

Magic Life

EXPERIENCES



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MagicLife Head Office News



AUTHOR: ROB DUNBAR
PHOTOGRAPHER: HINTON REVOLUTION

Magic Life Proudly Sponsors Hinton Revolution U17 Warriors’ New Kit

Supporting Local Talent as They Rise to New Challenges

Magic Life is excited to announce our sponsorship of the Hinton Revolution U17 Warriors as they embark on a thrilling new season. Moving up from Under-16s to Under-18s, this season promises to be a challenging and rewarding experience for the team as they take on opponents a year older.

Our partnership with the Warriors is particularly meaningful, as they have been a close-knit unit since their early days playing 5-a-side football at Oakhill Tigers. Despite the closure of their former club at the end of the 2022/2023 season, the team has continued to thrive under their new banner at Hinton Revolution. Remarkably, five of the original squad members remain with the team, a testament to their enduring spirit and dedication.

This season, the Warriors will don their new kits generously

sponsored by Magic Life. These kits were sourced from Vesey, a company that overcame significant adversity. After a catastrophic fire six months ago destroyed their warehouse, equipment, and stock, Vesey demonstrated incredible resilience and commitment by delivering the new kits in time for the season’s start on 15th September.

Magic Life is honoured to support the Hinton Revolution U17 Warriors and is excited to see them take on the challenges of the



new season. We wish them the best of luck and look forward to celebrating their successes throughout the year. Here’s to a great season ahead with the support of our amazing partners and the unwavering spirit of the Warriors!

“A testament to their enduring spirit and dedication.”

MagicLife Head Office News

Winners

The Winners of Magic Audit Awards January to September 2024



Contratulations to Burlington Lodge, Devonshire Lodge & Harringay Road for Winning the Audit Awards

JANUARY TO SEPTEMBER 2024 2024

**WINNER
AUDIT LEAGUE**

1ST PLACE
Burlington Lodge

Presented in Recognition
of Exemplary Compliance in Documentation and
Adherence to Procedures within the Service

Presented By: Sonia Powell

Date: 23rd September 2024

Magic Life
CERTIFICATE OF ACHIEVEMENT

JANUARY TO SEPTEMBER 2024 2024

**WINNER
AUDIT LEAGUE**

2ND PLACE
Devonshire Lodge

Presented in Recognition
of Exemplary Compliance in Documentation and
Adherence to Procedures within the Service

Presented By: Sonia Powell

Date: 23rd September 2024

Magic Life
CERTIFICATE OF ACHIEVEMENT

JANUARY TO SEPTEMBER 2024 2024

**WINNER
AUDIT LEAGUE**

3RD PLACE
Harringay Road

Presented in Recognition
of Exemplary Compliance in Documentation and
Adherence to Procedures within the Service

Presented By: Sonia Powell

Date: 23rd September 2024

Magic Life
CERTIFICATE OF ACHIEVEMENT

MagicLife 52 Bruce Grove

Cultivating Wellness Through Gardening



Research reveals that gardens not only nurture the environment and wildlife, but also offer significant benefits to humans.



At Bruce Grove, this connection was celebrated when residents and staff came together to transform their garden into a thriving space for flowers and plants.

Gardening has long been associated with promoting both physical and mental well-being. It's a known fact that gardening provides fitness benefits, fosters connections with others, and cultivates an appreciation for nature's beauty.

In 2021, a study by the Royal Horticultural Society found that individuals who garden regularly enjoy a 6.6% higher sense of well-being and 4.2% lower stress levels compared to non-gardeners. The physical exertion, similar to playing badminton or doing yoga, burns calories and contributes to better health.

The garden at Bruce Grove became a place of shared effort and personal responsibility. In a monthly meeting, residents expressed their desire to rejuvenate the back garden. With the support of staff, the space was cleared, and each resident was given the opportunity to plant flowers, vegetables, and herbs. To encourage pride and responsibility, each plant was labelled with the name of its planter, creating a personal bond between individuals and their plants.

The result? A beautiful garden in the making, but more importantly, strengthened relationships and a shared sense of purpose. The ongoing care of the plants has become a source of joy and a means of improving mental health and well-being among both staff and residents.

AUTHOR: EMEM EKANEM

PHOTOGRAPHER: BRUCE GROVE STAFF





Your Place Only Better

Magic Life Supported Living Home's Done Better...



Happiness Can Be Found in the Smallest of Things

This month at Greyhound Road has been filled with laughter, growth, and cherished moments. Our residents have been taking part in a range of activities—ranging from trips to the cinema, intense card game sessions, and competitive fun at the arcade, to bowling nights and enjoying delicious meals. One particularly amusing moment came when the group bumped into Kat Slater from Eastenders while walking in Ally Pally Park!

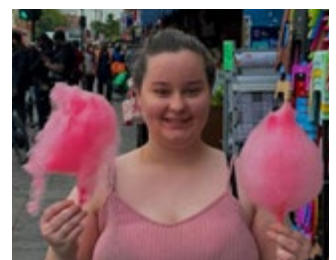
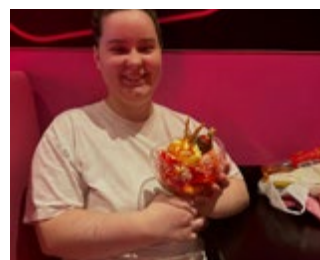
Louise's confidence has shone more and more, leaving us all incredibly proud. She captivated everyone by performing at the talent show, singing one of her favourite songs. Louise has also made strides in her independence, and we couldn't be happier for her! She recently went on her own to do her food shopping and sort out electricity needs—a massive achievement. Louise also took a nostalgic trip to Sutton, where she showed staff the places she grew up, capping the day off with ice cream and a visit

to Greggs, one of her all-time favourites. She also loved sampling new noodle dishes from a takeaway on High Road and making her very own candy floss—pure joy on a stick! Well done, Louise, we're so proud of you!

Frankie has had an equally eventful month, strengthening bonds with the staff team over delicious meals out. She's explored different cosmetics in boutiques, indulging in some well-deserved self-care. A standout moment for Frankie was browsing through the National Portrait Gallery, admiring portraits of different Kings and Queens and transitioning from historical to modern art.

Special Mentions:

A warm welcome to Tanisha, who has joined us this month. We're so excited to have you here, Tanisha—you are already making such a lovely impression!



MagicLife 171 Harringay Road

Celebrating Independence and Connection

In September, Magic Life UK saw numerous uplifting moments, highlighting the independence, adventure, and cherished relationships of our residents.

Our residents have shown a growing sense of independence by managing their own flats more actively. A shining example is LG, who donated personal items to local charity shops. This act not only contributed meaningfully to the community but also helped her create a more comfortable and organised living space. It's wonderful to see such initiatives that foster both personal growth and community spirit.

Small Adventures: Broadening Horizons

RL has been taking exciting journeys beyond her usual neighbourhood walks, exploring various town centres and even venturing to the bustling Oxford Street. Using bus routes, RL has enjoyed discovering hidden gems, embodying the spirit of exploration. Meanwhile, JC, who has a love for Chinese cuisine, recently enjoyed a delightful outing with staff at a local Chinese restaurant. These experiences provide our residents with opportunities to engage with the community while maintaining their adventurous spirits.

Birthday Celebrations: Sharing Joy Together

This month, NC celebrated her 59th birthday surrounded by her partner, staff, and thoughtful gifts. Her beaming smile truly radiated the joy and warmth of the day, showing the importance of connection in nurturing happiness.

Family Visits: The Heart of Emotional Well-being

Family visits brought warmth to several residents. TB was visited by her son, and JL was delighted to spend time with his mother. Family contact remains essential for emotional well-being, providing comfort, reassurance, and a vital connection to the wider world. RL took a particularly special trip to Wales, where she celebrated her son's birthday and spent valuable time reconnecting with her roots and loved ones. It was a meaningful journey that highlighted both her sense of adventure and the enduring significance of family ties.

AUTHOR: HARRINGAY ROAD

PHOTOGRAPHER: HARRINGAY ROAD



MagicLife 672 High Road

The 672 Talent Show and Other Highlights

CK: CK had a wonderful time with support from staff during the recent talent show. He also enjoyed feeding the geese at the park and got in some exercise at the outdoor gym. Additionally, CK spent time at the Devonshire Lodge day centre, where he painted and positively engaged with staff and fellow residents. He has been developing his life skills by helping with indoor cleaning, aiming for greater independence. A trip to the National Gallery in central London allowed CK to appreciate art, and he even got the chance to pose with a royal guard.

CB: CB thoroughly enjoyed the talent show, where he encouraged a fellow resident during their musical performance. His own song performance was a hit, entertaining all the guests. Afterward, CB was seen relaxing and posing for photographs, showing his calm and confident side.

DF (Danny): Danny was delighted to be involved in the talent show preparations, even volunteering to sweep the courtyard before the guests arrived. His performance was full of joy, and he sang lovely songs that entertained everyone, including guests from other projects. He received encouragement on stage from CB, which he later returned when CB performed. Danny's enthusiastic pose was beautifully captured in photos.

CCB: CCB enjoyed dancing throughout the talent show, even finding a glass door to use as her personal dance mirror. She spent time under the canopy with DF while preparations were underway, adding to the sense of community. CCB also loves a good game of snooker, which she played with the deputy manager, and enjoys going shopping with support staff. She takes pride in keeping her bathroom clean, maintaining it regularly with dedication. With a love for make-up, CCB often gets assistance from the staff whenever she wishes to express her stylish side.

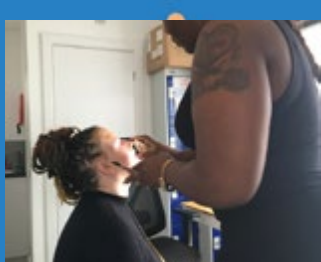
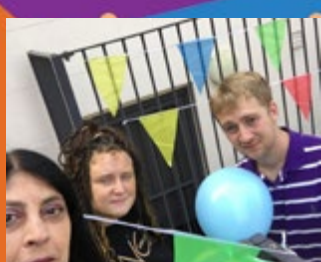
SSS: SSS celebrated his birthday, which coincided with the talent show. He enjoyed the festivities, and the highlight for him was having everyone sing "Happy Birthday" while he held his cake.

672 Service Highlights

The dedicated staff at 672 High Road have been preparing for the Magic Life Talent Show 2024 since May, and their hard work paid off with a spectacular event on the 30th of August. The show was attended by service managers, area managers, and many staff from various services. Talents from across the community shone brightly: Shamari from Parkside took first place, Jasmine from

Chapel Row earned second, and Craig from 672 secured third place. Louise from 672 gave a heartfelt performance in British Sign Language, although this happened after the prizes had been awarded, as she arrived late. The event was a true celebration of everyone's unique abilities and spirit! *invelitae vollendis et la qui dunt el is necest venimporest antiae. Luptat. Itatiae et, con cupta dolore corepe nisto eum volupti busande rovit et preperum*





AUTHOR: SEGUN STEPHEN AND OLUWASEYI
PHOTOGRAPHER: ALL STAFF

Celebrating Joy, Creativity, and Community at Burlington Lodge



The month of September was a memorable one for both residents and staff at Burlington Lodge, filled with three wonderful events that brought joy, excitement, and a sense of accomplishment. These moments not only made the month truly spectacular but also contributed significantly to the physical, mental, emotional, and general well-being of our residents. Here’s a recap of those special times.

Funfair at Finsbury Park

The weather was perfect—bright, fair, and calm—as residents dressed in their best Autumn outfits, ready for an exciting day out. The journey began with an enjoyable ride on the TFL bus, with accessible spaces available for our wheelchair users. Upon arrival, both residents and staff marveled at the sights and sounds of the bustling funfair. Observing the rides—miniature trains, cars, and horses in motion—was a delight, and the joy on everyone’s faces was truly priceless. Vibrant music played throughout, and residents danced in their own unique ways, admiring the wonders of modern entertainment. This outing boosted residents’ mental stimulation and physical activity, contributing to their overall sense of joy and vitality.

Talent Show at 672

The excitement at this year’s talent show was beyond words. Residents were thrilled by the lively atmosphere filled with delicious food, drinks, music, and dancing. The chance to meet and socialise with individuals from other sister projects made the day even more special. A standout moment was when SB stole the show, confidently taking the microphone to sing his favourite song, receiving admiration and applause from the audience. The talent show encouraged self-expression, built confidence, and fostered social connections—greatly benefiting the residents’ emotional well-being.

Worship at Community Church

Nearly all residents and staff took part in a community worship event at Tiverton Church. The gathering provided residents with a variety of activities, including gardening, art and craft, and uplifting music. Refreshments such as tea, popcorn, and drinks were served, and residents enjoyed an inspiring gospel message. These activities fostered a sense of community, offering residents spiritual nourishment and opportunities for creative expression, which positively impacted their emotional and mental health.

Conclusion

September at Burlington Lodge was truly a month to remember, filled with fun, creativity, and meaningful connections. The events not only brought joy to everyone involved but also contributed to the physical, mental, and emotional well-being of our residents. We look forward to more moments of happiness and achievement in the months ahead!



MagicLife Cherry Tree Lodge

A Warm Welcome & Joyous Celebrations



We are thrilled to welcome Nicola, our newest resident, who has quickly become a valued member of our community. Nicola has been settling in wonderfully, engaging with her fellow residents and exploring the various activities we have to offer.

Recently, our residents enjoyed an exciting bingo game that brought plenty of laughter and friendly competition. Several residents were lucky enough to win prizes, which added to the festive atmosphere! A few residents also took a lovely walk in the park, soaking up the beautiful weather and enjoying the vibrant surroundings.

Another special highlight this month was the birthday

celebration of Dennis, one of our cherished residents. Dennis marked his special day surrounded by friends—both residents and staff—during a fantastic party filled with joy, laughter, and heartfelt moments. It was a wonderful occasion that truly brought everyone together.

Special Mentions

A big shout-out to our Senior Support Worker, Idris, who recently celebrated his birthday with both residents and staff! Happy Birthday also to all our September celebrants at Cherrytree Lodge—Felix and Priscilla! Your incredible work and dedication do not go unnoticed, and we are so grateful for everything you do.

AUTHOR: OMOLARA AWOSINA, DEPUTY MANAGER
PHOTOGRAPHER: CHERRY TREE LODGE STAFF

MagicLife Devonshire Lodge

Devonshire Lodge had an impressive achievement in September, securing 2nd position at the WINNERS AUDIT LEAGUE 2024 (Jan – Sept). Congratulations to all our dedicated staff members for this amazing result. Let's continue working hard and keep raising our flag higher!

■ MG has shown significant improvements in his health and wellbeing. He successfully attended a dental appointment, which showed no issues. Additionally, MG has become more independent, learning to open the toilet door and using the toilet at his convenience. He also enjoyed a shopping trip to a local store, where he chose items himself and carried them back to the service. MG's confidence continues to grow thanks to positive engagements with supportive staff, which include visiting parks and using public buses. His family has expressed their happiness with the services he receives.

■ OB has faced some challenges this month. Following consultations with his GP, a psychologist and a psychiatrist visited to investigate the causes of his heightened moods. Additionally, two Learning Disability nurses conducted a follow-up visit for further assessment. On 27th September at 12:22, OB experienced a seizure that lasted for two minutes, and his family was promptly informed. Despite the challenges, our staff remain committed to providing OB with effective support.

■ JI has found joy in visiting the mosque, and our staff ensure this is a regular part of his routine to support his spiritual wellbeing. These visits have been empowering for JI and have greatly improved his

quality of life. It is wonderful to see him engaging in household chores as well.

■ IW is continuing his efforts to stay healthy by engaging in community walks to reduce his weight. He also enjoyed a day of pedal power exercise at New River Sports Centre. IW's family recently visited, and they enjoyed spending quality time in his flat, expressing their happiness with his progress.

■ BKD has been experiencing enjoyable outings to the cinema and Enfield Library. He particularly loves walking exercises in his community, pushing trolleys while shopping, and packing groceries into his car boot. BKD's mother has expressed her happiness about his progress, which is fantastic to see.

■ DB enjoys the freedom of moving around the service as she likes. She also actively participates in washing her dishes, showing her growing independence. DB's bond with her family remains strong; she recently visited them and had a lovely time, and they also visit every Saturday to bring her weekly groceries.

■ SS continues to engage enthusiastically in her usual activities, including bus rides, bowling, and trampolining. She has recently started exercising at the gym, showing great enthusiasm. SS has a very close relationship with her family, who visit often and share quality time with her. Her father also accompanies her on some of her community activities. SS experienced a seizure on 27th September at 10:00, which lasted two minutes, and her family was informed promptly.

Special Mention:

Congratulations again to Devonshire Lodge for securing 2nd position at the WINNERS AUDIT LEAGUE 2024. This is a wonderful recognition of the hard work and dedication of our staff.

AUTHOR: HOLLIE

PHOTOGRAPHER: DEVONSHIRE STAFF

Celebrating Growth, Wellbeing, and Community at Devonshire Lodge





“With continued hard work, we will keep raising our flag higher and higher!”



MagicLife 57 Grove Park Road

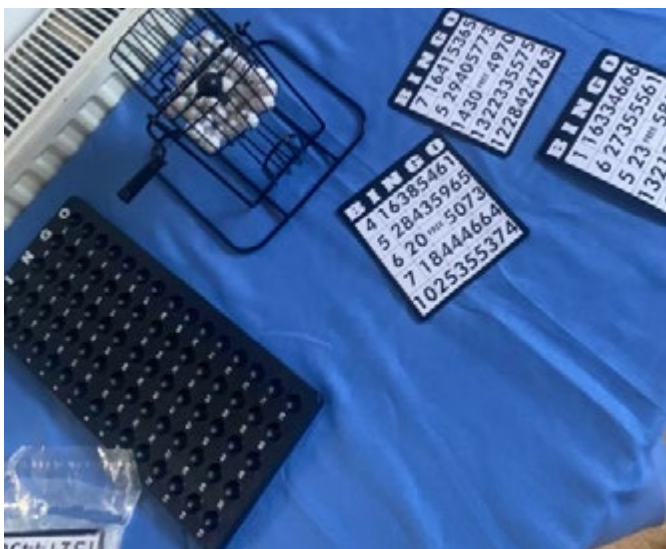
Cooking and Bingo at Grove Park Road

On Thursday 25th September, the ladies at Grove Park Road transformed into chefs, working together to create some mouth-watering spicy jerk chicken rolls. For TD, who is a vegetarian, they crafted delicious veggie rolls—all made entirely from scratch! It was a delightful experience, with everyone enjoying both the cooking process and each other's company.

A couple of days later, on the 27th, it was time for their absolute favourite game—Bingo! With each roll of the number balls, the anticipation was palpable, and everyone was eager for that moment when someone would shout "BINGO!". All of the ladies won some amazing prizes while enjoying the snacks and treats that were provided. It was a day filled with joy, laughter, and a real sense of community spirit.

AUTHOR: HAWA AND DOREEN

PHOTOGRAPHER: HAWA AND AYESHA



Ingredients:

- 4 boneless, skinless chicken thighs
- 2 tbsp jerk seasoning
- Juice of 1 lime
- 2 tbsp olive oil
- 1 red onion, finely sliced
- 1 red bell pepper, finely sliced
- 1 tbsp honey
- 6 large tortillas or wraps
- 100g shredded cheese (optional, for added richness)
- Fresh coriander, chopped (for garnish)

■ Prepare the Chicken:

Start by marinating the chicken thighs. In a mixing bowl, combine the jerk seasoning, lime juice, and 1 tbsp of olive oil. Rub this mixture over the chicken thighs, making sure they are well-coated. Let it marinate for at least 30 minutes—this really helps the flavours soak in.

■ Cook the Chicken:

Heat a skillet over medium heat and add the remaining 1 tbsp of olive oil. Cook the chicken thighs for about 5-6 minutes on each side or until they are cooked through and charred slightly at the edges. Once cooked, set the chicken aside to rest for a few minutes before slicing it into thin strips.

■ Prepare the Veggies:

In the same skillet, add the red onion and bell pepper. Sauté for about 3-4 minutes until they begin to soften. Add the honey and let it caramelize for an extra touch of sweetness that balances out the jerk spice.

■ Assemble the Rolls:

Lay out each tortilla or wrap. In the centre, place a handful of the sliced jerk chicken, followed by the sautéed veggies. If you're using cheese, sprinkle a little on top before rolling up the tortilla tightly.

■ Toast the Rolls (Optional):

For an added crunch, lightly toast each roll in the skillet for 1-2 minutes on each side until golden and crispy.





Hale End and Park Village End of Summer International BBQ

On the 31st of August 2024, Hale End hosted an incredible End of Summer International BBQ, organised by the dedicated management team. This event brought together staff and residents from Park Village and Hale End, offering a perfect blend of delicious food, fun activities, and cultural exchange, all aimed at promoting team bonding and creating a relaxing atmosphere for everyone involved.

The event saw high attendance, with enthusiastic participation from both staff and residents. This engagement helped strengthen cross-departmental relationships, allowing individuals to bond through the shared experience of food, music, and games. The cultural diversity was celebrated as people shared different foods and wore traditional attire, creating a sense of unity.

The catering received glowing feedback, with the variety and quality of the BBQ earning particular praise. The team-building element was evident, as both staff and residents enjoyed a rare opportunity to relax and socialise outside their usual routines. Friendly competitions, such as the dressing contest, were particularly well-received, enhancing the fun and highlighting the value of cultural expression.

The End of Summer BBQ was a tremendous success, providing everyone with a much-needed break and fostering a sense of team cohesion that will carry forward into future activities.

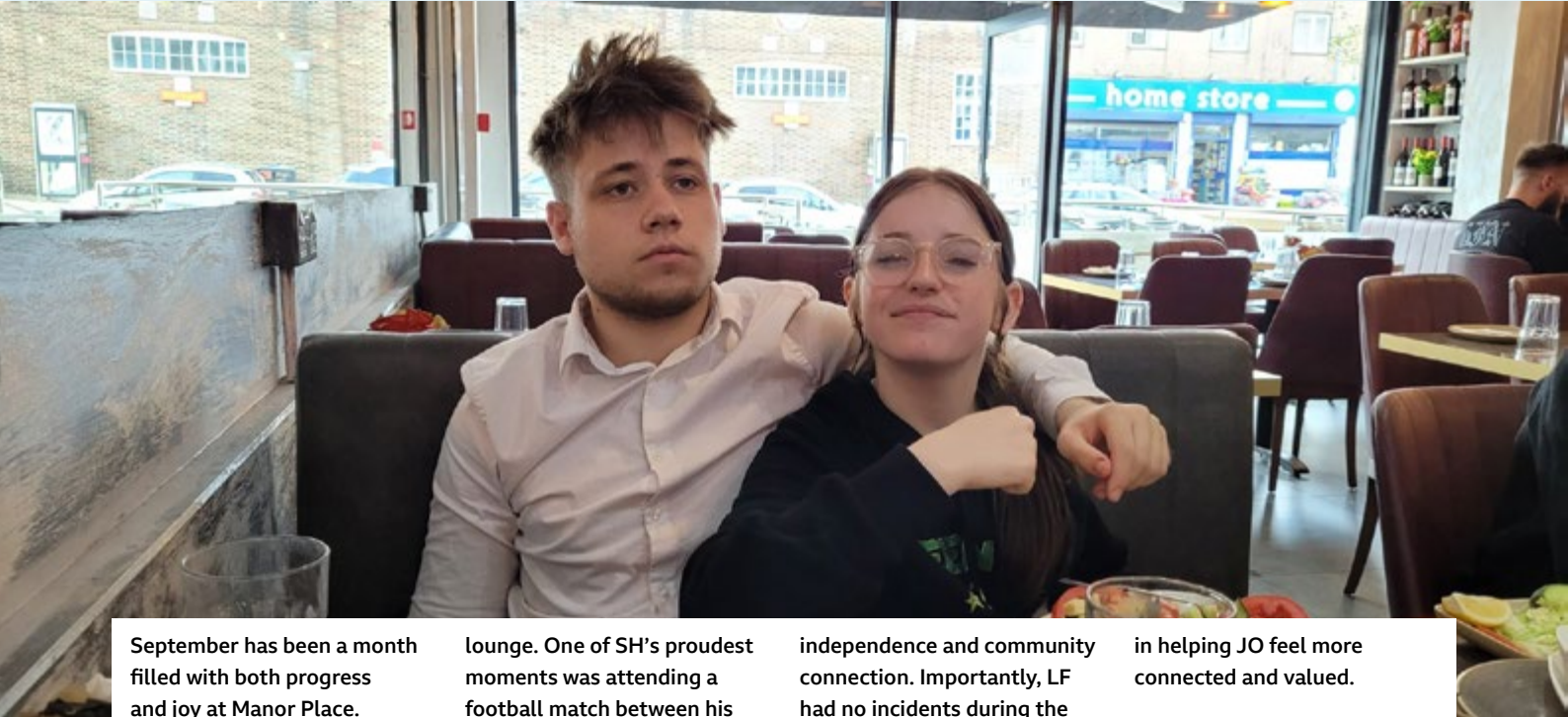
Acknowledgements

A heartfelt thanks to the management team for organising this memorable event and to everyone who took part in making it so special.

AUTHOR: YAA AND DIANA
PHOTOGRAPHER: SUZETTE



Highlighting the Progress and Achievements of Our Residents



September has been a month filled with both progress and joy at Manor Place. The residents and staff have engaged in numerous activities that have kept everyone motivated and working towards their goals. The teamwork and dedication of our staff have contributed immensely to the positive environment experienced by everyone, and we're thrilled to share some of the key moments from this month.

■ SH's Remarkable Progress



SH has had an amazing month in September, showing consistent progress in his daily activities. This includes his excellent compliance with medication administration and his active engagement with communal areas like the

lounge. One of SH's proudest moments was attending a football match between his beloved Watford team and Stoke City. With staff support, he enjoyed the game at Watford Stadium, which ended in a spectacular 3-0 victory for Watford. His enthusiasm was infectious, and this outing marked a significant goal achieved for SH.

■ LF's Growing Independence

LF has been flourishing, particularly in his efforts to take more responsibility for his food shopping. With staff support, LF has made significant progress in taking ownership of his choices, showing a growing independence that has been a pleasure to witness. Shopping trips to Sainsbury's have been a fantastic opportunity for LF to learn and practice decision-making. He also enjoyed visiting his mum and accessing the community freely, which further strengthened his sense of

independence and community connection. Importantly, LF had no incidents during the month, and he is settling into the service with noticeable positive behavioural changes.

■ JO's Challenges and Triumphs

While September was not without its challenges for JO, it also featured some significant achievements. Despite some behavioural incidents, JO has remained compliant with his daily routines, including managing laundry and medication. A major highlight for JO was completing his first bicycle ride—an achievement celebrated with a special treat, marking an important personal milestone. JO also continued his swimming sessions at the local leisure centre, and enjoyed a wonderful family day with visits from his mum, sister, a family friend, and his grandmother. Their support has been instrumental

in helping JO feel more connected and valued.

■ GS's Passion for Plants and Independence

GS has continued to show his passion for plants, a hobby he's maintained since August. He has also been active in his other routines, including working several days a week, playing games, and enjoying music. GS has demonstrated a commendable level of independence, taking charge of his own food shopping, cooking, and financial management. This progress has been empowering for GS, and it's been wonderful to see his sense of responsibility grow.

■ Special Mentions

A heartfelt thank you to the entire Manor Place staff for their continuous dedication and the incredible support they provide to our residents. Your hard work is truly the backbone of our community's success.

Magic Northlands

Lucy and Charlotte Thrive Together in Daily Activities



The girls at Northlands have had a wonderful month, continuing to grow and enjoy their time together. Lucy and Charlotte have formed a close bond, supporting each other every day. As peers of the same age, they share a lot in common, which has been key to maintaining their happiness and well-being. Whether it's about engaging in shared activities or simply being there for each other, their connection highlights the value of having someone relatable

by your side.

They have not only enjoyed daily outings but also developed valuable skills through these shared experiences, showing how impactful peer relationships can be. Lucy and Charlotte's teamwork and positivity are a true testament to the supportive atmosphere at Northlands.





September's Blossoming Achievements at Park Lodge

At Park Lodge, September has been an exceptional month filled with creativity, community spirit, and growth. From exciting activities to personal achievements, everyone has contributed to making this a memorable time. Let's take a moment to highlight the wonderful events and accomplishments at Park Lodge.

■ **Special Mentions:**

We had numerous standout moments this month! A heartfelt special mention goes to Resident A for their excellent progress in their gardening project, where they've transformed a once simple patch into a beautiful, thriving garden space. This area is now not only visually appealing but also a calming spot for everyone to enjoy. Another special commendation goes to Staff Member B, whose dedication to our arts and crafts sessions has led to fantastic creative displays throughout the facility.

■ **Activities Overview:**

This month's schedule was packed with diverse activities aimed at promoting creativity and wellbeing. Notable among them was the Baking Club, where several participants enthusiastically learned to bake apple pies using apples picked fresh from our own garden. The Weekly Walking Group also welcomed new members, and the group completed a record number of walks in the local park, fostering a great sense of community and fitness.

■ **Community Events:**

The Harvest Festival Celebration was a particular highlight, with

everyone coming together to share dishes, songs, and stories. The event was a wonderful showcase of teamwork, with residents and staff contributing their talents—be it through cooking, decorating, or just sharing smiles.



AUTHOR: PARK LODGE

PHOTOGRAPHER: PARK LODGE



A Month Full of Positivity at Parkside



This September, Parkside was buzzing with positivity and new beginnings! We welcomed new team members who brought fresh energy and enthusiasm, fostering a more vibrant atmosphere for both staff and residents.

Our adventures took us beyond Parkside this month, with a fantastic day trip to Trafalgar Square. SR, ED, and a new resident from Park Lodge enjoyed exploring the sights. ED and his staff also had a memorable lunch at a local pub before venturing to the London Museum. SR especially had a wonderful time experiencing London's culture and charm.

For those who stayed back, there were plenty of indoor activities to keep spirits high. From board games like Monopoly and Ludo to

some delicious baking sessions, everyone had something to enjoy. Moreover, some residents joined Park Lodge for a movie night, adding a touch of cinematic fun to the month.

AUTHOR: LYDIA BOAKYE

PHOTOGRAPHER: PARKSIDE STAFF



Ways to Enjoy a Late Summer Break

“In the hazy days at summer’s end when the air’s still warm and the green near spent. When the days grow short and the evenings tall then you feel in a whisper Fall.” - Laura Jaworski

The service users at Chapel Row found their own person-centred ways to bid farewell to the lazy days of summer while discovering the magic of early autumn.

For Ryan, this meant visiting the famous award-winning Drusilla’s Park in East Sussex. He met with his mum and dad for a wonderful family day out, accompanied by his support staff. Ryan particularly enjoyed the motion of the Safari Express train, marvelling at the diverse species of animals and the enchanting dinosaur displays. It was an extraordinary day of bonding and delight, creating treasured memories for Ryan and his family.

Indigo, on the other hand, had a unique sensory experience. She visited the O2 Arena, spending an entire day bouncing on trampolines. This activity fulfils her sensory needs by supporting her vestibular and proprioceptive systems, which are key to her sense of balance and body awareness. Bouncing brings Indigo joy and relaxation, and she finds herself feeling cradled and elated as she moves through the air.

Jazz embraced a week of holiday bliss at Centre Parcs. She spent time with her dad, enjoying peaceful moments connecting

with nature and swimming in the pool. For Jazz, this trip was especially significant after a few months in the hospital. She also took a trip to Southend-on-Sea, topping up her tan and having fun in the seaside arcade. These experiences have helped Jazz shape a positive new chapter in her life, focusing on herself, her skills, and her ambitions. While there may be ups and downs, her determination shines through, and Magic Life’s person-centred approach aims to support her every step of the way.

Another joyful highlight this month was the visit from Milo, whose soft fur and gentle demeanour brought comfort to all. The act of stroking and petting Milo provided a therapeutic effect, helping the service users with their emotional and behavioural well-being.

To wrap up the season, the Chapel Row manager offered further suggestions for enjoying late summer and early autumn: apple picking, chestnut collecting, pumpkin harvesting, and foraging. Everyone is encouraged to share their own ideas!

“For Jazz, this was the most eagerly awaited holiday after spending a few months in the hospital. Magic Life’s person-centred approach will hopefully provide all that she needs.”



AUTHOR: JOAN DELLISTON
PHOTOGRAPHER: EBINEME MIRIAM, ALBERT TOCHI, TIKO ISSAH, EVELYN

Celebrating Success and Togetherness at Whitehouse



This month at the Whitehouse has been truly remarkable, filled with heartfelt celebrations and community spirit. We proudly marked the achievement of our very first audit with a delightful meal for the staff—a gesture of gratitude for everyone’s hard work and dedication. Their efforts are truly the backbone of our success.

We also celebrated the birthday of our wonderful Deputy, making it a joyous occasion for all. Birthdays are always special here, as they give us a chance to share in each other’s happiness and show appreciation for our amazing team.

Our newest resident has been settling in beautifully. She has been integrating herself into the Whitehouse family by cooking meals alongside staff and other residents. These shared experiences have been instrumental in fostering strong connections both within the house and the wider community. It’s been fantastic to see Cassandra thriving—she has settled well and is doing brilliantly, showing just how supportive and welcoming our community truly is.

AUTHOR: THE WHITE HOUSE
PHOTOGRAPHER: THE WHITE HOUSE

The Hampton's End of Summer Party Celebration



As the vibrant days of summer drew to a close, the residents and staff at The Hamptons gathered on September 25th for a spectacular End of Summer Party. The event was a joyous occasion where cultures blended, delicious food was shared, and music filled the air, creating a warm and festive atmosphere for all.

Residents and staff fully embraced the spirit of the day by dressing in their finest cultural attire, showcasing a beautiful array of African and English influences. The bright colours and diverse outfits brought an extra layer of excitement to the celebration, reflecting the multicultural spirit of The Hamptons.

The party kicked off with finger foods and refreshing drinks, as everyone mingled and enjoyed the lively ambiance. A highlight of the event was the delightful spread of meals, which included a delicious fusion of African and English cuisines. Residents were especially thrilled with the Nigerian Jollof rice, a flavourful dish

prepared with care by the staff. The tantalizing aroma of this much-loved dish filled the room, bringing smiles to everyone's faces.

As the music began to play, the real fun started. Guests took to the dance floor, moving to the beats and rhythms of upbeat tunes. Laughter, dancing, and shared stories filled the space, making it an afternoon to remember.

The Hampton's End of Summer Party was more than just a celebration; it was a beautiful reminder of the strong sense of community, cultural diversity, and togetherness that defines life at The Hamptons. As we move into the autumn months, we look back on this joyful day with fond memories and look forward to more opportunities to come together and celebrate the richness of our vibrant community.

AUTHOR: OMOYE ENYI

PHOTOGRAPHER: THE HAMPTONS STAFF





Growth & Progress at 2 Winn's Mews

This month at 2 Winn's Mews has been wonderful, filled with many exciting developments. The residents have been actively participating in a wide range of activities, supported by our dedicated staff, which has created a vibrant and engaging atmosphere. The positive and supportive environment at 2 Winn's has been key in fostering the personal growth and development of our residents, ensuring they reach their full potential.

■ One resident, RT, thoroughly enjoyed spending time with his mother during her recent visit. They visited a charming local café, savoured delicious treats, and enjoyed a leisurely stroll in a nearby park, creating many joyful moments together. Additionally, RT had the pleasure of playing FIFA 24 with a fellow resident, Mohammed, and both had a great time competing in the game.

■ AM has been forming meaningful relationships with both fellow service users and staff members. With staff guidance, his goal this month has been to dress regularly in new attire, including clothing and sneakers, and to maintain a well-groomed appearance. A recent visit to JD allowed AM to successfully purchase the new clothes and sneakers, and his positive transformation was warmly received by everyone around him.

■ PKP has also been making fantastic progress, actively engaging with the local community through outings. He has been learning to independently order his favourite food and taking significant steps towards greater independence, all with the continued support of our staff. PKP has also been honing his cooking skills, preparing his meals with staff guidance, allowing him to express creativity and personal preference in the kitchen.

■ PC, meanwhile, has become more involved in the service. He successfully addressed banking issues with the help of our staff, shopped for himself, and has been eating healthy meals. This development was particularly meaningful as PC had previously been hesitant to leave his flat and had not been eating well for quite some time. Additionally, a visit from his sister after a prolonged separation brought him immense happiness.

In summary, it has been a fantastic month for the residents of 2 Winn's Mews, and everyone is eagerly looking forward to what comes next!

AUTHOR: ISAAC AMANING
PHOTOGRAPHER: ISAAC AMANING



MagicLife Winns Mews 4

Celebrating JH's Special Day at 4 Winns Mews

On Tuesday, 17th September 2024, residents and staff at 4 Winns Mews came together to celebrate JH's 42nd birthday, marking a wonderful milestone. Birthdays are not just annual events—they're times for reflection, joy, and community. At 4 Winns Mews, we make sure each resident feels cherished on their special day, understanding how meaningful these moments are for both them and their families.

The festivities began in the afternoon in the cosy lounge, which was transformed into a lively party space, featuring an assortment of delicious cakes, food, and drinks. The atmosphere was filled with laughter and joy as everyone gathered to honour JH. At 4 Winns Mews, we know that celebrating birthdays is more than just about a single day—it's a vital part of our ongoing commitment to the well-being of our residents. This special day for JH was a true testament to the warmth and care we strive to provide every day.

AUTHOR: MARTINS

PHOTOGRAPHER: MARTINS AND OTO-OBONG



A Day of Quiet Joy and Thoughtful Gestures



Kim's 23rd birthday at 5 Winns Mews started quietly, and for days leading up, she had felt uneasy about it. It wasn't the thought of growing older or worrying about wrinkles, but rather the pressure and expectations that often come with big celebrations. Kim had been dreading the attention, preferring instead a more intimate and peaceful setting.

Knowing her well, the staff at 5 Winns Mews wanted to make her day truly special, but in a way that resonated with her personality. They chose to celebrate with a simple, heartfelt approach—something that wouldn't make her the centre of attention, but still ensured she felt loved and appreciated.

Later that day, Kim returned with her friend Mica to find a lovely surprise waiting for her. Gifts, a cake, and her favourite foods had been prepared, with contributions from friends and loved ones. Their thoughtful gifts and heartfelt cards made her face light up with excitement. As Kim made her wish and blew out the candles, she was visibly moved by the effort everyone had made.

The birthday song was sung softly, the meal was enjoyed together

in the lounge, and there was no loud music—just the calm atmosphere that Kim valued. The simplicity of it all, surrounded by those who truly understood her, made the day deeply meaningful. The comforting presence of her friends and the warmth of their thoughtful gesture helped Kim see her birthday differently. She realized that birthdays need not be a marker of time slipping away but could instead be celebrated in quiet moments filled with genuine connection.

The rest of the day was spent in the courtyard and around the community, eating, drinking, and embracing the quiet joy of the day. It was a day that proved how small, sincere gestures can create moments of true happiness.

AUTHOR: EMEDIONG EKPO

PHOTOGRAPHER: AMANDA ROBINSON

MagicLife Wins Mews 3

A Burst of Colour and Creativity at 3 Wins Mews!

The atmosphere was therapeutic in the kitchen of 3 Wins Mews as all participants chose their size of T-shirt. The explosions of colours selected made the T-shirt dyeing process electrifying. The girls bonded through discussions on pinching, twisting, folding, and scrunching the fabric to make their patterns.

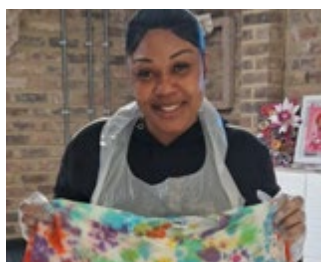
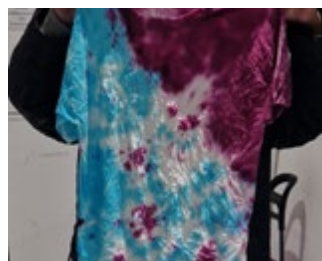
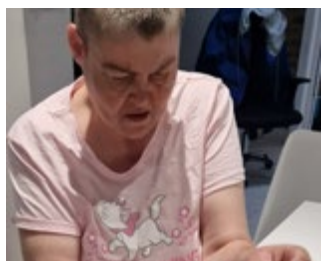
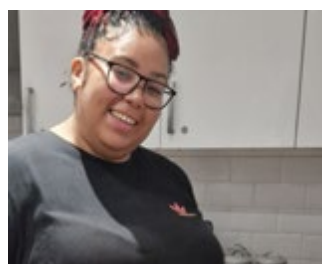
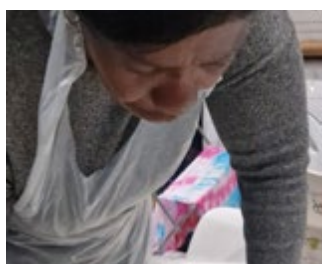
This was an opportunity to get messy and have fun, as they watched the vibrant colours blend around the elastic bands. The engagement levels and concentration were high for both residents and staff, which made the experience even more thrilling when it came time to reveal the fabulous T-shirts that had been created—each one unique in its own way.

To top off the day, pizzas were made and decorated with the toppings provided, and enjoyed by everyone who took part. Could tie-dyeing become your new hobby? You'll never know if you don't try!

A special thank you from the staff goes out to Alisha for all her help.

AUTHOR: WINNS MEWS 3

PHOTOGRAPHER: WINNS MEWS 3



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Devonshire Lodge
139 Devonshire Hill Lane, London,
N17 7NL

Greyhound Road
95 Greyhound Road, London,
N17 6XR

Grove Park Road
57 Grove Park Road, London,
N15 4SL

Harringay Road
171 Harringay Road, London,
N15 3HP

High Road Tottenham
672 High Road, London,
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3 Cedar Close, Potters Bar,
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EN6 1EW

Maple Lodge & Cedar Lodge
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Green,
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N18 2UH

Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

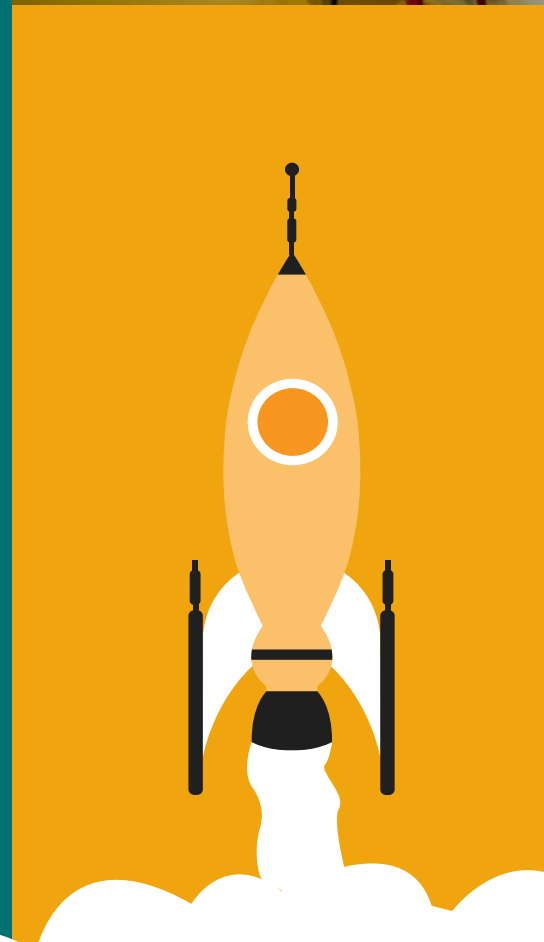
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