

# Magic Life

SHARING EXPERIENCES

Find out what our residents & staff have been this past month

- Pumpkin Challenge
- 3rd Winns Mews 3
- 1st Bruce Grove
- 2nd Grove Park
- Celebrating Personal Triumphs and Community Connections
- Spooky Season Thrills: The Greyhound Girls Embrace Halloween
- Autumn Joys: Celebrating Milestones and Embracing Adventures at Harringay Road
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# Pumpkin Challenge

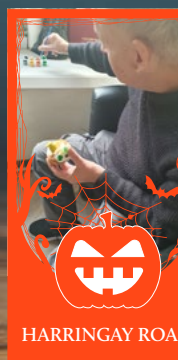
## The Creative Spirit

It's been a spook-tacular October at Magic Life! Our pumpkin carving challenge sparked a flurry of creativity across all our projects, and we've been absolutely bewitched by the entries. From ghoulish grins to intricate etchings, each pumpkin tells a story of imagination and communal spirit.

I want to extend a heartfelt thank you to everyone who took part in our festive competition. Your enthusiasm has brought a warm glow to our homes, brighter than any jack-o'-lantern's light. It's not just about winning; it's about the joy in the crafting, the laughter in the sharing, and the pride in displaying your masterpieces.

We're eager to showcase your submissions and celebrate the winners, but honestly, every entry has been a win in our book. Your hard work and creativity have turned this challenge into a true highlight of the month.

### 3rd Winns Mews 3







Bruce Grove



2nd Grove Park



HARRINGAY ROAD



NORTHLANDS



NORTHLANDS



NORTHLANDS



BRUCE GROVE



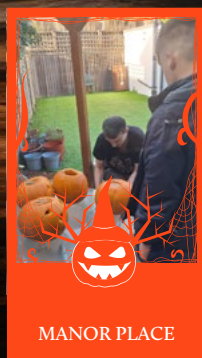
BRUCE GROVE



THE CHAPEL



GROVE PARK



MANOR PLACE



MANOR PLACE



BRUCE GROVE



BRUCE GROVE



# Celebrating Personal Triumphs and Community Connections

## Bruce Grove

### Personal Development

At Magic Life, every milestone in personal development is a cause for celebration, and this month, JLH has given us plenty of reasons to cheer. Our team's dedication has shone through as JLH thrives, embracing daily activities and finding comfort in a newfound routine. His journey isn't without its hurdles, but his perseverance is inspiring. We're delighted to report that he's forming a budding friendship with BF—proof that resilience and patience can lead to beautiful bonds. Plus, JLH's joy was contagious when he picked out a snazzy new winter jacket, marking the occasion with a favorite cafe lunch. Let's keep those positive vibes going—your Magic Life family is behind you, JLH!

A big shoutout to Nana Osei, who has stepped up as the Deputy Manager at Bruce Grove. Her promotion is a testament to her exceptional dedication. Congratulations, Nana—keep soaring high!

Our dear HC has embarked on an adventure to Turkey, reuniting with family after overcoming financial challenges. His journey reminds us all that tough times don't last, but tough people do. HC's regular calls are a beacon of his enduring spirit, and we eagerly await his return, bolstered by love and family ties.

Kudos to Erlinda and our service users for their creativity in the Pumpkin Challenge! BF, SSG, and JLH showed us that fun and teamwork can create something truly special. Their engaging video added a perfect twist to our festive entry. While winning would be wonderful, it's the spirit of participation and joy in our community that truly matters..

*“Her promotion is a testament to her exceptional dedication. Congratulations, Nana—keep soaring high!”*





# Spooky Season Thrills: The Greyhound Girls Embrace Halloween

## 95 Greyhound Road

As October's crisp air ushered in the festive spirit, the Greyhound girls embarked on an enchanting journey, adorning their home with Halloween delights. Their laughter and joyous celebration echoed through Greyhound House, heralding a season of spooky fun and heartwarming new beginnings.

### Linda's Grand Farewell: A Send-Off to Remember

Linda's send-off was a heartwarming affair, honoring her role not just as a colleague, but as a mentor and friend. The celebration was a rich tapestry of diverse flavors, with dishes like jollof rice and mac and cheese, capturing Linda's zest for life. The highlight was FO's lasagna, a tantalizing treat that had everyone coming back for seconds. The day's joy culminated with a spirited game of Jenga, reflecting the strength of the connections Linda fostered. As she steps into her new journey, we send her off with deep appreciation and wishes for happiness.

### FO's Birthday Milestone: Celebrations, Friends, and a Seaside Escape at Greyhound

FO's birthday at Greyhound House was a vibrant celebration of life and friendship. The festivities began with a scrumptious meal at Toby Carvery, resonating with the laughter and camaraderie of the Greyhound family. The fun continued with a cozy sleepover, brimming with late-night conversations and cherished togetherness.

### Brighton Calling:

The birthday adventure extended to Brighton's scenic shores, where FO found a serene escape and a sprinkle of seaside magic. This birthday was not just a personal milestone but a testament to the familial bonds nurtured within Greyhound House. It was a vivid reminder to savor life's simple pleasures with friends and loved ones.

### A Heartwarming Reunion: LK's Joyful Gathering with Her Brothers.

LK's family reunion was a delightful celebration of sibling bonds. A sumptuous array of finger foods set the stage for laughter and easy conversation, while an exuberant game of football highlighted their shared love for sports. Despite the distances that sometimes separate them, their sibling connection remains unbreakable, underscoring the profound joy of familial ties.

### Joining the Greyhound Team: A Warm Welcome to Istar, Niamh, and Delia

We are overjoyed to welcome Istar, Niamh, and Delia to the Greyhound team. Their arrival brings a wealth of fresh perspectives, expertise, and a vibrant new energy. As they blend into our team, we anticipate a future rich with collaboration and shared triumphs. Together, we look forward to a path of collective success and positive impact. Welcome aboard!

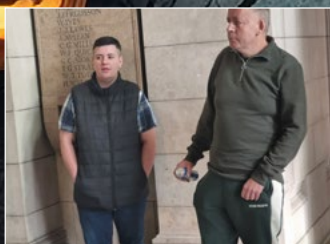
### Puzzle Prodigy

LK's Remarkable Feat of Completing a 1000-Piece Puzzle in Just Days"

LK's completion of a 1000-piece puzzle in mere days is a remarkable display of focus and persistence. Her journey through the intricate world of puzzling captivated us all, as she pieced together a beautiful tapestry of imagery, symbolizing not just a visual feat but the virtues of patience and perseverance. This accomplishment stands as a beacon of inspiration, reminding us that dedication can piece together any challenge.







# Autumn Joys: Celebrating Milestones and Embracing Adventures at Harringay Road

From Memorable Birthdays to Cultural Excursions and Halloween Fun  
Capturing October's Best Moments

From Memorable Birthdays to Cultural Excursions and Halloween Fun – Capturing October's Best Moments

October at HR was a hive of joyful activity! We kicked things off with a heartwarming celebration for TB's birthday. Our dedicated staff put together a wonderful party, and it was made extra special by a visit from her son Brunel and her 17-year-old grandson, whom she met for the very first time—truly a cherished moment!

Our residents BR and JC enjoyed an inspiring visit to the Victoria & Albert Museum, marvelling at the wealth of arts, crafts, and designs spanning centuries. JC, in particular, was thrilled to snap photos alongside the statues and immersed himself in learning the stories behind each piece.

RL embraced the spirit of adventure with a trip to Wales, reuniting with family and friends for some much-needed catch-up.

And let's not forget our spooktacular Halloween festivities! JC shone once again, helping to adorn our lounge with eerie decorations and crafting some ghoulishly delightful fiends, all while the residents enjoyed a cornucopia of Halloween treats.





## Celebrating Everyday Joys

672 High Road

### Festive Flair with CB: Decking the Halls and Autumnal Artistry

CB has embraced the festive spirit, venturing to the local shops to hand-pick delightful Christmas decorations for his flat. He's also been enjoying leisurely strolls around the neighbourhood. Plus, CB showcased his artistic flair by intricately carving a pumpkin!

### CM's Action-Packed Adventures: From Digital Worlds to Go-Kart Thrills

CM has had a blast engaging in exciting Xbox games, and his adventurous side shone through during an exhilarating go-karting session! He's also appreciated serene visits to the local park and has taken strides in independence with support in managing his laundry. Not to forget, CM took on the creative task of pumpkin carving with a bit of supervision.

### SSS's Bollywood Beats: A Symphony of Film and Song

SSS has been indulging in the vibrant world of Bollywood movies, filling the halls with the melodious sounds of his favourite tunes. It's been a delight to see him express his passion for music and film!



# Burlington Lodge: Embracing Joyful Moments and Crafting Cherished Memories

## Burlington Lodge

### JF's Spectacular Birthday Bash

The first flicker of October brought a wave of excitement to Burlington Lodge, as we geared up for a milestone event—the birthday celebration of JF, a treasured member of our family. The anticipation had been bubbling for half a year, with each passing day adding to the collective enthusiasm.

With JF's family by his side—his mother, partner, adorable twin boys, uncle, and a circle of friends—the staff at Burlington Lodge crafted a day of heartwarming memories. The air buzzed with laughter and songs, as we toasted to JF with soft drinks and savored a slice of his sumptuous birthday cake. Dance moves flowed freely, and JF basked in the warmth of thoughtful gifts and heartfelt wishes.

But the merriment didn't end there! JF was treated to delightful birthday dinners out in the community, making the celebrations last a little longer, thanks to his partner and a close friend. This birthday was not just a day but a series of joyous moments, all wrapped up in the love and camaraderie that define our community.

### A Roar-Some Day at London Zoo

Our residents embraced their wild side with a thrilling trip to the London Zoo, where they came nose-to-snout with nature's marvels. It was a day of discovery and wonder, as they strolled among the exotic and the endangered. Peek at their adventures captured in photos in this issue!

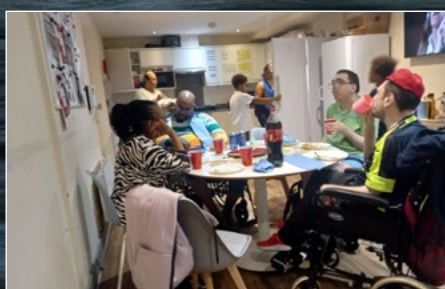
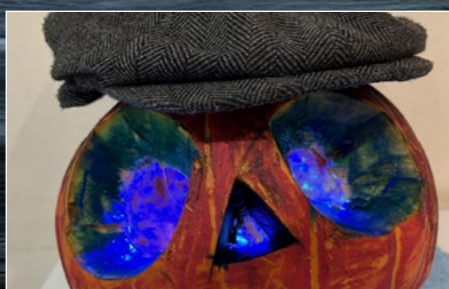
### Pumpkin Masterpieces Take Center Stage

As the autumn leaves turned, our creative spirits came alive for the Magic Life Halloween pumpkin design contest. Burlington Lodge is no stranger to victory, having clinched first place previously, and this year we poured our passion into crafting another potential winner. Watch this space to see if we've held onto our title!

### Acknowledgments

October was sprinkled with magic thanks to our team's unwavering spirit. Your dedication paints Burlington Lodge with strokes of joy and companionship, crafting a canvas where every moment is worth celebrating.

Here's to the memories we've woven into the heart of Burlington Lodge. Let's march into the months ahead with anticipation for the joys yet to come. Cheers to us all!





# The Chapel Chronicles: Celebrating New Beginnings and Community Triumphs

## The Chapel

### Alban's Artistic Autumn

Alban has embraced the season with a creative flair, designing a festive pumpkin that is a testament to his artistic talents. His commitment to home care is admirable; he's tidied his flat with minimal assistance, a true mark of independence. His dedication extends beyond his home, as he ensures his faithful canine companion enjoys walks twice a day. Additionally, Alban's enthusiasm for well-being is evident through his participation in community activities, including gym sessions, artistic pursuits, and yoga.

### Ryan's Flourishing Routine

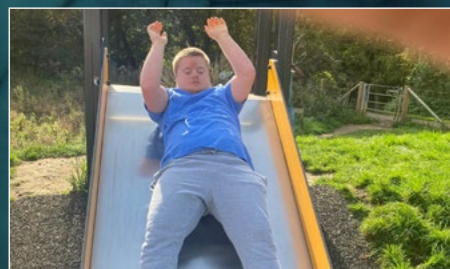
Ryan begins his mornings by nurturing his garden, a tranquil routine that sets a positive tone for his day. His progress in life skills is remarkable; he now adeptly manages dishwashing and room tidiness. Ryan's dedication to health is showcased in his daily park walks and outdoor exercises. His creative side was also on display with the assistance of our staff, crafting a delightful pumpkin.

### Indigo's Journey to Independence

Indigo took a significant step towards autonomy this month by selecting and purchasing a powered wheelchair. Her joy in managing financial transactions was clear as she handled the payment at the till with her characteristic enthusiasm. Culinary adventures await her in the evenings as she delves into cooking with the support of our caring staff.

### Celebrations and Progress at The Chapel

We extend our warmest congratulations to Chiamaka Uzodiķe and her family on the arrival of their baby girl. Our seasoned staff are excelling in mentoring roles, guiding both new team members and service users in skill development. The positive impact of our services is evident, as Ryan is stepping up his home education to five days, while Indigo has begun her own learning journey with the tutor. The addition of vibrant flowers has beautified our environment, fostering respect and friendliness within our community. A special mention goes to Terence, who has seamlessly transitioned into his role as a team leader, strengthening family relations and supporting the meticulous planning of staff rotas and service schedules.





# Welcoming a New Chapter: Cherry Tree Lodge Opens Its Doors to Joy and Independence

## Cherry Tree Lodge

### Exciting times have finally arrived!!!

Cherry Tree Lodge opened its doors to its first resident on Monday, 2nd October. The long wait is finally over. CP has now moved to his permanent home. We would like to extend our heartfelt thanks to the staff and management at 672 High Road for the support CP received while there. CP is now settling in comfortably in his new home. CP mentioned he "loves it here"! He is still personalizing his room just the way he wants it.

CP is also keeping busy by going out and exploring the new area; he now knows where his favourite shops are and has even signed up with the local library. CP has also lent a hand to the staff in baking a cake!

As the pioneer resident, CP had the honour to meet and welcome another future resident (JE) who will be moving in within the next couple of weeks. They have got off to a fantastic start. JE's visits allow her to familiarise herself with the new staff and the service.

The manager and the team are still busy adding the final touches to make the place feel like "home," while we eagerly await the arrival of other residents.





# Carving Out Joy: The Hamptons' Halloween Festivities

## The Hamptons

### Uniting Staff and Residents in a Celebration of Creativity and Inclusion

October has whisked in with its crisp air and whispers of ghost tales, and here at the Hamptons, we're embracing the spooky spirit with our beloved annual pumpkin carving competition! Magic Life's tradition shines through as staff and clients team up, sharing laughs and fostering our unique company culture. The halls are a testament to this festive time, adorned with decorations that add a dash of Halloween magic. Our dedicated staff showcased their creativity, transforming pumpkins into jack-o'-lanterns and rooms into enchanting scenes. Their involvement goes beyond the festivities—it's a heartwarming boost to our community's morale, making every moment at Magic Life a memory to treasure."

For upcoming editions, how about featuring stories that showcase how creative activities, like pumpkin carving, contribute to the development of fine motor skills and offer therapeutic benefits for residents with different needs? It could be both enlightening and inspiring!





# Cherished Moments & Resilience

## Devonshire Lodge

### The past month at Devonshire has been a tapestry of emotions

Amidst the warm moments, we waved goodbye to our most senior resident as he embarked on a new journey, finding a home that fits his needs even more snugly. While his departure tugged at our heartstrings, the joy he sprinkled in our lives remains unforgettable. His presence at Devonshire has been nothing short of delightful.

Commemorating his birthday and our cherished times together, we arranged a cozy celebration at the lodge, a space aglow with affection and camaraderie. In our group snapshot, his peace sign epitomized the cherished memories etched in our hearts—a gesture that spoke volumes of the joyous and connected times we've shared throughout his stay.

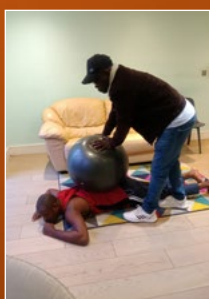
Moreover, we reveled in JJ's accomplishment, marking a landmark in his journey with a ceremony that swelled our hearts with pride. The Day Centre was abuzz with exhilaration, the air filled with clapping and cheers, as we supported him. It's in these instances that we are reminded of the remarkable strides and evolutions we observe in our residents.

Let's not overlook the delightful pursuits we enjoyed! IW and SS embarked on a pumpkin-picking adventure, a thoroughly joyful escapade. Meandering through the pumpkin patch in search of the ideal specimens for carving was enchanting, with their laughter and enthusiasm weaving into memories we'll all treasure.

Nevertheless, not every day was steeped in ease. OB faced a trying period, necessitating a hospital stay. It was a time of concern for all who hold him dear. Thankfully, we can now breathe a sigh of relief as he treads the path to recuperation, displaying commendable fortitude and resilience every step of the way.

As we reflect on the past month, we do so with gratitude and warmth. The harmony and support within our Devonshire community act as a beacon, guiding us through joyous celebrations and lending strength during trying times. What an honor it is to be part of this affectionate fold, where the welfare and happiness of each person is the heartbeat of our home. Here's to creating more of these nurturing moments together.







# Embracing Serenity & Spooky Delights

Grove Park Road

## Paragraph Heading

October at Grove Park Road was a serene tapestry of calm and relaxation, with our ladies savoring the comfort of their flats. But, the Halloween spirit couldn't be kept at bay for long!

## Halloween Highlights:

Our Halloween festivities were a hit, with everyone rallying their spirit on the 30th. NR, usually a social butterfly in the community, chose to join us for a day of indulgence with delectable snacks and giggles over 'The Addams Family' movie.

## EL's Enthusiastic Endeavors:

EL, our shopping and culinary enthusiast, added her magic touch to the event. Her dedication shone as she adorned the communal area with spooky delights and treated us to 'goolie' cupcakes, a perfect prelude to our chosen flick, 'The Addams Family.'

## DR's Dedicated Moments:

DR found comfort in the familiarity of the service this month, balancing her time between visiting her daughter and sharing Halloween cheer with homemade treats.

## ET's Artistic Journey:

And ET, with her artistic zest, brought pumpkins to life with her carving skills, reminiscing joyously about the Halloweens of her childhood.





# Pumpkin Patches, Paws in the Park, and a Cultural Halloween Bash

## Northlands

### Tabi's Perfect Pumpkin Day A Patch of Happiness

There's nothing quite like the crisp, autumn air and the sight of a pumpkin patch to fill the heart with joy, and Tabi would wholeheartedly agree! Our very own adventure enthusiast, Tabi, took to the fields for a day of pumpkin picking, an experience she's longed for. Away from the hustle and bustle, amidst the sea of orange, she found her slice of heaven. With a camera in hand and a smile that could outshine the sun, Tabi captured these magical moments. Not only did she leave with photographs to treasure, but also with a bounty of pumpkins. Her enthusiasm is contagious, and she's already marking the days off her calendar for next year's pumpkin escapade!

### Canine Capers with Louise Paws and Relax

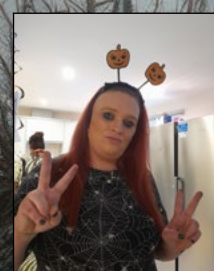
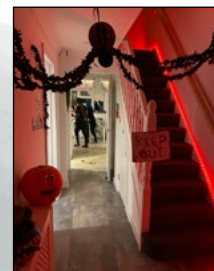
Louise had a 'paw-some' day out in the park, indulging in some quality time with our four-legged friends. For those who know Louise, her love for animals knows no bounds, and this simple pleasure was nothing short of pure delight for her. The joy of meeting a new furry pal and engaging in playful antics is always a highlight, and it was a beautiful reminder of the simple joys life offers.

### Lucy's Jungle Island Adventure Tropical Escape

Imagine the lush greenery of a jungle and the serene sound of waterfalls—this was the breathtaking backdrop to Lucy's latest adventure to Jungle Island. It wasn't just another day for her; it was a day filled with excitement and the enchantment of nature's beauty. Lucy's adventurous spirit led her to explore every nook and cranny, and she even took a moment to indulge in a tranquil leg soak by the waterfall. It's these adventures that make our days at Magic Life truly extraordinary!

### Magic Life's Halloween and Cultural Feast A Festival of Flavors and Frights

Magic Life Northlands celebrated the spooky season with a twist this year—combining the chills of Halloween with the warmth of cultural diversity. It was a festival of flavors, as our staff whipped up dishes from the corners of the globe, each one telling a story of heritage and home. Residents and staff came together in this unique celebration, sharing not just food, but also the tales and traditions that come with each delicious bite. It was a heartwarming sight, as the Magic Life family grew a little closer, united by the universal language of food and festivity.





# Manor Place's October Buzz: Activities and Achievements

## Manor Lodge

At Manor Place, the autumn air buzzes with activity and positive energy. Our fabulous staff have been a beacon of support, diligently completing trainings to better nurture our client's wellbeing. With the family growing – both staff and clients – we've been busy ensuring seamless healthcare registrations and reviews. And yes, October brought its own slice of spooky fun with our traditional Halloween pumpkin carving!

### Welcoming New Beginnings

A warm welcome is extended to our newest team member who joins us in our mission to provide unparalleled support. This month also marked a triumphant transition for a potential new client, fostering hope for a swift and smooth integration into the Magic Life family.

### Festivities on the Horizon

The excitement is palpable as we gear up for our end-of-year celebration. With invites stretching out to families, friends, and all within our support network, we're setting the stage to toast to the year's blessings and shared moments.

### Celebrating Individual Milestones

#### SH's Sporting Spirit

##### Written by: SH Team

SH's passion for football remains unwavering, with home and away games punctuating his weeks. Sporting a rainbow of attire, SH's progress shines across dietary choices, personal care, and community engagement. His adjustments during shopping trips are noteworthy, showcasing his growing independence. SH's involvement with staff and leisure time has blossomed, as have his health check-ups. With eyes gleaming towards the Christmas party, SH's stability in health is truly a triumph.

#### JO's Journey of Engagement

##### Written by: JO Team

JO's month has been a concerted effort among his caregivers to enrich his social and health routines. A dedicated care coordinator has been a new source of support, particularly for his mental health. Daily ventures into the community, including serene visits to Chase Gate and routine shopping, have become a staple. With mental health professionals keeping a caring watch, JO's attempt at pumpkin carving was both courageous and celebratory.

#### GS's Independent Strides

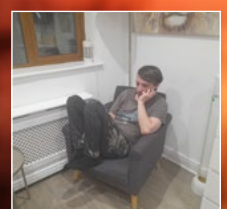
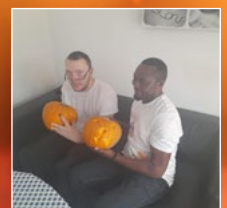
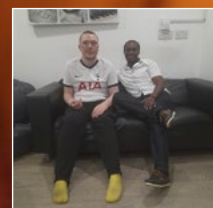
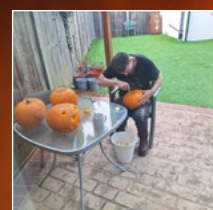
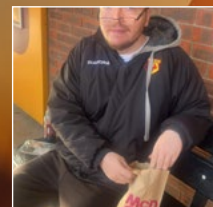
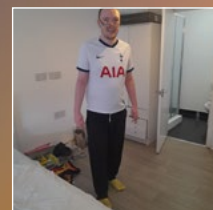
##### Written by: GS Team

GS's energy has been high, skillfully channeling it into his daily activities and work commitments. His self-sufficiency is commendable, supported yet independent, with a clear focus on future aspirations. His involvement in our house meeting not only highlighted his valuable insights but also his leadership potential. With his health checks in good standing, GS's participation in Magic Life reflects his positive spirit and active role.

#### LF's Smooth Transition

##### Written by: LF Team

LF's journey through transition has been a narrative of resilience, guided by our skilled staff's unwavering support. With his local authority and professional team gearing up for a final meeting, LF's integration into the community has been twice as nice, with regular outings reflecting his growing independence. Laundry duties, garden football, and music-filled relaxation times depict LF's well-rounded daily life. Anticipation for his discharge is matched by his harmonious relationship with our staff, signaling a future bright with promise.





# Smashing Pumpkins

## Winns Mews 2

### Creative Hands at Work

At the heart of Winns Mews 2, a festive spirit recently took hold as the gentlemen of the residence delved into the timeless tradition of pumpkin carving. With each stroke of the carving tools and every scoop of pumpkin seeds, they weren't just preparing decorations; they were crafting memories.

Autumn's magic was palpable as residents gathered together, their faces alight with concentration and joy. Pumpkins, the canvas of the season, lay before them—ripe with possibilities. The activity wasn't just about the artistry; it was a testament to the community and camaraderie that thrives within these walls.

### A Gallery of Gourds

The resulting creations were as unique as the creators themselves, ranging from the spooky to the whimsical, each pumpkin beaming with personality.

It wasn't long before a gallery of gourd-geous masterpieces stood on display, each one telling its own silent, vibrant story.

Photographs captured the pride in the men's eyes as they posed with their finished pumpkins. These images are more than just a snapshot of a moment; they're a celebration of the creativity and spirit that animate Winns Mews 2.

This simple yet profound activity highlights what makes our Magic Life community so special—finding joy in the small things, fostering a sense of achievement, and creating a shared experience that goes beyond the ordinary.

Written by: The Creative Team at Winns Mews 2

In the spirit of the season, we at Magic Life UK applaud the men of Winns Mews 2 for their festive endeavor and for reminding us all of the joy that comes from creating something together. Their pumpkins might just be the highlight of the season!





# Park Lodge Pulse: A Month of Joys and Support Resilience and Recreation

## Park Lodge

October at Park Lodge was a tapestry of activity, resilience, and community spirit. Our home buzzed with initiatives that celebrated independence and collective well-being, even as we navigated the ups and downs of everyday life.

### Health Journeys: Support and Solidarity

Our hearts were with DF this month as he bravely faced health challenges, undergoing an eight-day hospital stay at North Middlesex Hospital due to heart fluctuations. It was a time that highlighted our community's strength, with unwavering support from staff who stayed by his side, affirming our commitment to caring beyond walls.

In a similar vein of dedication, CJW, who had an extended visit to Edgware Community Hospital, was not left to face the days alone. Our Park Lodge team stepped in, providing personalized care and ensuring that community ties remain strong, even from a distance.

### Community Contributions and New Adventures

CR's volunteer work at Moreland Primary School stands as a beacon of growth and confidence. Engaging with the children and contributing positively to their days, CR's experience was enriched by attending Leigh Anne's Book Tour — an event that left a memorable imprint on his journey of self-development.

SGF, another beacon of engagement in our community, has embraced a routine that includes visits to the Day Centre, where his creative spark finds kindling. His leisurely strolls in the park and newfound interest in attending church on Sundays speak to a life filled with diverse experiences and personal growth.

### Welcoming New Faces with Open Arms

We had the joy of welcoming a new member into our fold this month. In true Park Lodge fashion, the welcome was as warm as it was unique — a thoughtful picnic at Pymmes Park served as a gentle introduction to the life and friendships that await within our community.

### Celebrating Creativity: The Art of Pumpkin Carving

The residents outdid themselves in the pumpkin carving challenge, turning simple pumpkins into canvases of creativity. With brushes and props in hand, they transformed these autumnal squashes into an array of fantastical creations, ready to compete for the title of the most enchanting pumpkin.

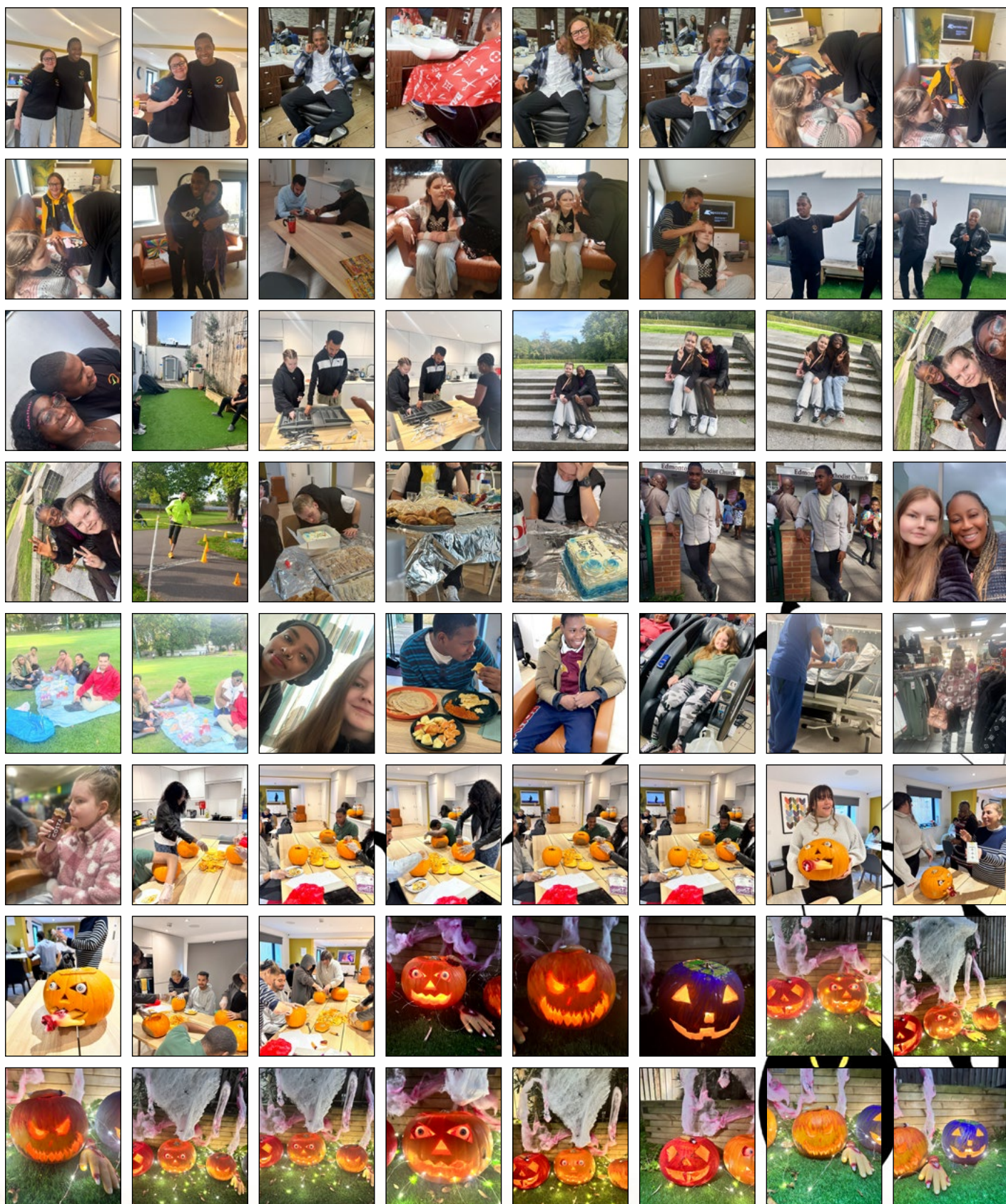
### Embracing the Spooky Season

As the leaves turned and the air chilled, Park Lodge embraced the Halloween spirit. Costumes were donned, and laughs were shared, as both residents and staff delved into the fun of the season. It was a perfect cap to a month that, despite its challenges, reinforced our collective spirit and joy.

Through the blend of support during tough times and the celebration of individual and community milestones, October at Park Lodge was a vivid reminder of the strength and vibrancy of our community.









# Celebrating Diversity: Black History Month Festivities

## Park Side

### Celebrating Diversity: Black History Month Festivities

#### A Time of Joy and Unity

October in the UK blossoms with the vibrant celebrations of Black History Month, a tradition proudly observed since 1987. It's a period marked by abundance, mirroring the African harvest season—a time to rejoice in cultural richness and diversity.

Our own festivities were a heartwarming mosaic of traditional attire and culinary delights, with staff and residents alike donning garments that told stories of heritage and homelands. The air was filled with the scents of authentic dishes, each a piece of someone's history, as we came together in a shared experience of heritage and pride. Laughter and lively Afro rhythms, along with a diverse mix of music, had everyone moving, creating memories in an atmosphere steeped in cultural unity and celebration.

### Spooks and Thrills: The Halloween Bash

#### A Hauntingly Delightful Day

The spirit of Halloween descended upon us on the 28th, transforming our lounge into a den of festive frights. Residents teamed up with staff, diving into the fun of pumpkin carving, their hands working together to craft jack-o'-lantern grins. Skeletons swung from the ceiling, spiders skittered across the walls, and ghostly banners whispered of the spooky season.

Our culinary crew conjured a feast of BBQ and peri peri chicken, tempting sausages, delectable sausage rolls, tempting pizzas, and pigs in blankets—a banquet fit for any ghoulish gathering. Special guests Shamari, Chris, and three staff members from Park Lodge joined in, amplifying the day's cheer. Post-feast, the mic was open for karaoke, filling the room with song and laughter, capping off a day brimming with happiness and shared joy.

### A Breath of Fresh Air at Trent Country Park

#### Pauline's Pastoral Adventure

Pauline ventured forth into the green expanse of Trent Country Park, flanked by Mo and her supportive duo of staff. Embracing the simplicity of nature, she delighted in feeding the sheep a tranquil moment of connection with gentle creatures. Their journey continued, encountering horses, cows, goats, and a tapestry of wildlife, culminating in a visit to the wildlife hospital—a sanctuary of care and rehabilitation.

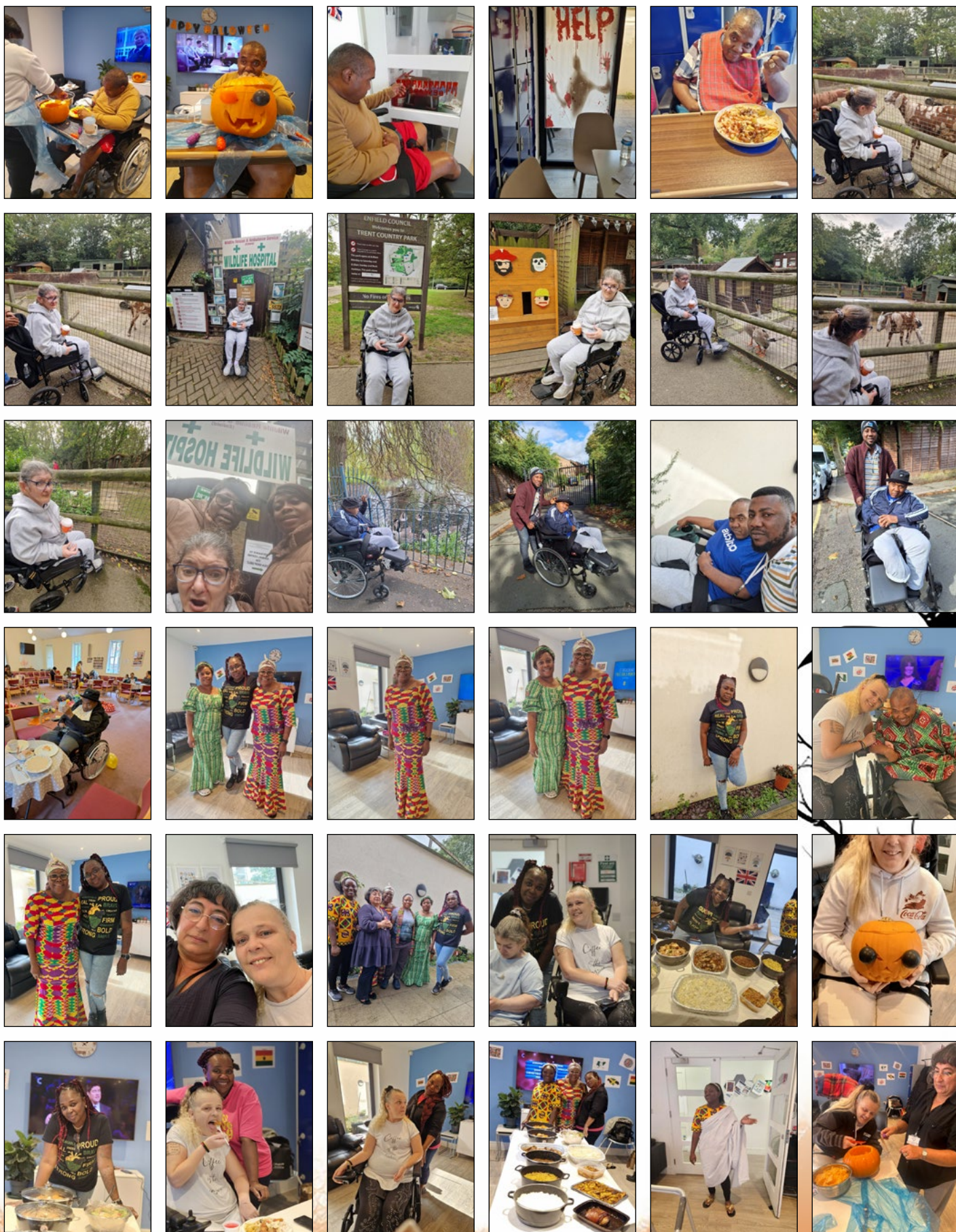
### Errol's Day Out: Local Park Discoveries

#### Feathers and Florals

Errol seized the day with a tranquil excursion to the local park, a haven of natural tranquility. He found joy in the simple pleasure of feeding the ducks, his laughter echoing over the water, forging a bond with the feathered locals. The day blossomed further as he meandered through the flower gardens, immersing himself in the splendor of vibrant petals and the dance of butterflies—a serene retreat into nature's embrace.









# A Beacon of Joy and Togetherness

## Winns Mews 3

### Overcoming Loneliness with Laughter and Learning

Loneliness versus happiness—a challenge of our times, and it's something we at Winns Mews take to heart. The haunting spectre of social disconnection has grown only more prevalent, but here, within the warmth of our Girls Club, we are lighting the way to happier, healthier lives.

### The Power of Connection

The human spirit craves connection, a truth woven into the fabric of our Girls Club. October's session was a vibrant blend of new games and heartfelt conversations. Laughter rang through the room as our game of '5 Second Rule' prompted quick wits and giggles. Yet, it was the power of sharing in a tranquil environment that truly shone. Discussions around loneliness, usually whispered in private, filled the air with courage and compassion. Bonds were strengthened, and burdens were lifted as residents found solace in the shared experience, realising they are not alone.

### Creative Spirits and Harmonious Melodies

Our Girls Club is a treasure trove of creativity. With the gentle guidance of LC and JL, the delicate art of crochet became the night's new skill, showcasing the joy of learning. The session culminated in a chorus of voices, a church singalong that echoed the essence of our community. Sarah, with her angelic voice, reminded us why we cherish these moments—why changing the club's day was a unanimous yes. Her voice wasn't just a melody; it was a call to unity and understanding.

### Festivities and Farewells

As the festive season edges closer, our Girls Club is abuzz with the excitement of jewellery making, turning creative flair into precious gifts for loved ones. Pumpkins carved with care, though not for a prize, were symbols of our collective effort and creativity.

We share a bittersweet farewell to our dear HF, who's embarking on a new journey. Her presence will be missed, but our best wishes are with her as she steps forward into a new chapter.

### Join the Circle

The doors to our Girls Club are open, inviting new smiles to join in the revelry. Winns Mews is not just a home; it's a cradle of support, learning, and laughter. Because at the heart of it all, ensuring our ladies' happiness is not just what we do—it's who we are.

Come, be a part of our magic—where joy is found, friendships are forged, and lives are enriched. Join us, and let's create memories together.





# A Hub of Creativity and Well-being

## Winns Mews 4

### Artistic Flair at 4 Winns Mews

The atmosphere at 4 Winns Mews has been vibrantly serene, with our residents enjoying a harmonious blend of relaxation and creative expression. One remarkable story is that of our new resident, WT, whose towering stature is only matched by his immense artistic talent.

Upon joining the 4 Winns Mews family, WT has unfurled his creative wings, showcasing his artistic prowess. His medium of choice? Whatever his imaginative mind can repurpose into a canvas or a sculpture! From intricate drawings to innovative paper crafts, WT has transformed ordinary materials into extraordinary art.

With the arrival of Halloween, a duo of unsuspecting pumpkins became the focus of WT's creative energies. Donning his metaphorical artist's cap, he embarked on a meticulous two-day journey of carving and painting, ultimately giving life to two exquisite pumpkin masterpieces. But for WT, this artistic endeavor was more than just creating seasonal decor; it was a therapeutic escape. He shared with us how the process significantly uplifted his mental health, making his experience at 4 Winns Mews not only about being supported but also about thriving through art.

The story of WT's therapeutic artistry is a testament to the nurturing environment at 4 Winns Mews, where every resident is encouraged to find joy and solace in their unique talents.





# A Poem By Christopher Reid

## *Poem on LGBT community and the wider church*

*We need to love people who are from the LGBT community rather than slating them.*

*Is that what Jesus would do no he wouldn't.*

*I have been confident inviting my friends to church because I feel they won't be accepting because of their race  
sexuality religion or faith.*

*Jesus would love people from all backgrounds sexually and race and accept people for who they are. So, we need to  
be more like Jesus.*

*but also follow the right path by welcoming people into the church. Better we act now, or we lose a generation of  
people young and old not knowing.*

*Jesus lives changed by him.*

*If the church doesn't accept people for who they are they are going to get into bigger problems and trouble later  
down the line.*

*different backgrounds religions race sexuality they were feel not valued worthless and they will feel lost lonely set  
apart from the wider community churches and society.*

*More needs to be done with church leaders government councils and communities of how people from a LGBT  
community are treated in church wider communities, society.*

*What's your thoughts about this topic needs to be addressed.*

*Kinds regards,*

*Christopher Reid*