

# Magic Life

## SHARING EXPERIENCES

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# YOUR FUTURE IS NOW

As the new year unfolds, it's a time-honoured tradition for many of us to sketch out plans and resolutions. However, more often than not, these well-intended promises dwindle into the background of our busy lives. But what if we approach this differently? What if we embrace the notion that the future isn't a distant reality, but begins right now, at this very moment? And importantly, let's acknowledge the crucial role our dedicated support workers play in turning these plans into reality.

## **Set Realistic Goals:**

Start with clear, achievable objectives. Support workers can assist in identifying these goals, ensuring they are tailored to individual abilities and aspirations.

## **Break It Down:**

Large goals can be overwhelming. Support workers can help break these into smaller, manageable tasks, making them less daunting.

## **Write It Down:**

Documenting your goals can make them feel more tangible. A support worker can assist with this, providing a regular review and update of progress.

## **Set Time Frames:**

Deadlines can be powerful motivators. With the help of a support worker, set realistic timelines for each goal.

## **Celebrate Small Wins:**

Acknowledging progress helps maintain motivation. Support workers play a key role in recognising and celebrating these achievements.

**Stay Flexible:** Be prepared to adjust your goals as needed. Support workers can provide the necessary guidance to navigate life's unpredictable nature.

**Seek Support:** Sharing goals with support workers can offer a layer of encouragement and accountability that is invaluable.

**Reflect Regularly:** Regular reflection on progress is crucial. Support workers can facilitate these reflection sessions, helping to keep track of achievements and challenges.

**Focus on the Present:** Whilst planning for the future, it's important to live in the present. Support workers can help maintain this balance,

ensuring that immediate needs are met while working towards long-term goals.

**Believe in Yourself:** Confidence is key. Support workers are there to bolster self-belief, reminding individuals of their strengths and capabilities.

Your future starts now. It's not just a phrase but a powerful reminder that every moment is an opportunity to work towards the life you envision. With the unwavering support of our dedicated staff, each step towards these goals becomes more attainable. Let's embrace this new year not just with the intention of making plans but with the commitment to seeing them through, hand in hand with our supportive team at Magic Life UK. Together, we are not just planning for a brighter future; we are actively building it, one day at a time.

ARTICL BY: **JOE**



# PhotoBook

## New For 2024. Residents Photobook

Welcome to our 'Capture & Cherish' initiative, a unique journey into the lives of our residents at Magic Life UK. We believe every moment is a story waiting to be told, and through this photobook project, we aim to document these precious narratives. Each site is equipped with a dedicated folder in our shared OneDrive, where high-resolution, clear, and well-lit images of our residents will be collected. Over time, these folders will become treasure troves of memories, capturing the essence of each resident's

journey with us. As these images accumulate, they will transform into beautiful photobooks, offering a tangible and heartwarming testament to the vibrant lives and moments experienced within our community.

This project is not just about preserving memories but celebrating the daily achievements and joys of our beloved residents, crafting a personal keepsake that can be cherished for years to come.

**Find the Photobook folder in Activity Folder (Photobook Images)**



# MAKING MEMORIES



# December Delights

## Celebrating Festive Achievements and Activities at 672

### CB:

December was a delightful month for CB, filled with the joy of the festive season, which he cherishes deeply. He embarked on his Christmas shopping with great enthusiasm, immersing himself in the spirit of the season. His musical talents shone as he sang Christmas carols and played captivating melodies on his piano. A highlight was the project Christmas party, where CB revelled in the festivities, enjoying delicious food, engaging in lively dances, and singing along to Christmas songs with heartfelt joy.

### CM:

CM had an eventful December, balancing leisure and fitness with great aplomb. He devoted time to playing on his Xbox, a favourite pastime that brought him much pleasure. Complementing his indoor activities, he ventured to the park regularly for exercise, embracing the crisp winter air. His preparation for Christmas was marked by a significant shopping trip, stocking up for the festive season. CM also attended the project Christmas party, where he fully immersed himself in the celebratory atmosphere, singing and dancing with genuine enthusiasm.

### CK:

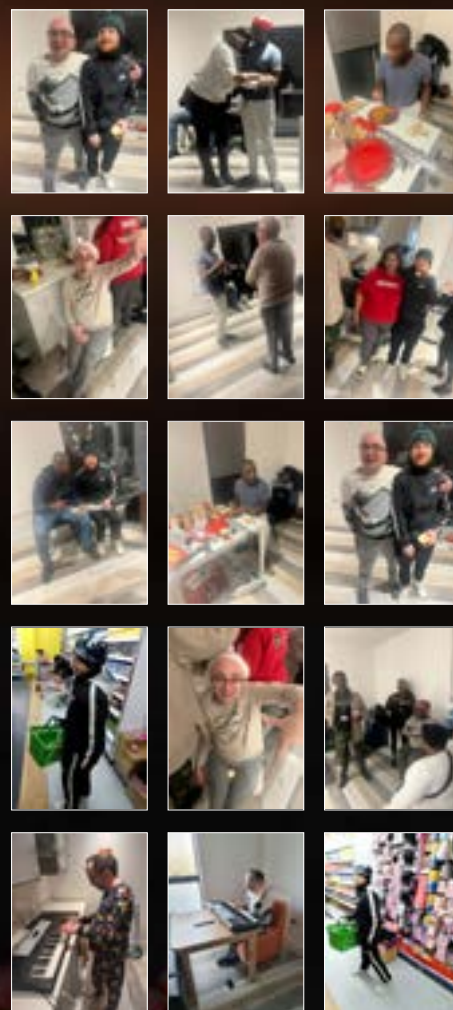
CK experienced a fulfilling December, marked by a blend of outdoor activities, personal responsibilities, and festive celebrations. He enjoyed walks with staff, a simple pleasure that provided both exercise and relaxation. His dedication to maintaining his living space was evident as he took the time to clean his flat. CK's leisure time also included indulging in his favourite games. The project Christmas party was a joyful occasion for him, where he savoured delicious food, danced energetically, and interacted warmly with other service users. A special note was his Christmas spent with his family, adding a personal touch to his festive experiences.

### SSS:

SSS has shown remarkable resilience this month. Recently discharged from the hospital, he is adapting admirably to being back, settling in smoothly and comfortably. His progress in reacclimating to daily life at Magic Life UK is commendable.

### CJ:

CJ's return from the hospital this month has been a positive development. He is currently doing well and continues to make steady progress in his recovery and daily life activities.



WORDS & PHOTOS BY: **672 HIGH ROAD**



# Bruce Grove's Festive Fervour

## A Heartwarming Christmas Journey

Christmas is invariably a joyful time of the year. The build-up at the beginning of December, involving planning and preparation, is crucial. Involving our service users in this process is an integral part of their right to choose what they would like.

Our service users thoroughly enjoyed decorating the tree and putting up decorations to bring the festive season

overnight in their family homes – experiences some of us might take for granted. This is why we go to great lengths to ensure they genuinely feel the Christmas spirit. Each person also received a gift to unwrap on the day, marking our appreciation for them.

Our staff prepared a sumptuous meal, ensuring the

## “A Season to be Jolly”

into the home. Our wonderful Erlinda always makes it fun and manages to engage even those who normally refrain from participating. Their involvement in decisions about the tree's appearance was significant. As evident, they had a splendid time.

This year, it was vital for each individual to decide their preference for Christmas dinner. Hence, a comprehensive tick box menu was created, allowing each person to make their choice. The shopping was an extensive task, but utterly worthwhile, as everyone deserves a delightful Christmas. It's important to remember that some of our residents do not regularly experience the joy of being around their families, engaging in activities such as shopping trips, or staying

service users were well-fed. The desserts, a highlight of the Christmas dinner, were particularly relished. The day unfolded smoothly, leaving everyone extremely contented. A special mention goes to RB, who usually prefers his own company, for participating in the day's activities, adding a special touch to the occasion. As a team, it's a time to reflect on the past year, considering the positives, areas for improvement, and ways to encourage progress and further empower development at Bruce Grove. We eagerly anticipate the New Year and the new opportunities it brings.

WORDS & PHOTOS BY: **BRUCE GROVE**



# A Celebration of Growth, Community, and Festivity

## Embracing the Joy of the Season: Showcasing the Talents and Achievements at Chapel Row

December 2023 at Chapel Row was a month brimming with joy, personal achievements, and festive spirit, reflecting the vibrant community spirit and the incredible accomplishments of our residents and staff.

### Ryan's Musical Journey and Celebrations:

Ryan's dedication to learning the piano is commendable. His ability to develop this new skill with the guidance of his tutor is a testament to his enthusiasm and talent. It's delightful to hear how he showcased his newfound skills at the Chapel service Christmas Party on the 13th of December. This moment was not just a display of his musical talent but also his growing confidence. The buffet party food at the Christmas Party must have added a delightful touch to the festivities. It's great to see Ryan enjoying these moments with his peers and staff. Ryan's excitement in preparing for his 19th birthday is heartwarming. His thoughtful gesture of inviting all the onsite staff to his house speaks volumes about his friendly nature and appreciation for the community around him. The visit from Ryan's dad on Christmas Eve to spend the holidays at home adds a lovely family touch to his December experiences.

### Indigo's Festive Activities:

Indigo's adventurous spirit shone through as she explored the town to admire the Christmas decorations. Her choice of a pink Christmas tree and the joy she found in decorating it highlights her unique personality and creativity. Baking with support staff on various occasions reflects Indigo's engagement in enjoyable and skill-building activities. Participating in the Christmas Party on the 13th of December alongside her peers and staff, Indigo demonstrated her social engagement and festive spirit. The joy Indigo found in wrapping Christmas presents for her family shows her thoughtful and caring nature. It's also respectful to note and honor her mum's decision regarding the IG photo magazine publication consent.

landmark event, creating an opportunity for residents to gather and share joyous moments. Ryan playing the piano and Indigo performing a solo song showcased their individual talents and the supportive environment that allows such talents to flourish. The complicity and enjoyment shared between Indigo and Ryan throughout these activities highlight the strong bonds formed within our community.

Overall, December 2023 at Chapel Row was a month filled with personal growth, communal activities, and the warmth of the festive season, reflecting the vibrant and supportive atmosphere at Magic Life UK

WORDS & PHOTOS BY: THE CHAPEL

### The Chapel:

Service Updates: We extend our warmest congratulations to Fatima Abdullai, a valued staff member, on the birth of her baby girl. This is a joyful addition to the Chapel Row family. The departure of AC from the Chapel on the 4th of December was a moment of change, and Ryan's expression of sorrow reflects the close-knit nature of our community. The first Christmas Fun Day on the 13th of December was a





# Celebrating a Year of Triumphs at Burlington Lodge:

## Empowering Lives and Fostering Joy: Reflecting on a Year of Dedicated Care and Vibrant Community Activities

What a splendid year it has been for Burlington Lodge! Your reflection on the year gone by truly radiates the dedication, warmth, and success that have marked 2023. It's heartwarming to hear about the pivotal role the Magic Life Deputy app has played in showcasing the staff's unwavering commitment. The early morning carers and complex care experts at Burlington have clearly demonstrated exceptional dedication throughout

the year.

The personalised attention given to individuals like Junior and Michael, especially with the provision of bespoke standing frames, is a testament to the management team's commitment to personalised care. This not only enhances physical well-being but also boosts mental health, a vital aspect of holistic care.

The array of activities, from fun outdoor events to special birthday celebrations, underscores the vibrant and inclusive community spirit fostered by your team. These activities surely added a splash of colour and joy to the residents' lives, enhancing their social and emotional well-being.

The festive cheer of the Christmas celebrations, with its heartwarming traditions of tree decorating, card making, and receiving gifts from Santa, brought everyone together in a joyful and communal spirit. The inclusion of carols and plays must have made these moments truly memorable for the residents.

Your emphasis

on the improvement in physical health, social inclusion, and emotional support leading to better mental health highlights the comprehensive care Burlington Lodge provides. This holistic approach is pivotal in fostering a nurturing and supportive environment.

A hearty congratulations to every member of the Burlington Lodge team, including the management, for their relentless efforts and hard work. This successful year, filled with care, progress, and remarkable achievements, is a direct result of their dedication to enhancing the lives of your residents.

Well done indeed! Here's to continuing this wonderful journey of making a positive impact in the lives of those at Burlington Lodge in the coming year!



# New Beginnings and Festive Cheer

## Celebrating December at Cherry Tree Lodge

What a festive and heartwarming month December was at Cherry Tree Lodge! It's truly inspiring to see the staff complete their intense NAPPI training, a testament to their dedication and skill. This achievement not only enhances their professional capabilities but also contributes significantly to the nurturing environment at the Lodge.

The arrival of Roberto (RF) from Scotland into the self-contained flat marks a new chapter in his life, and it's wonderful to hear how the staff have made him feel at home. Adjusting to new surroundings can be challenging, but the support and activities like local trips to McDonalds and the barber show a thoughtful approach to making his transition as comfortable

as possible. His participation in the Christmas dinner with Julie and Chris is a delightful example of the community spirit fostered at Cherry Tree Lodge.

Tasha's move into a second self-contained flat brought an additional burst of energy and joy. Her enthusiasm for moving to Cherry Tree Lodge and London, despite the weather delays, is infectious. It's heartening to see her quickly make friends and engage in uplifting activities like dancing, singing, and exercising with other residents. Her excitement about decorating her new home adds a personal touch that transforms spaces into warm, welcoming environments.

The outings to local shops and

McDonalds for Julie and Chris are simple yet significant pleasures that contribute to a sense of normalcy and independence. These activities are crucial for well-being and social interaction, adding to the quality of life at the Lodge.

The overall atmosphere of joy and excitement during December and the festive period is a beautiful reflection of the caring and vibrant community at Cherry Tree Lodge. The anticipation of the residents for what the New Year holds is a positive outlook that highlights the supportive and hopeful environment fostered by everyone at the Lodge. Here's to a new year filled with more achievements, happiness, and growth for all the residents and staff at Cherry Tree Lodge!

WORDS & PHOTOS BY: **CHERRY TREE LODGE**

***"The arrival of Roberto and Tasha to Cherry Tree Lodge marks new chapters in their lives, bringing energy and joy to our community. Their eagerness to engage and make Cherry Tree their home is a beautiful reflection of the nurturing environment fostered by our dedicated staff."***









A man with a beard and short dark hair is standing in a forest. He is wearing a black puffer jacket over a grey knit scarf and red pants. He is holding a long, thin, multi-colored ribbon (pink, purple, blue, green) with both hands, looking up at it with a focused expression. The background consists of bare trees and a ground covered in fallen leaves.

**“Your steadfast dedication  
and heartfelt love have  
transformed our environment  
into a warm, nurturing  
home.”**



## A New Year's Message of Gratitude and Hope from Devonshire Lodge

Together, we have woven a tapestry of beautiful memories, shared in laughter, and stood shoulder to shoulder through both the sunlit days and the challenges. The kindness and care you've extended have

As we step with hopeful hearts into the new year, let's carry forward this spirit of unity and inclusivity. Let's continue to cultivate an environment where every individual feels deeply valued and cherished. The upcoming year holds the promise of new opportunities, new achievements, and new ways to make a meaningful difference in the lives of our service users and their families.

Wishing each one of you a new year filled with joy, prosperity, and continued success. Let's embark on this new journey together, with the same commitment and passion that makes us who we are.

Happy New Year!

WORDS & PHOTOS BY: DEVONSHIRE LODGE





# Celebrating Christmas at Magic Life's 95 Greyhound Road

## A Festive Gathering of Comfort and Joy

In the heart of our vibrant community at Magic Life's 95 Greyhound Road, the true spirit of Christmas was beautifully encapsulated this festive season. Our female residents, a wonderful tapestry of personalities and stories, gathered together to celebrate a day marked by warmth, laughter, and shared joy.

The centerpiece of our celebration was the sumptuous Christmas dinner, a feast for the senses and a testament to the collaborative spirit of our home. One of our residents, embodying the essence of giving and community, took a special role in serving the food. Her smile, as bright as the Christmas lights adorning our walls, was a heartwarming reminder of the joy in simple acts of kindness.

Around the table, conversations blossomed like winter flowers. There was an air of ease and familiarity, the kind that comes only when surrounded by people with whom you feel utterly safe and comfortable. Our support staff, always the backbone of our community, joined in the festivities, blurring the lines between caregivers and friends. Their presence, both as professionals and compassionate individuals, added to the sense of a family gathered for the holidays.

This Christmas at 95 Greyhound Road wasn't just about the delicious food or the festive decorations; it was a celebration of the bonds that we've nurtured throughout the year. It was a day where the warmth of companionship outshone the cold winter outside, where laughter echoed through the halls, and where every moment was a reminder of the supportive, caring environment that defines Magic Life.

As we look back on this special day, we are reminded of the importance of community, of the safe spaces we've created where every individual can thrive, and of the joy that comes from spending time with people who truly understand and care for us. This Christmas was more than a festivity; it was a celebration of the family we've built at Magic Life's 95 Greyhound Road, a family that supports, celebrates, and cherishes each other every day.





PHOTOS BY: 95 GREYHOUND





# Grove Park Road

## A Review of December 2023 Activities and Notable Achievements

December 2023 at Grove Park Road was a testament to the resilience, growth, and community spirit of our residents. Embodying the spirit of togetherness and joy, the month was marked by a series of heartwarming activities and significant individual accomplishments.

### Culinary Celebration:

#### A Fusion of Cultures

The highlight of the month was undeniably the festive gathering on the 21st. In a delightful display of unity and culinary prowess, staff and residents came together to prepare a sumptuous Christmas feast. This wasn't just any meal; it was a gastronomic journey through the tastes of Jamaica, Britain, and India. The residents, alongside their guests, revelled in the diverse flavours, fostering a warm, inclusive atmosphere that was truly reflective of the spirit of Grove Park Road.

### Individual Milestones:

#### Triumphs of Personal Growth

Beyond the festive celebrations, December was also a month of personal victories for our residents, marking significant steps in their journeys of self-improvement and rehabilitation:

**ET's Courageous Step Forward:** ET has shown commendable bravery in seeking help for her challenges with narcotics. Her assessment at the GROVE Addiction Rehabilitation Centre marks the beginning of a hopeful path to recovery.

**DR's Progress in Personal Space Management:** DR has made strides in creating a more orderly living space. Her reduced frequency of outings has led to a less cluttered room, reflecting a positive change in her lifestyle habits.

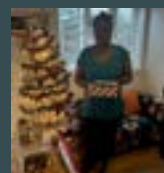
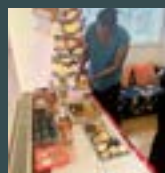
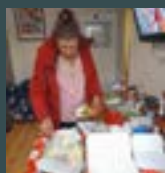
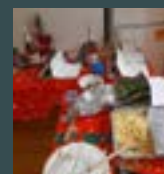
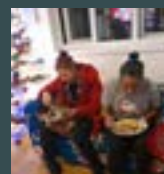
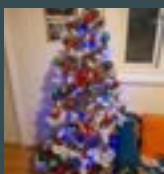
**EL's Growing Engagement and Future Plans:** EL has been increasingly active in participating in service activities, stepping out of her room and into the community. Her plans to attend church in the coming year symbolize her desire for further engagement and personal growth.

**NR's Developing Independence and Routine:** NR has notably reduced her nightly outings, focusing instead on building a routine within the service. Her regular meal preparations are a sign of growing independence and stability.

Looking Forward to 2024

These achievements, while perhaps modest in the eyes of some, represent significant strides for our residents at Grove Park Road. They are a testament to the relentless encouragement and support provided by our staff throughout the year. As we step into 2024, we carry with us a sense of optimism and pride in the continuous progress of our residents. Here's to a year filled with more achievements, learning, and community spirit!

WORDS & PHOTOS BY: GROVE PARK ROAD





# A December to Remember

## Celebrating Growth, Festivities, and Community Spirit at Hale End

December at Hale End Road was a bustling hive of positivity and progress. Our wonderful new staff members are integrating seamlessly, with several shining stars already making their mark.

### Festivities and Celebrations

**Christmas Joy:** Our residents experienced a delightful Christmas, with many spending time with their families. The day started with a hearty traditional English breakfast, followed by a splendid Christmas dinner, shared joyously by residents and staff alike. **New Year's Bash:** We kicked off the new year with a grand celebration, inviting residents, staff, and their families. Special mentions to Peta, who indulged in the festivities wholeheartedly, and Lamin, who joined us from Devonshire Lodge. **Staff Achievements and Additions**

### Promotion:

Congratulations to Fahmida Baby, our new senior support worker. Her promotion, announced in our monthly staff meeting, is a testament to her hard work and dedication.

**New Arrival:** A warm welcome to Arun Gopal, our new Project Manager for Maple Lodge. His expertise is a valuable addition to our team.

### Teamwork and Training

The synergy within our staff team continues to flourish, enhancing communication and support amongst colleagues.

Peta's in-house training sessions have significantly uplifted our team's capability, ensuring optimal resident health and wellbeing.

### Resident Highlights

#### Michelle (MG):

Despite some ups and downs, Michelle's resilience and smiles have been inspiring.

#### Raphael (RE):

Raphael is thoroughly enjoying his outings, including car rides with his mother.

#### Irfan (II):

Continues to delight in his favorite activities like bowling, swimming, and visits to KFC.

#### Toby (TP):

Had a memorable Christmas day with his family at home.

Jude (JA): Is having a great time engaging with staff and fellow residents.

#### Anjan (AB):

Excelling in swimming and bowling, and enjoying forest adventures.

#### Adrian (AR):

His vibrant personality shines, from shopping trips to cozy days in his room.

#### Ayhan (AA):

Making wonderful progress, exploring the garden and community.

#### Claire (CH):

Finds joy in the activity room and spending time with her sister.

#### Alicia (AMD):

Loves her swimming, shopping, and feeding ducks in the forest.

#### Peter (PB):

Enjoys music lessons, community strolls, and has started hydrotherapy.

RS:

Had a lovely Christmas break with family and continues to enjoy college and club activities. Looking Forward

### Key Workers for Residents:

We've ensured every resident now has a dedicated key worker, with some fortunate to have two, further personalizing their care.

In conclusion, December at Hale End Road was a testament to the strength and spirit of our community. As we step into the new year, we extend our heartfelt wishes for happiness and prosperity to everyone involved with Magic Life UK. Here's to continuing our journey of growth, care, and joy together!

WORDS & PHOTOS BY: **HALE END**





# A Festive Welcome & Celebrations

## Embracing Community and Joy at Haringay Road

### Welcoming Laura Gloyn:

This month, we had the pleasure of welcoming Laura Gloyn, our newest resident. Laura has seamlessly integrated into our community, receiving a warm embrace from her flatmates. It's wonderful to see her feeling at home and being treated as a long-standing member of our Magic Life family.

### Festive Celebrations:

The holiday spirit was in full swing with our meticulously prepared festive meals. We ensured that the joy of Christmas dining was experienced by everyone, even those visiting families. Our grand Christmas lunch was a highlight, featuring traditional delicacies and fostering a sense of togetherness.

### Holiday Travels:

Laura Gloyn relished a sunny getaway to Spain, immersing herself in the love of her family. Similarly, Resident RL cherished festive moments in Wales with her son and family, while BR spent quality time with his family in Harrow. Those who stayed at Magic Life UK were treated to a cozy and festive atmosphere, filled with Christmas carols and delicious food.

### Christmas Gifts and Dinner:

Our staff's thoughtful Christmas presents, tailored to each resident's preferences, added a personal touch to the celebrations. The festive dinner was a feast for the senses, complete with all the trimmings, Christmas pudding, and an abundance of mince pies. It was truly a Christmas to remember.

### Self-Care and Indulgence:

In the spirit of the season, JC pampered himself with a fresh haircut, manicure, and pedicure, embodying the essence of self-care. His indulgence was topped off with a hearty meal of a burger, fries, and a cool drink, a perfect end to the year.

### Appreciating Andre Powell:

We extend our heartfelt gratitude and appreciation to Andre Powell, our newest staff member. Andre's unwavering dedication, loyalty, and ability to rise to any challenge make him an invaluable asset to our team. His contributions have not gone unnoticed, and we're thrilled to have

him as part of our Magic Life UK family.

It's these moments, big and small, that make Magic Life UK a place of warmth, joy, and community. We're excited for what the new year brings and look forward to creating more memorable experiences together.



WORDS & PHOTOS BY: **HARRINGAY RD**



# Birthday Bonanza

## Northlands Double Celebrations



PHOTOS BY: NORTHLANDS



# A Celebration of Progress and Community at Manor Place

## Embracing Achievements and Festive Joy: A Month of Heartwarming Engagement

December was the icing on the cake in terms of staff support. Staff, families, clients, and professionals all played different roles before the year ended. It has been an amazing year with a few challenges here and there. There have been lots of professional appointments throughout the month either at their respective centres or at the residence. The end-of-year Christmas celebration was attended by friends, families, sister services close by, parents, and an amazing staff. Most families brought presents for the service and other residents. There was a lot of food, snacks, and drinks. Most importantly, everyone had a very lovely time.

There are a lot of activity schedules for January 2024, and both clients and staff are looking forward to the new challenges in the new year. All required fields that need completing by staff before the end of the year are almost done. Thanks to our dedicated staff team and with the support of a structured administration team.

### Service Users

#### SH

SH had a professional online CPA meeting in December with his professionals regarding the

progress made. They were happy with all areas of activities discussed, most importantly, compliments to the entire staff team. All stakeholders in SH's wellbeing were happy with his overall achievements since the beginning of the year. SH's planned visit for the festive period was arranged by staff, mum, and SH, taking the lead in decision-making. SH's mum and nun participated in the end-of-year Christmas party and gave gifts to clients and the service as a whole. SH received gifts from his family and was able to have a family reunion during his break at home.

#### JO

JO had visitations from both the adult mental health team and the local authority. His social worker, together with his PA, came for their usual catch-up and a follow-up of activity referral. JO is given a lot of attention lately due to his mental health state by all professionals. He has had a recent review and follow-up appointment with the adult mental health team. JO had a couple of overnight stays at home during the festive period and also participated in our end-of-year Christmas celebration at the service with staff, parents, and family friends. All measures are in place to help support his mental and physical wellbeing. We are just awaiting a psychiatrist's decision after his

medication review. He is currently doing well and happy throughout the festive period.

#### GS

It has been a very stable and productive month for GS after a few months of hurdles he went through to maintain his part-time job. GS has managed to secure this job for nearly a year, which is a great testament to his progress. His engagement in the community has been very encouraging and consistent. He has improved tremendously in all aspects of his wellbeing. Appointments, work, and other basic requirements are undertaken when needed. GS has decided to stay with his current job, rather than approaching a branch of his workplace closer by. GS has built a very good working relationship with staff at his current workplace and the service. GS was supported in decorating the house for Christmas. He participated in the service's end-of-year party with staff, families, and fellow housemates. GS further helped with the preparation of last year's Christmas dinner. He ended last year with a couple of visitations to Enfield cinema in December to watch some of his favourite movies.

#### LF

LF has improved his ability to adapt to changes he has consented to and is leading in making. all his decision-making. LF was initially supported





with the preparation of his meals but is now able to prepare some meals by himself. Staff are gradually supporting LF in making productive changes to suit his needs. LF has fulfilled all required appointments with professionals last month. He engaged in the celebration of the service's end-of-year party and most importantly, received presents from families. He has accessed the community a couple of times last month on his own in line with his recent one-hour LPS from the court of law. LF is making all necessary adjustments with his finances in balancing his weekly allowance with that of his expenditure. LF is much comfortable with all staff and very happy with the comfort of the service.

WORDS & PHOTOS BY: **MANOR PLACE**





# Christopher's Achievements and Community Engagement

## Celebrating Community Spirit and Achievements at December Park Lodge



Christopher, a standout individual at the lodge, was honoured with an invitation to a prestigious black-tie event, recognising his significant contributions to the local youth club. His dedication was celebrated amidst the elegance of a three-course meal, a fitting tribute to his efforts. Inspirational in his resolve, Christopher is already brewing plans for the upcoming year, aiming to further enhance his youth work, a testament to his unwavering commitment to community betterment.

Additionally, Christopher demonstrated his altruistic spirit by organising a charity event at his church. This event was not only a showcase of his organisational skills but also a reflection of his deep commitment to mental health awareness. Impressively, he raised over £250 for his mental health business, a substantial contribution that highlights the support and generosity of the community.

### End of Year Celebrations

The lodge itself became a hub of festive joy as residents and staff gathered to share in an end-of-year meal. This event was more than just a gathering; it was a celebration of unity, camaraderie, and mutual support. Residents relished the opportunity to spend quality time together, fostering a sense of family and community over delightful cuisine. It was, indeed, a beautiful culmination to the year.

### A Festive Outing to Covent Gardens

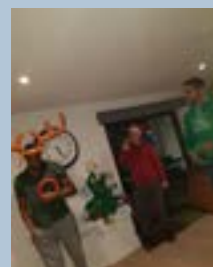
The spirit of togetherness extended beyond the lodge with a group excursion to the heart of London –

Covent Gardens. This outing was a feast for the senses, with the dazzling Christmas lights creating a magical atmosphere. It was a day filled with joy, discovery, and the warmth of shared experiences. Residents also had the thoughtful opportunity to select gifts for their families, adding a personal touch to the festive season.

In summary, December Park Lodge has been a hive of activity, achievement, and community spirit. From Christopher's commendable initiatives to the collective enjoyment of festive outings and meals, the lodge exemplifies a nurturing and supportive environment, making it a beacon of positivity and engagement in the community.



WORDS & PHOTOS BY: PARK LODGE





# Christmas at Park Side

## Park Side Celebrate the Holidays In Style



PHOTOS BY: PARK SIDE





WORDS & PHOTOS BY: THE HAMPTONS

# Christmas Cheer and Community Spirit at the Hampton's: A Festive Celebration to Remember

Christmas at the Hampton's truly was a season filled with magic and cheer, reflecting the wonderful spirit of Magic Life UK. The ambience set the perfect backdrop for the festivities, with each detail meticulously crafted to bring joy and warmth to all. The meals prepared were nothing short of extraordinary, a testament to the culinary skills of our dedicated staff. Each dish not only tantalized the taste buds but also brought a sense of communal joy and togetherness.

The unique drinks served added a special touch to the celebrations, carefully selected and prepared to ensure everyone could enjoy a festive sip. The classical music playing in the background was the cherry on top, enveloping the space in a blanket of serene joy and elegance. It's these thoughtful touches that make moments at the Hampton's so memorable.

The Secret Santa activity was a delightful highlight, fostering a sense of mystery and excitement among residents and staff alike. It's heartwarming to see the thought and care put into each gift, a true reflection of the close-knit community we have here.

Moreover, the engagement of our residents in various community activities speaks volumes about their enthusiasm and active participation in the wider community. It's not just about the celebrations within the Hampton's; it's about reaching out, connecting, and being an integral part of the local area. These activities not only bring joy to our residents but also contribute positively to the community, showcasing the inclusive and vibrant spirit of Magic Life UK.

As we reflect on these wonderful moments, it's clear that the magic of Christmas at the Hampton's is about more than just the festivities. It's about the sense of belonging, the shared experiences, and the joy of being part of a community that cares. Here's to many more such delightful celebrations!



# HO! HO! PARTY AT THE WINNS

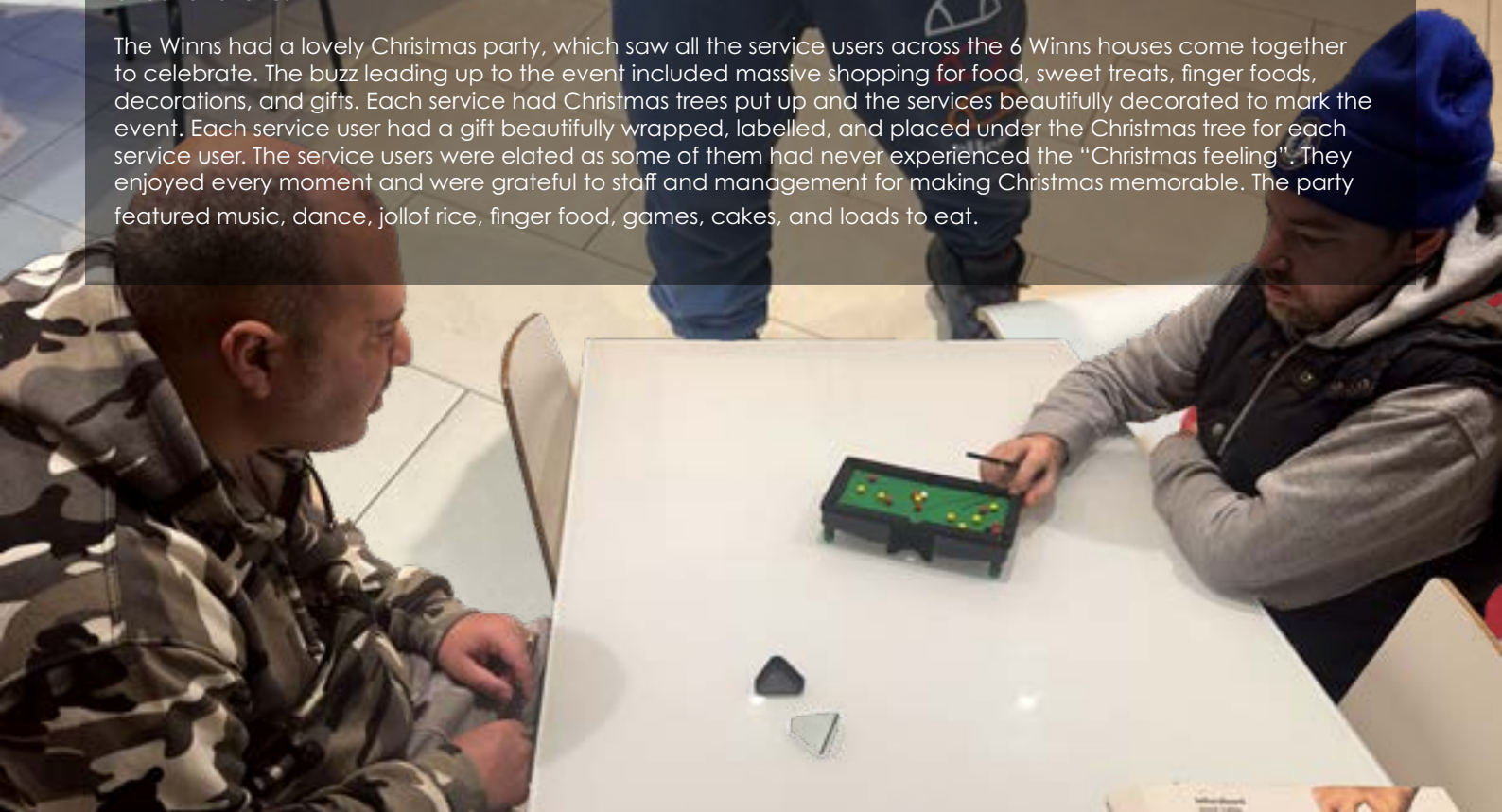


WORDS & PHOTOS BY: WINNS MEWS

Christmas is a yearly celebration that begins on December 25. Despite being primarily a Christian holiday, everyone celebrates it these days, regardless of caste, creed, race, or religion. This is what adds even more specialness to this festival. The celebration honours the Lord Jesus Christ and disseminates the lesson of love. Since Jesus is the embodiment of love and peace, the celebration brings people together regardless of caste or religious affiliation.

While there are many ways to celebrate the Christmas holiday, one tradition shared by all is the decoration of the Christmas tree, which conveys a message of love and coexistence while also symbolising growth and harmony. Usually, it's a massive pine or fir tree decked out with balloons, lights, flowers, candies, chocolates, and gifts. We celebrated Christmas with the same fervour, sharing the message of love and joy with everyone. Christmas offers cheer and love.

The Winns had a lovely Christmas party, which saw all the service users across the 6 Winns houses come together to celebrate. The buzz leading up to the event included massive shopping for food, sweet treats, finger foods, decorations, and gifts. Each service had Christmas trees put up and the services beautifully decorated to mark the event. Each service user had a gift beautifully wrapped, labelled, and placed under the Christmas tree for each service user. The service users were elated as some of them had never experienced the "Christmas feeling". They enjoyed every moment and were grateful to staff and management for making Christmas memorable. The party featured music, dance, jollof rice, finger food, games, cakes, and loads to eat.





# Locations Magic Life

## **Magic Life Head Office** **5-11 Green Lanes, London, N13 4TN**

Bruce Grove  
52 Bruce Grove, London, N17 6RN

Burlington Lodge  
21-29 Tewkesbury Road, London, N15 6SE

Devonshire Lodge  
139 Devonshire Hill Lane, London, N17 7NL

Greyhound Road  
95 Greyhound Road, London, N17 6XR

Grove Park Road  
57 Grove Park Road, London, N15 4SL

Harringay Road  
171 Harringay Road, London, N15 3HP

High Road Tottenham  
672 High Road, London, N17 0AB

Manor Lodge  
3 Cedar Close, Potters Bar, Hertfordshire, EN6 1EW

Maple Lodge & Cedar Lodge  
271-275 Hale End Road, Woodford Green, IG8 9NB

NorthLands  
10 Northlands, Potters Bar, Hertfordshire, EN6 5DF

Park Side  
Quadrant Court, 2a Park Avenue, London, N18 2UH

Park Lodge  
8B Park Road, London, N18 2UT

The Chapel  
14 Chapel Row, Bishop's Stortford, CM23 3SE

Winns Mews  
2,3,4,5 & 6 Winns Mews, London, N15 4FF

The Hamptons  
403 Eagle Way, Peterborough, PE78EG

Cherry Tree Lodge  
185 London Road, Croydon CR0 2WN, UK

**Visit <https://magiclifeuk.com> for further details or call Raff on 0208 826 4348**



Magic Life offer's a range of Services for people who require supported living accommodation

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support

