



Magic Life

SHARING EXPERIENCES

In this Edition

- The Magic Life Christmas Card Challenge: A Festive Triumph!
- Celebrations and Togetherness at Devonshire Lodge
- Hope Restored: A Life Transformed at Magic Life
- It's Beginning to Look a Lot Like Christmas!
- A Month of Milestones and Magic at Hale End
- November at Chapel Row: A Season of Growth and Unity
- DK's Day of Pampering: A Refreshing Self-Care Journey
- Thrilling Mix of History and Horror
- Christmas Card Challenge and a Heartfelt Surprise Party
- A Month of Exploration: November Highlights at Manor Place
- Celebrations, Creativity, and Culinary Delights
- Out and About: Celebrating Life Skills and Community Spirit at
- 672 High Road
- Park Lodge: November Highlights
- Celebrating Family Connections at Parkside This November
- Celebrating Growth and Achievements in 2024
- A November to Remember
- Celebrating Milestones and Creativity at Northlands
- Bowling, Bonding, and Brilliance
- A Journey to The Darker Side of London
- Edward's Fusion Feast: A Lunchtime Revolution
- Covent Garden Dreams
- It's Beginning to Look a Lot Like Christmas at 6 Winn's Mews
- A November to Remember: Embracing Creativity and Confidence
- Christmas Card Collage

MagicLife Head Office

The Magic Life Christmas Card Challenge: A Festive Triumph!

This year's Magic Life Christmas Card Challenge was a resounding success, showcasing the creative talents and holiday spirit that make our community so extraordinary. A heartfelt thank you goes out to everyone who took up the challenge and poured their imagination into crafting festive designs. Your efforts truly brought the season to life, and we couldn't be prouder of the incredible entries submitted. For those eager to see the festive masterpieces, all the entries can be admired on the back page of the magazine.

In the end, it was a nail-biting finish! The outstanding card from Park Lodge emerged as the winner, narrowly beating two remarkable entries from Northlands. The winning design, created by Tori from Park Lodge, perfectly captured the warmth and joy of the season, leaving the judges thoroughly impressed. A huge congratulations to Tori for her exceptional creativity and to Park Lodge for their triumphant achievement.

The Christmas Card Challenge is always a highlight of our festive calendar, reminding us of the boundless talent and spirit within the Magic Life community. Whether you designed, supported, or simply cheered on the participants, your enthusiasm helped make this challenge unforgettable. Well done to all, and here's to even more magic next year!

EDITOR: JOE

Northlands





Winning Design By Tori Park Lodge

“The winning design perfectly captured the warmth and joy of the season, leaving the judges thoroughly impressed.”

Celebrations and Togetherness at Devonshire Lodge

November was a month of joy, camaraderie, and heartfelt moments at Devonshire Lodge as we celebrated the birthdays of two cherished individuals, MG and BKD. These special occasions were not only a testament to the spirit of celebration but also to the sense of community that defines our Magic Life family.

MG's birthday was a lively and memorable event. The team orchestrated a surprise celebration that perfectly matched MG's vivacious personality. The highlight of the day was undoubtedly the cake—though everyone had hoped for a slice, MG's cheeky decision to keep it all to himself brought laughter and joy to the gathering. To preserve the memory of this special day, staff compiled a touching video montage of the celebration, which MG now treasures on his iPad.

BKD's birthday, another cornerstone of the month, was marked with equal enthusiasm. This celebration was made even more special as it brought together friends from other Magic Life homes, fostering connections and shared joy. Everyone savoured the atmosphere—and, of course, the cake!

The spirit of togetherness extended beyond the birthdays. A residents' meeting provided another valuable opportunity for connection, giving everyone a chance to share their thoughts and enjoy each other's company.

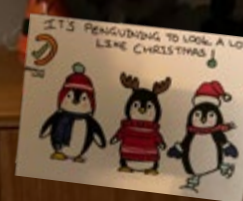
Amidst these celebrations, the month brought its challenges, yet the dedication and optimism of our staff never wavered. Their commitment to creating a supportive and joyful environment, even in the face of obstacles, remains a source of inspiration to us all.

These November celebrations remind us of the importance of community, connection, and cherishing the people we support. Moments like these highlight the very heart of what makes Devonshire Lodge a truly special place.



“It’s in these moments of joy and connection that our service truly shines.”

AUTHOR: HOLLIE FERGUSON
PHOTOGRAPHER: DL STAFF



Hope Restored: A Life Transformed at Magic Life

BBC journalist shares his son's journey from struggle to joy, thanks to Magic Life.

In an emotional article featured in *The Mail on Sunday*, renowned journalist Humphrey Hawksley opened up about the long battle to find suitable care for his son, Christopher. Born with cerebral palsy and autism, Christopher spent over five years in a temporary care home that left him isolated, frustrated, and without proper opportunities to thrive.

That changed when **Magic Life** stepped in. Earlier this year, Christopher moved into one of Magic Life's supported living centres in Peterborough, and the transformation has been remarkable. With access to daily exercise, social interactions, and creative outlets, Christopher is finally able to focus on his true passion: music. He now spends hours at the piano, even recording his own album—a dream that once seemed impossible.

Humphrey expressed his gratitude, saying, "Magic Life has been brilliant. He's getting daily exercise and different people talking to him—stimulation he didn't have before. Without their care, Christopher wouldn't be where he is now."

This inspiring journey highlights not only Christopher's resilience but also the critical role organisations like Magic Life play in providing personalised care for individuals with complex needs. We thank *The Mail on Sunday* for shedding light on Christopher's story and bringing attention to the ongoing challenges in social care. At Magic Life, we remain committed to helping more families like the Hawksleys find hope and happiness.

[Read the full article by The Mail On Sunday](#)



[The Talented Christopher playing piano. A remix of The Snowman listen on soundcloud](#)



“Magic Life has been brilliant. Without their care, Christopher wouldn't be where he is now.”

Humphrey Hawksley

It's Beginning to Look a Lot Like Christmas!

November Festivities at Greyhound Road

As November swept into Greyhound Road, the excitement and anticipation for Christmas filled the air. This month, clients embraced the festive season with enthusiasm, sparking joy and creating cherished memories.

Kicking Off the Christmas Cheer

Christmas holds a deeply personal significance for our clients, and this year, they decided to start early! From decorating the home to immersing themselves in Christmas markets, every moment was filled with laughter and joy. Highlights included sampling delicious festive treats like the famous Yorkshire pudding wrap – a firm favourite!

Clients and staff also shared magical moments on the Ferris wheel at Southgate Market, their laughter adding to the already festive atmosphere. Back at home, evenings were spent watching Christmas films, listening to festive music, and planning for the upcoming December festivities.

Dazzling Sights and Festive Feasts

A trip to London's iconic Oxford Circus Christmas lights provided a truly dazzling experience. The angelic illuminations, sparkling against the night sky, made for an unforgettable outing. Shopping trips to pick out advent calendars and browse sparkling decorations were followed by a hearty meal at Nando's – a Greyhound Road staple!

Capturing the Season

The team also enjoyed quieter moments, such as sipping festive drinks from Costa (with the Terry's Chocolate Orange Hot Chocolate being a clear favourite!) and capturing the glow of Christmas trees. Autumn walks in London's beautiful parks, complete with rainbows and crisp air, added a serene touch to the busy month.

Starry Encounters

This month had its share of unexpected star sightings too! From crossing paths with EastEnders' Cat Slater to witnessing Ariana Grande at the Wicked premiere in Southwark, the excitement never stopped.

Celebrations and Achievements

A big congratulations to Greyhound Road for winning Silver in the pumpkin challenge! Your creativity and community spirit shine brightly.

November at Greyhound Road has truly set the stage for the festive season ahead. Thank you to everyone who contributed to making this month so magical. Here's to December, with more moments to treasure!

AUTHOR: FRANKIE O'SULLIVAN

PHOTOGRAPHY: FRANKIE O'SULLIVAN & STAFF



A Month of Milestones and Magic at Hale End

Celebrating the joy of adventures, personal achievements, and new experiences.

The past month at Hale End has been nothing short of inspiring, as the individuals we support embraced opportunities to explore, achieve, and celebrate life's joys. From thrilling outings to personal milestones, the spirit of resilience and discovery shines brightly in our community.

Monday Marvels with TP

TP has made the most of his weekly Monday adventures, soaking up the rich history and seasonal cheer of London. A highlight was his visit to St Paul's Cathedral, where he admired the grand architecture and festive decorations. With wonder in his eyes, TP posed proudly in front of the iconic landmark, capturing a moment to cherish. Not stopping there, TP explored the enchanting world of the London Zoo, captivated by the dolphins' synchronized swims. Another delightful stop on his journey was Bubble Planet in Wembley, where he and his support worker indulged in pure joy, diving into a giant ball pit.

AR's Courageous Breakthrough

AR achieved a long-awaited goal by consenting to a blood test, a milestone that was celebrated by all. With newfound energy and extended support hours, AR has embraced more activities and adventures, waking each day with excitement for what's to come.

CH Steps Forward

CH has also reached a personal milestone by successfully completing a blood test after persistent efforts. Taking proactive steps towards health and well-being, CH has been staying active with longer walks, proving that every step counts.

Comfort and Joy for RE and PB

For RE, the arrival of a Fire Stick has opened up a world of entertainment. With Disney classics at his fingertips, his days are filled with smiles and song. PB, too, has joined the tech-savvy ranks with a new smart TV, where favourites like Mr. Bean and music videos take centre stage.

Family

Reunions for JA

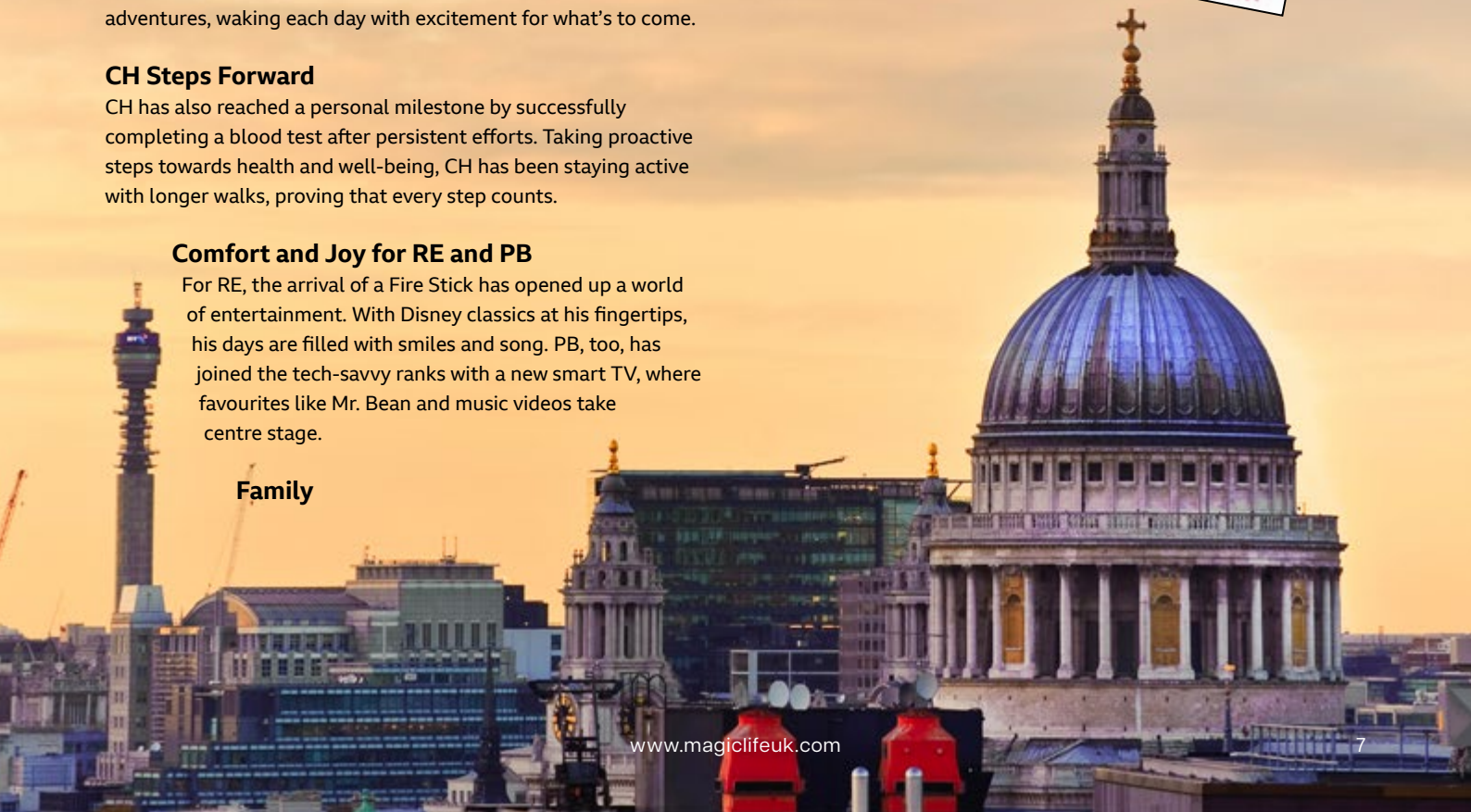
A truly heartwarming moment came when JA visited his family for the first time since joining Hale End. This long-anticipated reunion brought immense joy to JA and his loved ones, sparking plans to make family visits a regular tradition. "It meant the world to us all," shared his family.

Looking Ahead with Pride

At Hale End, every achievement—big or small—is celebrated as a testament to the incredible individuals who call it home. Whether exploring the bustling streets of London, relishing the comfort of favourite shows, or reconnecting with family, these moments remind us of the power of support, community, and determination.

AUTHOR: MARCIA MARTINS

PHOTOGRAPHER: HALE END STAFF



November at Chapel Row: A Season of Growth and Unity

As the famous poet Thomas Hood lamented in his lines about November—"No shade, no shine, no butterflies, no bees, no fruits, no flowers"—one might think of the month as dreary and uneventful. But for Chapel Row, November proved to be anything but! It was a month filled with personal triumphs, unyielding teamwork, and moments of profound resilience.

Celebrating IG's Milestone Month

November marked a truly remarkable achievement for IG, who celebrated her first incident-free month since moving to Chapel Row over a year ago. Her newfound ability to regulate emotions and display self-control shines as a beacon of her perseverance and growth. This milestone is a testament to her efforts and the unwavering support of Chapel Row's dedicated team.

"November was IG's month to shine as she embraced self-control and positive behaviours, making her a role model for progress!"

RP's Adventurous Spirit

For RP, November was anything but ordinary. Despite the gloomy weather, he refused to let the chill slow him down. His adventures took him beyond the familiar, as he journeyed to larger and more exciting destinations, including the bustling heart of London. Reflecting on his journey from a reclusive and withdrawn individual to one of the most active and sociable members of the Chapel Row community is nothing short of inspiring. RP's zest for exploration and connection continues to inspire all who know him.

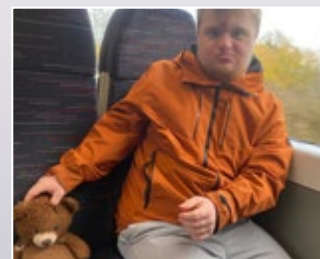
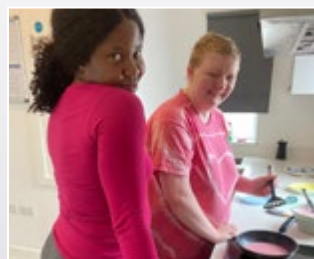
The Strength of Team Chapel Row

November did not come without its challenges, particularly for JF, whose struggles called for exceptional care and perseverance. Chapel Row's dedicated team faced these moments with courage and compassion. The staff's ability to remain united and committed is a powerful reminder of the heart and dedication that drive Chapel Row's mission. Their collective resilience ensured that the support provided to JF—and all service users—was nothing short of extraordinary.

Special Mentions

A special round of applause goes to all the support staff at Chapel Row, whose hard work and determination make achievements like these possible.

"The Chapel Row team's unwavering dedication transformed challenges into opportunities for care, compassion, and growth."



AUTHOR: Joan Delliston

PHOTOGRAPHER: Issah Umar, Tochukwu Okezie, Tiko Paebi, Evelyn Amrasawwori, Miriam Sesay, Dominic Ekanem, and Ebimene Ebikeme Miracle

DK's Day of Pampering: A Refreshing Self-Care Journey

For many, the idea of men indulging in manicures and pedicures might seem surprising, but at Magic Life UK, we champion the importance of self-care for everyone, regardless of gender. These treatments are about more than just aesthetics—they're about health, comfort, and relaxation.

When Emem noticed DK's hands and feet could benefit from some extra care, she gently suggested a session at the local salon. DK was initially hesitant but agreed to give it a try. What followed was an uplifting experience that left him glowing—inside and out.

A Warm Welcome to Wellness

On the day of his appointment, DK arrived at the salon, curious and open to the experience. Settling into a comfortable massage chair, with his feet soaking in warm, soothing water, DK began his journey of pampering. As the gentle vibrations of the chair massaged his back, a professional manicurist set to work, transforming DK's hands and feet with expert precision.

The session included nail trimming, shaping, and the removal of tough skin and debris. With the addition of refreshing gels and luxurious lotions, DK's skin became smooth, soft, and revitalized. The experience was rounded off with a stimulating massage that promoted better circulation and a sense of calm.

A First Time to Remember

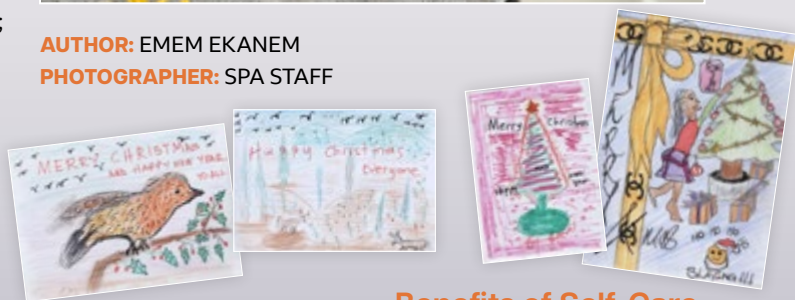
Throughout the process, DK was visibly relaxed, even closing his eyes to fully absorb the bliss of the moment. Afterward, he shared his thoughts with a smile: "I have never had a manicure or pedicure; this feels really good. Thank you, Emem."

Stepping Forward with Confidence

DK left the salon transformed—not only with healthier nails and skin but also with a newfound appreciation for the benefits of self-care. His journey is a wonderful reminder that pampering isn't a luxury; it's a way to nurture well-being, confidence, and vitality.



AUTHOR: EMEM EKANEM
PHOTOGRAPHER: SPA STAFF



Benefits of Self-Care

- **Improved Physical Health:** Regular grooming like manicures and pedicures enhances skin health, prevents infections, and promotes better circulation.
- **Stress Reduction:** Taking time to pamper yourself helps lower stress levels, providing a much-needed mental break.
- **Enhanced Confidence:** Well-groomed hands, feet, and overall self-care can boost self-esteem and make you feel more put-together.
- **Prevention of Common Issues:** Regular attention to nails and skin can prevent problems like ingrown nails, cracked heels, or fungal infections.
- **Mental Clarity:** Setting aside time for self-care encourages mindfulness and a focus on personal well-being.
- **Better Hygiene:** Proper grooming maintains cleanliness, reducing odour and discomfort.
- **Improved Relationships:** Feeling good about yourself often leads to more positive interactions with others.
- **Increased Energy:** Relaxation and massages, like those during spa treatments, enhance circulation and can leave you feeling revitalised.
- **A Sense of Balance:** Incorporating self-care into your routine helps maintain a healthier work-life balance.
- **Longevity:** Small, consistent self-care practices can contribute to a healthier, happier life in the long run.

Thrilling Mix of History and Horror

“The shadows of London’s past came alive during our trip to the Dungeon—an unforgettable blend of thrills and education.”



A November to Remember at Winns Mews 2

November at Winns Mews 2 unfolded as a month of creativity, adventure, and shared experiences, seamlessly transitioning from October’s haunting Halloween vibes to an exhilarating exploration of London’s rich history and festive preparations. Residents were treated to activities that not only entertained but also inspired a deeper sense of community and creativity.

A Spine-Chilling Adventure at the London Dungeon

One of the month’s standout highlights was a visit to the London Dungeon, where resident RT joined friends WT from Winns 4 and KW from Winns 5. Together, they delved into London’s darker past, immersing themselves in a mix of

education and thrills. The Dungeon’s interactive exhibits, live performances, and atmospheric sets brought infamous historical figures and chilling tales to life. The group relished the perfect blend of fright and fun, leaving with unforgettable memories and a newfound appreciation for the city’s storied history.

Creativity Unleashed: Festive Card Making

As the festive season approached, residents channelled their creative energies into designing Christmas cards. This joyful activity allowed them to express themselves artistically while embracing the season’s spirit of togetherness. Glitter, paints, and a variety of materials were transformed into

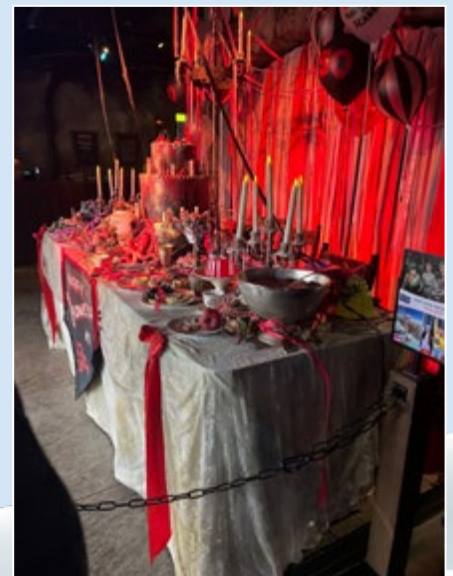
personalised masterpieces, showcasing the residents’ artistic talents and spreading smiles all around. The cards not only celebrated the holidays but also symbolised the joy and achievement of working together.

Looking Ahead to More Festive Cheer

With November’s exciting activities setting the tone, Winns Mews 2 looks forward to a December brimming with more celebrations and festive cheer. A heartfelt thank you goes out to the residents and staff who made this month such a memorable one.

AUTHOR: ASSAN ISAAC

PHOTOGRAPHER: ASSAN ISAAC



Christmas Card Challenge and a Heartfelt Surprise Party

November was a month of creativity and heartfelt moments at 3 Winn's Mews. As the year inches closer to its festive finale, the residents and staff came together to celebrate the power of art, memories, and thoughtful surprises.

Danielle Keenan's Christmas Card Challenge

Danielle Keenan embraced the Christmas spirit through her participation in the Christmas Card Challenge, creating designs inspired by her cherished childhood memories. Each of her four cards told a unique story, reflecting the joy and warmth of the holiday season.

- "Merry Fish-mas" honoured the Christmas she received her first goldfish, igniting her lifelong love for animals.
- "Merry & Bright" celebrated the magical glow of fairy lights, a symbol of joy and wonder during the holidays.
- "Merry Grinch-mas" paid homage to her favourite Christmas movie, capturing the whimsical spirit of the story.
- "It Wasn't Me!" humorously depicted the relatable chaos of pets adventuring around Christmas trees—accidents included!
- Danielle's designs, while simple, were brimming with creativity and nostalgia, spreading the festive cheer she holds dear.

Mica's Surprise Party: A Day to Remember

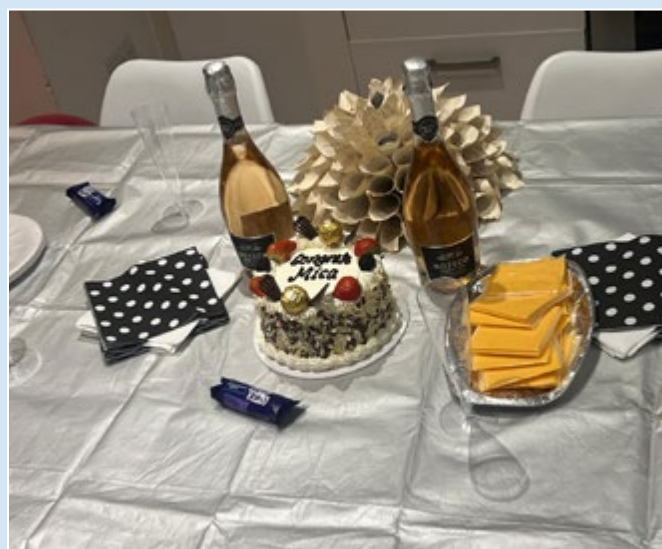
On November 14, the team at 3 Winn's Mews pulled off a surprise farewell party for Mica, a beloved member of the community. The day was marked by careful preparation and a sprinkle of mischief as everyone worked hard to keep the surprise intact.

Initially, Mica seemed oblivious, enjoying her routine and not suspecting a thing. However, as the day unfolded, she became curious about the buzz in the house. After some gentle persuasion with her favourite snacks and a hint of what was to come, the stage was set.

When Mica finally returned to the lounge, she was met with a resounding **"SURPRISE!"** Her joy and gratitude lit up the room, and the event turned into a heartfelt celebration. Knowing she thought the day might go unnoticed made the success of the surprise all the more rewarding.

A Memorable November

November at 3 Winn's Mews exemplified the importance of connection and creativity, reminding us that even the simplest gestures can spark joy and build lasting memories. Danielle's artistic flair and Mica's celebratory farewell both showcased the magic of shared experiences during this special time of year.



AUTHOR: LESLYN

PHOTOGRAPHER: LESLYN / SHAMAR

A Month of Exploration: November Highlights at Manor Place

November 2024 brought with it a whirlwind of engaging activities, delightful outings, and enriching experiences for the residents at Manor Place. Here's a recap of this eventful month that left everyone smiling and inspired.

Adventures and Outings

Residents SH and JO embarked on several thrilling adventures, starting with a trip to Winter Wonderland. Immersed in the festive spirit, they relished the joyful atmosphere, enjoyed thrilling rides, and indulged in sweet, warm churros—a perfect treat on a crisp November day. This outing was full of laughter and camaraderie, creating memories to treasure.

Next, the duo ventured to the RAF Museum, a journey into the rich tapestry of aviation history. From marveling at vintage aircraft to learning about their roles in pivotal moments, the visit was both educational and awe-inspiring. Conversations sparked by this experience showcased admiration for the innovation and bravery of those in aviation's past.

Their explorations continued at Golders Hill Park, a serene haven of natural beauty and fascinating wildlife. Here, the residents delighted in encounters with playful donkeys, vibrant birds, and curious kangaroos. This close-up experience with the animal kingdom left everyone deeply appreciative of nature's wonders.

Finally, the Aquatic Centre offered a dive into the mesmerizing underwater world. The residents enjoyed observing a wide variety of sea creatures, from glittering fish to ethereal jellyfish. The interactive displays and serene ambiance captivated everyone, sparking curiosity and conversations about marine ecosystems.

Staying Busy

Among the residents' bustling schedules, GS stood out for his determination and resilience. While juggling work commitments, he tackled the challenge of repairing a broken phone with

unwavering positivity—a true testament to his problem-solving spirit.

LF, on the other hand, showed exemplary dedication by actively engaging in professional meetings related to his care. His thoughtful contributions and focus underscored his commitment to ensuring all aspects of his support align with his needs.

Looking Forward

As we gear up for December, anticipation builds for more opportunities to create cherished moments through learning, fun, and connection. Keep an eye out for updates on the exciting activities ahead!



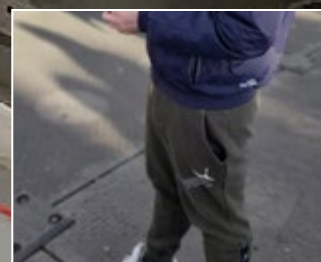
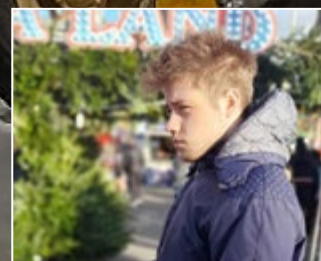
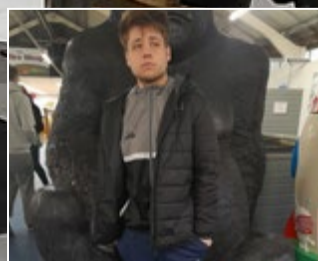
AUTHOR: JOHN MASSAQUOI

PHOTOGRAPHER: JAQUALINE, SUNDUS, JOHN, MALANDRA



Special Thanks

A heartfelt shout-out to our staff for their dedication in planning these activities and capturing the beautiful moments in photographs. Your efforts make all the difference!



Celebrations, Creativity, and Culinary Delights

November was a whirlwind of joy and creativity at Magic Life UK, with residents and staff coming together to make memories and embrace the festive season. From heartfelt birthday celebrations to creative Christmas card designs, this month showcased the incredible spirit of our community.

A Trio of Unforgettable Birthdays



This month saw not one, but three delightful birthday celebrations!

JC enjoyed a birthday to remember, starting with a day of self-care that included a trip to the barbers, a manicure, and a pedicure. A shopping spree added to the excitement, and he returned with a wardrobe refresh. His celebration culminated in a festive party featuring a personalised birthday cake, a Turkish meal, and Indian takeaway – all enjoyed alongside staff and fellow residents. JC's beaming smile was the highlight of the day, reflecting his joy at the thoughtful gifts and warm wishes.

RL marked her birthday with a beautiful day of family bonding, sharing a special meal with her sister. The simplicity and warmth of the occasion perfectly captured the magic of connection.

For JL, a shopping trip led to a winter wardrobe update, complete with stylish new trainers. He capped his celebration

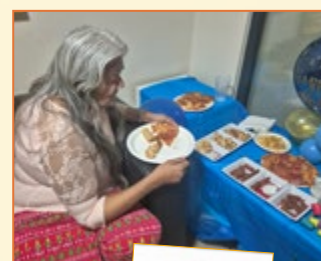
with a cherished gathering alongside his mother, making it a heartwarming and unforgettable day.

Culinary Connections

Communal cooking sessions continued to bring residents together, this time over a rich and creamy pasta with salmon, accompanied by a crisp, refreshing salad. The meal was not just delicious but a testament to the camaraderie and shared joy that make these gatherings so special.

A Festive Flourish: Christmas Card Design

Creativity was in full swing as residents and staff turned their attention to designing Christmas cards. The annual tradition brought out the artistic talents of our community, resulting in some truly inspired entries. These festive creations are sure to spread joy and holiday cheer in the weeks to come.



Out and About: Celebrating Life Skills and Community Spirit at 672 High Road

The bustling energy of 672 High Road has been nothing short of inspiring this November. Residents and staff alike have come together to create a month filled with vibrant outings, creative endeavours, and meaningful contributions to daily life. From the quiet joy of personal achievements to the shared laughter of community moments, every corner of our service has echoed with positivity.

A Month of Personal Growth and Joyful Engagement

CB embraced a whirlwind of activities this month, bringing his unique energy to every moment. Weekly shopping trips with staff members turned into opportunities to enjoy a good meal at Wetherspoon Hotel, where a surprise encounter with a clown left smiles all around. Creativity flourished as CB collaborated with staff to design Christmas cards—a heartwarming reminder of the season’s spirit. Though he has now transitioned to a new placement, the warmth he brought to 672 High Road will be dearly missed.

Meanwhile, CCB started each day with her trusty NOW and THEN board, a tool she’s mastered to take charge of her schedule. Her love for cooking, dancing, and even watching herself groove in the office glass door highlighted her exuberant personality. Regular shopping outings, combined with her dedication to maintaining a clean bathroom, underscore her growing independence.

DF brought a touch of routine magic to every day, from his devotion to cleaning and cooking to his fondness for outings featuring cake and cappuccino. At the activity hub, he thrived in games and social interactions, all while channeling his artistic side into Christmas card designs. Weekends at home added a layer of comfort to his enriching routine.

CK, ever the diligent participant, focused on life skills like personal care and laundry, with the encouragement of staff. His creative spirit shone during painting sessions at Devonshire Lodge, while

tranquil walks in the park provided the perfect balance to his active schedule.

SSS, whose love for Punjabi films and music brought an infectious joy to the service, spent his days immersed in good meals and assisting with post-meal clean-ups—a wonderful reflection of his teamwork and cheer.

A Community Built on Support and Independence

The service at 672 High Road stands as a testament to the power of thoughtful support and inclusive leadership. With the manager and deputy guiding the team, the focus remains steadfast: fostering independence while ensuring a comfortable, secure environment for all. From collaborative activities to tailored personal care, the staff’s dedication shines in every corner of daily life.

AUTHOR: SEGUN STEPHEN & OLUWASEYI
PHOTOGRAPHER: 672 STAFF



Park Lodge: November Highlights

Celebrating Community, Adventures, and Togetherness

As November bids farewell, the vibrant Park Lodge community reflects on a month brimming with laughter, exploration, and camaraderie. With a series of events that brought everyone closer, November has left a trail of beautiful memories and a promise of more joy to come.

The month began with a bubbly escapade to Bubble Planet, where interactive exhibits and the magic of enchanting bubbles created a sense of wonder and delight. Adding to the excitement, Park Lodge manager Nadia Ghaly joined the group, her presence fostering unity and enthusiasm. This joyful outing was perfectly capped with a scrumptious meal at Nando's, where peri-peri favourites paired with shared stories created a truly special experience.

"November at Park Lodge was a wonderful mix of excitement, connection, and care."

The energy carried through to a spirited mini-golf challenge at Junkyard Golf. Amid the quirky courses and colourful backdrops, the community indulged in friendly competition and playful banter, proving that a little rivalry can be all about fun.

Health and wellness also took centre stage as residents embraced Slimming World, discovering the joys of nutrition and mutual support. This group effort empowered participants to celebrate progress and adopt healthy habits, strengthening bonds through shared goals.

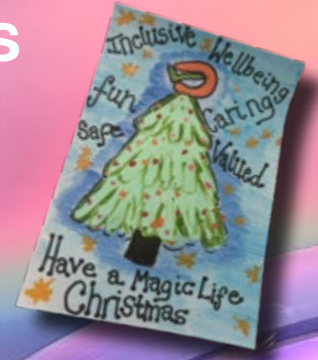
Welcoming new faces is a Park Lodge tradition, and Tori's arrival was no exception. A lively welcome party, brimming with music, games, and delectable food, made Tori's first days unforgettable, setting the tone for the warm friendships ahead.

A cosy outing to Starbucks brought a delightful pause to the month's energy. Residents relished their favourite brews and enjoyed heartfelt conversations in the relaxed café atmosphere, embracing the simpler joys of connection.

The month concluded on a historic note with a visit to the iconic Tower Bridge. From its awe-inspiring glass-floored walkways to its intriguing history, the landmark offered an unforgettable experience.

Amidst these moments, the unwavering commitment of Sylvia Ogundipe deserves special mention. Her kindness and tireless dedication to supporting service users exemplify the spirit of Park Lodge.

As the festive season beckons, Park Lodge moves forward with hearts full of gratitude and excitement, ready to create more cherished memories in the months to come.

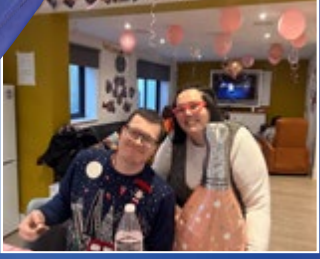
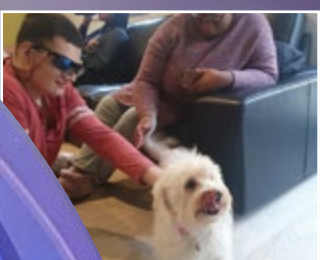
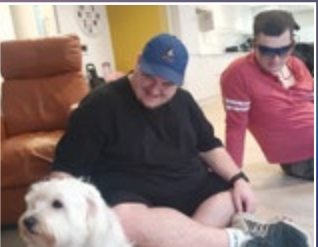
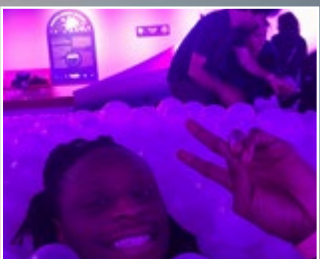
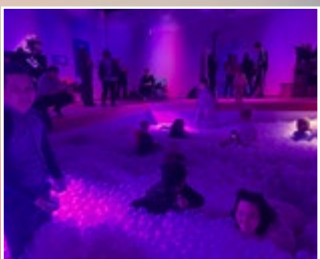
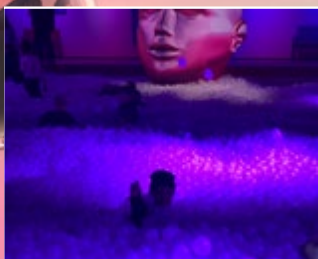


"November
a wonderful
connec





... at Park Lodge was
... a mix of excitement,
... action, and care.”





Celebrating Family Connections at Parkside This November

At Parkside, November unfolded as a beautiful tribute to the essence of family—a word rooted in the Latin familia, signifying bonds that transcend time and distance. Residents and their loved ones embraced the opportunity to reconnect, creating heartwarming memories and strengthening ties.

Pauline found joy in community outings with her sister, Maureen. The pair shared delightful afternoons over tea and cakes at a café in Edmonton Green and relished a hearty Sunday roast together. These moments, filled with laughter and good cheer, underscored the importance of shared experiences.

Stephen enjoyed a month of meaningful connections with his daughter, Vicki. Whether reminiscing about her childhood on the patio, enjoying tales of his grandchildren, or benefiting from her thoughtful shopping trips, their bond was a testament to the enduring love between father and daughter. Even apart, their daily phone calls bridged the distance, keeping their connection strong.

For Errol, visits from a dear family friend, Karen, brought a flurry of happiness. She came bearing thoughtful treats, including fruits, yoghurts, and creative supplies like colouring books and pens. Their chats in the lounge highlighted cherished memories and

Errol's engaging activities, adding a touch of warmth to his days.

Emma's November was nothing short of spectacular. With her partner by her side, she ventured out on multiple occasions, enjoying time in the community. Her parents' visit was another highlight, brimming with love and togetherness. Evening outings to the park and shops with her dedicated one-to-one staff added a vibrant touch to her month.

This November at Parkside was a true celebration of family—the unshakable connections that bring joy, comfort, and meaning to life. Through shared stories, warm embraces, and thoughtful gestures, everyone experienced the richness of togetherness.



Celebrating Growth and Achievements in 2024

As we bid farewell to another vibrant year, Burlington Lodge proudly shares the remarkable strides made by its residents in November 2024. This annual progress report is a heartfelt testament to the power of tailored care and unwavering support in transforming lives. Residents at Burlington Lodge, a project under the Magic Life supported living initiative, have achieved inspiring milestones in their journeys toward greater independence, communication, and social engagement.

■ Michael has demonstrated remarkable growth in mastering personal care tasks. From responding to instructions during shower routines to independently managing bed-changing activities, his progress exemplifies determination and newfound autonomy. His

achievements shine a light on the profound impact of consistent care and patience.

■ For Jamie, who is nonverbal, 2024 was a year of breakthroughs in cognitive and social interactions. With the aid of pictorial tools, Jamie now confidently makes choices and communicates preferences. Recognising all residents and staff by name marks a significant step in fostering deeper connections within the community.

■ Sam's year has been defined by emotional growth and a blossoming social life. His newfound ability to interact warmly and express affection toward co-residents adds richness to the vibrant community spirit at Burlington Lodge. These steps reflect

his growing confidence and emotional depth.

■ Junior has made admirable strides in emotional regulation and adaptability. A notable reduction in challenging behaviours has transformed the living environment into a more peaceful and collaborative space. His progress underscores the importance of empathy and understanding in daily interactions.

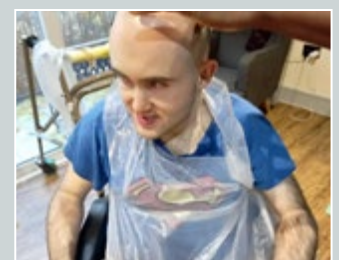
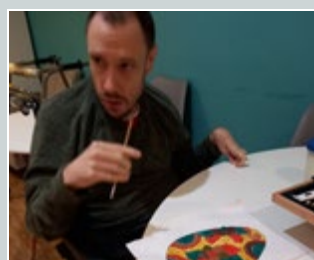
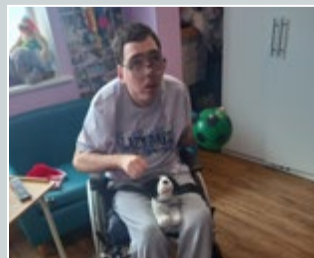
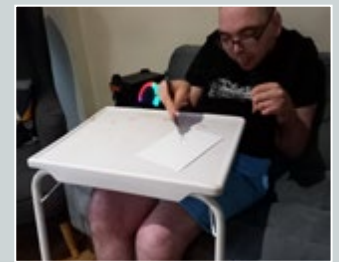
■ Despite facing health challenges earlier this year, Elijah's resilience has been awe-inspiring. His return to a cheerful and giggling presence in the home highlights the strength of his spirit and the support surrounding him. His recovery is a poignant reminder of the power of care in nurturing well-being.



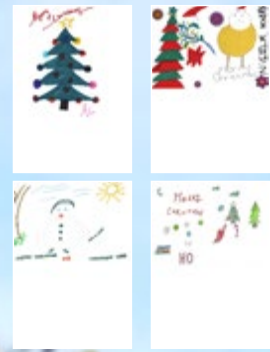
These individual stories of progress underscore the dedication of the Burlington Lodge team and the residents' unwavering determination. Every achievement, no matter the size, reaffirms the importance of creating an inclusive, supportive environment where everyone can thrive.

Special Mentions

A heartfelt thank you to the Burlington Lodge team for their tireless commitment and care, which continue to make a lasting difference.



A November to Remember



As we bid farewell to another month, Cherry Tree Lodge reflects on a November filled with joy, creativity, and a deep sense of togetherness. From lively gatherings to heartwarming farewells, this month has been a celebration of our shared values and cherished moments. The month began on a high note with an exhilarating Bingo session, where laughter and friendly competition filled the air. Residents and staff alike embraced the fun, proving that the simplest activities often bring the most joy.

Two residents, CP and MA, enjoyed particularly special moments this month. Their outing to a local pub was a celebration of camaraderie and good cheer, while a subsequent tour of London allowed them to immerse themselves in the city's rich history and culture. These outings captured the spirit of adventure

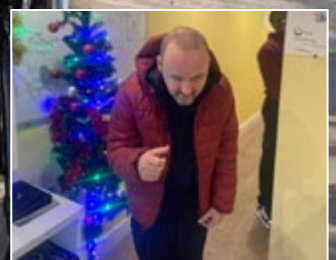
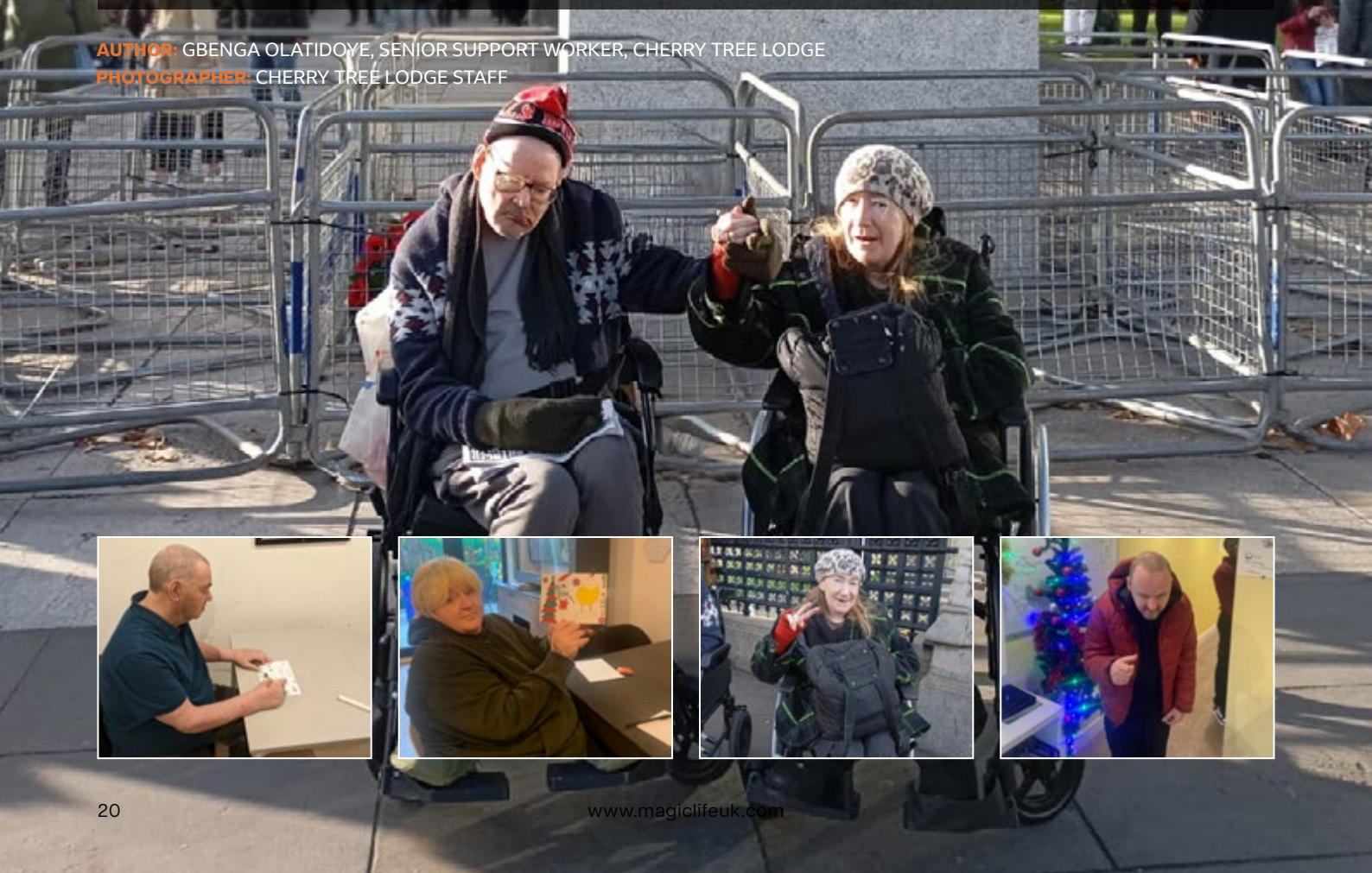
and community that defines life at Cherry Tree Lodge. November was also marked by a special birthday celebration for RF. Surrounded by heartfelt wishes and thoughtful gifts, RF's joy was infectious, reminding everyone of the warmth and connection that thrives here.

The Christmas spirit began to bloom early this year. SG showcased his festive flair by transforming his flat into a cosy, holiday-themed haven, with a Christmas tree that has become a favourite among visitors. Adding to the festive cheer, residents took part in the Cherry Tree Christmas Card Challenge, creating unique cards that showcased their creativity and filled the Lodge with admiration and pride. Acts of kindness and generosity also shone brightly this month. SG's thoughtful preparation of gifts for his sisters and JE's heartfelt selection of a present for her

father were beautiful reminders of the love and care that define our community.

Finally, November brought a poignant moment as we said goodbye to Omolara, our dedicated Deputy Manager. Her compassion, leadership, and unwavering dedication have left an enduring legacy. The tributes from residents and staff underscored her profound impact, and while her presence will be deeply missed, we wish her all the best in her future endeavours. As we step into December, the Cherry Tree Lodge family carries forward the love, light, and unity that have made this month truly unforgettable. Together, we look forward to creating more shared moments and meaningful connections in the days to come.

AUTHOR: GBENGA OLATIDOYE, SENIOR SUPPORT WORKER, CHERRY TREE LODGE
PHOTOGRAPHER: CHERRY TREE LODGE STAFF



Celebrating Milestones and Creativity at Northlands



Celebrating Milestones and Creativity at Northlands
A month filled with birthdays, competitions, and camaraderie!

Northlands has been abuzz with joyful activities and shared celebrations, proving once again the power of community spirit. From birthdays to creative endeavours, the residents and staff have come together to make each moment truly special.

This month, we welcomed a new staff member with a heartfelt birthday celebration, lovingly organised by the residents.

Their enthusiasm and attention to detail made the occasion a touching tribute to the warm welcome extended to all who join the Northlands family.

The festive cheer continued as residents eagerly participated in a Christmas card competition. Their creative efforts and imaginative designs have added a touch of holiday magic to the season, showcasing the incredible talents within our community.

Another highlight was the celebration of our beloved Deputy Manager's birthday.

Once again, the residents took the lead, planning a beautiful event that reflected their gratitude and affection. These moments of connection demonstrate how Northlands thrives on the kindness and care of its people.

Sundays have also taken on a special flavour, with staff preparing delicious roast dinners as part of our in-house activities. Residents and staff alike come together to share a meal, followed by games that bring laughter and joy to all.

"It's wonderful to see the

residents of Northlands thriving as they continue to embrace opportunities for creativity and connection," said one staff member.

As we close the month, it's clear that the heart of Northlands lies in its people—their resilience, creativity, and shared commitment to creating a home where everyone belongs.



Bowling, Bonding, and Brilliance



November was a month of lively competition, team camaraderie, and opportunities to shine at The Hampton's. From thrilling games to enriching training, the spirit of the community was truly on display.

Joanne and Horatio kicked off the month with a heart-pounding bowling match. Taking their passion to the lanes, the two faced off in a friendly but fiercely competitive game. The air was electric with excitement as Horatio clinched a narrow victory, scoring 69—just one point ahead of Joanne's impressive 68. The

match exemplified the perfect blend of sportsmanship, determination, and sheer joy.

Meanwhile, professional growth took centre stage as the team engaged in insightful training sessions with Peta. These sessions were more than just an exchange of knowledge; they were an opportunity to strengthen the team's bond and enhance their collaborative spirit. To celebrate this shared journey, the team posed for a group photo, radiating enthusiasm and a collective commitment to excellence.

November at The Hampton's proved that moments of play and professional development can go hand in hand, creating a truly memorable chapter for everyone involved. As the year moves forward, we eagerly await more opportunities to celebrate the vibrant energy and dedication of the Hampton's community.

AUTHOR: OMOYE ENYI
PHOTOGRAPHER: THE HAMPTONS TEAM

A Journey to The Darker Side of London

“The shadows of London’s past came alive during our trip to the Dungeon an unforgettable blend of thrills and education.”

PHOTOGRAPHER: ASSAN ISAAC

MagicLife Edward’s Kitchen

Edward’s Fusion Feast: A Lunchtime Revolution

Overcoming challenges to serve flavour-packed meals

Edward from Park Lodge has turned his passion for food into a thriving lunchtime business. Despite physical limitations, his Afro-Asian chicken and rice fusion dishes have won over taste buds, including Head Office, which placed an impressive order for 10 meals.





Covent Garden Dreams

Exploring Connection Through Creativity and Charm

This November, the team at 5 Wins Mews embarked on a delightful adventure to the heart of Covent Garden, a destination where culture, style, and charm meet. For Ruby, who had never visited before, the experience was a dazzling introduction to this iconic area. From shopping sprees to sensory discoveries, the day was filled with exploration and connection.

Covent Garden's eclectic array of stores provided a vibrant backdrop for the day. The group delved into high-end boutiques and quirky independent shops, discovering treasures like personalized

Rouge G lipstick cases at Guerlain. These moments weren't just about finding beautiful items—they were about celebrating the artistry and creativity behind them.

Strolling through the cobbled streets and lively piazzas, the group immersed themselves in Covent Garden's unique atmosphere. Street performers enchanted with their whimsical acts, while the architecture inspired awe and plenty of photo opportunities. Local treats from vendors added a delicious flavour to the journey, complemented by shared stories and laughter.

The highlight of the visit was the immersive Jo Malone pop-up, an experience that transcended typical shopping. Guests explored the exquisite fragrance range, learned about creating

bespoke scent combinations, and participated in interactive workshops crafting signature Christmas cards. This sensory journey offered a special kind of pampering, leaving everyone feeling inspired and uplifted.



Beyond the activities, this day was a testament to the joy of connection—whether through a shared appreciation for design, experimenting with scents, or simply wandering hand-in-hand through charming streets. Covent Garden reminded us all of the simple, yet profound, pleasure of spending meaningful time together.

With such wonderful memories in the bank, we can't wait to see what the next month will bring.

AUTHOR: AMANDA ROBINSON

It's Beginning to Look a Lot Like Christmas at 6 Winn's Mews

As November unfolded, a festive spirit began to settle over 6 Winn's Mews. The chilly air, autumn leaves, and twinkling lights adorning homes in the community heralded the start of the Christmas season. It's a magical time, where every corner reflects warmth, togetherness, and creativity, especially for the residents of Magic Life.

Christmas Card Challenge Sparks Joy and Creativity

A cherished tradition at Magic Life, the Christmas Card Challenge, once again inspired a wave of creativity among the residents. These artistic moments reveal the incredible talents of everyone involved. As Cheryl Evans eloquently noted, “[These challenges give the opportunity to highlight the hidden talents of our service users, showcasing their incredible abilities in ways that delight and inspire.]”

Festive Plans in the Making

At No. 6 Winn's Mews, the anticipation of upcoming Christmas events has brought a special buzz. From Winter Wonderland outings to holiday preparations, the ladies are eagerly looking forward to celebrating in style. The jovial and upbeat energy at the service throughout November hints at the memorable festivities ahead.

Celebrating Personal Achievements

This month wasn't just about Christmas—it was also a time to celebrate individual achievements. ME, pursuing a psychology degree, received a passing score on a recent assignment. Her perseverance and independent efforts are an inspiration, embodying the strength and determination found throughout Magic Life.

Similarly, JSB's success in landing a job is a proud moment for everyone. As Cheryl shared, “[It's a testament to how the team nurtures and supports individual growth, preparing each person for the real world and future independence.]”

Special Mentions

A warm congratulations to Shamar Grant, Nafisat Onosanya, and Joy Akindor, who each welcomed new additions to their families this month. Motherhood is truly a beautiful journey, and these moments of joy resonate throughout the Magic Life community.

AUTHOR: CHERYL EVANS



A November to Remember: Embracing Creativity and Confidence

November at Magic Life UK was brimming with joyful moments and creative pursuits, bringing out the best in our vibrant community.

IM, one of our enthusiastic residents, delighted in a hands-on cooking activity. The experience not only filled the air with the aroma of culinary success but also served as a wonderful opportunity for her to showcase and boost her confidence in the kitchen. Her beaming smile said it all—this was more than just cooking; it was a celebration of her skills and self-assurance.

Adding to the November magic, IM and BL poured their hearts into designing entries for our Christmas card challenge. Their creations were nothing short of breathtaking, capturing the festive spirit with every thoughtful detail. It was a testament to their teamwork, imagination, and the joy of crafting something beautiful together.

The month highlighted the unique talents within our community, showcasing how shared experiences and creative expression can spark joy and foster confidence.

Magic Life Location's

Magic Life Head Office
5-11 Green Lanes, London,
N13 4TN

Bruce Grove
52 Bruce Grove, London,
N17 6RN

Burlington Lodge
21-29 Tewkesbury Road, London,
N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London,
N17 7NL

Greyhound Road
95 Greyhound Road, London,
N17 6XR

Grove Park Road
57 Grove Park Road, London,
N15 4SL

Harringay Road
171 Harringay Road, London,
N15 3HP

High Road Tottenham
672 High Road, London,
N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar,
Hertfordshire,
EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford
Green,
IG8 9NB

NorthLands
10 Northlands, Potters Bar,
Hertfordshire,
EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue,
London,
N18 2UH

Park Lodge
8B Park Road, London,
N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford,
CM23 3SE

Winns Mews
2,3,4,5,6 & 7 Winns Mews, London,
N15 4FF

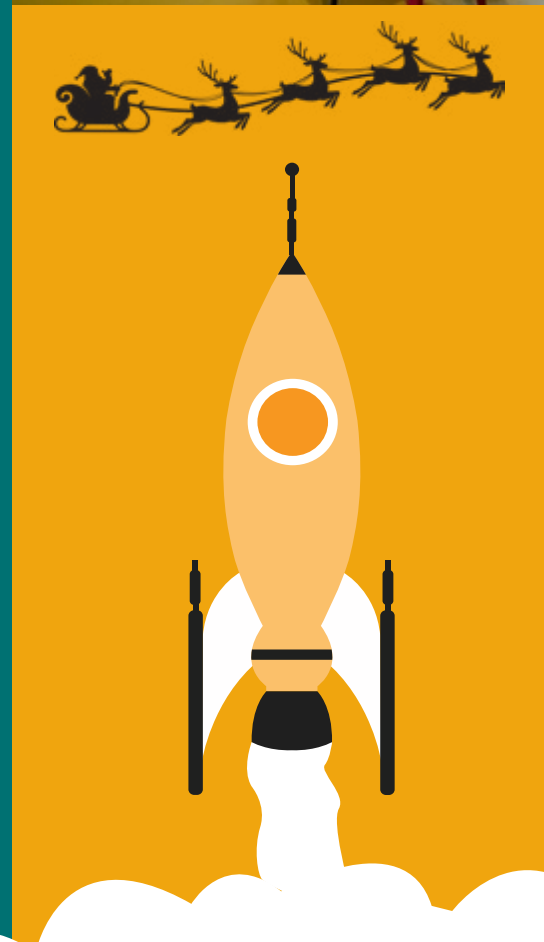
The Hamptons
403 Eagle Way, Peterborough,
PE78EG

Cherry Tree Lodge
185 London Road, Croydon
CR0 2WN, UK

The White House
138 High Street, Coopers Walk,
Cheshunt,
EN8 0AP

**Magic Life offer's a range
of Services for people who
require supported living
accommodation**

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



Visit <https://magiclifeuk.com>
Call our team on 0208 826 4348