, our community at Magic Life UK is proudly stepping up to champion a greener, cleaner future. Being eco-friendly at work isn't just a buzzword – it's a way for each of us, residents and staff alike, to show our love for the planet, while also being savvy about our energy costs. And, let's be honest, who doesn't like the idea of saving a bit of money too?

Across our homes and offices, energy powers the moments that matter – from brewing that essential morning cuppa to lighting up our cosy shared spaces. But every bit of electricity and heating we use comes from resources that impact the environment. Traditional energy production often releases carbon dioxide, which warms our planet, leading to changes that affect wildlife, weather, and even the air we breathe. The good news? Every simple action we take can help turn things around.

### Lighting the Way – Thoughtfully

A little mindfulness goes a long way. Switching off lights when we leave a room might sound like something your nan used to nag about – but she was right! Lights left burning in empty rooms don't just waste energy, they also add unnecessary pounds to our bills. Embracing natural daylight wherever possible and switching to energy-saving LED bulbs is a bright idea (pun absolutely intended).

## Heating with Heart

When it comes to staying warm, we can be smart without sacrificing comfort. Lowering the thermostat just by one degree can make a noticeable difference to both the environment and the energy bill. Layering up with cosy jumpers, using draft excluders, and shutting doors behind us helps to keep warmth where it's needed most.

## Plugging into Smart Habits

Electrical devices are a bigger part of our lives than ever. Computers, kettles, TVs– they're all brilliant, but when left on standby, they sneakily sip energy like it's happy hour. Switching off devices fully when they're not in use is a tiny task with a mighty impact. Even unplugging chargers when they're not needed can give the planet a little breather.

# ENERGY SAVING TO SAVING



## BE AN ENERGY HERO AT MAGIC LIFE



HERE ARE 10 SIMPLE YET POWERFUL WAYS  
EVERYONE AT MAGIC LIFE CAN PITCH IN

- TURN OFF LIGHTS WHEN LEAVING A ROOM – EVERY SWITCH MATTERS.
- OPEN BLINDS AND MAKE THE MOST OF NATURAL DAYLIGHT.
- USE ENERGY-EFFICIENT LED BULBS ACROSS ALL SPACES.
- SET THE THERMOSTAT A DEGREE LOWER – STAY WARM, NOT WASTEFUL.
- CLOSE WINDOWS AND DOORS TO KEEP WARM AIR INSIDE.
- SWITCH OFF COMPUTERS, TVS, AND DEVICES COMPLETELY AFTER USE.
- UNPLUG CHARGERS AND DEVICES WHEN THEY'RE NOT ACTIVELY CHARGING.
- ONLY BOIL THE AMOUNT OF WATER YOU NEED FOR TEA OR COFFEE.
- REPORT DRIPPING TAPS OR LEAKS PROMPTLY TO PREVENT ENERGY WASTE.
- ARRANGE FOR REGULAR CHECKS ON HEATING SYSTEMS TO ENSURE EFFICIENCY.

## ENERGY SAVING TIPS POSTER

ON ITS WAY TO YOU

# Quick Tips to Be an Energy Hero at Magic Life

Here are 10 simple yet  
powerful ways everyone at  
Magic Life can pitch in:

- Turn off lights when leaving a room – every switch matters.
- Open blinds and make the most of natural daylight.
- Use energy-efficient LED bulbs across all spaces.
- Set the thermostat a degree lower – stay warm, not wasteful.
- Close windows and doors to keep warm air inside.
- Switch off computers, TVs, and devices completely after use.
- Unplug chargers and devices when they're not actively charging.
- Only boil the amount of water you need for tea or coffee.
- Report dripping taps or leaks promptly to prevent energy waste.
- Arrange for regular checks on heating systems to ensure efficiency.

It's about being kind – to each other, to our budgets, and to the beautiful world we call home. Every little light switched off, every device unplugged, and every smart heating choice adds up to something much bigger. Together, we're not just saving energy; we're energising a movement for change.

**AUTHOR:** JOE BERNARDES

# AVING TIPS THE PLANET





## Sunflower Challenge

**T**his June, we're inviting all Magic Life residents to join our Summer Solstice Challenge! With the help of your support team, your mission is to create a sunflower out of cardboard—and paint it in your own colourful, creative style.

You can go bright and bold, soft and sunny, or even add glitter, buttons or collage! Display your masterpiece in your room, garden, or shared spaces to spread a little sunshine around your home.

- Get Creative
- Show Your Style
- Celebrate Summer Together

Don't forget to snap a photo of your sunflower and send it to us for a chance to be featured in the next issue of Magic Life Magazine! As the Winner

Let's make this summer bloom with colour and creativity!

### Sunflower Craft Kit List

- Cardboard (old boxes or cereal cartons work great)
- Scissors or safety cutters
- Pencil & eraser (for sketching the sunflower shape)
- Paints – yellow, brown, green, and any extras for flair!
- Paintbrushes or sponges
- Glue or glue sticks
- Optional extras: glitter, buttons, pom-poms, tissue paper, string, or sequins
- Protective table covering (newspaper or plastic cloth)
- Aprons or old shirts (to keep clothes clean)
- Camera or phone (to take a photo of the finished sunflower!)





# Springtime, Smiles, and Solidarity at Chapel Row

Celebrating Easter, New Beginnings, and Autism Awareness Month with Heart and Joy

**AUTHOR:** JOAN DELLISTON

**PHOTOGRAPHER:** CHAPEL ROW STAFF



April at Chapel Row has truly been a season of celebration, creativity, and community spirit! As spring breathed new life into the world around us, our residents and staff embraced the vibrant energy with activities

that not only brought colour to our days but also strengthened the bonds that make Chapel Row so special.

As the daffodils and tulips burst into bloom, so too did our creativity. Indigo, one of our cherished residents, took up the Easter challenge with enthusiasm, crafting a beautiful display of hand-painted Easter eggs. Arts and crafts may not be Indigo's usual stomping ground, but with determination (and perhaps a sprinkle of springtime magic), she created a vibrant display that became a proud centrepiece at Chapel Row. Her efforts were so inspiring that they were entered into the Magic Life Easter Display Competition—proof that sometimes, stepping out of our comfort zones leads to the brightest achievements!

April also marked Autism Awareness Month, and Indigo once again led the way with a heartwarming

initiative. Choosing to organise a fundraising walk, she, along with the ever-supportive Chapel Row staff, embarked on a 5km trek to the local park on the 18th of April. Dressed in matching fundraising T-shirts generously provided by Magic Life, the team caught the attention and curiosity of local residents. Leaflets were shared, conversations were sparked, and donations trickled in, proving that when community and compassion walk hand in hand, wonderful things happen.

A heartfelt thank you goes out to everyone who supported the fundraiser—your kindness has made a meaningful difference. And of course, kudos to Indigo and the Chapel Row team for showing that when we lift each other up, no goal is too far to reach.

As we step into May, we carry the spirit of this incredible month forward, ready to keep blooming, laughing, and achieving together.







## The Beat of Belonging: Bubble Club Brings the Party to Everyone

**E**ast London's inclusive nightclub experience is lighting up the city — with music, creativity, and community at its core.

Since 2005, Bubble Club has been flipping the script on nightlife in East London — proving that the best parties are the ones where everyone's invited. This pioneering non-profit arts programme has carved out a unique space in the capital's cultural landscape, bringing together learning disabled and non-disabled communities for an unforgettable clubbing experience like no other.

But this isn't just about throwing a great party (though they certainly do that in style). At its heart, Bubble Club is a celebration of creativity, collaboration, and confidence. The team curates high-quality, accessible events at top venues around the city — think glittering lights, live DJs, and the kind of electric atmosphere that makes you feel like you're part of something truly special.

From open mic magic to immersive sensory spaces, there's something to delight every guest. Whether

you're up on the dance floor busting moves, behind the decks spinning tracks, or soaking in the creativity from a chill-out corner, the vibe is joyful, inclusive and unapologetically fun. No barriers, no assumptions — just pure connection through music and movement.

Bubble Club also champions learning disabled artists and DJs through its development programmes, helping participants gain experience, grow their skills, and shine in the spotlight. Whether it's learning to mix a killer set or planning event themes, the focus is on building creative confidence in an environment where everyone is encouraged to have a go.

As we like to say — it's not just a club night, it's a culture. One that celebrates difference, amplifies talent, and proves that when you mix music with community, magic really happens.

So next time you hear that bass drop in East London, don't be surprised if it's coming from a Bubble Club event — the most inclusive party in town where every beat tells a story, and everyone belongs on the guest list.

# The Sound of Music Returns to BG

A celebration of creativity, connection, and community spirit



**AUTHOR:** EMEM EKANEM

**PHOTOGRAPHER:** ERLINDA EMERY

There's a certain magic that fills the air when music returns to a place—and at BG, that magic recently made a joyful comeback. Music, after all, has long been the heartbeat of human civilisation, weaving its way into our emotions, cultures, and communities. It's not just about melodies and rhythms; it's about connection, resilience, and self-expression—and no one embodies this more vividly than RB, one of BG's remarkable service users.

Recent studies have shown just how powerful music can be for our emotional well-being and social identities, lifting spirits, easing stress, and even helping people reconnect with themselves and each other. At BG, this transformative power was on full display as RB rediscovered his love for music.

A gifted songwriter and guitarist, RB had once filled BG with his original tunes and heartfelt performances. After a period of silence, during which the music seemed to fade, a wonderful moment arrived: RB

picked up his guitar once more and sang one of his own songs. It was a surreal and moving sight—not only for RB but for everyone who witnessed it.

As his fingers danced across the strings and his voice filled the room, something extraordinary happened. Other service users spontaneously joined in, their voices harmonising in a shared celebration of music and togetherness. BG wasn't just echoing with music again; it was alive with it.

RB later shared that it felt "gratifying to once again hold a guitar and sing," describing the experience as both pleasing and exhilarating. His passion reawakened, RB's performance reignited a spark across BG, reminding everyone of the deep joy that creativity can bring.

And so, the music plays on at BG, carrying with it a renewed sense of hope, community, and inspiration. Long may the strings continue to sing!



**MagicLife** 95 Greyhound Road

# Awaken Your April: Fresh Starts and Bold Moves

## Springtime sunshine, cheeky card games, and a victorious step forward

April at Greyhound Road has been nothing short of inspiring—a month filled with personal milestones, warm breezes, and the kind of laughter that carries through open windows. At the heart of it all is one very determined resident whose commitment to change has bloomed brighter than the spring flowers.

### Eight Months Strong: A Personal Triumph

There's something undeniably special about celebrating a new season and a new sense of self. This month marked eight months of sobriety for one of Greyhound Road's residents, affectionately known here as FOS. What began as a courageous decision to step away from alcohol has blossomed into a journey of clarity, confidence, and connection. With unwavering support from her Keyworkers, FOS has embraced grounding techniques and developed her own toolkit for resilience—proof that growth doesn't always happen in grand gestures, but in the daily choice to try.

To mark the milestone, FOS hit a hole-in-one celebration with her Keyworkers at the O2's Crazy Golf. Swing by swing, they shared smiles and a cheeky bit of competitive spirit. Who says you need a cocktail to have a cracking day out?

### Parkside Vibes & Sandwich Supplies

As the days stretch out and the sun begins to linger, the team has made the most of every golden hour with trips to the local park. Picnics featuring homemade sandwiches and locally sourced treats became the perfect recipe for calm afternoons. And let's not forget the unexpected twist—what started as a peaceful park visit quickly evolved into a full-blown card tournament!

Whether it's Go Fish, Rummy, or an improvised game of "make it up as we go," FOS and the staff have found common ground in the joy of card games. There was even a high-stakes match for a prized box of chocolates (spoiler alert: FOS walked away with the win, and possibly a new title—Queen of Cards!).

### Easter Elegance: A Feast of Togetherness

April also brought with it the gentle joy of Easter—a time of rebirth, reflection, and of course, a hearty meal shared among friends. At Greyhound Road, Easter wasn't just about eggs and bunnies; it was about meaningful connection. With a table full of seasonal favourites and laughter in abundance, FOS and the team gathered to savour the moment. These are the kinds of celebrations that stay with you—simple, sincere, and full of light.

### A Shout-Out to Istar

No celebration would be complete without acknowledging those who make the magic happen behind the scenes. This month, Istar has gone above and beyond, with her efforts being recognised and passed on to management. Her dedication continues to uplift everyone around her—thank you, Istar!







AUTHOR: YVONNE SPILLANE  
PHOTOGRAPHER: ISTAR, HODAN AND FRANK'S



# A Blooming April: Community, Celebration, and Connection at Magic Life

Sweet treats, shared laughter, and meaningful moments made this a month to remember.

**A**pril at Magic Life bloomed with colour, compassion, and community spirit. From chocolate eggs to thoughtful conversations, every activity was a celebration of togetherness and understanding.

## A Cracking Easter Celebration

The long Easter bank holiday saw our home transform into a festive haven of joy and indulgence. Residents gathered in high spirits, tucking into slices of cake, sharing chocolate eggs, and even enjoying a cheeky pizza or two. The decorations, lovingly prepared, brought the season to life with vibrant spring touches and a warmth that made everyone feel right at home.

More than just an excuse for chocolate (though who's complaining?), Easter was a time for connection—residents laughing over shared memories, staff joining in the fun, and a comforting sense of community wrapping around us like a cosy blanket. It's moments



like these that remind us what makes Magic Life so special.

## Autism Awareness Month: From Awareness to Acceptance

April also marked Autism Awareness Month, and the Magic Life community embraced it with the empathy and openness that define our values. A dedicated display opened the door to important conversations, helping residents better understand autism and appreciate the experiences of peers on the spectrum.

For many, this was an enlightening moment—learning that some of their friends live with autism led to heartfelt discussions and a deepened sense of connection. This wasn't just about awareness—it was about acceptance, and turning knowledge into kindness.

**AUTHOR:** HARRINGAY ROAD

**PHOTOGRAPHER:** HARRINGAY ROAD





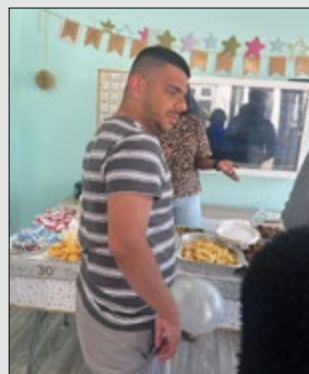
# Hale End in Full Bloom: April Celebrations Filled with Joy, Family and Festivity

An uplifting look at the colourful moments that brought Hale End together this April

**A**pril at Hale End was nothing short of magical. The month unfolded with a trio of lively gatherings that brought residents, families, and staff together in celebration, community, and heartfelt connection. With music in the air and tables brimming with treats, the spirit of belonging was the true guest of honour.

The month kicked off on the 1st of April with a vibrant Eid Mubarak celebration. From early preparations of food and dazzling decorations to the joyful sound of music drifting through the lodge, it was clear this was a day to remember. Staff communicated the festivities to residents in various inclusive ways, ensuring everyone felt part of the day's excitement. As the clock struck noon, the atmosphere burst to life with colourful balloons, cheerful chatter, and a spectacular spread of dishes—halal meats, rice dishes, cupcakes, and more. A dancing competition, football match, tennis game, and plenty of laughter tied it all together. The presence of AA's family, who joined the celebration, added an extra layer of warmth, with joy radiating well into the evening as the night staff joined in the fun.

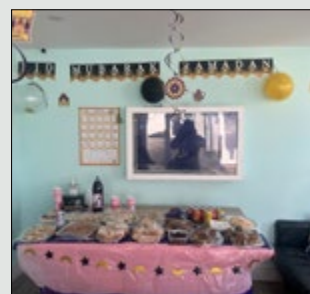
Mid-month, on the 16th, AA's nephew brought a surprise dose of cheer by choosing to celebrate his birthday at Hale End. It wasn't just a party—it was a family affair. Traditional dishes like naan, kofte, and chicken were lovingly prepared with help from both family and staff, who turned the kitchen into a hub of



festive spirit. The lodge echoed with birthday tunes, and CH's heartfelt rendition of "Happy Birthday" made the day all the more memorable. As the celebration wrapped up, the smiles and stories lingered long into the evening, spreading a warm buzz of joy.

The final flourish came on the 18th with a Good Friday celebration that championed unity and diversity. The event saw a beautiful blend of Easter music, group efforts in decorating, and more delicious food shared around a colourful party table. Residents danced, sang, played games, and joined in with enthusiastic spirit, reaffirming the importance of coming together in celebration. As always, the positive energy was shared with the night staff, ensuring that the joy of the day carried on well after the last song played.

April's activities were more than just events—they were a celebration of unity, tradition, and the vibrant tapestry of the Hale End community.



**AUTHOR:** DIANA

**PHOTOGRAPHER:** HALE END STAFF



**MagicLife** Devonshire Lodge

# Clear Skies Over Tottenham

## Devonshire Lodge's April Achievements Shine Brighter Than the Sun



**AUTHOR:** MATT TOPPIN

**PHOTOGRAPHER:** DEVONSHIRE STAFF



April 2025 brought more than just sunshine to Devonshire Lodge—it ushered in a wave of positivity, progress, and heartfelt farewells. As the clouds lifted, so too did the spirits of residents and staff alike, making it a month to remember in Tottenham.

Who needs “April showers” when you’ve got golden days of growth and laughter? This past month, the team at Devonshire Lodge took full advantage of the brighter weather, heading out into the community and capturing joyful moments on video for personalised support plans. These visual records not only serve a practical purpose, but also celebrate each resident’s journey, adding a vibrant layer to their care and connection.

There’s a noticeable spring in everyone’s step—quite literally—with residents displaying greater independence in daily living activities. Whether it’s preparing meals, taking charge of housekeeping tasks, or managing their personal care routines, the blossoming confidence is a testament to the unwavering encouragement of the Devonshire staff.

Speaking of staff, morale remains sky-high. Continued training in person-centred care and positive behaviour support has fortified the team’s commitment to delivering top-quality service. This shared learning journey is clearly paying off, creating an atmosphere of collaboration and care that radiates through the entire home.

Of course, no month is without its bittersweet moments. This April, the team bid a fond farewell to the ever-inspiring Kufre Okon, who is stepping into a new leadership role at Hale End. His impact at Devonshire Lodge has been immense, and while his absence will be felt, his legacy of kindness and dedication continues to inspire those he leaves behind. We’re cheering you on, Kufre—go shine bright in your next chapter!

Looking ahead to May, plans are afoot for a community celebration to honour residents’ accomplishments and build even stronger ties with our local neighbours. It’s all about connection, celebration, and ensuring support plans remain as dynamic and personalised as the individuals they represent.

### Special Mentions

Michael Tachie, Stella Adeyemi, Bartholomew Nebo, and Aisha Musse — your contributions continue to light up Devonshire Lodge. Thank you for being the heartbeat of our service.



**MagicLife** Manor Lodge

# April Adventures at Manor Place

## Small Steps, Big Smiles: A Month of Everyday Wins

**A**pril has been a month of warmth, fresh air, and steady steps forward at Manor Place — a gentle reminder that joy often blooms in the little moments.

### Easter Togetherness

While there wasn't a formal Easter service this year, the spirit of the season was alive and well. The home was filled with peace and connection, as residents shared quiet, meaningful moments. There's something quite special about celebrating together in familiar surroundings, without the rush — just good company and a shared sense of calm.

### Stepping Out & Staying Active

SH has truly been out and about! From the electric atmosphere at a Watford FC home match to enjoying a full week's visit with his mum, he's been embracing every chance to connect and explore. His regular trips to the local shopping centre have added a spark of spontaneity — whether for browsing or a cheeky purchase, it's been a brilliant way to stay social and active.

JO, meanwhile, has been all about that fresh air freedom. His treat days have featured long, scenic bus journeys and nature-filled outings. Whether it's the quiet of a countryside walk or just sitting

outdoors soaking in spring's charm, JO has been making the most of what he loves.

### Consistency is Key

Shout-out to LF for his brilliant commitment to appointments this month — a sign of growing confidence and taking positive ownership of his routine. It's the kind of progress that speaks volumes, quietly but powerfully.

### Finding Joy in the Everyday

Sometimes, progress isn't about grand gestures but the gentle rhythm of a good routine — a walk here, a football match there, shared stories, and consistent steps forward. That's exactly what made April shine at Manor Place: a month of small wins, happy hearts, and meaningful connection.

Here's to more outdoor adventures, football chants, and the simple pleasures that make each day brighter!



**AUTHOR:** MANOR LODGE

**PHOTOGRAPHER:** MANOR LODGE



# April Adventures in Full Bloom

## Celebrating a month of creativity, courage, and connection at Magic Life UK

**A**pril arrived with sunshine and smiles at Magic Life UK, and our residents embraced it with open arms and adventurous spirits! From thrilling outings to quiet moments of creativity, the month was a delightful blend of excitement, discovery, and good old-fashioned fun.

LVM truly made the most of the spring vibes, kicking off her month with a thrilling visit to Thorpe Park. She soared through the rides with the wind in her hair and a big smile on her face, and had even more fun getting competitive in the games section. Not one to keep the adventures to herself, she teamed up with CB for a day of animal magic. The two shared a wonderful time exploring a safari-style park, where they were especially charmed by some very cheeky monkeys. Later, LVM enjoyed a peaceful park visit with BH, where they fed ducks in the sunshine—a lovely, calm contrast to her earlier escapades.

BH had a deliciously productive April, mixing batter and joy in equal measure. From cupcakes to pancakes, her baking skills took centre stage—and we're told those pancakes were a real treat! She also made the most of the warming weather, joining LVM for relaxing park strolls and a

cheeky ice cream (because what's spring without a scoop or two?).

Meanwhile, CB dove into the fun—literally—with some revitalising swimming sessions. Her creativity also sparkled in the kitchen as she baked her way to cupcake success. A highlight of her month was a wild adventure at the safari park, where she was thrilled by the sights and sounds of exotic animals. Of course, she didn't forget to enjoy the simpler pleasures too, like feeding ducks at the local park and soaking up the spring sunshine.

And let's not forget JC, who made a colourful splash this month—both figuratively and literally! Stepping out of her comfort zone, she joined in on painting activities and created a vibrant collection of artworks. Some of her paintings are even set to be displayed—a testament to her growing confidence and artistic flair. Painting alongside the Greyhound added a social spark to her creative journey, and we can't wait to see what she paints next.

April at Magic Life was a celebration of connection, courage, and creativity. As the days grow longer and brighter, we look forward to even more heartwarming stories and shared smiles.

**AUTHOR:** LYNN SHILLINE,  
**PHOTOGRAPHER:** NORTHLANDS STAFF





# Headbanging, Heartwarming, and Handmade Treats: A Month to Remember at Parkside

Celebrations, creativity, and community spirit take centre stage this April

**A**t Parkside, April was anything but ordinary. From a birthday bash fit for a rock legend to heartfelt acts of generosity, the month was a lively blend of joy, reflection, and connection. As the buds bloomed outside, something even more beautiful was growing within our community — a renewed sense of togetherness.

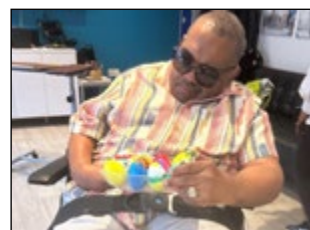
The month kicked off with a thunderous celebration for Derek, one of our long-standing residents and self-proclaimed heavy metal aficionado. He'd been counting down the days, and when the big one arrived, Parkside transformed into a haven of headbanging and happiness. With Metallica blasting from the speakers, a banquet of pork roast, roasties, and pigs in blankets was served up with flair. The cherry on top? An air guitar contest that had everyone — staff and residents alike — shredding imaginary solos like seasoned rock stars. As voices joined in a boisterous rendition of "Happy Birthday," Derek's grin could've lit up a stadium.

Easter brought its own palette of celebration. Residents rolled up their sleeves to paint miniature Easter eggs, each one a unique burst of colour and creativity.

A group attended a local church service to mark the occasion, returning home to a festive meal from the neighbourhood Turkish shop. With lamb chops, roast chicken, couscous, kofte, and plenty of fresh bread,



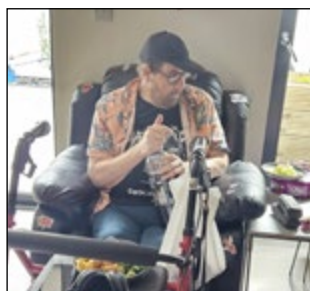
AUTHOR: MARGARET OCRAN  
PHOTOGRAPHER: LYDIA BOAKYE



the table was groaning with goodies — and so were a few bellies afterwards!

In honour of Autism Awareness Month, Parkside turned its attention outward, spreading kindness and raising awareness. Residents, with staff support, baked cupcakes and made sandwiches, then designed their own T-shirts to mark the occasion in style. Errol and Pauline took the lead in delivering these treats to Lucas House, where they were met with gratitude and smiles. The generosity didn't stop there — the team also visited a local park to share food with people experiencing homelessness, adding warmth and compassion to the crisp spring weekend.

Parkside's April was more than a month of moments — it was a celebration of individuality, community, and the small acts that make a big difference. And as the days grow longer and the sun a little warmer, we look forward to more opportunities to come together in joy.





# A Blooming April at Park Lodge

## New beginnings, vibrant voices, and a spring in every step

**A**pril at Park Lodge arrived with open arms and blossom-filled breezes, ushering in a month brimming with creativity, community spirit, and a touch of theatrical flair. As spring settled in, so too did a renewed sense of energy across our home—an April to remember, indeed!

From the moment the first daffodils nodded their golden heads outside, Park Lodge residents were already busy bringing the season to life indoors. Craft sessions bloomed into vibrant Easter decorations, with bunnies, bonnets, and baskets taking centre stage in our lounge displays. It wasn't just about the artistry—it was about the laughter and stories shared over glue sticks and glitter.

And speaking of stories, what a delight it was to see our Park Lodge Players take to the floor for an impromptu storytelling afternoon! Residents took turns recounting tales from years past, often with a cheeky twist or a surprise ending. Let's just say some of the staff will never look at a garden gnome the same way again...

April also brought new musical moments, as we welcomed a local ukulele group for a toe-tapping afternoon of tunes. The sound of "You Are My Sunshine" echoed through the halls and, truth be told, the sunshine might've been indoors that day.

We were also thrilled to welcome new team members who've quickly become part of the fabric of Park Lodge life—kind-hearted, energetic, and always ready with a smile (and a biscuit, when needed!).

As always, our April highlights wouldn't be complete without acknowledging the quiet contributions—the daily kindnesses, shared cups of tea, and team spirit that keep Park Lodge feeling like home.

### SPECIAL MENTIONS:

To Jean and Barry for their Easter centrepiece that was nothing short of a floral masterpiece—Alan Titchmarsh, eat your heart out! And to the night staff who organised a surprise midnight hot chocolate party—pure magic!

**AUTHOR:** PARK LODGE

**PHOTOGRAPHER:** PARK LODGE









# April Adventures at the White House

From London thrills to egg hunts and musical moments, April brought smiles and surprises to everyone at the White House.

As the spring sun warmed our days, April bloomed with joy and creativity at the White House, with each resident adding their own spark to the month's colourful tapestry of activities.

SD started the month on a high note—literally!

A playful session with our ever-cheerful pup Simba had tails wagging and laughter echoing through the halls. Not content with just one form of expression, SD then took to the keyboard, creating melodies that filled the space with warmth and imagination. It was a moment of pure artistic delight—ears and hearts both equally pleased!

Meanwhile, BL, IM, and LW joined forces for a classic Easter egg hunt. With chocolate on the mind and adventure in their steps, the trio had a cracking good time! The fun didn't stop at the hunt—treats and drinks flowed freely, with plenty of giggles and good cheer to go around.

HJ's month was nothing short of magical. She kicked things off with a heartfelt and beautifully orchestrated proposal to her boyfriend, transforming her space into a scene worthy of a rom-com finale. But the surprises didn't stop there!

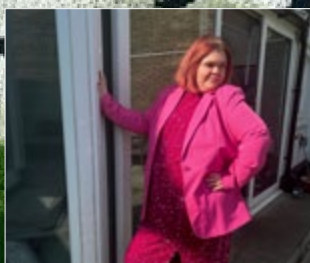
HJ

also ticked off a major bucket list item with her first trip to London. Alongside her supportive staff, she took in the sights, rode the iconic London Eye, and immersed herself in the whimsical world of Shrek's Adventure. Her energy and enthusiasm brought even more magic to the day, showing us all the joy of embracing new experiences with open arms.

As April fades into memory, we carry forward its joy, connection, and creativity—reminded that every day offers something to celebrate.

**AUTHOR:** MARY

**PHOTOGRAPHER:** THE WHITE HOUSE





# Bunny Brushes and Brilliant Breakfasts

Grove Park Road Celebrates Easter with Colour, Creativity, and Community



April brought a burst of joy to Grove Park Road as the team pulled out all the stops for a truly egg-cellent Easter celebration. Residents and staff came together for a heart-warming morning of shared moments, creativity, and more than a few splashes of paint!

The festivities began with a leisurely Easter breakfast—a delightful spread that gave everyone the chance to enjoy a warm drink, tuck into tasty treats, and catch up in a relaxed, cheerful setting. Conversations flowed as easily as the tea, setting a lovely tone for the creative morning ahead.

Next came the main event: Easter egg painting! With brushes in hand and imaginations ready, each resident received their very own egg and a treasure trove of paints, glitter, stickers, and more. From pastel-perfect designs to wild, whirling patterns of colour, the room soon filled

with laughter, artistic flair, and a few cheeky competitive streaks.

Some took their time, planning each stroke with care and precision, while others dove straight in, letting their creativity run wild. No two eggs were the same—and that was exactly the point. It was a joyful, judgement-free space where everyone could express themselves in their own unique way.

More than just a craft session, the activity offered residents a chance to connect, build confidence, and be celebrated for their individuality. The day was as much about togetherness as it was about creativity—proving once again that when we make space for joy, everyone shines a little brighter.

Hats off to the fantastic team for making the day special, and a special shout-out to EL and ST for their contributions behind the scenes!



# Spring Festivities in Full Bloom: A Joyful April at Winns Mews

## Celebrating Eid, Easter, and Everyday Moments of Connection

**A**pril was a month brimming with celebration, creativity, and camaraderie at Winns Mews, as the community came together for two vibrant springtime events: a spirited Eid gathering and a colourful Easter Egg Painting Challenge.

At the heart of the month's festivities was a beautifully inclusive Eid celebration, part of the much-loved Boys Club initiative. Staff and residents from 2, 4, and 7 Winns Mews gathered under one joyful roof, transforming the space into a hub of laughter, friendly competition, and delicious food. A highlight of the event was the FIFA game sessions, where residents and staff teamed up in lively matches full of cheers and light-hearted rivalry. You might say the real winner

**AUTHOR:** ISAAC ASSAN

**PHOTOGRAPHER:** OLUWAPELUMI, SYLVIA

was teamwork (though some may still be eyeing that rematch!).

After the excitement of the games, everyone came together to enjoy a hearty dinner. Laughter mingled with the aroma of delicious dishes, as meaningful conversations unfolded and friendships deepened. It was a touching reminder of how food—and a little bit of footie—can bring people from all walks of life closer together.

Adding another splash of seasonal spirit, the Easter Egg Painting Challenge brought out everyone's inner artist. Residents like AA and PKP, along with staff members, turned blank eggs into bold, beautiful creations. From polka-dots to paisleys, each design told a story, and the atmosphere buzzed with creative energy. The finished eggs not only impressed but also added a cheerful touch of spring throughout the home.

Of course, the month wasn't only about big events. AA found his voice (and rhythm!) during a singalong session at Winkfield, joining in with well-loved songs and soaking up the lively atmosphere. PKP found meaningful connection through shared language and culture, cooking traditional dishes and chatting about films with staff member Amanjot. Meanwhile, AM continued to shine as a generous host and gifted cook, whipping up nutritious meals that warmed both stomachs and hearts.

April at Winns Mews was a celebration of culture, creativity, and companionship. Here's to many more months of shared joy, new discoveries, and community spirit.





**MagicLife** Winns Mews 7

# Rising Stars of 7 Winns Mews: A Month of Passion, Punchlines, and Personal Triumphs

April at 7 Winns Mews shines with stand-up comedy success, culinary flair, and community spirit on full display.



April brought more than just blooming daffodils to 7 Winns Mews—it marked a remarkable chapter in a shared journey of creativity, confidence, and independence. The residents didn't just welcome spring; they sprinted into it, armed with ambition and a fair bit of flair!

In a burst of Easter creativity, the household transformed into a vibrant studio of egg-artistry. Each resident brought their own vision to life, painting eggs with vivid themes like sun, sea, and symbols of global culture. One standout piece even featured a hand-painted flag—a cheeky nod to the world of flavours emerging from their kitchen adventures. It's safe to say, there's no shortage of imagination (or appetite) at Seven Winns Mews

MY, a culinary trailblazer in his own right, is cooking up a future as exciting as his globally inspired dishes. Alongside refining his CV in search of volunteer roles, he's been serving up delicious meals for staff and fellow residents, adding a touch of gourmet to daily life. His thoughtful approach to food not only nourishes but unites, offering a tasty reminder of the power of sharing.

Meanwhile, RD has been lighting up stages with laughter and leaving audiences in stitches. Their passion for comedy led them to the Bath Comedy Festival, where they clinched the runner-up spot in a tightly contested competition. A true comedic force, RD is not only chasing dreams but reshaping the punchline of what's possible—one giggle at a time.

And let's not forget KM, whose eyes are firmly on the prize. With boxing gloves in one hand and a savings plan in the other, KM is steadily jabbing towards his fitness goals. Whether he's mingling with mates at Winns News or preparing for his next session, KM's energy and focus are nothing short of knockout.

This month's recap proves that independence isn't just about doing things alone—it's about discovering what makes you thrive, sharing that joy with others, and having a few laughs along the way. And if it involves a few Easter eggs and a boxing glove or two? All the better.

**AUTHOR:** TARIKA DUVERNEY



# Celebrating Cultures and Creativity: April at Winns Mews

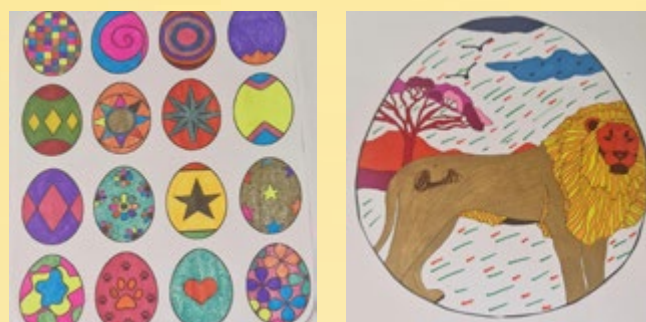
From Eid traditions to Easter egg flags, this month was a joyful blend of learning, laughter, and togetherness.

**A**pril blossomed with colour, culture, and community spirit at 3 & 6 Winns Mews, where residents and staff came together to honour the beauty of diversity and the power of shared experiences. With a calendar full of festivities, thoughtful reflections, and creative flair, the month was a vibrant reminder of how much we can learn from one another.

The highlight of the month was undoubtedly our Eid celebration, where we delved into the meaning and traditions of this significant Islamic festival. Eid al-Fitr, the festival of breaking the fast, marks the end of Ramadan—a month of deep spiritual reflection and daily fasting observed by many Muslims. The dedication of staff members who fasted during this period did not go unnoticed, and their commitment inspired heartfelt conversations about faith, resilience, and respect.

Of course, no celebration at Winns Mews would be complete without some hands-on creativity—and this is where the ever-talented Fahmida Baby truly shone. Not only did she share her cultural heritage with grace and generosity, but she also brought the art of henna to life. Her intricate designs were as mesmerising to watch as they were to wear, and even Leslyn Philips couldn't resist joining in the fun. It was a beautiful moment of shared learning, with residents and staff alike appreciating the artistic and cultural significance of the tradition.

To top it all off, Fahmida also treated everyone to a culinary delight—Chicken Pilau Rice and other traditional dishes that were savoured by all. Her



cooking brought a taste of home and a warm sense of connection across the community.

Meanwhile, over at 3 Winns Mews, Easter took a global twist with the Easter Design Challenge. Residents got crafty with eggs, transforming them into miniature flags representing their heritage. From Jamaica to Nigeria, the designs were a kaleidoscope of pride and imagination. Not only did it spark friendly competition, but it also opened the door to conversations about different cultures, countries, and family histories.

Through it all, what stood out most was the spirit of curiosity, kindness, and community that defined every activity. This April, we didn't just celebrate holidays—we celebrated each other.



***“Cultures should be appreciated  
and respected—bringing teaching  
for everyone.”***



**AUTHOR:** CHERYL AND LESLYN  
**PHOTOGRAPHER:** LESLYN



# Out and About at 672 High Road

Life Skills, Laughter, and Lovely Spring Days



**AUTHOR:** SEGUN STEPHEN  
**PHOTOGRAPHER:** 672 STAFF

This April, the spirit of community and independence was truly alive at 672 High Road, where residents and staff embraced the joys of everyday achievements and seasonal sunshine. From spotless flats to riverside strolls, it's clear that life at 672 is blossoming beautifully.

Danny has certainly taken spring cleaning to a whole new level! With his set routine of laundry days, washing up, and bed-making, his flat is a model of neatness and pride. But it's not just indoors where Danny shines—he's also been out in the community, enjoying energising walks in the local park. His consistency and independence are inspiring to everyone around him.

Meanwhile, Chris has been turning up the heat in the kitchen! With support from staff, he's been chopping vegetables like a pro and tackling the post-meal washing up without hesitation. His flair for domestic skills continues with floor cleaning sessions that would impress any professional. Outside, Chris

comes to life—swinging joyfully at the park, strolling along the riverside, and working out in the outdoor gym. There's no doubt that his enthusiasm is as infectious as a spring breeze.

At the heart of it all is the wonderful support system provided by the team at 672. This month, a special shoutout goes to Christine Ighomuaye, who received high praise from staff at North Middlesex Hospital. Her calm, capable approach and her work with SSS helped maintain a peaceful atmosphere during a potentially challenging time. It's teamwork like this that keeps everything running smoothly and spirits high.

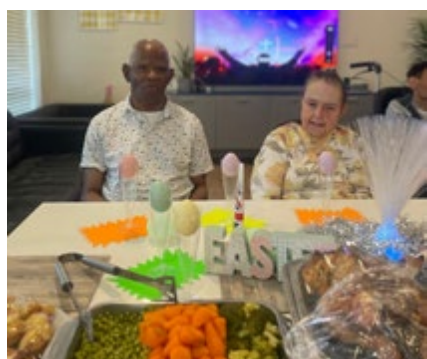
As the days grow longer and brighter, so too does the list of accomplishments from the amazing individuals at 672 High Road. Whether it's folding clothes, cooking meals, or simply swinging under the open sky, every moment is a testament to the vibrant life of this thriving community.





## Springtime Smiles at The Hamptons: A Joyful Easter Celebration

Easter arrived at The Hamptons in a flurry of excitement, sunshine and sprinkles, as residents and staff came together for a day full of food, fun, and heartfelt celebration. With the dining room decked out in pastel colours and cheerful Easter décor, it was clear from the start that something special was in store.



The star of the show? A fabulous Easter dinner lovingly prepared by

our talented staff, who pulled out all the stops to serve up a feast fit for royalty. The tables were bursting with traditional favourites—roast meats, seasonal veg, and, of course, a dazzling array of cakes and sweet treats that would have made the Easter Bunny proud.

But it wasn't just about the food—although the cakes certainly got a fair share of compliments. The real magic was in the atmosphere. Staff and residents alike joined in the celebrations with wide smiles and open hearts. As the meal came to a close and the final crumbs were savoured, something beautiful happened—someone started to hum a tune, and just like that, a chorus of spontaneous singing filled the room.

Laughter rang out, hands clapped in time, and voices rose in joyous harmony. It was a moment of pure togetherness—proof, if ever we needed it, that the spirit of community is alive and well at The Hamptons. Whether they were singing along, tapping their feet, or simply enjoying the warmth of the room, everyone was part of the magic.

As the sun dipped lower outside, conversations lingered and smiles stayed firmly in place. Easter at The Hamptons wasn't just a celebration—it was a heartfelt reminder of the joy that comes from simple pleasures shared with others.



# Smiles, Music, and Easter Magic: April at Burlington Lodge

**Joyful highlights, heartfelt reunions, and new beginnings blossom this spring**

**A**pril has been a month of meaningful moments and spirited stories at Burlington Lodge, where residents continue to shine in their own unique ways. With the support of innovative wheelchair technology and a vibrant community spirit, independence and connection remain at the heart of everything we do.

## **Learning with Laughter**

It's been an exciting month for our resident JF, who has been flexing his linguistic muscles in speech and writing sessions. From "am" to "ax" (and even "JF" himself!), each two-letter word crafted brought a smile and a sense of accomplishment. These small but mighty milestones reflect the power of creativity and expression—and perhaps a budding poet in the making?

## **Happy Days with JM**

Routine has never looked so joyful! JM has been thriving with a consistent day care schedule, embracing each day with energy and enthusiasm. Family visits have added extra sparkle to his week, proving once again that time with loved ones is the best tonic of all.

## **MM's Musical Magic**

If you've heard the sweet jingles of toy instruments drifting through Burlington Lodge recently, you've probably crossed paths with MM. His musical antics have added rhythm and delight to the daily routine—turning ordinary moments into spontaneous concerts. Move over Beethoven!

## **EN's Infectious Joy**

You'd be hard-pressed not to smile when EN is around. His frequent laughter and glowing smiles have become a welcome soundtrack to our spring. Whether he's enjoying a game, a song, or simply sharing a joke, EN reminds us how powerful happiness can be when it's shared.

## **Easter Cheer with SB**

Easter brought more than chocolate eggs this year—it brought together SB and his brother in a beautiful celebration of family. With thoughtful gifts and warm company, the holiday was a heartwarming reminder of the joy found in shared traditions.

## **A Warm Welcome to SG**

We were delighted to welcome SG to our Burlington Lodge family this April. With the loving support of daily visits from his parents, SG has begun settling in comfortably. It's been wonderful to watch new connections form as he finds his place in our lively community.

## **The Road Ahead**

As the season changes, so too does our sense of renewal. From budding friendships to blossoming talents, April has been a testament to resilience, joy, and togetherness. And with cutting-edge wheelchair technology empowering our residents each step of the way, we look forward to many more moments of independence and celebration.

Here's to a blooming brilliant May ahead!







AUTHOR: BURLINGTON  
PHOTOGRAPHER: BURLINGTON STAFF



# A Month of Meaningful Moments

April at Cherry Tree Lodge sparkled with celebration, creativity, and connection



**AUTHOR:** MORUFAT ADEBISI OLORUNTUYI  
**PHOTOGRAPHER:** CHERRY TREE LODGE STAFF

**A**pril arrived with a flourish at Cherry Tree Lodge, bringing a bouquet of heartwarming experiences, thoughtful reflections, and joyful gatherings. From birthdays to cultural celebrations, from quiet creativity to thrilling outings, the month was alive with spirit—and our community embraced every moment with open arms and big smiles.

## Carrying the Party Into April

Although MA's birthday technically fell on the final day of March, the celebrations joyfully spilled into April. Her party was a shining example of what community means: cake, music, thoughtful gifts, and a room filled with love. The energy of that day became the perfect springboard for a month of shared happiness and connection.





### **Eid: A Celebration of Unity**

April also brought the blessed celebration of Eid, and Cherry Tree Lodge turned into a hub of culture, cuisine, and conversation. Residents gathered to enjoy a feast prepared with love, while warm discussions unfolded around the significance of Eid, the practice of fasting, and the spirit of giving. JE's insightful questions sparked a wonderful group exchange, showing that learning and understanding blossom best when rooted in curiosity and kindness.

### **Pedals, Parks, and Possibilities**

With spring in the air, SG seized the moment with a two-wheeled adventure and a visit to the blooming beauty of Hyde Park. His love of cycling and nature reminds us all to pause, breathe, and take in the simple joys that the season has to offer. And let's be honest, a little sunshine and a lot of fresh air can do wonders for the soul!

### **Easter: A Time to Come Together**

The Easter celebration was another highlight, complete with a delicious shared meal and a generous serving of laughter. Residents and staff joined in games, conversations, and of course, chocolate treats. The day was less about chocolate bunnies and more about the shared joy of being together in community.

### **Bingo: Eyes Down for Fun!**

Bingo night in the shared house proved once again that a few numbers and a bit of friendly competition can spark an evening of laughter. The excitement in the air, the cheers of "Bingo!", and the good-natured banter made for an unforgettable evening—and yes, some were definitely in it for the snacks!

### **A Cinema Outing to Remember**

CP and MA made the most of the month with a cinema trip that brought smiles and stories. Whether it was the film, the popcorn, or just the pleasure of good company, both returned full of chatter and cheer. Outings like this remind us that joy often lives in the little getaways and shared experiences.

### **CP's Creative Comeback**

Perhaps the most touching moment of April came from CP's return to writing. After a long break, he has once again picked up his pen (or keyboard!) and started weaving words with passion and purpose. His journey is a powerful reminder that creativity never truly leaves us—it simply waits for the right moment to return.

### **Looking Forward**

As we close the door on April, we carry with us a sense of pride and gratitude for all that's been shared and celebrated. May is just around the corner, and if April was anything to go by, we're in for another month filled with laughter, learning, and love.



# A Taste of Togetherness: WT's Jollof Rice Brings Joy to April

## Celebrating community, creativity, and a culinary triumph at Winns Mews

There are few things more powerful than the way food brings people together—and in April, that magic simmered gently in the kitchen thanks to WT and his sensational jollof rice adventure.

It all began with a spark of inspiration. With determination (and maybe a hint of hunger), WT announced his plan to whip up a beloved West African classic, and staff were quick to rally behind him, dishing out encouragement and culinary curiosity in equal measure.

Off to the shops he went, selecting his ingredients with the precision of a seasoned chef: vibrant bell peppers, zesty ginger, aromatic onions, spicy pepper, the trusted tin of Geisha fish, and of course, top-quality long-grain rice. Every item was handpicked with care, not just for flavour, but for the experience WT wanted to share.

Back in the kitchen, it was all systems go. From parboiling rice to sautéing a fragrant blend of garlic, onions, and tomatoes, WT transformed everyday ingredients into a pot of rich, red, mouth-watering magic. The careful layering of flavours—the zing of Maggi, the gentle heat of pepper, the smoky undertone of fish—spoke of someone not just cooking, but creating.

And what's a good meal without an audience? Staff members popped in throughout the day, not just to sneak a peek, but to take part. It became a communal moment, where laughter mingled with the scent of simmering sauce, and kitchen tips were traded alongside stories.



When the final lid was lifted and the jollof rice was ready, it was more than a meal—it was a celebration. JH and JK were among the lucky taste-testers, and they didn't hold back their praise for WT's culinary talent. Rightly so! The rice was fluffy, the fish tender, and the flavours bold and balanced—a true triumph.

As the sun set on a day filled with sizzling spices and smiling faces, WT's jollof rice left more than full stomachs. It created a lasting memory, a shared joy, and a perfect example of how food can turn into an act of love and community.

**AUTHOR:** MARTINS/CHRISTIAN

**PHOTOGRAPHER:** MARTINS/CHRISTIAN





***“The aroma filled the room, but it was the shared laughter that made the day truly delicious.”***



## Eggs-traordinary Easter Fun at Magic Life!

**Grove Park Road cracks the competition with their dazzling designs!**

**S**pring brought a burst of colour and creativity as Magic Life residents took part in this year's Easter Activities Challenge — with Grove Park Road proudly claiming the crown in the Egg Painting Challenge!

Armed with paints, stickers, and just the right amount of glitter, sites across the Magic Life family turned everyday eggs into works of art. Grove Park Road stood out with their vibrant, imaginative designs and brilliant teamwork. Every egg told a story — and every resident played a part.

Meanwhile, across our homes, The Great Easter Egg Hunt had everyone hopping with excitement! With help from staff, residents searched high and low for hidden eggs — solving riddles, sharing laughs, and making wonderful memories along the way.

It was a joyful celebration of springtime fun, creativity, and community spirit. Well done to Grove Park Road — and to everyone who joined the Easter magic!





# Magic Life Location's

**Magic Life Head Office**  
5-11 Green Lanes, London,  
N13 4TN

Bruce Grove  
52 Bruce Grove, London,  
N17 6RN

Burlington Lodge  
21-29 Tewkesbury Road, London,  
N15 6SE

Devonshire Lodge  
139 Devonshire Hill Lane, London,  
N17 7NL

Greyhound Road  
95 Greyhound Road, London,  
N17 6XR

Grove Park Road  
57 Grove Park Road, London,  
N15 4SL

Harringay Road  
171 Harringay Road, London,  
N15 3HP

High Road Tottenham  
672 High Road, London,  
N17 0AB

Manor Lodge  
3 Cedar Close, Potters Bar,  
Hertfordshire,  
EN6 1EW

Maple Lodge & Cedar Lodge  
271-275 Hale End Road, Woodford  
Green,  
IG8 9NB

NorthLands  
10 Northlands, Potters Bar,  
Hertfordshire,  
EN6 5DF

Park Side  
Quadrant Court, 2a Park Avenue,  
London,  
N18 2UH

Park Lodge  
8B Park Road, London,  
N18 2UT

The Chapel  
14 Chapel Row, Bishop's Stortford,  
CM23 3SE

Winns Mews  
2,3,4,5,6 & 7 Winns Mews, London,  
N15 4FF

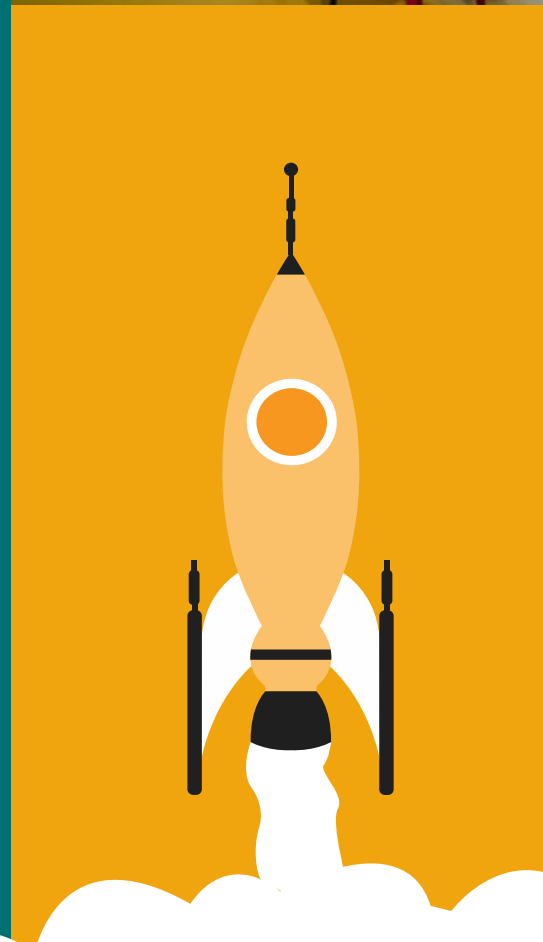
The Hamptons  
403 Eagle Way, Peterborough,  
PE78EG

Cherry Tree Lodge  
185 London Road, Croydon  
CR0 2WN, UK

The White House  
138 High Street, Coopers Walk,  
Cheshunt,  
EN8 0AP

West Lodge  
15 West Hill Road,  
Luton,  
LU1 3LY

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



Visit <https://magiclifeuk.com>  
Call our team on 0208 826 4348