

MAGIC LIFE

Florin AKA Florin Superman and Lorenzo AKA BabyBoy getting ready for the day

Photo by Raf

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They Can Fix It

Magic Team
Mates



"I would like to express my deepest appreciation for our maintenance team's tireless work, particularly during the sweltering summer heat. Their dedication ensures that our residents can enjoy a trouble-free summer".

Words by: Raf Bacus Photo Left by: Joe Bernardes

Here Comes The Sun

Head Office Notes & Thoughts

Here Comes the Sun! But before we dive into the joyous opportunities that the summer months bring to London, let's take a moment to appreciate the Magic Life Maintenance team that keeps our community running smoothly, regardless of the weather.

Firstly, we have **Florin (Top Left)**, affectionately known to everyone as '**Florin Superman**'. A native of Romania, Florin served with the Romanian Army and was even stationed overseas in the Middle East. Now a vital part of our maintenance team, Florin brings a tireless work ethic and a 'can-do' approach to his role. His love for a challenge helps us maintain the high standards our residents have come to expect.

Next, there's **Thomas (Top Right)**, a beloved member of the Magic Homes/Magic Life family for over a year. Like Florin, Thomas is always eager to lend a hand and do whatever it takes to ensure the comfort and satisfaction of our residents.

Our newest member is **Kennan (Bottom Left)**, who joined us a few months ago. With his expertise in plumbing and heating, he has quickly become an indispensable asset to our team.

Then, there's **George B.**, is a long-serving member of our maintenance team. Prior to joining us, George was a professional footballer, playing for Crystal Palace and Leyton Orient before finishing his professional career in Cyprus. His commitment to teamwork on the pitch has seamlessly transitioned into his work with us, enhancing our collaborative spirit.

Daniel (Dan The Man That Can) is the longest serving member with over twenty five years under his tool belt. We can depend on him to get that room ready for our residents and always goes that extra mile to ensure everything is ready.

Last but not least we have **Lorenzo** known to us as **BabyBoy (Cover Right)** Lorenzo started his working life in the Philippines. Looking for a better life he moved the middle east, where he worked for Royal family maintaining the drapery. Today Lorenzo looks after the grounds for Magic Life and Magic Homes.

I would like to express my deepest appreciation for our maintenance team's tireless work, particularly during the sweltering summer heat. Their dedication ensures that our residents can enjoy a trouble-free summer.

Now, as we move into the summer months..."

As we move into the summer months, the feel-good factor comes to London! I truly feel that this wonderful city of ours comes alive when the sun is out.

It also opens opportunities for our residents to be out and about more. With each summer arriving, we start to plan activities that were not as accessible during the cold winter months.

Many of us have children, and the summer accentuates the balance between work and family life more than any other time of year. Six weeks can feel like an eternity. As a father of two wonderful children and a soon-to-be 18-year-old, I understand how important this balance is. Keeping the little ones busy while maintaining our own sanity can be difficult, so I'm going to share some of my top tips for keeping the little ones entertained!

We're lucky in London, with a wealth of amazing activities right on our doorstep. Museums are always a hit in my household, with my favorites being The British Museum, The Natural History Museum, and The Science Museum. All are free (though small donations are welcome) and offer the chance to expand our knowledge of the world around us.



As for parks, we have an abundance of green spaces in London, each offering something different. Here are our favourites: Ally Pally offers the best views over our city as well as hosting some great food and music events. Trent Park, in the far North of London, is great for nature walks and adventures for little ones. Alderman's Park in Hertfordshire is another winner, with a children's farm and sensory play. Hampstead Heath, which stretches from Highgate to Camden, is ideal for a quiet picnic and an escape from the hustle and bustle. **So take full advantage this summer and get out there.**

Magic Champions

Sharing Their Knowledge

Lydia Adjei
Positive Behaviour
Lydia@magiclifeuk.com

My name is **Lydia Adjei**, and I have proudly served as a support worker at Magic Life (3 Winns Mews) for the past 14 months. I am currently a Magic Life Champion, advocating for **positive behaviour**, a role I embrace with dedication, compassion, and enthusiasm. I strive to maintain a harmonious environment with my colleagues and the service users, offering the best care I can provide.

At 3 Winns, my specialty revolves around supporting those with Emotionally Unstable Personality Disorder (EUPD), Mental Health challenges, Complex Post-Traumatic Stress Disorder (C-PTSD), neglect, abuse, and paranoia. I am committed to leveraging my abilities and knowledge to support our clients in the best possible way.

I make it a point to model good behaviour around my colleagues and our clients, taking care not to trigger them, while maintaining the utmost professional conduct. I also encourage our clients' independence by sharing my opinions or suggestions, allowing them to make informed decisions without imposing my own views. Our clients are perfectly capable of making their own decisions, and I am here to help them choose what's best for themselves.

My goal is to continually evolve in my field of work by learning new ideas and acquiring diverse skills from colleagues, management, online training, and any other available resources. This continuous development is geared towards supporting our clients effectively during their challenging times, and to be prepared to handle these challenges as they arise.

I firmly believe that, over time, I will accomplish more and open up possibilities that I hadn't previously imagined.

The saying goes that "Knowledge is power," and once acquired, it's a treasure that can

"I make it a point to model good behaviour around my colleagues and our clients"



never be taken away. I am immensely grateful to my service manager Cheryl, senior support Rose, and my colleagues for their unrelenting support and the opportunity to have my work recognized.

Thank you, Magic Life Champion, for providing me with this platform and entrusting me to carry on the good work. I plan to leverage this opportunity to guide our clients and inspire freedom. I deeply appreciate the chance given to me. Thank you.

By: Lydia Adjei.
Photo by: Winns Team



Tips for Supporting Positive Behaviours

- ▶ **Calmness**
Ensure to stay calm at all times when dealing or handling difficult situation with both clients and staff.
- ▶ **Empathy**
Be very conscious of how the client may be feeling at a particular day and time and to avoid them reacting negatively by asking them questions or saying something that they may think they are being intimidated by you the staff. Communication is the best key to solving issues and problems from arising
- ▶ **Be aware of your surroundings**
When one encounters a confrontation from either a member of staff or a client, be mindful of where you are and the people around you as the confrontation may affect their mental health or trigger them to react.

► **Respect**

As a staff most of our clients looks up to us since we support them with their daily activities and somehow, they entrust their lives to us. As a staff and a model to the organisation, showing appropriate behaviour to help with your expectations. "What you give is what you receive, and respect is reciprocal".

► **Build relationships**

Building a good rapport with your client and member of staff will lead in building trust, respect, and motivation to shown positive behaviour.

► **Know your clients and staff members**

Take time to know your clients and member of staff, their likes, and dislikes, what interests them, what keeps them going, how they overcome their struggles which will make it easier to engage with them.

► **By Tamara Smith Davies**



Patricia Agbenosi
Hygiene / Cleanliness
Patricia@magiclifeuk.com

"As a support care worker, I want to take a moment to reflect on the importance of cleanliness and what it truly means to me in my role".

Cleanliness, in my view, extends far beyond simply being free of dirt or clutter. It represents a crucial aspect of providing effective support and care to those who depend on us. Cleanliness is a fundamental pillar in maintaining a safe, comfortable, and nurturing environment for the individuals we serve.

Firstly, cleanliness is inextricably linked to hygiene. As support care workers, we play an essential role in promoting personal hygiene practices that enhance the physical well-being and dignity of our clients. By ensuring regular bathing, grooming, and clean clothing and bedding, we contribute not only to their physical health, but also to boosting their self-esteem and overall sense of well-being. Beyond personal hygiene, cleanliness also involves

maintaining a tidy environment. A clean and organized living space is vital in preventing the spread of infections, reducing accidents, and promoting a sense of calm and order. This involves regular cleaning, disinfection, and proper waste management to minimize health risks and create a pleasant atmosphere for our clients.

Moreover, cleanliness extends to maintaining the equipment and aids we use in caregiving. By diligently cleaning and sanitizing medical devices, assistive tools, and mobility aids, we ensure their optimal functionality and reduce the risk of cross-contamination. This attention to cleanliness safeguards the well-being of our clients and shows our commitment to providing them with the best possible care.

In addition to the physical aspects, cleanliness also contributes to emotional and social well-being. A clean environment fosters a sense of security and comfort, allowing individuals to focus on their personal growth and development. By addressing their cleanliness needs, we establish a foundation for trust and rapport, fostering an environment of empathy, respect, and dignity.

As support care workers, we understand that cleanliness isn't a one-time task but an ongoing commitment. It requires attention to detail, diligence, and a proactive approach. By incorporating cleanliness into our daily routines, we show our dedication to maintaining high standards of care and professionalism.

Ultimately, cleanliness is a powerful tool that transcends the physical aspects of our work. It symbolizes our dedication to the well-being and quality of life of those we support. By embracing cleanliness as an integral part of our role, we help create a nurturing environment where our clients can thrive and receive the highest level of care and support.



"As a support care worker, I want to take a moment to reflect on the importance of cleanliness and what it truly means to me in my role"

By: Patricia Agbenosi



Warm Welcome

Let Me Introduce You



"I'm a great believer in Person centered care which has been my ethos throughout my career, and I have seen amazing results in the people I have supported previously achieving a good standard of life and I' looking forward to replicating the same results at Magic Life".

Luisa Chagas who has taken over **Northlands**. Luisa has worked in Health & social care for over 30 years in a variety of services and provisions by building a good strong Partnership with the outside agencies to ensure service users receive every opportunity available to them to improve their life's. She came to this profession completely by accident over 30 years ago and has been able to complete 2 degrees, one in Psychology, and she is currently completing her dissertation in Criminal Psychology.

Yvonne Spillane who is currently looking after **95 Greyhound Road** has many years of knowledge in social care industry. She has worked as a registered manager in her past postions and we very happy to have her join the Magic Life Family



*****★*****

Magic Team

Over 350 & Growing

Magic Life would also like to give a huge, warm welcome to everyone who has joined Magic Life over the past month. Magic Life employs over **350** people across twenty sites and is continuously growing.

Working as a support worker provides much-needed support to some of the most vulnerable people in society. Magic Life is proud and honored to have a dedicated team of caring individuals.





Walks-stepping out

Look out for walks information in the links provided or at key Haringey borough events and we can help you, your members, patients and residents find a walk that's right for them or you.

Links for up-to-date walks information

[Walks](#) • [Free Walk Leader training](#) • [Haringey Walks Contact](#) • [Active 10](#)

OneYouHaringey

A free integrated service to help you to smoke free, drink less, lose weight Tel: 0208 885 9095 .

Free Guided Wellbeing Walks for Haringey Residents

Haringey Wellbeing walks, are free, guided walks for Haringey residents. Supporting mental and physical health, reducing isolation and helping residents to better know their borough, one another and feeling part of the community.

Free weekly wellbeing walks are offered across the Borough and vary in duration and accessibility.

There is a walk for everyone. Call Anita, Walks co-ordinator for details 07973 571 921.

Haringey Walks & Community Walks News...

Haringey has 2 new men only walks taking place in the Borough, both these walks provide men with an opportunity to talk in a supportive space.

Men on the Move:

Meeting Point: Outside the Goods Office
Address: 1-3 Ferme Park Road N4 4DS
Day: Wednesdays
Time: 2:30pm
Duration: 45mins linear (ending at Finsbury Park Café by the Lake)

Men Walk & Talk:

Meeting point: In front of Chestnuts Community Centre
Address: 280 St Ann's road, N15 5BN
Day: Friday
Time: 11am
Duration: up to 60 mins - circular

Coming Soon: New Walk in partnership with the Resettlement Team

Contact Anita 07973 571 921

Walkers feedback

"The group walks are a great way to get out of the house and meet with other people."

"I have been part of a Wellbeing walk for nearly a year now and through the group walks I have found out what other events and free activities are happening in the Borough. The walks have opened up other opportunities for me and I am now out every day".



Haringey walks deliver a number of different walks to support as many residents as possible:

Wellbeing walks, Friendly group walks for everyone, supported by a trained volunteer walk leader

Garden walks, for residents in supported housing unable to get out alone

Specialist walks, for residents needing additional support

Heritage Walks, for residents looking to know more about the history of their area. These groups are led by a trained heritage walk leader .

Please contact Anita on 07973 571 921 or The Active Communities Team: get.active@haringey.gov.uk

- Tel: 07971 113 463
- [Sign up to future Haringey Walks Newsletters](#)

Wellbeing walks Spotlight:

New walk for everyone: Join Qasim, one of our walk leaders, in this 30 mins circular walk.

This walk takes place within the New River Sport & Leisure Centre's beautiful green space.



Meeting Point: Inside New River Centre's Reception area
Address: White Hart Lane
Wood Green
N22 5QW
Day: Wednesday's
Time: 10am

Other Community walks taking place in the Borough:

Walks from the Wheely Tots Team in and around Broadwater Farm take place each Monday and Friday. For details please click: <https://wheelytots.com/walking/>

Free Heritage walks for people 60+ Meet new people and learn about an area's history. Next walk takes place Wednesday 28 June at 11am. Meet outside Lydia Brasseries, 120 Crouch Hill, N8 9DY. For further details call Oonagh on 07986 504894 or E: oonagh.gay@icloud.com

Living Under One Sun, will soon deliver a walk from their community hub to Down Lane Park . Please contact the office for further details: T: 020 8801 6868

NLCH (North London Community House or DAY-MER) Walk - this walk will be starting in July and will take place in/around Bruce Grove/ Castle. More details to follow. Please contact Anita (walks co-ordinator) if you are interested in this walk.

Walk leader training is now fully flexible to fit around people's needs. If you would like to volunteer as a walk leader then please contact Anita.

Haringey's Wellbeing Walks

Haringey Wellbeing Walks are **FREE** and led by trained walk leader volunteers, offering group walks across Haringey's parks and green spaces.

Most wellbeing walks start and end close to cafes and toilets. The walks take place every week. Please arrive a few minutes before the scheduled start time of the walk, where you will be welcomed by the walk leader. Wear appropriate footwear and bring water.

Day	Time	Meeting Place	Leaders / Walking To	Duration
Monday	9:20am	Lordship recreation ground, at the gates near the traffic lights on Downhills Park Road N17 6NY	Storm & Gloria - Walking in Lordship Rec	30-45 mins
Monday	11:00am	Bottom gates of Alexandra Park N8 7HP (by Safe store).	Annette & Bridget - Alexandra Palace	30-45 mins
Tuesday	9:15am	The Engine Room, Unit A, Eagle Heights, Lebus Street, N17 9FU	Janet - Tottenham Marshes	60 mins
Wednesday	10:00am	Outside Café in Markfield Park, N15 4RB	Steve & Bob - Markfield Park/River Lea	45+ mins
Wednesday	10:00am	New River Sport & Fitness Centre N22 5QW, (meet inside reception)	Qasim - walk through the open green spaces of New River Centre	35 mins
Wednesday	11:15am	In the cafe at Queenswood Surgery N8 8JD	Anthony - Priory Park	45+ mins
Wednesday	1:45pm	Bruce Castle Park Museum N17 8NU	James - Two circuits of Bruce Castle Park	30-45 mins
Wednesday	2:30pm	The Goods Office Café, Ferme park Road, N4 4DS	Men on the Move (Men only walk) Sam & Paul - Parkland Walk to Finsbury Park Lake Cafe	45mins
Wednesday	5:00pm	Next to Cafe Forks & Green, West Green Road N15 4AB	Hanna - Downhills Park & Lordship Rec	45+ mins
Thursday	11:00am	Morum House GP practice 3-5 Bounds Green Road N22 8HE	Anita - X2 circuits of Nightingale gardens	30 mins
Friday	10:30am	Stonebridge Lock Waterside centre/Near toilets, N17 0XD	Janice - Tottenham Marshes	45+ mins

For further details on Haringey's Wellbeing Walks or our Community Walks in Haringey, please get in touch:
Anita, Walks Co-ordinator t. 07973 571 921
Lily, Physical Activity Officer t. 07971 113 463 e. get.active@haringey.gov.uk Updated 06/06/23



There is a lot to do in Haringey. Here is a great activitie that everyone can get involved in. Haringey Wellbeing Walks. Excersie and get involved the community. Hollie also had some great ideas for activities this summer. Check them out.

- ArcelorMittal Orbit – Stratford
- London in the sky – Greenwich
- Western super mare beach
- Wookey hole caves
- Bewilder wood.
- Margate
- Zip world bounce below
- Harry potter world
- Milton Keynes – aqua park on the lake
- Promenade Park – Maldon (You can hire beaches for the day)
- Bournemouth beach / Pier zip line
- Lee valley white water centre
- Stadium tours
- Broxbourne lake – Boat hire
- Great Yarmouth
- Clacton on sea
- Hasting's beach / Cliff railways
- Greenwich park / National Maritime

Outing ideas By Hollie (Devonshire Lodge)

Independance

95 Greyhound Road

The Empowering Journey of Independence: A Story of Personal Growth

29th of June 2023, Frankie set foot into toby Carvery, a renowned eatery nestled within the environs of Woodford Green. But this was not an ordinary lunch outing – it was testament to her **independence and commendable personal growth**. As an individual showing exemplary autonomy, Frankie didn't just participate in the day's events; she orchestrated them entirely.

Having arranged the afternoon lunch as well as meticulously planning the travel details, Frankie demonstrated the valuable skill of being self-reliant. She took the lead, identifying the precise route we needed to undertake our journey. Such meticulousness didn't occur in an instance but is the product of a persistent effort. Frankie regularly plans her travels days in advance, using her mobile phone and goes into great detail.

Her independence doesn't stop at day trips.

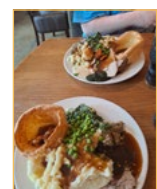
The second, third, and fourth images that accompany this article chronicle Frankie's recent weekend to Cambridge. Between the 24th and 26th of June, she visited her friend, managing every detail herself. The responsibility of booking all train tickets, including return ones, rested solely on her shoulders, **a challenge she met with ease and efficiency**.

Yet, independence doesn't mean isolation. During her weekend away, a wellness check mechanism was in place. Frankie was to call in three times a day to ensure her safety and wellbeing. True to form, she navigated this effortlessly, not missing a single check-in, proving that she could balance her newfound independence with the reassurance of support when necessary.

Frankie's story isn't just about a young lady growing more autonomous by the day. It's an inspiring narrative about personal growth and the exciting journey towards self-sufficiency.

It's a pleasure to watch her blossom and flourish, meeting every new challenge head-on with **determination and grace**. As her key worker, witnessing this amazing progress every day is nothing short of a privilege. Frankie's narrative of independence is a shining example for those embarking on their journey towards self-reliance, showing us all that with effort and determination, personal growth is not just possible, but also **incredibly rewarding**.

Words by: Linda Photographs by Frankie



Hot Dogs

672 Visit Tottenham Spurs

CM has just moved into the service and since then, **he celebrated his birthday**. The staff decorated his flat and treated him to his favorite takeaway. Additionally, CM has been helping by sweeping the project courtyard. He also regularly plays football in the yard with the staff.

CB recently moved in and has been settling in well. The staff took him out into the community to explore Tottenham. He also visited the **Tottenham stadium** and enjoyed the sights. He expressed a desire to return one day to purchase a few things.

CK has been enjoying the hot weather and frequently visits the park for walks and relaxation. Moreover, he takes pleasure in attending African drumming sessions every Saturday.

CJ continues his usual routine of going out into the community for daily walks.

SSS enjoys walks in the project courtyard.



Double Bubble

52 Bruce Grove Birthday Bash



The service users are happy, and the service is calm. This month has been good. JLH continues on his journey to independence with great support from the team. He enjoys being rewarded with a treat from McDonald's or KFC when he does well. He has developed the habit of loading the washing machine and starting it, which may seem simple to us, but for JLH, it is a massive achievement deserving praise all around. Nana seems to be able to encourage him to do most things, which is great. This leaves plenty of room for exciting stories about his progress.

Let's all wish SSG and DK a very happy birthday!

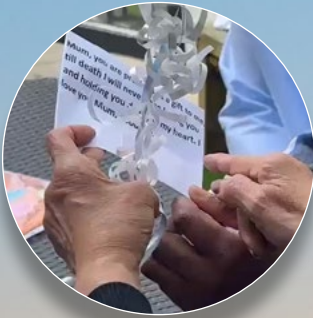
SSG always goes all out for his birthday. One of his priorities is getting his locks treated and twisted, and his mom takes care of booking the appointment and taking him to the shop. He looked great upon his return.

Dapper DK made sure he was dressed to the nines, as he always does, to celebrate his big day. Each of them chose what they wanted to eat, and the staff went above and beyond to ensure they had everything they desired. They truly had a fantastic time, thanks to the staff acknowledging that each birthday is special and deserving of special treatment.



In Loving Memory

Park Lodge Memorial Service



I write on behalf of our first resident, SGF, who has been a resident at Park-Lodge since 2019. During this time, SGF and his mother, Helena, along with other family members, formed a strong friendship with a few staff members who have consistently managed their daily routines and activities. Helena, SGF's mother, was a cherished and beloved individual among our staff team at Park-Lodge.

was an atmosphere of love, support, and remembrance. The staff ensured that SGF and his family felt embraced and comforted during this difficult time. The event provided an opportunity for all those who knew Helena to come together and find solace in each other's company, sharing their grief and celebrating the remarkable life she lived.



Regrettably, at the beginning of the month, we received the heartbreaking news of Helena's passing. In order to honor her memory and celebrate her life, the staff at Park-Lodge organized a memorial event. This memorial was held at Park-Lodge and was open to SGF, his family members, and the staff who had developed a close bond with Helena.

The memory of Helena will forever remain in the hearts of those who knew her, and her impact on the Park-Lodge community will continue to be felt. The memorial served as a poignant reminder of the importance of cherishing the relationships we form and the love we share, even in the face of loss.



The memorial served as a beautiful tribute to Helena, allowing everyone to come together and share their fondest memories of her. The event featured heartfelt speeches, where individuals shared personal stories and anecdotes, highlighting the impact Helena had on their lives. Additionally, photographs capturing precious moments were displayed, evoking a sense of nostalgia and reminding everyone of the joy she brought to their lives.

At Park-Lodge, we stand united in supporting SGF and his family through this period of mourning. We extend our deepest condolences to them and offer our unwavering support as they navigate this journey of grief and remembrance.



Love you

To further commemorate Helena's life, a symbolic tree planting ceremony was held in the serene garden of Park-Lodge. This act represented growth, strength, and the everlasting presence of Helena's spirit within the community she touched.

Throughout the memorial, there

Compassion

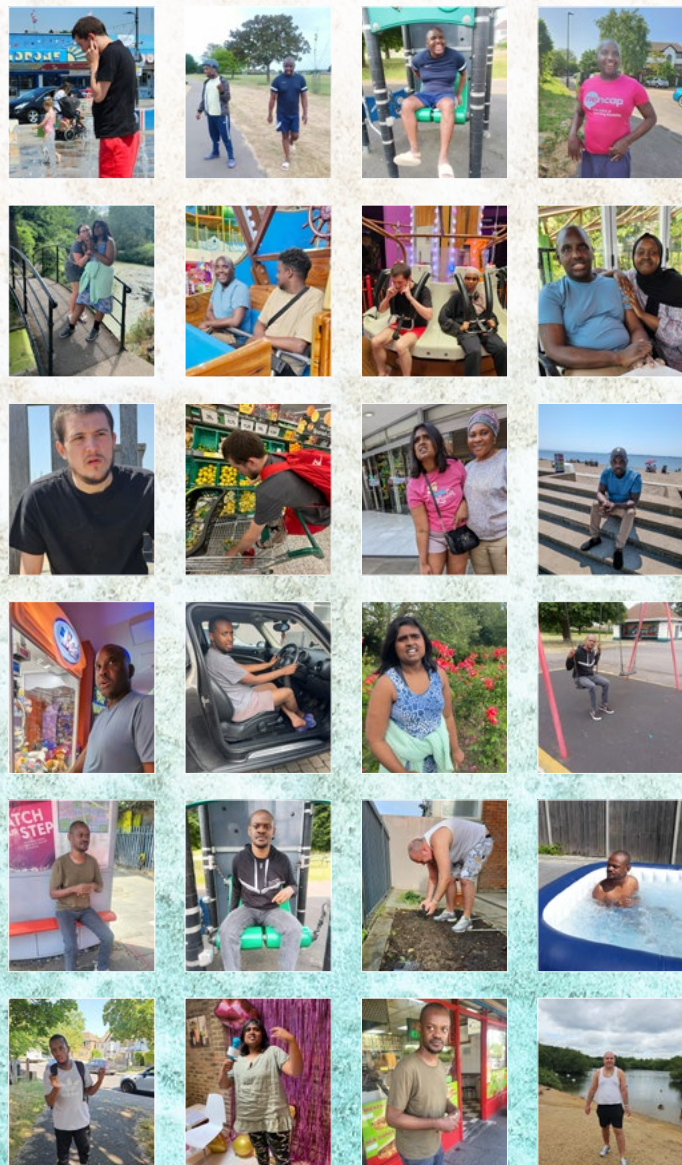
Devonshire Dedication

The weather has been delightful this month, with the sun shining brightly and a gentle breeze rustling through the trees. It's the kind of weather that brings a smile to your face and a sense of renewed energy.

The support staff's dedication, compassion, and commitment to providing exceptional care are truly commendable. Rain or shine, they tirelessly work to create a safe and nurturing environment for everyone. Whether it's assisting with daily activities, offering emotional support, or simply lending a listening ear, their presence brings a sense of stability and reassurance.

"The support staff's dedication, compassion, and commitment to providing exceptional care are truly commendable".

So, as we enjoy the beautiful weather, let us take a moment to express our gratitude for the remarkable support staff and service users. Their presence and efforts make every day brighter, just like the sunshine that warms our hearts.



Words & Photos By: Devonshire Lodge Team

Family & Friends

171 Enjoy The Warm Weather

It's been a relaxing month for HR, some residents travelled across the UK visiting their family and friends, others had their loved ones visit them at 171. As a result of the wonderful weather this month, some residents toured the local park and were treated to ice cream & lollies.

TB was visited by her sister and they both enjoyed a pizza in Turnpike Lane. They had a wonderful time together.

Denist Appointment

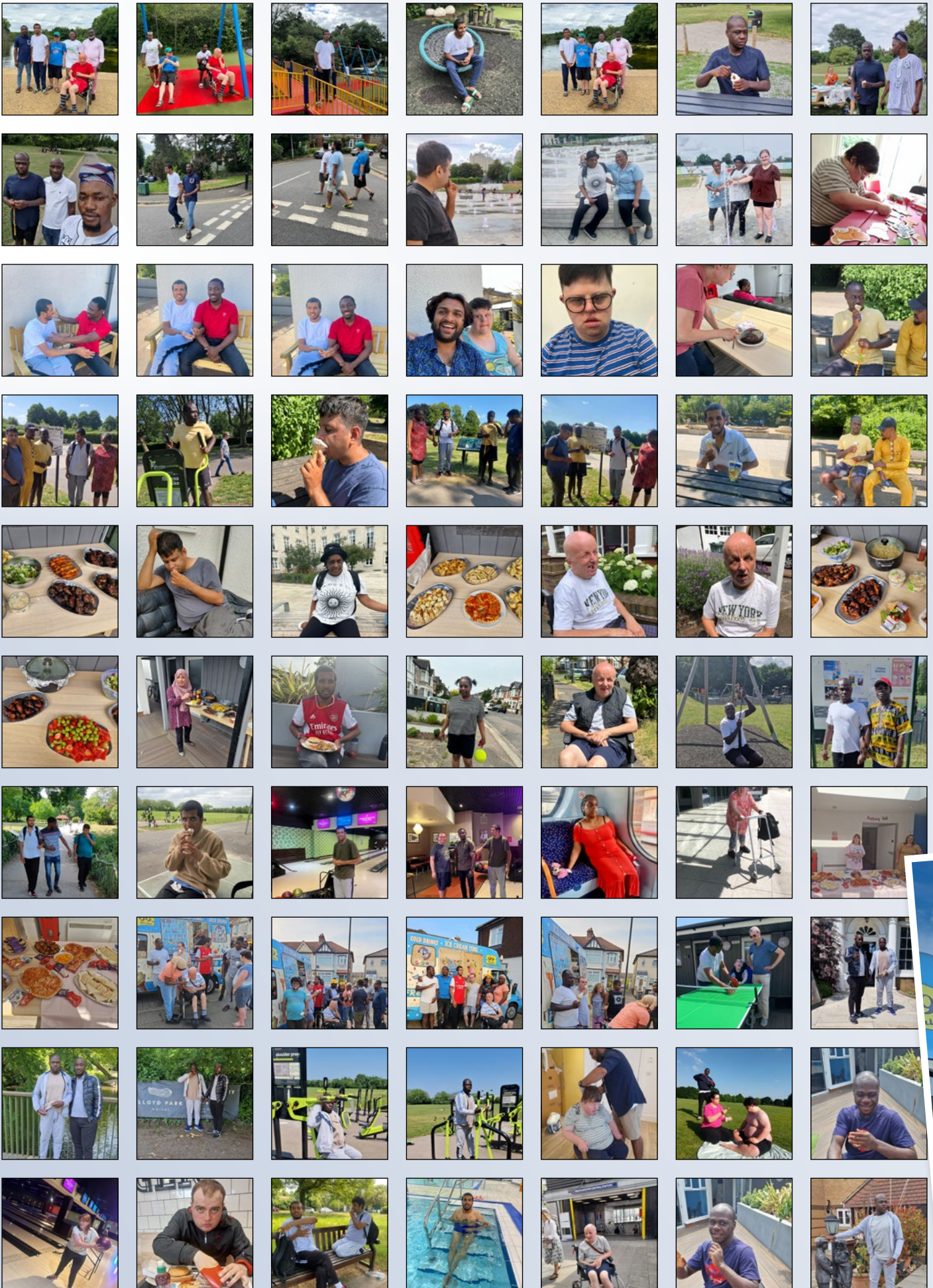
After being reluctant the previous month, JC attended an appointment with his dentist and is happy with the results.

JC and SE went shopping!

Whilst RL had a soothing body massage in Tottenham

"I thoroughly enjoyed and I'll be going to visit them again!"





Personal Ice Cream

Hale End Enjoy Free Ice Cream

Peter celebrated his birthday and so did Sarah. We even had a barbecue party here for staff and residents, everyone had a great time.

Residents enjoyed their own personal ice cream van to pay them a visit and supply free ice cream and lollies for staff and residents in this hot weather, all thanks to Ayhans family member who owns the van, a big thank you for doing this.

Residents have been out and about to the park, forest, high street, bowling, swimming and bike riding, really enjoying them selves

Residents enjoyed their own personal ice cream van to pay them a visit and supply free ice cream and lollies for staff and residents in this hot weather, all thanks to Ayhans family member who owns the van

Michelle has been having fun going out and enjoying the parties.

Raphael has been enjoying himself with his daily outings and going out to the park on Wednesday evenings with his mum and staff.

Irfan has been going to the park and forest. He has

also been going Bowling and bus rides.

Toby has been very busy again this month with his weekly activities up in London and swimming, and bowling.

Sarah has been continuing to show challenging behavior, she also celebrated her birthday and had a nice party.

Jude has been having fun in the garden playing table tennis and basketball as well as going out for walks. He has also had fun going out and celebrating all the parties.

Anjan has had a great time going swimming and parks.

Adrian has been his usual cheeky self (**he is such a pleasure to have here**) really lightens the place up. He loves going out for walks with his girlfriend. Ayhan has been doing so well walking around the garden and is now venturing out into the community it is a pleasure to see.

Claire has been her usual self-screaming down the place when she doesn't see her boyfriend She has even been enjoying herself playing games in the communal lounge going out with other peers.

Alicia has been enjoying her weekly swimming and shopping trips.

Peter has been enjoying his music lesson. And walks out into the community. Peter also celebrated his birthday this month.



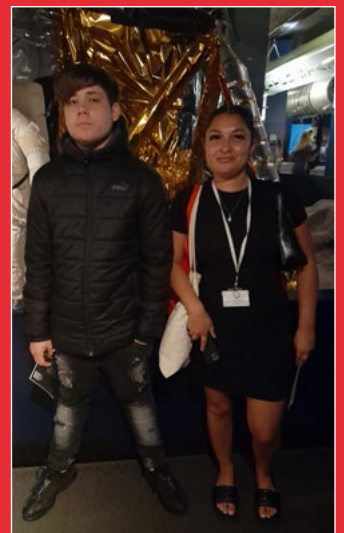
Space Planes

Manor Place Enjoying London

Summer is here and our team is taking advantage of all the scenic locations and event spaces our community has to offer for our wonderful clients. We embarked on a day trip to the London Science Museum, an activity chosen by our clients during a recent residents' meeting.

The trip was thoroughly planned to ensure a successful day. We prepared for the weather, arranged transportation, and organized meals, drinks, sandwiches, and water. All other logistics were handled to ensure a smooth trip. Our clients enjoyed the outing and have requested similar future trips.

Throughout the month, our staff has assisted clients with job center appointments, medical appointments, job interviews, walks, park visits, and shopping for food and clothes. We're beginning to see clients participate in a range of activities, such as watching TV together in the lounge, attending residents' meetings, and visiting the local park as a group. This progress is due to the dedication of our staff team.





Manor Magic

There has been steady and gradual progress with some of our clients at Manor Place this month. The two individuals that I would like to comment on are **SH and JO**.

I would like to emphasize that most of the achievements are based on teamwork and partnership with all stakeholders and other professionals involved in their well-being. We planned a scheduled visit to the London Museum at our last residents' meeting. We were delighted to have all our clients agree to the trip for the first time as a group. This was a significant breakthrough as our clients have different daily routines and have never accepted to do things together in the past.

As staff, we had ample time to gather all the necessary tools required for this scheduled trip with our clients, such as water, food, sandwiches, soft drinks, transportation, and, most importantly, a contingency emergency plan for any unforeseen circumstances.

We were able to successfully execute this trip on the designated date and time. Everything went smoothly, as all our clients shared a common interest in the chosen event.

SH is now capable of washing and refilling his juice bottle in the kitchen in the morning for his medication. With staff supervision, he can sweep and mop his room, which empowers him. He also has access to the lounge at specific times throughout the day, where he can watch TV and interact with staff. SH had a phobia of water in the past, but he is now able to take proper showers, wash his own plates and cups after dinner, and sometimes even wants to walk through the rain to access the community as part of his daily routine.

Once again, none of these achievements would be possible without a team effort.

Jo, on the other hand, follows a structured routine of visiting a designated place daily. Staff members can work with him to implement additional activities and reduce the time he spends at his fixated place. This support allows us to cater to his interests while introducing other well-being activities for his development. Jo is capable of leading with his laundry, preparing his meals, and cleaning and mopping his room and toilet.

I am delighted to see all our clients taking gradual steps towards their well-being with the support of our staff.

Words & Photos By: Manor Place



Birthday Party

Parties & Partnerships At Park Side

Summer is here again, everyone! The residents and staff at Parkside have been enjoying a lot of outings and activities.

We celebrated PC's birthday on the 18th with a small party. Over the past few weeks, PC hasn't been herself, so it was a significant achievement to get her to participate in any activity. She even went out in the evening, and we were thrilled to see her visit her mother in Barns. As the weeks went on, the staff was able to encourage PC to go out more. Well done, PC!

ED enjoyed assisting the staff with planting flowers in pots. We brought the pots from B&Q, and ED had a great time putting soil and arranging the flowers around the garden. He also loved watering them.

In addition, ED had a joyful day meeting and having a chat with friends from his past at a Windrush celebration in a pub in Tottenham. He sang and danced to reggae music and enjoyed the live steel band playing. It was a lovely day out for him.

Another great achievement was supporting SM out into the community for his appointment and allowing him to do some shopping.

Overall, it has been a wonderful summer so far at Parkside, with residents and staff engaging in various activities and outings.

Words & Photos By: ParkSide





Football Tour

Burlington Lodge



EMIRATES STADIUM TOUR

Photos by Burlington Lodge



THIS IS TO CERTIFY THAT

JAMES MCGINN

HAS TOURED EMIRATES STADIUM
HOME OF THE ARSENAL

FRIDAY 9TH JUNE 2023



Powerful

“The magic in new beginnings is truly the most powerful of them all.” Josiah Martin.

5 Winns Mews

The magic in new beginnings is truly the most powerful of them all.” - Josiah Martin.

The magic began at 5 Winn's Mews on the 8th of May when the project opened its doors to offer exceptional service and support to its clients. The project is an all-female service and currently has three service users (JL, DH, and DW). They have all settled in and are making the best of their time at 5 Winn's Mews. Staffing has been sorted,



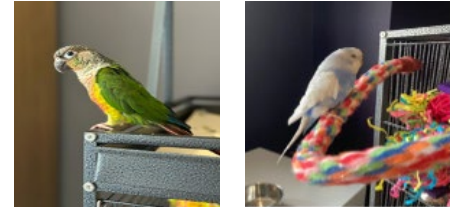
and the service is running smoothly.

Animals have been shown to have a substantial impact on many people's mental health, and it has been proposed that the presence of an animal can have a very calming influence. Gail Saltz, a psychiatrist and author of **“The Power of Different,”** suggests that this could be due to their presence and unconditional affection creating a peaceful and reassuring environment for owners, as well as their desire for interaction matching ours. It is also suggested that many individuals have dogs because “the need to care for them provides structure, purpose, and being needed,” which has a significant impact on their lives and boosts their self-worth.

Many studies have confirmed the positive impacts of pet ownership. Indeed, health practitioners are becoming more aware of their importance in the treatment of mental and physical problems (McNicholas et al., 2005). Pets provide companionship as well as much more. Many persons suffering from mental illnesses indicate that caring for animals and receiving unconditional love in return has changed their lives, enhancing their mental health and quality of life (Robinson, 2020). Such linkages are to be expected when we consider our forefathers' behavior.

According to Barrs (2018) and Page (2020), for well over 10,000 years, humans have kept pets and developed productive ties with animals. It's no wonder, then, that many pets, particularly dogs, can hear human words and recognize our tone of voice, gestures, and body language. It is quite beneficial to have someone (nonhuman) who needs us and can measure how we feel without expectation or judgment. Pets are important to mental health charities, and they frequently encourage pet ownership for its psychological and physical health advantages (Mental Health Foundation, 2018; Lundgren, Robinson, & Segal, 2020).

Emotional support animals (ESAs) are pets that are required by a licensed therapist, psychologist, doctor (GP), or any licensed medical professional for a person's continuous mental



Words & Photos By: Winns Mews 5

treatment or for their hidden impairment. An ESA is a component of a person's continuing treatment program that is intended to provide comfort and reduce the negative symptoms associated with the person's emotional or psychological disability.

At 5 Winn's Mews, we have two beautiful pets, courtesy of one of our service users (JL). They are Pluto and Comet. Pluto is a budgie (short for budgerigar), a species of parrot native to Australia. Pluto is quite friendly with staff and, when she comes down to the office, enjoys having a nice time on staff shoulders and pecking at their hair. Her feathers are so beautiful, and she is so adorable. Comet came in about two weeks ago and is settling in well and has gotten used to her new home. The two parrots offer emotional support to JL. Pluto is quite famous as she has lots of videos of herself and JL on TikTok. Pluto's vocabulary includes “what,” “wow,” and “what are you doing?” Comet, on the other hand, quacks like a duck and snores when she is sleeping. Pluto and Comet offer emotional support for JL and are happy to join the Winn's 5 team. The service is happy to host these two new mates.

The First

The Hamptons

June has been an exciting month for The Hampton, as we welcomed our first resident, Jo. She made the long journey from Wales to The Hamptons, and due to traffic, she arrived very late that evening, which made her first day somewhat unsettling.

However, on day two, when Jo looked out of her window, she saw a beautiful lake in the distance and wanted to get a closer look. Since her visit to the lake, Jo has been to the local shops, cafes, fast food restaurants, and has met and spoken to a lot of people along the way.

Jo's ability to communicate with different people she meets is extraordinary, and she brings so much joy to every conversation you have with her.

Being a cat enthusiast, Jo has enjoyed photos and stories about cats shared with her by staff and she, in return, has been educating the staff about the nature of cats.

Jo is also a very strong believer in God and has been sharing some popular Bible stories with a bit of a twist to them, which certainly makes you think.

Jo's favorite part of the day is playing Ludo and for the staff who didn't know how to play - well, let's just say they are all experts now."



Words By: Stacy

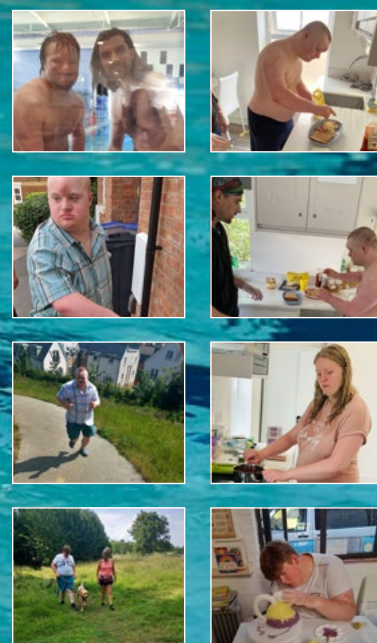
Deep Water

Chapel Row Enjoying the Water

Issah Umar is staff of the month for Chapel row he was outstanding in his role as a support worker he was able to support an individual in a challenging situation back to baseline. In addition, Issah was seen supporting good hygiene in an individual flat



Miriam was outstanding her performance when supporting an individual, she was able to confidently support an individual and report to on call manager during out of hours. She was skillful in communication.



Words & Photos By The Chapel

Alban:

Alban truly enjoys walking his dog, Bucky, in the mornings and evenings, as well as participating in art-related activities. He attends art workshops weekly, engaging actively in the sessions. He especially loves swimming, usually indulging in the activity over the weekend. Alban is keen on further dog training sessions with his trainer, Nicky.

Ryan:

Ryan has been demonstrating responsibility by performing various life skills, such as arranging his wardrobe and tidying his desk. His tutor visits regularly and there's noticeable improvement in his learning. Ryan enjoys physical activities like running and exercising in the park or outdoor gym with the assistance of his staff. Swimming is his favorite way to stay stimulated. Every morning, he dutifully waters the flowers and prepares his lunch with minimal assistance from his staff.

Indigo:

Indigo relocated to Chapel Row in June, and she started cooking from the very first day. On the third day of her arrival, she visited Stansted Airport. Indigo has adjusted well in the service, actively engaging with staff and her key workers.

The Chapel Row:

The Chapel Row service is stable, and the staff is gaining confidence in relating to and supporting the service users. A new service user has been assigned to Flat 14; she is currently the only female user in the service. The staff team has been attending team meetings regularly and providing support to each other.

Empowered Unveiling

Unleashing Potential, Fostering Connections



The ladies at No. 3 Winns are thriving. We would like to extend an official welcome to DK, the newest member of the Magic Life family. DK had been making transitional visits from May to June, with her official moving-in date being the 12th of June, 2023. Although DK interacts positively with staff and is highly receptive to the support provided, she's having a bit of trouble settling in. As we continue to understand her needs better, we will be able to fine-tune her care and support, thereby offering her the best possible assistance.

June has been bustling with activity, especially with the launch of our new Girls Club on the 21st of June, 2023. The preparation and planning kicked off in May. The event organizer, Tamara Davis, ensured that all necessary materials were ordered to guarantee its success – and successful it was!

What became evident from the launch was the abundance of talent among our service users at Magic Life. Events like these provide a platform for them to freely express their skills, forge new friendships, and establish social networks. I'm aware that some service users lack a friend network, which can negatively affect their mental health and feelings of self-worth, possibly hindering their progress and leading to loneliness. To address this, the group will focus on highlighting their unique abilities, fostering their engagement in activities they excel at.

June has been bustling with activity, especially with the launch of our new Girls Club on the 21st of June, 2023

On the day, JL skillfully did DK's makeup and applied her eyelashes, a bonding experience for the ladies. DH enjoyed a manicure courtesy of Tamara, and DK showcased her singing talent alongside Cheryl. Cheryl might not be the best singer, but her attempts to harmonize served to boost DK's confidence to perform in front of an audience - she was fantastic. LC crafted beaded bracelets for the staff, each personalized with their names, while Mica lit up the room with her dancing, singing, and welcoming aura. We were delighted to have other ladies from different services join us, and we heartily welcomed them. We urge our staff to bring your ladies along and share any ideas they might have, as our goal is to cater to everyone. The day concluded with a wonderful buffet put together by the team, which was thoroughly enjoyed by all.

Words & Photos By: Winns Mews 3



GIRLS WORKSHOP

EVERY OTHER WEDNESDAY FROM THE 21ST JUNE 2023



Activities

- Guest speakers
- Face Masks
- Gel Nails
- Games
- Jewellery Making
- Temporary Tattoos
- Selfie Wall
- Hair Braiding
- Tye Dying
- Candle Making
- Karaoke

ALL AGES WELCOME

12pm until 4pm

@ 3 WINNS MEWS



Coffee Break

Cherry Tree Lodge



Cherry Tree Lodge will soon be welcoming residents. As we wait for the day planned residents visit their soon to be new home.

Photo By: Antea



Jean's Champion's

The Power of Expertise and Teamwork Complex Care



As your champion of complex care, it brings me great joy to share with you the incredible progress and achievements we have witnessed in our journey together. Today, I want to highlight the story of one individual who has received outstanding care and support from our dedicated team.

A Beacon of Quality Care

EN, a resident living with cerebral palsy, and on Percutaneous Endoscopic Gastrostomy (PEG) feeding and medication administration, has experienced tremendous care and support from our team. Our commitment to excellence in complex care has been paramount in EN's improved well-being. The emphasis placed on infection control practices during our training sessions has made a significant impact.

With the knowledge and expertise gained, I diligently shared these practices with my team members. Supported by my colleagues, we worked together to ensure that every aspect of EN's care adhered to the highest standards of infection control. As a result, we observed a drastic reduction in EN's signs of pain and discomfort.

The Confidence Boost

The remarkable improvements in EN's health conditions have not gone unnoticed by our team. The enhanced confidence displayed by our staff members is a testament to the positive impact of quality care. We take immense pride in witnessing EN's joy, expressed through his facial expressions and body language, as he experiences improved well-being.

Building Stronger Connections

The success story of EN highlights the power of expertise, teamwork, and collaboration in complex care. Our commitment to continuous learning, open communication, and shared expertise has been instrumental in delivering the highest quality of care to our service users.

Looking Ahead

As your champion of complex care, I am inspired by the incredible progress we have made together. I am committed to advocating for your needs and ensuring that we continue to provide exceptional care and support. Remember, each success story is a testament to the dedication and compassion of our entire team.

Thank you for placing your trust in us. We look forward to continuing this journey together.

By: Jean MacLennan Endengeya

Champion in Complex Care

Jean@magiclifeuk.com

Locations Magic Life

Magic Life Head Office **5-11 Green Lanes, London, N13 4TN**

Bruce Grove
52 Bruce Grove, London, N17 6RN

Burlington Lodge
21-29 Tewkesbury Road, London, N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London, N17 7NL

Greyhound Road
95 Greyhound Road, London, N17 6XR

Grove Park Road
57 Grove Park Road, London, N15 4SL

Harringay Road
171 Harringay Road, London, N15 3HP

High Road Tottenham
672 High Road, London, N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar, Hertfordshire, EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford Green, IG8 9NB

NorthLands
10 Northlands, Potters Bar, Hertfordshire, EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue, London, N18 2UH

Park Lodge
8B Park Road, London, N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford, CM23 3SE

Winns Mews
2,3,4 & 5 Winns Mews, London, N15 4FF

The Hamptons
403 Eagle Way, Peterborough, PE78EG

Cherry Tree Lodge
185 London Road, Croydon CR0 2WN, UK

**Visit <https://magiclifeuk.com> for further
details or call Raff on 0208 826 4348**



Magic Life offer's
a range of
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supported living
accommodation

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support



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