

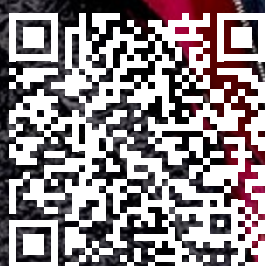
Magic Life

In this Edition

**Connect With Us On
WhatsApp**

**We Say Thank you to
Hollie & Doreen**

Plus much more ...



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*Other People Can Not See Your
Info On WhatsApp Channel's*

Connect With Us On WhatsApp Magic Life WhatsApp

Dear Magic Life Staff,

We are excited to announce the launch of our new Magic Life WhatsApp account! This will be your go-to platform for the latest updates, including job postings, news, and much more.

Please join our WhatsApp community by scanning the attached QR code. By connecting with us there, you'll be among the first to receive important announcements and opportunities.

Thank you for being an essential part of Magic Life. We look forward to connecting with you on WhatsApp!

Best regards,
Joe

Thank you

How are you?

I can't talk right now

I really appreciate



Hollie Ferguson: A Shining Star at Magic Life



From Supporter to Service Manager – and Now, a New Adventure Begins!

At Magic Life, we celebrate dedication, passion, and the incredible people who make our community thrive. And when it comes to commitment, warmth, and leadership, few shine as brightly as Hollie Ferguson.

Hollie's journey with Magic Life has been nothing short of inspiring. Starting as a supporter, she quickly proved her natural talent for creating a nurturing and positive environment, not just for residents but for the entire team. It wasn't long before her hard work and compassion propelled her to Deputy Manager and, soon after, to Service Manager at Devonshire Lodge. In every role, Hollie has brought a unique mix of kindness, strength, and an unwavering belief in the people around her.

Her leadership at Devonshire Lodge has left a lasting mark, ensuring that residents feel empowered, engaged, and supported in all aspects of their lives. Whether organising

activities, mentoring her team, or simply being a reassuring presence, Hollie has consistently gone above and beyond to make Magic Life a true home for those she cares for.

Now, Hollie embarks on an exciting new chapter—motherhood! As she steps away on maternity leave, we know she'll bring the same love and dedication to her new role as a mum. While we'll certainly miss her energy and leadership, we couldn't be happier for her and her growing family.

Hollie, from all of us at Magic Life, thank you for everything you've done. We wish you endless joy, love, and happiness in this new adventure, and we can't wait to welcome you back when the time is right. Until then, enjoy every moment!



Doreen Henry: A Legacy of Leadership and Care

Wishing Doreen the Very Best in Her Next Chapter

At Magic Life, we are privileged to work alongside incredible individuals who bring passion, dedication, and warmth to everything they do. One such person is Doreen Henry, whose leadership at Grove Park Road has left a lasting legacy.

As manager, Doreen played a vital role in shaping a welcoming, supportive, and thriving environment for both residents and staff. With her calm guidance and unwavering commitment, she ensured that everyone at Grove Park Road felt valued and empowered. Her ability to lead with kindness and strength made her not just a manager but a mentor and a friend to many.

Now, as Doreen sets her sights on new challenges, we take a moment to reflect on the difference she has made. While

we will certainly miss her presence, we are excited to see her embark on this next stage of her journey. Change brings growth, and we have no doubt that Doreen will continue to shine in whatever path she chooses.

Doreen, thank you for your dedication, your wisdom, and your unwavering belief in the people around you. You have made a real impact at Magic Life, and your legacy at Grove Park Road will not be forgotten. We wish you all the success and happiness in your future endeavours—wherever they may take you!

Bringing Support to Life: Magic Life Introduces Video Support Plans

A Groundbreaking Approach to Personalised Care

Magic Life is taking an innovative leap forward with the introduction of Video Support Plans—a fresh and dynamic way to ensure every resident receives truly personalised support. This pioneering approach allows residents to record a video about themselves, providing a unique and engaging way for staff to understand their needs, preferences, and aspirations.

Gone are the days of relying solely on written documents to capture a person's individuality. Instead, Video Support Plans bring support needs to life, offering a first-hand, heartfelt insight into what matters most to each resident. Whether it's a favourite routine, communication style, or simply how they like their tea—this initiative ensures that every detail is recognised and respected.

Putting Residents at the Heart of Their Support

The beauty of this approach is its flexibility. Residents choose whether they want to participate and can share as much or as little as they feel comfortable with. For some, this might be a warm introduction in their own words, while others may use the opportunity to highlight key aspects of their daily life.

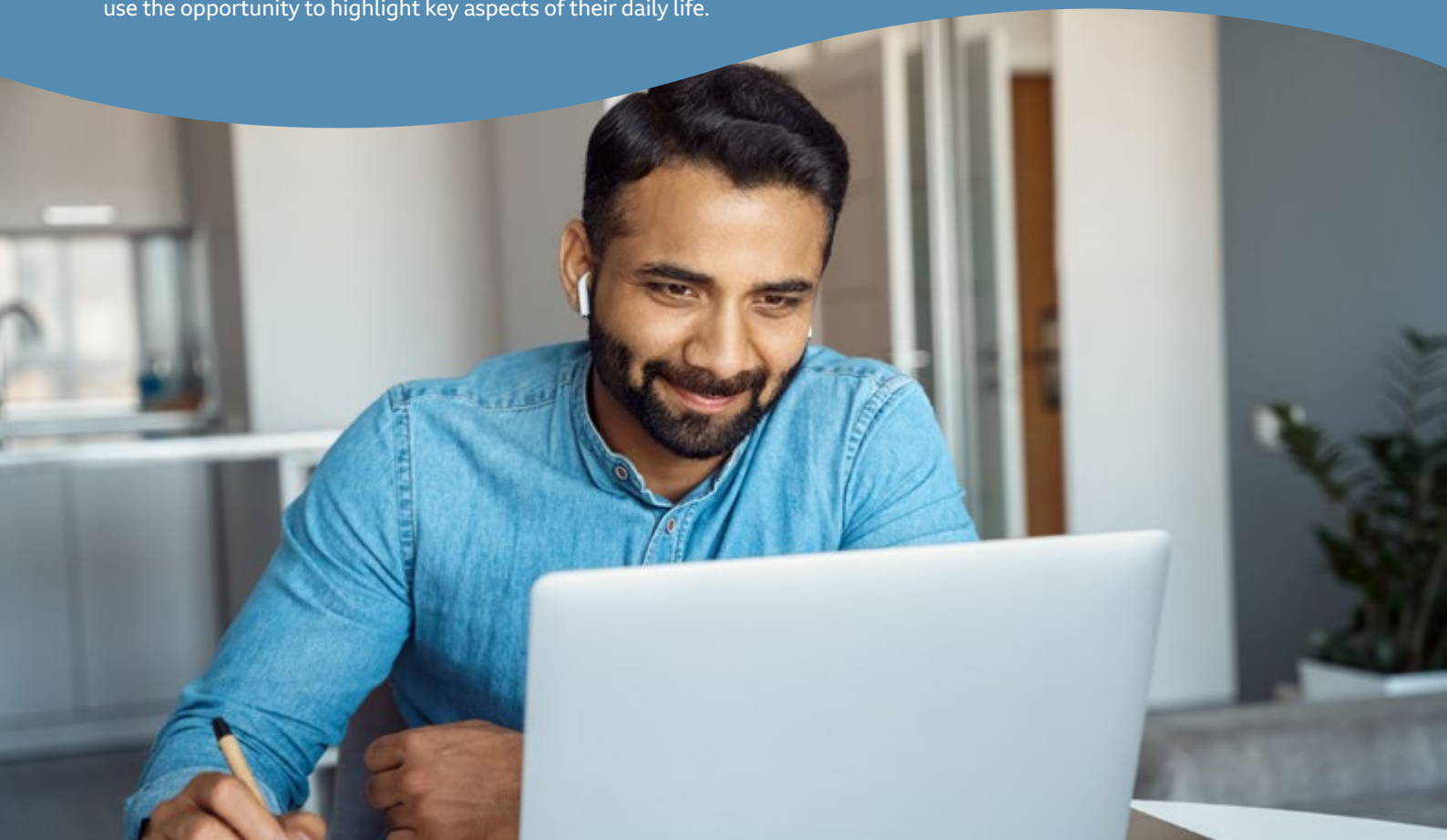
The impact? Stronger connections, deeper understanding, and a more person-centred approach to support. New staff members can instantly get to know someone beyond a file or a checklist, helping to build trust and familiarity from the very start.

Enhancing Support in Every Shape and Form

By embracing technology in this way, Magic Life is setting a new standard for personalised care. These videos will work alongside traditional support plans, enhancing rather than replacing existing methods. The result? A more holistic approach where support is shaped by the person, for the person.

As this initiative rolls out, it's clear that Video Support Plans are more than just a tool—they're a testament to Magic Life's commitment to innovation, inclusion, and truly knowing each resident as the unique individual they are.

AUTHOR: JOE BERNARDES



Another Milestone at Bruce Grove

Happy Birthday Hassan

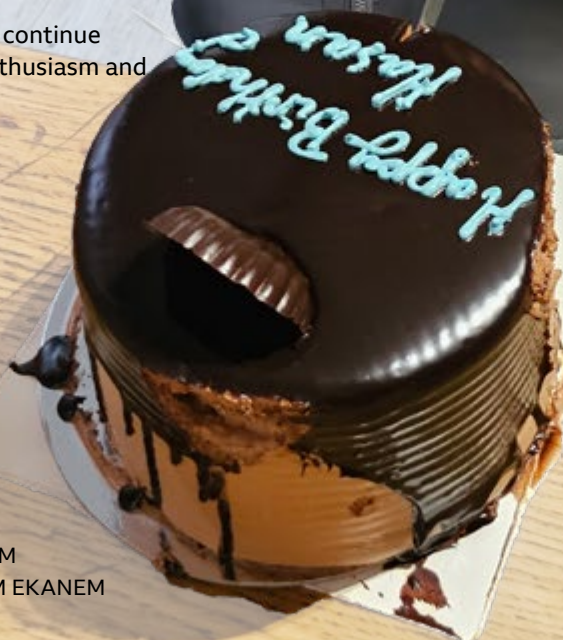
Birthdays are more than just a day on the calendar—they are a time for reflection, celebration, and connection. Whether marking childhood excitement or the wisdom of later years, birthdays bring people together, creating moments of joy and appreciation.

At Magic Life, no milestone goes unnoticed. Each celebration is crafted with care, ensuring that everyone feels valued and special.

Recently, Bruce Grove marked another heartwarming occasion as HC, a cherished member of the community, celebrated his 61st birthday. Having spent nearly five years at Bruce Grove, HC has shared many birthdays with both staff and fellow residents, making this one particularly meaningful.

Staff surprised HC with a cake, and the joy on his face said it all. Fellow residents gathered in the lounge, singing birthday songs, sharing laughter, and making the day truly memorable. Touched by the kindness surrounding him, HC beamed and said, “You all have made me very happy, thank you very much.”

Here’s to HC—may he continue embracing life with enthusiasm and joy!



AUTHOR: EMEM EKANEM
PHOTOGRAPHER: EMEM EKANEM

A Month of Love, Celebration, and Togetherness at Park Lodge

From heartfelt tributes to magical birthday surprises, February at Park Lodge was filled with warmth, joy, and community spirit.

Valentine's Day: A Celebration of Love and Friendship

Love was certainly in the air as Park Lodge residents and staff came together for a fabulous Valentine's Day celebration. With a red and pink theme setting the scene, everyone looked fantastic, with staff making an extra special effort to embrace the day's romantic charm. Karen worked her magic with beautiful decorations that added to the festive atmosphere. A delicious spread—lovingly prepared by both residents and staff—brought everyone together, and as the evening unfolded, a few impressive dance moves made an appearance, capping off the day with laughter and fun.

Bryce's Birthday: A Spyro-Themed Spectacle and a Magical Surprise

Bryce's birthday was nothing short of spectacular! With his family by his side, he was over the moon to receive a PlayStation 4—an unforgettable gift. His special day continued with a Spyro the Dragon-themed celebration, featuring purple and gold decorations and a stunning Spyro cake, kindly organised by his family. The excitement didn't stop there—after enjoying a feast of his favourite treats, including pizza and ice cream, Bryce embarked on a magical journey to the Harry Potter Studio Tour. Dressed proudly in his new Gryffindor robe (which he's barely taken off since!), he revelled in the enchantment of the wizarding world, casting spells and learning new facts to share with his friends.

A Heartfelt Memorial: Remembering Loved Ones with Love and Light

Residents and staff gathered for a touching memorial to honour and celebrate the lives of loved ones who are no longer with us. Beautiful white balloons, inscribed with heartfelt messages, adorned the kitchen as everyone took a moment to reflect and remember. Shomari and Richen honoured Shomari's mother with a comforting meal of Caribbean cuisine,

while later, in the park, residents and staff released dove-shaped balloons in memory of Taylor's beloved rabbit, Maple, former resident Catherine, and others dearly missed. It was a poignant time of remembrance, unity, and support, reminding us all of the strength found in shared memories.

Magic Movers: Stepping into Fresh Air and Friendship

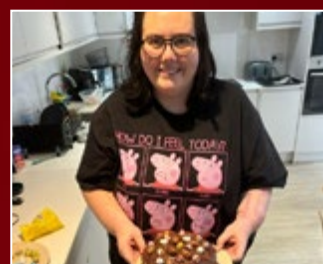
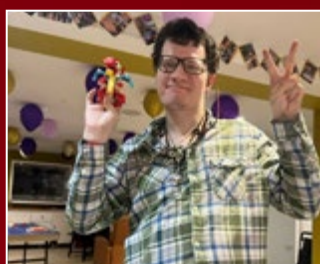
A simple walk in Pymmes Park blossomed into the birth of a fantastic new initiative—Magic Movers! Residents Nadia, Sarah, and Tori set off on a refreshing afternoon stroll, spotting Egyptian geese and soaking in the beauty of nature. As more residents, including Rinchen and Shomari, joined in on another day, the idea of a regular Friday walking group took shape. Magic Movers will now bring residents together for fresh air, exercise, and the chance to connect with friends from other projects—with, of course, a well-earned café stop along the way!

Baking Bonanza: A Month of Sweet Treats and Cultural Delights

The kitchen at Park Lodge was filled with the mouth-watering aromas of homemade delights this month! Shomari impressed everyone with his baking skills, creating delicious cakes that residents were more than happy to sample. Tori also put her skills to the test, whipping up a double chocolate cake topped with mini eggs, just in time for a visit from her community team. The joy of baking brought people together in more ways than one—Tori prepared traditional Nepalese 'Gurung' bread for Rinchen as a taste of home, while Idle's famous Somali pancakes were a huge hit with everyone.

AUTHOR: TORI (VICTORIA STANDING)
PHOTOGRAPHER: PARK LODGE STAFF





A Joyous Celebration for Eusina's Birthday!

A Day of Laughter, Love, and Togetherness at Grove Park Road



This February, the team at Grove Park Road came together for a truly special occasion—celebrating Eusina's birthday! It was a day filled with warmth, laughter, and heartfelt moments, making it one to remember for everyone involved.

The festivities kicked off with a delightful surprise as staff decorated the communal space with colourful balloons and a cheerful birthday banner. The atmosphere buzzed with excitement as Eusina stepped in to find the room transformed just for her. Of course, no birthday is complete without a cake, and this one was extra special—filled with her favourite flavours and topped with glowing candles, ready for her to make a wish.

As Eusina blew out the candles, the room filled with applause and smiles, a perfect reflection of the strong bonds within the Grove Park Road community. Throughout the day, music played, games brought out everyone's competitive spirit, and heartfelt conversations reminded us all of the importance of friendship and support.

For Eusina, this birthday was more than just celebrating another

year—it was a moment to acknowledge her journey and the incredible resilience she continues to show. The celebrations ended on a heartwarming note with a thoughtful gift exchange, where her support workers and housemates shared presents chosen with care, showing just how much she means to them.

With good food, great company, and an abundance of joy, Eusina's birthday was a wonderful reminder of the love and support that makes Grove Park Road a truly special place to be.

AUTHOR: AMIKO

PHOTOGRAPHER: HAWA & AYESHA

“For Eusina, this birthday wasn't just about turning a year older—it was a celebration of strength, friendship, and the journey ahead.”



Valentine's Special at Greyhound Road

A Month of Love, Friendship, and New Beginnings

This month has been full of love, surprises, and a sad farewell to one of our beloved residents, Louise.

Louise has flourished and developed during her time at Greyhound Road. She has shown true resilience and has grown into an independent woman who no longer requires 24-hour support. She has excelled in many different aspects of her life, from managing her impulsive behaviours and love of absconding when she felt emotionally dysregulated, to learning to talk through her emotions and past traumas.

Louise developed a love of home cooking. When she first arrived, she would only cook frozen processed foods, but with the support and mentoring of the Greyhound staffing team, she expanded her culinary skills and began creating a variety of world cuisines.

She also thrived in developing domestic skills and had a great sense of empathy, always eager to help others in times of struggle. Louise had a special way of lighting up a room when she was in full flow. With the support of her key workers, Patience and Sarah, she also gained confidence in travelling independently.

Through her dedication and commitment to moving towards lower-level support, Louise has truly shown what hard work and patience can achieve. She has now moved on from Greyhound Road to be closer to her family—one of her long-term goals.

A Valentine's to Remember

This month, Greyhound Road hosted a balloon artist to help make Galentine's Day even more spectacular. Residents chose the colour scheme, and their wish was granted. They also decided that everyone attending should wear their PJs—another wish fulfilled!

The meal, prepared by staff member Hodan, was nothing short of fit for queens, and that's exactly how the residents felt. The room was filled with joy, laughter, and treasured memories, with plenty of dancing and singing from both residents and staff.

Tabby from Northlands also joined the Galentine's Day celebrations at Greyhound Road. She and Frankie enjoyed a creative day of canvas painting together, shared a pizza lunch, and even had a fantastic trip to Sea Life. It's wonderful to see their friendship blossoming, leading to more shared experiences and quality time together.

Out and About

There were plenty of planned day trips this month, bringing joy to residents and staff alike. Of course, the ever-faithful outings to the local cinema, coffee shops, and restaurants were a big hit.

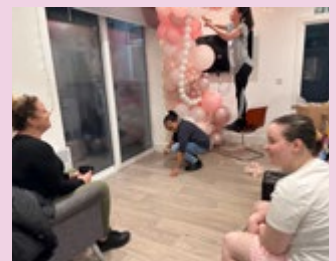
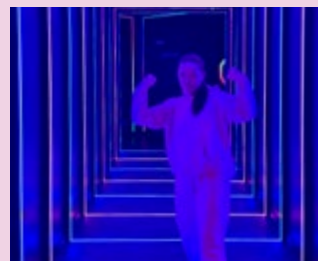
Everyone has been buzzing with excitement as the nights grow longer, the days become brighter, and spring flowers begin to bloom once again.

SPECIAL MENTIONS

A big Happy Birthday to Mary Mensah!

AUTHOR: YVONNE SPILLANE

PHOTOGRAPHER: HODAN, YVONNE, AND FRANKIE



Celebrating Community, Skills, and Adventure February at 672 High Road

From New Volunteering Roles to Outdoor Exploration!



February has been a month filled with activity, achievement, and plenty of exciting moments for the residents of 672 High Road. From stepping into new volunteering roles to embracing life skills and enjoying the great outdoors, the energy and enthusiasm have been truly inspiring.

Chelsea has been actively involved in daily tasks and community engagement. With a keen sense of independence, she completed an important survey for social services and made sure it was posted back to the local authority. Chelsea also enjoys cooking—especially in the evenings and on weekends whipping up her favourite meals while ensuring she keeps everything neat and tidy. She takes pride in washing her dishes after use, proving that a clean kitchen is a happy kitchen!

Meanwhile, Danny had some fantastic news—his application to become a volunteer at the British Heart Foundation was approved! Starting in March, he will be supporting the local branch at Bruce Grove, Tottenham High Road. Danny's enthusiasm for cooking continues, with English breakfasts and pasta being among his favourites. His love for technology has also been a key part of his daily routine, using his desktop computer to search for volunteering opportunities—clearly, all that screen time has paid off!

Over in the world of adventure, Chris took the plunge—

literally! He started swimming this month, and it's safe to say he's loving it. With support from staff and a volunteer from the leisure centre, he's been making a splash every Monday, eagerly looking forward to his sessions. But that's not all—Chris also explored new places, including Valentine Park in Ilford, where he tried out outdoor gym equipment and took in the sights of the riverside, pigeons, and other birds. His journey of discovery continued with a visit to a community farm, where he got up close with different animals—an experience full of wonder and curiosity.

SPECIAL MENTION:

A huge congratulations to Danny for securing his new volunteering role at the British Heart Foundation! This is a fantastic step towards community involvement and personal growth, and we can't wait to hear about his experiences.

With such a dynamic February behind us, March is shaping up to be just as exciting. Here's to more learning, adventures, and achievements in the weeks ahead!

AUTHOR: SEGUN STEPHEN

PHOTOGRAPHER: 672 STAFF



“Danny’s volunteering journey begins! A new role, a new challenge, and plenty of new experiences await.”



5 Simple Tips for Staying Healthy

Staying healthy doesn't have to be complicated! Small daily habits can make a big difference in how we feel. Here are five easy ways to keep your body and mind in top shape:

1. Stay Active – Find Movement You Enjoy

Exercise doesn't have to mean lifting heavy weights or running marathons. It can be as simple as a daily walk, dancing to your favourite tunes, or even stretching in the morning. The key is to find movement that makes you feel good and keep at it!

2. Eat a Balanced Diet – Enjoy a Rainbow of Foods

A healthy diet isn't about restrictions—it's about variety! Try to eat a mix of fruits, veggies, proteins, and whole grains. The more colourful your plate, the better! And don't forget to stay hydrated—water is your best friend.

3. Get Plenty of Rest – Prioritise Sleep

Your body does some of its best work while you're asleep. Try to get 7–9 hours of quality sleep each night to help your body recharge. A good bedtime routine, like reading or listening to calming music, can help you drift off peacefully.

4. Take Care of Your Mind – Relax and Unwind

Health isn't just physical—it's about mental wellbeing too. Taking time to relax, do things you enjoy, or even just have a chat with a friend can do wonders. Laughter and good company are great medicine!

5. Stay Connected – Socialise and Get Involved

Being part of a community, whether it's volunteering, joining a club, or just catching up with friends, keeps us happy and engaged. Feeling connected to others is just as important as staying active and eating well.

Small changes add up over time, so start with one or two tips and build from there. Here's to a healthy and happy you!

A Flourishing Community: Life at Burlington Lodge

A Home Filled with Laughter, Friendship, and Growth

The residents of Burlington Lodge are embracing positive change, and the results are nothing short of inspiring. With growing confidence, stronger friendships, and a shared sense of joy, this warm and welcoming home is thriving.

Take Junior, for example. Just a few months ago, he was finding his voice in small but meaningful ways—asking for attention, food, or simply expressing his feelings. Now, he is taking significant strides in his daily routines, following instructions with enthusiasm and fully engaging in community life. From helping in the kitchen to sharing meals and TV time with others, Junior is not only building his own skills but also fostering a more connected and supportive environment at Burlington Lodge.

Meanwhile, Sam continues to be a ray of sunshine for residents, staff, and visitors alike. His warm and welcoming nature makes it easy for friendships to flourish, ensuring that everyone feels right at home.

Then there's Jamie—often described as the gentleman of the house. With his impressive skills in Makaton sign language and his passion for football, Jamie plays an important role in promoting inclusivity. His genuine interest in others ensures

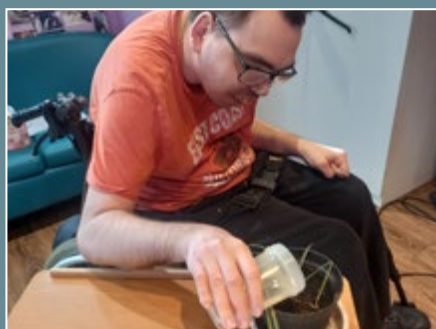
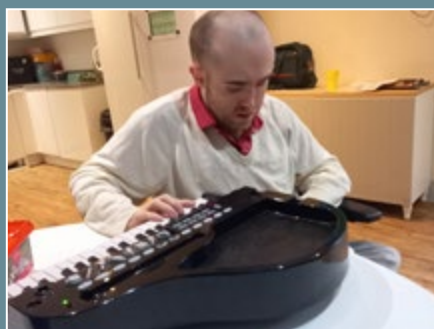
that no one ever feels left out, proving that kindness and communication can bring a community closer together.

Music fills the air at Burlington Lodge, thanks in large part to Michael. The most active resident, he navigates his wheelchair with infectious energy, always on the move. Whether he's playing the piano or the organ, or simply enjoying his favourite tunes on the radio, his love for music creates a lively atmosphere that inspires everyone around him.

Elijah, too, has found new ways to express his happiness. Since he is fed through PEG, his comfort has improved significantly, and gone are the days of continuous distress. Instead, he now finds joy in music and sensory lights, his giggles and laughter bringing warmth to all who share in his journey. His happiness is a reminder that even the smallest moments of joy can have a ripple effect, lifting the spirits of everyone at Burlington Lodge.

Each of these wonderful individuals contributes something special to the heart of the home. As they continue to grow and support one another, Burlington Lodge is not just a place to live—it is a place to thrive.

AUTHOR: BURLINGTON LODGE
PHOTOGRAPHER: BURLINGTON LODGE



Coming Along Nicely

Finding Warmth in February at Devonshire Lodge

February always brings a peculiar kind of chill—not just in the air, but in the way the month seems to stretch on despite its shorter days. It teases us with hints of spring, only to throw in a last-minute frost. But at Devonshire Lodge, the cold was no match for the warmth of community, creativity, and good old-fashioned fun.

Winter is a season for togetherness, and this past month was a perfect example of that. When the outside world felt a bit too nippy, we turned indoors and embraced activities that kept spirits high. Arts and crafts took centre stage, with residents channelling their inner Picassos—whether through painting, card-making, or other creative projects that added colour to the grey days. The joy wasn't just in the finished pieces, but in the shared moments of laughter and conversation.

And, of course, no winter would be complete without the comforting aroma of home-cooked food. Cooking and baking became a highlight, with hearty stews bubbling on the stove and the sweet scent of cookies filling the air. Whether it was rolling out dough, stirring a pot, or simply taste-testing (an important role!), everyone had a hand in making mealtimes extra special.

But beyond the activities, the real magic of February at Devonshire Lodge was in the connections made. The sense of support and companionship that carried us through the darker days is what truly brightened the month. And let's be honest—while winter has its charms, we're all quite relieved to see the sun starting to peek through again!


SPECIAL MENTIONS

A huge thank you to the entire team at Devonshire Lodge. Your energy and positivity have been the light in this wintry month. Special recognition goes to Ridwan, Stella, and Michael—your willingness to go the extra mile and bring joy to those around you has not gone unnoticed.

AUTHOR: MATTHEW TOPPIN

PHOTOGRAPHER: DEVONSHIRE LODGE





*“Watching someone’s
creativity bloom is a
joy like no other.”*

Tips

Looking Ahead: Spring is Coming!

With March on the horizon, why not embrace the new season with some fresh and exciting activities? You could organise a Spring Art Showcase, where residents create and display their own artwork—what better way to celebrate creativity and self-expression? Or perhaps it’s time for a Garden Club Revamp—as the days grow brighter, planting flowers or growing herbs could bring a wonderful sense of renewal and accomplishment. However you choose to welcome spring, make it a time for joy, growth, and new beginnings!

A Month of Love, Creativity, and Community

As February comes to an end, we take a moment to reflect on the incredible moments that made this month so special. From heartwarming celebrations to personal growth and unwavering dedication, love and community have truly been at the core of everything we've experienced at Cherry Tree Lodge.

A Valentine's Party to Remember

The month of love wouldn't have been complete without a special Valentine's Day celebration! The air buzzed with excitement as residents and staff came together for an evening filled with music, laughter, and sweet treats. Though decorations were kept minimal, the atmosphere was filled with warmth and joy. The simplicity of the setup only enhanced the true essence of the event—the smiles, the dancing, and the wonderful sense of togetherness. It was a night that proved love isn't about grand gestures, but about the connections we share.

MA's Growing Artistic Passion

One of the most inspiring stories this month has been MA's artistic journey. Once hesitant to pick up a brush, she has now rekindled her passion for painting, pouring her heart into every creation. Thanks to encouragement from staff, who provided sketchbooks, acrylic paints, and endless support, MA's confidence and creativity have flourished. Watching her light up with every completed piece reminds us all of the power of self-expression, and we can't wait to see where her artistic talent takes her next.

Celebrating SRW's Birthday in Spirit and in Heart

February also brought a touching moment as we celebrated SRW's birthday, even though he couldn't be with us in person. While he remained in hospital, our dedicated managers ensured he still felt the love, delivering a bundle of thoughtful gifts to brighten his day. Meanwhile, back at Cherry Tree Lodge, residents and staff gathered to celebrate in his honour, proving that friendship and love extend far beyond physical presence. The warmth and laughter shared that day were a true testament to the strength of our community.

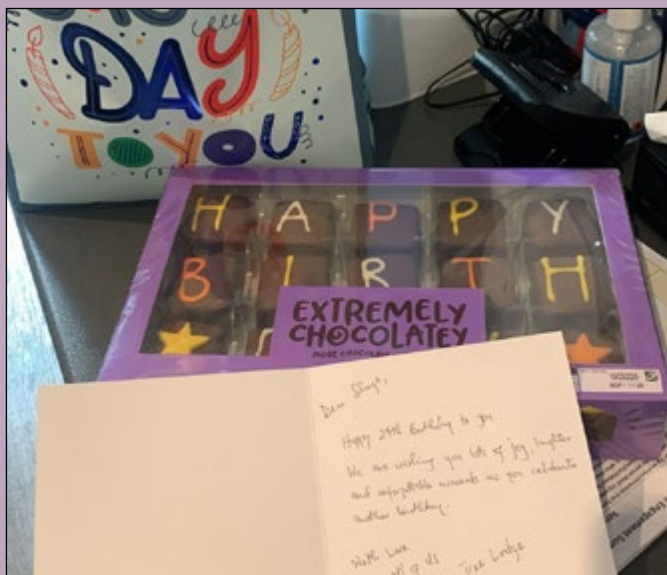
Our Amazing Staff

None of these moments would have been possible without our incredible staff. Their dedication to creating a safe, nurturing, and vibrant environment is the heart of Cherry Tree Lodge. Whether they're organising events, encouraging personal growth, or simply lending a listening ear, their hard work never goes unnoticed. Running a service like this is no small task, yet they do it with such passion, grace, and warmth that it feels effortless. Their commitment reminds us that Cherry Tree Lodge isn't just a service—it's a family.

As we step into March, we do so with hearts full of gratitude and excitement for the memories yet to be made. Here's to another month of love, creativity, and unwavering community spirit!

AUTHOR: MORUFAT ADEBISI OLORUNTUYI

PHOTOGRAPHER: CTL STAFF



Love, Laughter, and Togetherness: Hale End's Heartfelt Valentine's Celebration

A Day of Fun, Friendship, and Festive Cheer

Valentine's Day at Hale End was nothing short of magical! On 14th February 2025, residents and staff came together for an afternoon brimming with joy, creativity, and a whole lot of team spirit. Organised by the management team, the event was designed to strengthen workplace relationships, encourage teamwork, and—most importantly—spread happiness. And oh, did it succeed!

Setting the Scene

As the clock struck 1:00 PM, the preparations began in full swing. Staff members worked together to transform Hale End into a Valentine's wonderland, blowing up balloons, decorating the lodge, and setting up a beautifully adorned Valentine's table. With red balloons, themed tablecloths, and an irresistible spread of cupcakes and chocolates, the scene was set for a celebration to remember.

Games, Creativity, and Music

Once the decorations were complete, it was time to dive into the fun! Residents and staff took part in a variety of engaging activities—from fast-paced table tennis matches to artistic Valentine card painting sessions. Music filled the air, creating a lively and joyous atmosphere where singing, dancing, and laughter were the order of the day. The energy was infectious, and the sense of togetherness was truly heartwarming.

Building Bonds, Creating Memories

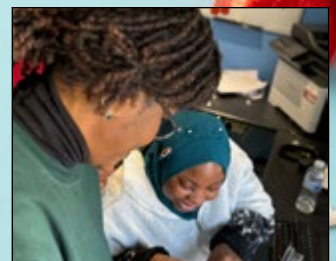
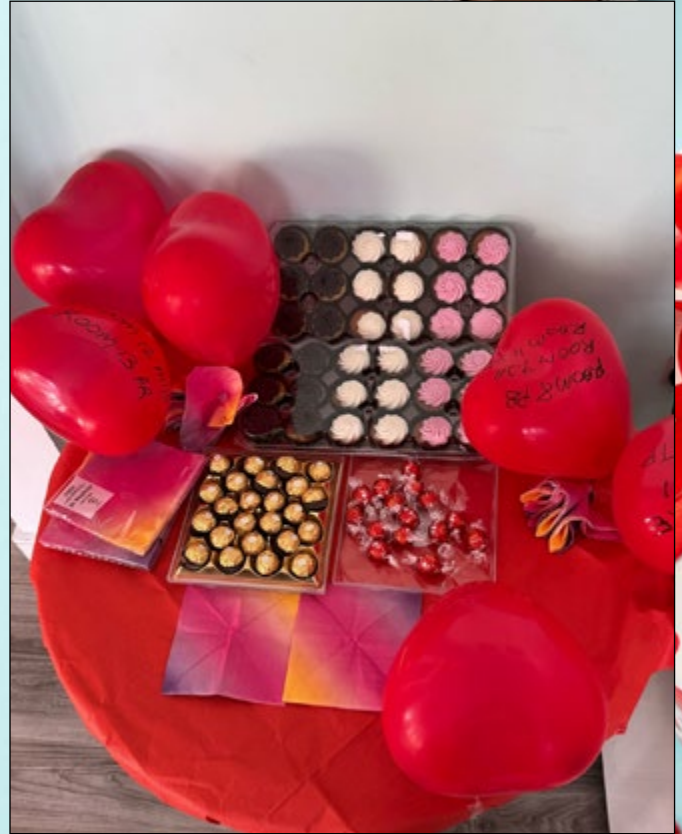
The event wasn't just about fun—it was about connection. With high participation from both staff and residents, the celebration fostered a deeper sense of belonging and strengthened relationships. Whether it was through friendly competition in games or the simple act of sharing a cupcake, the day reminded everyone of the importance of teamwork and appreciation.

A Celebration to Remember

As the festivities came to an end, one thing was clear: the Hale End Valentine's celebration was a resounding success. Thanks to the efforts of the management team, staff, and residents, the event achieved its goal of creating a warm, inclusive, and joyful experience for all.

AUTHOR: DIANA

PHOTOGRAPHER: HALE END TEAM



February Highlights: A Month of Connections and Achievements

Embracing Moments, Big and Small

February at Magic Life UK has been a wonderful month of connection, independence, and personal achievements. From family reunions to everyday victories, our residents have been embracing life with enthusiasm and determination.

Out and About with JC

JC has been making the most of his regular shopping trips to Morrisons—not just for the essentials but for the joy of the routine itself. His post-shopping treat? A full English breakfast with a pot of tea at a local café. It's these little moments that bring warmth to the day, proving that simple pleasures are often the best ones.

JC has also tackled a long-standing challenge with confidence this month his dental appointments. Once a source of great anxiety, he managed two visits with remarkable calmness, including an X-ray and a follow-up review. A true testament to his resilience!

Staying Connected: RL's Social Highlights

RL has been busy nurturing her social connections, visiting friends and family throughout the month. These visits have been a fantastic way for her to stay in touch with loved ones while maintaining her independent routine. With support from the staff, she continues to balance her personal activities with confidence.

A Step Forward for NC

Great news for NC this month she has gained a little weight, marking a positive step forward in her journey toward better health. Her commitment to maintaining a balanced diet is paying off, and she's been making a real effort to eat more regularly.

On top of that, she remains dedicated to her well-being by keeping up with her regular

appointments. A true show of determination! JL's Heartwarming Family Time

Family bonds have been at the centre of JL's month, with quality time spent away with his mother and a special visit to his family in Sutton. These trips have been an opportunity to reconnect, recharge, and create lasting memories.

A Month of Love and Family for TB

TB's February has been filled with love and visits from those dearest to her. Her son, brother-in-law, and sister all came to spend time with her, and she cherished every moment. The bond she shares with her son is especially strong, and it's clear that family time brings her immense joy.

A Special Reunion for LG

February brought a heartfelt reunion for LG, as her son made a trip from Spain to visit, bringing along his grandmother. The joy of reconnecting has been a true highlight of her month.

Beyond these special moments, LG has been maintaining her independent lifestyle, continuing her shopping trips to Aldi and keeping up with her health commitments. Weekly blood tests, once a challenge, are now a part of her routine, proving her incredible perseverance.



February Adventures: Exploring, Bonding, and Thriving

A Month of Discovery and Connection

February brought a whirlwind of adventure, personal growth, and meaningful connections for the Magic Life UK community. From wild encounters at Woburn Safari Park to journeys through London's transport history, residents embraced every opportunity to explore, learn, and enjoy time together.

Roaring Fun at Woburn Safari Park

Our first big outing of the month took us to Woburn Safari Park—a perfect setting for a sensory-friendly, stress-free experience. Residents had the chance to observe magnificent animals up close, share in moments of excitement, and enjoy the calming atmosphere of the park. Whether watching the graceful giraffes or laughing at the playful monkeys, the day was a brilliant blend of fun and relaxation.

Full Steam Ahead at the London Transport Museum

Next stop: the London Transport Museum! JO, a true bus enthusiast, was thrilled by the mix of vintage and modern transport exhibits. His excitement was contagious, making the trip even more enjoyable for the whole group. SH, who often finds outings challenging, was wonderfully supported by staff and fellow residents, allowing him to engage comfortably and confidently. GS, always up for a new experience, embraced the day with enthusiasm, proving once again how shared experiences help strengthen friendships.

Shopping with Style and Independence

GS had a particularly special outing this month—a personalised shopping trip made possible through local authority funding. With dedicated support from staff, he found fantastic new pieces and enjoyed a confidence-boosting day out. Meanwhile, LF also made the most of his shopping trips, relishing the chance to combine independence with social interaction.

Social Leave: Family Time and Adventures

February also saw heartwarming moments of family connection. SH enjoyed quality time with his mother during a stay at a Travelodge, a welcome change of scenery that strengthened their bond. JO, always on the move, had social leave with his father and kept up his active routine—whether it was taking long bus journeys, swimming, or daily outings with staff, he truly made the most of his time.

A Voice for All: The Manor Lodge Residents' Meeting

Ensuring that every resident has a say in their community, the monthly residents' meeting at Manor Lodge was a great success. Discussions were lively, with plenty of ideas and suggestions to make the service even better for everyone. It's inspiring to see residents actively shaping their living environment, ensuring it remains a place of comfort, engagement, and growth.

Looking Ahead

As we step into March, there's plenty more excitement on the horizon. From spring-themed activities to fresh opportunities for exploration, the Magic Life UK community is set for another month of enriching experiences.

AUTHOR: JOHN

PHOTOGRAPHER: MANOR PLACE



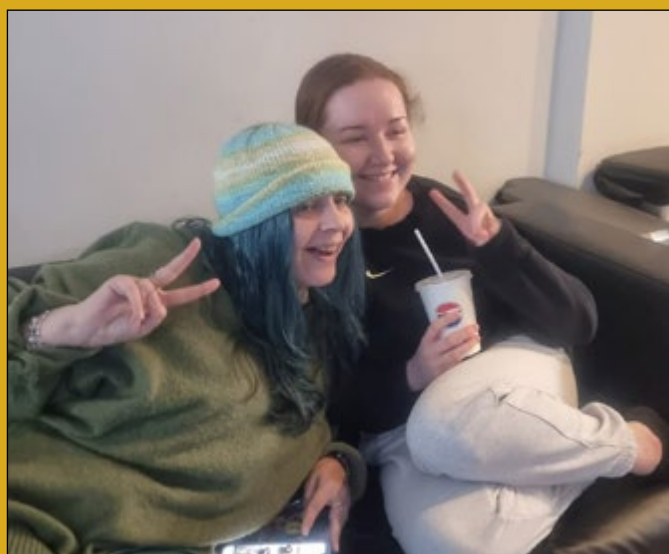
February Highlights: Valentines, Tap Dance & Duck Feeding

A Month of Friendship, Fun, and Fresh Air

February was filled with heartwarming moments, from celebrating friendship in style to dancing feet tapping away with joy. Our residents embraced the month with enthusiasm, proving once again that Magic Life UK is a place where connections thrive and happiness shines.

Celebrating “Galentines” in Pink Perfection

For JC, February was extra special, thanks to plenty of quality time with Frankie. On February 14th, she celebrated “Galentines” in fabulous fashion alongside Frankie and Luise at Greyhound. The trio went all out, transforming the house with pink decorations and dressing up in matching pink pyjamas—



because why should Valentine’s Day be just for couples? The celebration was a joyous affair, filled with laughter and friendship.

Beyond the festivities, JC also embraced her artistic side with Frankie, painting beautiful creations while enjoying some refreshing drinks. With three visits to Frankie’s place in one month, it’s clear that their friendship continues to bring her so much happiness.

A Walk in the Park – With Ducks & Bubble Tea

CB kept up with her love for the outdoors, making regular trips to the park. She even made it a mission to keep the local ducks well-fed, bringing bread along for her strolls. But it wasn’t all about nature—CB also treated herself to a shopping trip in Wood Green, picking up some stylish new clothes and capping



off the day with a well-earned bubble tea.

Tapping Back into the Rhythm

LVM was back in action with her tap dance sessions after missing a few classes, and she couldn’t have been happier to return to the dance floor. The joy of movement was evident, and she fully embraced every step with enthusiasm. She also took a shopping trip to Wood Green, joining CB and staff for a bit of retail therapy—because nothing beats a good shopping spree with friends!

AUTHOR: NORTHLANDS

PHOTOGRAPHER: NORTHLANDS



A Month of Joy, Love, and Sweet Surprises at Park Side

February was truly a month to remember at Magic Life, filled with heartwarming celebrations, delicious treats, and cherished family moments. From birthday surprises to Valentine's Day festivities, our community came together in the most wonderful ways.

A Birthday to Remember!

There's nothing quite like a surprise celebration, and Sarah's 49th birthday was one for the books! Surrounded by friends and the ever-supportive staff, Sarah beamed with joy (and a few happy tears) as she enjoyed a special day dedicated just to her. Tables were laden with delicious treats, laughter filled the air, and the room sparkled with love and happiness.

Coffee, Cake, and Catching Up

A little 'girl time' was in order as Sarah and Pauline ventured out to Edmonton Green for a well-deserved coffee and cream cake outing. It's safe to say that nothing beats good company, a warm brew, and an indulgent slice of cake!

Precious Family Moments

Family time is always a treasure, and this month saw some lovely reunions. Stephen enjoyed quality time with his daughter and son, while Pauline's sister, Mo, made a special visit. The sisters indulged in a bit of retail therapy, exploring the wonderful finds at Edmonton Green—because, let's be honest, shopping is always more fun with family!

Love, Laughter, and Karaoke!

What's Valentine's Day without a bit of music and merriment? Park Village came alive with the sounds of celebration as residents gathered for a fantastic evening of food, fun, and karaoke, hosted by none other than DJ Errol! Love was in the air, but so was a whole lot of singing—some might say it was legendary (or at least entertaining!).

AUTHOR: PARK SIDE

PHOTOGRAPHER: PARK SIDE





A Joyous February at The Hamptons

February was a lively and heartwarming month at The Hamptons, filled with celebrations and memorable moments shared between residents and staff.

One of the highlights of the month was Christopher's 29th birthday on the 21st. The day was filled with joy as friends, fellow residents, and staff came together to celebrate this special occasion. Laughter echoed through the halls as everyone enjoyed delicious cake, music, and heartfelt wishes for another wonderful year ahead. Christopher's beaming smile was a testament to the love and warmth that surrounded him.

Adding to the month's delight, Joanne and Emma had a fantastic outing to the cinema, accompanied by our dedicated staff. The duo enjoyed a wonderful film, immersing themselves in the magic of storytelling on the big screen. The outing was a perfect blend of entertainment and companionship, reminding us all of the simple joys that outings bring. At The Hamptons, every month holds special moments, and February was no exception. These gatherings and shared

experiences truly embody the spirit of community, where friendships flourish, and each day is an opportunity to create cherished memories. We look forward to more exciting moments in the coming months!

AUTHOR: OMOYE ENYI

PHOTOGRAPHER: HAMPTONS STAFF



Tribute to the “Big Man” Ryan

“The true magic of life lies in the beauty of the unexpected and the mystery of the unknown.”



A Heartfelt Farewell to a True Inspiration

At Chapel Row, we had the privilege of knowing a man whose presence could light up even the darkest of days. Ryan Philip Palmer—though he much preferred to be known as “Big Man” (and woe betide anyone who called him ‘boy’!) was more than just a resident; he was a force of nature.

With a heart as grand as his personality, Ryan had a remarkable way of making people feel special. A sniff, a hug, or even a cheeky kiss from him wasn’t just a greeting—it was an invitation into his world of warmth, acceptance, and unwavering friendship.

Ryan had an extraordinary gift: he could chase away gloom with his infectious smile and lift spirits with his boundless affection. But beyond his joyfulness, he left a profound impact on those around him. He challenged perceptions about neurodiversity, teaching everyone he met a valuable lesson about acceptance, resilience, and the beauty of seeing the world differently.

For the staff at Chapel Row, Ryan was more than a person they supported—he was a mentor in his own way. He helped them grow in understanding, develop new skills, and deepen their passion for their work. Through Ryan, they learned the

power of teamwork, the importance of patience, and the value of proactive care. His presence made them better at what they do, and for that, they will always be grateful.

His friendship with Indigo was another beautiful testament to his ability to connect with others. Together, they shared laughter, mutual respect, and a quiet companionship that enriched both their lives. In their time together, they learned the essence of friendship—patience, kindness, and the joy of simply being in each other’s company.

At Chapel Row, Ryan embodied everything that makes a support community truly magical. He was not just a resident; he was family. He was a friend. He was, and always will be, the “Big Man.”

Ryan, your Magic Life family will never forget your magical spirit. You will remain in our hearts, and we will truly miss you.

SPECIAL THANKS

A heartfelt thank you to the Chapel Row Team for their unwavering support during this difficult time.

AUTHOR: JOAN DELLISTON

PHOTOGRAPHER: CHAPEL ROW STAFF





Setting Sail into Creativity: HJ's February Adventure

February was a month of focus, imagination, and a touch of nautical nostalgia for HJ, who embarked on an exciting voyage—right from the comfort of her own space!

Immersing herself in the intricate world of “Build-in Titanic,” HJ dedicated time to meticulously constructing the legendary ship. Each piece fitted together with care and precision, reflecting her deep appreciation for detail. But that wasn't all—while she navigated the digital waves, she also indulged in her favourite knitting craft, intertwining creativity with relaxation.

There's something magical about the balance of structured creation and free-flowing artistry. Just as knitting transforms simple yarn into something beautiful and functional, so too did HJ's Titanic project evolve, plank by plank, into a masterpiece.

The patience and dedication required for both pursuits made them a perfect pairing, offering an immersive escape into a world of craftsmanship and imagination.

As February fades into memory, we celebrate the joy of hands-on creativity and the satisfaction that comes from building something extraordinary—whether with pixels or with yarn. Bravo, HJ, for setting sail on such a remarkable journey!

AUTHOR: THE WHITE HOUSE

PHOTOGRAPHER: THE WHITE HOUSE

A FULL BELLY WITH A SMILE



AUTHOR: DAWN MALLOTT
PHOTOGRAPHER: NAIMA MUHAMUD

A Tasty Adventure at Rayaan Restaurant

Good food has a magical way of bringing joy, and February's outing was no exception! On Monday, 24th February, I had the absolute pleasure of joining Naima for a delightful Somalian dinner at Rayaan restaurant in Tottenham. It was my first visit, and I was eager to dive into a new culinary experience.

From the moment we walked in, the atmosphere was warm and welcoming. The waiter—who, I must say, was quite the looker—showed us to our seats with a friendly smile. The meal began with a comforting bowl of green lentil soup, setting the stage for what was to come. Then came the main event: a plate

of fresh salad and rice, crowned with a whole salmon. Yes, you read that right—an entire salmon! Every bite was absolutely scrumptious, and by the end of the meal, I was happily full and already planning my next visit.

What made it even better? The entire feast cost just £13! A delicious meal, a wonderful atmosphere, and fantastic company—what more could you ask for? If you haven't been to Rayaan yet, I highly recommend you check it out. You won't regret it!

SPECIAL MENTIONS

The waiter was dishy as well!

Celebrating Creativity and Connection at Winns Mews 2

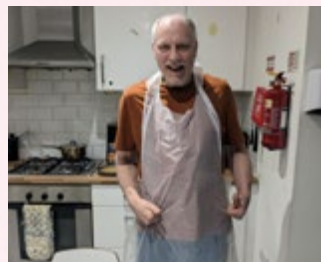
AUTHOR: ASSAN ISAAC

PHOTOGRAPHER: HANNAH ALE, AFOLABI, PATIENCE, MARY

A Month of Tasty Treats, Relaxation, and Togetherness

February at Winns Mews 2 was a whirlwind of creativity, delicious food, and quality time spent together. From hands-on cooking adventures to self-care outings, this month was all about celebrating individual passions and fostering community spirit.

The Boys Club gathering was a standout event, bringing residents together for a fun-filled day of pizza-making. With support from staff, everyone got involved in crafting their own personalised pizzas—rolling the dough, choosing toppings, and waiting eagerly as their creations baked to perfection. The atmosphere was buzzing with excitement, and the joy of sharing a meal made the experience even more special.



Alongside the culinary fun, residents enjoyed lively games that sparked laughter and friendly competition, making the day a true celebration of connection.

Beyond the group activities, residents also enjoyed tailored experiences to nurture their unique interests. AA embraced his love for baking, whipping up a delicious cake under the guidance of staff. The experience brought him a great sense of achievement and, of course, a sweet treat to enjoy! Meanwhile, RT enjoyed a well-deserved pampering session at a local nail salon, returning from his pedicure feeling refreshed and sporting a bright smile.



Cooking continued to be a theme this month as AM showcased his culinary skills, preparing a flavoursome jollof rice dish with chicken and vegetables. His enthusiasm for cooking shone through as he joyfully shared his meal with fellow residents, turning dinner into a heartwarming social event.

February was truly a month of creativity, indulgence, and camaraderie. Whether through food, relaxation, or shared experiences, residents found meaningful ways to connect and express themselves. We can't wait to see what exciting activities the next month will bring!



Valentine's Girls Club: A Month of Fun, Friendship, and Sweet Treats!



Bingo, Baking & Blossoming Friendships: A Valentine's Celebration to Remember!

February at 3 Winns Mews was filled with laughter, creativity, and a touch of friendly competition as the Valentine's Girls Club brought residents together for a heartwarming month of activities. From bingo battles to cupcake decorating, the spirit of love and fun was well and truly in the air!

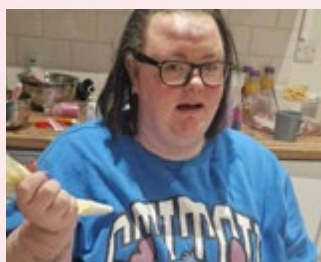
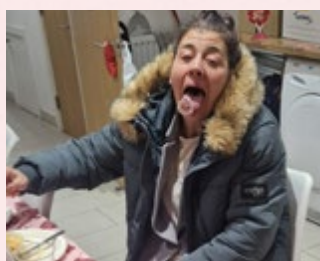
The festivities kicked off with a lively game of bingo. With gifts on the line, the excitement grew as everyone got to grips with the rules—first a line, then two, and finally, the coveted full house. One resident, Dawn, swept the board, winning all three games in a row! Her well-earned victory was celebrated with a photo alongside her beloved monkey, Chloe, and a beautiful rose. She also took home a stylish purple Friends water bottle, kindly donated by Danii.

Over at the cupcake decorating station, creativity took centre stage. A resident from Grove Park House enthusiastically got stuck into baking, creating some deliciously interesting cupcakes—most of which were swiftly devoured before the final decorations could be added! Luckily, staff managed to capture a snapshot before the last cupcake disappeared.

Meanwhile, a hilarious showdown unfolded as Danii and Morgan competed to see who could cover their face with the most bingo dots. The competition ended in a good-natured hug, proving it was all just a bit of fun.

When it came to baking, teamwork was key. The girls got hands-on with making buttercream, carefully creaming the butter with a hand mixer before adding icing sugar. With a variety of decorations—coloured stars, roses, butterflies, chocolate chips, and marshmallows—the cupcakes were transformed into edible works of art. Inspired by their success, the girls set a new challenge for next time: making everything from scratch!

February's Valentine's Girls Club was a fantastic mix of games, giggles, and goodies, bringing everyone together in the best possible way. And with promises of even more fun in the next session, it's safe to say that love—of friendship, food, and a little friendly competition—was well and truly in the air.



AUTHOR: WINNS MEWS 3

PHOTOGRAPHER: WINNS MEWS 3

February at Its Finest: A Month of Connection, Celebration, and Cherished Moments

February was a month filled with warmth, connection, and moments to remember for the residents. From personal achievements to shared celebrations, everyone found something to enjoy and appreciate.

For JH, February was a time of reconnecting and exploring. He stayed in constant touch with his mum and brother, bringing him great joy. Whether watching his favourite TV shows or venturing into the community, he embraced the fresh air and the beauty of nature. Notably, JH managed longer walks than ever before, a personal milestone that left him beaming with pride.

JK made sure he was well-prepared throughout the month, keeping on top of his shopping so he never ran out of essentials. His love for hip-hop and rap music remained strong, often getting lost in the rhythm and even breaking into a few dance moves. Like JH, he also enjoyed stepping outside and taking in the world around him, making the most of February's crisp but bright days.

WT had a special reason to reflect, as he marked his 35th birthday on the 7th. Although he chose not to celebrate with a

party, he was deeply grateful for another year of life. Staff and residents shared warm birthday wishes, which he appreciated. His passion for cooking took centre stage this month, as he experimented with something new—grilled tilapia fish! With support from staff, he tackled the preparation process with enthusiasm and was thrilled with the result. His love for entertainment continued to grow, too, as he enjoyed a mix of action-packed films on Netflix and hilarious YouTube clips.

A Valentine's Day to Remember

Valentine's Day was a beautiful occasion, reminding everyone of the importance of love, friendship, and togetherness. While historically linked to Saint Valentine and stories of devotion, the residents made the day their own—filled with shared memories, kindness, and the spirit of community. Whether through conversations, small acts of generosity, or simply enjoying time together, the day was a testament to the strong bonds that make 3 Winns Mews feel like home.

AUTHOR: MARTINS AKONYE

PHOTOGRAPHER: MARTINS AKONYE

