

Magic Life

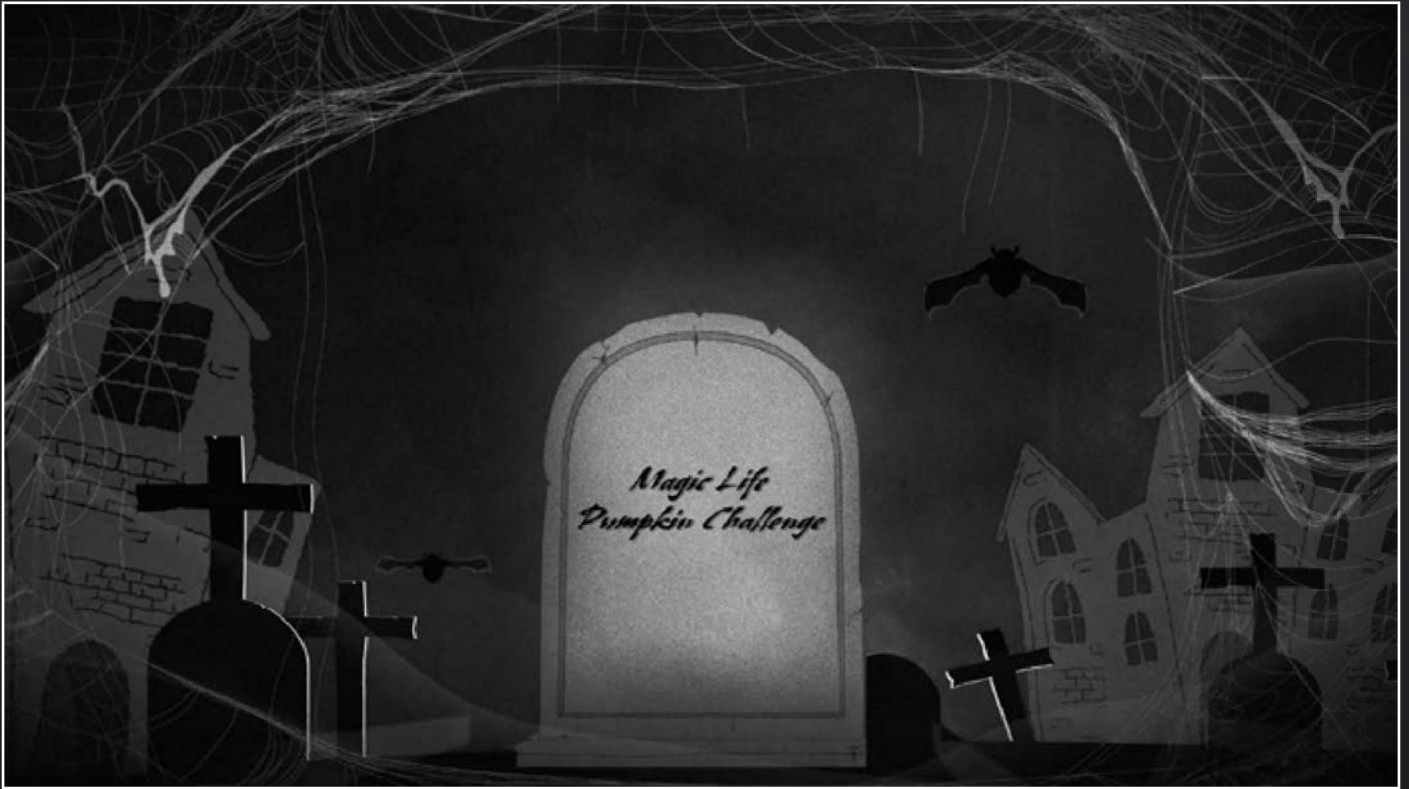
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Pumpkin Challenge

The Winners



YOUR PUMPKIN ENTRIES



CONGRATULATIONS TO EVERYONE FOR THEIR SPOOKY PUMPKINS

Raff Baccus

Podcast



Raff Baccus is the Business Development Manager for Magic Life. Raff joined Magic Life seven years ago as a support worker whilst coming to the end of his studies to become a counsellor and psychotherapist.

He quickly progressed in the company and now plays a very important role within Magic Life as the Business Development Manager.

In this podcast we find out about his journey into social care and the role he does today in helping place vulnerable people find a home that promotes independence and productive life.



Brucey Spooky

Bruce Grove

A stable and peaceful month at Bruce Grove, the service users are settled and all doing well. As the winter months get closer and the hot chocolate is needed, we still have a few things to celebrate like Halloween and bonfire night before Christmas is here.

We have already started planning for Christmas and are getting excited, it brings that cosy, warm and excited feeling, especially now the clocks have gone back and the nights are longer and it gets dark earlier.

The service users are looking forward to Christmas, and hope to be able to take them to see the lights and go to Winter Wonderland, as they have not experienced this before.

They have worked hard with the pumpkin challenge as a team, it was lovely to see them all engaging well and putting ideas and thoughts into how they can make this the best.

The guys got stuck in and enjoyed in preparation of the pumpkins, teaching them that being competitive is not a bad thing. They have done a great job, but you have to wait and see what they put together as a team.



Celebrating BHM

672 High Road



Mica was excited in the celebration of Black History Month in October. She enjoyed the African food with other service users. She did walking exercises in the community. She started drawing on her pumpkin and she later cut it to design it.

Paul enjoyed shopping with staff at his favourite Aldi shop. He enjoyed scanning his items and paying at the self-service till. He did some indoor games during the Black History Month celebration including word search, identifying African country flags. He really enjoyed the games. and designed the pumpkin independently.



Satpal celebrated festival of light at his flat with another Indian staff he was excited with the light. He has been doing well in life skills washing his dishes after food, he enjoys coming down to the courtyard and going for walks around the project with staff support.



Rupert is so skilful in the Connect 4 games which he won playing with Segun and her support worker Hannah

CK visited the park CK has also been supported to go

to the African Drumming and Church where he meets his mum and other family members. CK has developed his drumming skills.

The service is supporting individuals in community inclusion, diversity and learning. Staff apply their knowledge and skill of person-centred approach and respectful communication. Staff planned the Black History Month celebration event based on diversity from among staff and service users.

Service users are progressing in life skills and communities. Staff are encouraging service users to contact families regularly either through phone calls or visits. More importantly, the strength of the staff team is teamwork, respect for others and timely communication. The management and senior monthly meeting to discuss issues of concern regarding staff or services users.



Pumpkin Winners

Burlington Lodge



Pumpkin Picker

The Chapel



RP and AC have been enjoying getting to know each other this month, they previously did not have as much contact. They have spent time with each other in each other's houses, after posting invites through the door. They have also gone out for a walk together in the community, which has been really nice and positive for the both of them.

AC has started jewellery making and art classes this month, as well as resuming going to the gym and swimming after fracturing his foot in August. He has really enjoyed this. AC also went to the Tate Modern with his brother for the afternoon, where he had fun.

RP has been enjoying spending time at home, as well as out in the community. He got his Covid jab this month where he did really well! RP has been engaging really well with his tutor. He has been enjoying sending letters in the post to his family, and going to the pub for a lunch time treat!



Making A Splash

Devonshire Lodge





Howling Wolf

Grove Park Road

NR has continued with keeping her living environment clean and tidy. NR does her cooking daily, and she also does laundry 4-5 times per week.

EL: Is spending a lot more time in the communal area, she sits in the lounge for hours at a time and watches BBC News which is her favourite program.

EB: Has been discovering London, she has been to a lot of attractions and events in and around the local. She also visits the local Rose Café on a daily basis and has participated in the Halloween pumpkin carving activity; her design looks great.

DR: has been on a tour of the local gym where she is planning to join in the coming weeks. Her days are spent out in the community visiting friends and family.

ET: Is planning to visit her mum and spend a few days, she has not decided on when that will be. Has been tidying her room and doing laundry, she also prepares meals with the support of staff.



Team Work

Hale End



We are all happy now, our residents that was in hospital have all returned home

We are one away from a full house, and Myself and Patsy would love to thank all our staff for their hard work and dedication through this hard month with two transitions on the go. GREAT TEAMWORK.

Our residents have been going swimming and bike riding, making cakes, and going out as a team

Toby has been to the theatre which he really enjoyed.

Ayhan has really been doing so good with his walking.

Jude, Michelle, Toby, and Raphael have all been enjoying their bus rides out and doing their shopping at Tesco's.

Irfan and Alicia have just celebrated their birthdays.

Sarah has been enjoying her weekly activities.

Adrian has been enjoying his car rides out.

Rebekah has been going college and went away for a

few days with her parents.



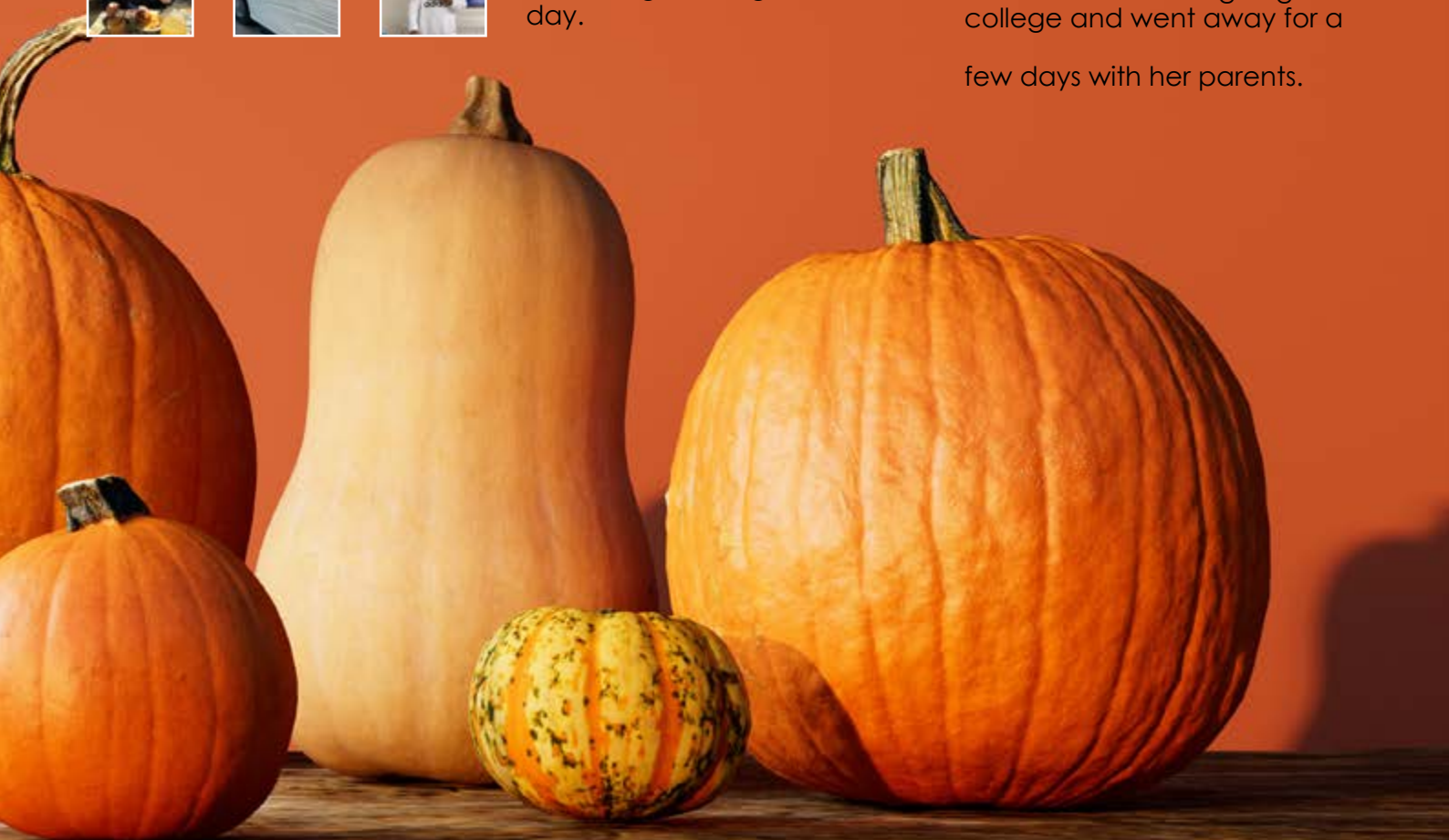
We would like to congratulate our newest senior member Michael Forson on his new position.



Our two new residents Peter and Claire will be finally moving in with us in the coming week.



Claire is very bubbly and loves her nursery rhymes and Peter loves to watch Wurzel Gummidge throughout the day.



Rice & Peas

Harringay Road



Black History Month...

Black History Month was created to focus attention on celebrating the contribution of all black professionals and achievements that have been accomplished.

HR residents had partaken in celebrating BHM with Caribbean dishes.

Traditional dishes from Jamaica would include:

Rice & Peas

Jerk spicy chicken

Curry goat

Oxtail

All residents had taken part in celebrating BHM

BR, SE, TB, JC, RL & NC..

BR said he loved the food. He was unfamiliar with Caribbean food despite his father of being mixed Caribbean. BR said he loved the spicy



flavours and will definitely be purchasing food like this in the future. SE also, commented how lovely the meal was.

SE said she always had Caribbean food Jerk chicken is one of her favourite food.

TB also was used to eating Caribbean food, TB said a lot of the food was similar to Indian culinary.

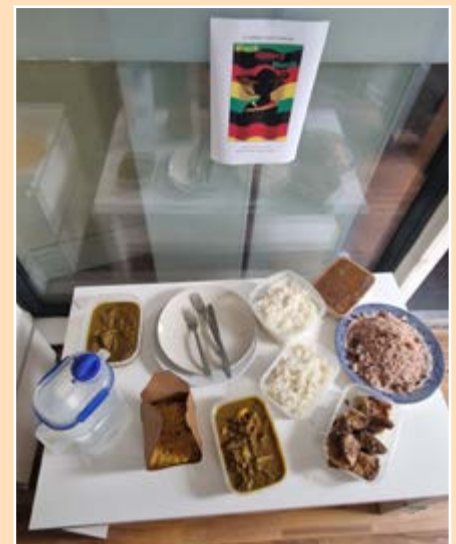
JC tucked in. When asked by staff if he was enjoying the food, JC always short and precise of "yeah luv".

RL joined in which was lovely, as it has been quite hard recently trying to get RL to interact with the other residents with activities. NC sat with residents, interacted and enjoyed the food.

SE Pampering day

SE was supported by staff with coloring her hair at home then

was taken to hair salon, where she had a cut and blow dry. SE requested to have her eye-brows done while she was at the salon. SE was very happy with her new look, later asked staff to order lunch for her and ate when returned home in the garden.



Group Activity

Manor Lodge

Manor Place service is very proud to attain an outstanding performance in our October 2022 audit the service is now in the outstanding zone and all staff are looking forward to maintain this great achievement.

Home visits by our clients to meet and socialise with their families has increased. Almost all our client has taken their covid-19 booster jabs and some have also taken their flu vaccine.

Their wellbeing has also been stepped up by professionals' visits and further health related issues, referred to relevant authorities. Clients have been given the opportunity to make their own choices and their decision in terms of activities respected as well.

Halloween this month has been marked with our clients participating and being supported by our staff in carving and decorating their pumpkins.



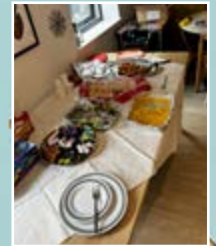
Creative Crew

Northlands



Hello Milo

Park Lodge



Pumpkin Pie

Park Side



Quiet Times

Winns Mews 3

This month has been a quiet one at Winns Mews, the service users are doing well but there has just been the want to be quiet with the majority of the ladies, they have all been a little low, due to some unsettlement in the service. Staff have been great with dealing with this and have tried to encourage them to get on with their day and uplift their spirits, in some ways it has worked.

We send well wishes out to MC, who is unwell and has been in hospital for a couple of weeks now. Staff have been consistent with keeping in touch with her, taking her the things that she wants to keep a stable mood but she is having a really difficult time. KN got involved in the pumpkin challenge and was proud of her achievements, she also baked some lovely cupcakes and has been really proactive in going to college and staying focused. Being at college has helped her to gain confidence and meet new friends. She went away for two weeks during the half term break, to stay with friends and returned vibrant and happy. We are very proud of her consistency, drive and want to achieve goals and make positive changes in her life



Dancing Delight

Winns Mews 2

The month has been an exciting one for the residents and staff, so many different things have been learnt about the individuals that we are supporting, there has been great encouragement by the support staff, to bring the best out in all of the male residents at Winns.

The residents have been spending lots of time relaxing together in the lounge, this has given them the time to get to know each other better, they are all very patient and never seem to complain about anything. As the weeks have progressed it is becoming more apparent that the blend of service users under one roof was a good one as they are all gelling really well, playing cards, listening to music, sharing food, laughter has been consistent for all, including the staff.

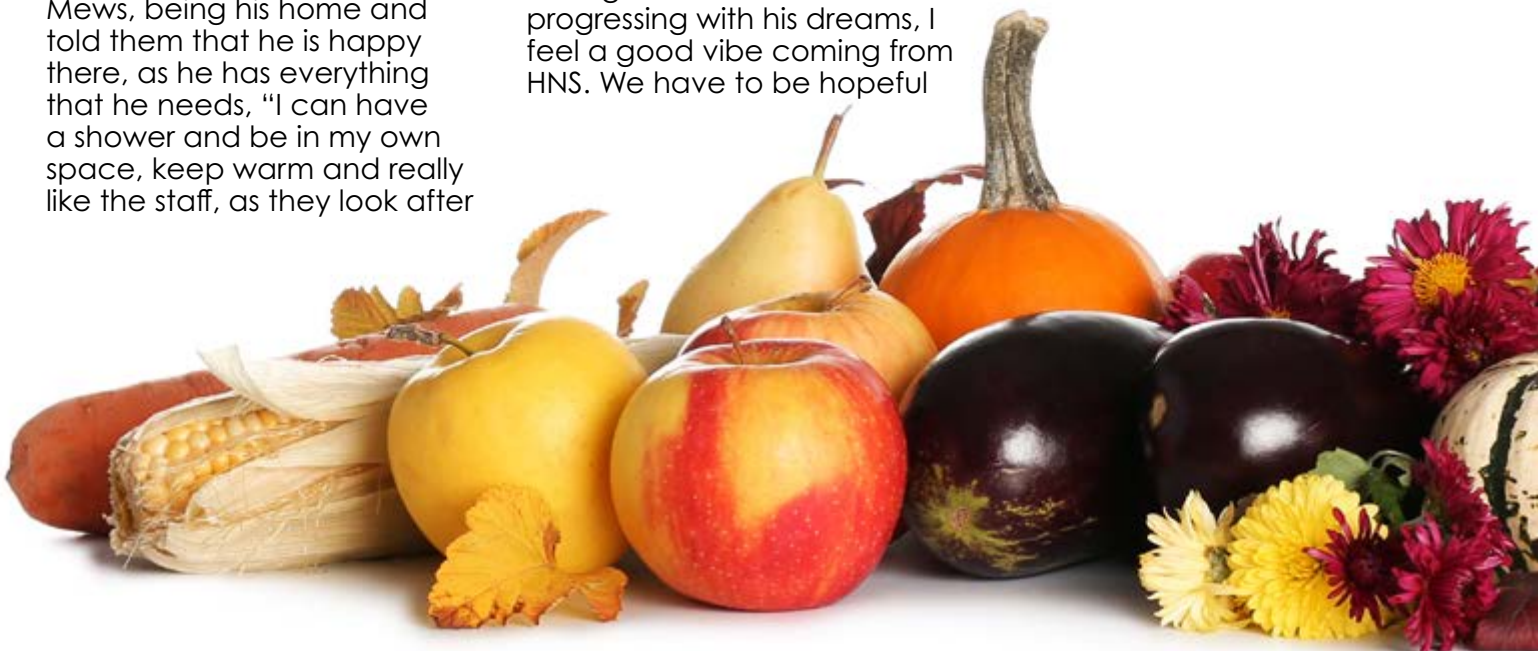
Star of the month has to be KF, he had his Placement review, which was overwhelming for all, since he said the most beautiful things about Winns Mews, being his home and told them that he is happy there, as he has everything that he needs, "I can have a shower and be in my own space, keep warm and really like the staff, as they look after

me, Isaac plays video games with me and I enjoy this, I do not want to move anytime soon", those were KF's words during his review. A big shout out to Isaac, since he has proved to be a great support worker, who has bonded well with KF and helped his self-confidence to grow. This job can be the most rewarding, when you hear it from the service users perspective.

HNS is slowly but surely making Winns Mews his home, he is spending more time in the service and bonding with the other residents and staff, he has been cooking in the service more and playing cards and music that everyone enjoys. He has invited the manager to have dinner with them and has given Isaac a list of produce to buy so that he can cook for everyone, now this has to be a positive step forward. He is ready to go to work, this is something that we will be looking into soon. We will keep encouraging and empowering HNS, to change his mind set and start progressing with his dreams, I feel a good vibe coming from HNS. We have to be hopeful

as everyone deserves a chance.

PKP has settled back into Winns after being discharged from hospital last month, he is a different person, he is happy, the communication barriers are being managed really well, by continuing with using the google translator, but what we have established is that gradually, he is learning new words daily and using them, when requesting support from the staff. Muna has created pictorial cards and sits with him to teach him more of the English language, he shocked us, as he knew a lot of the words and pictures that he was shown. PKP loves music, whilst cooking was going on in the kitchen, we turned around and PKP was having his own rave in front of the TV, we loved it. He is also a good cook and enjoys shopping and cooking some really lovely food, fish being his favourite one. We tried some paint by numbers art with PKP, he did really well. He requested that he wanted to



buy a new tracksuit and some footwear, Muna supported him to do this, he enjoyed his day out and has proved to have very good taste in clothing.

RT has grasped his cookery skills and is doing really well with following instructions and getting involved in becoming more independent. He has

been requesting to go to the library more, since he enjoys using the computer, so we plan this as part of him being out in the community, since he is learning and wanting to improve his computer skills.

AM is doing well we are still encouraging him to take part in activities but he has been encouraging a lot of the male bonding in the service, he is very bubbly, enjoys talking, making jokes and bringing that homely family feel to the home, he also has been eating much better, since he was extremely underweight, we contacted the GP of whom referred him to a dietician, he is now eating well and his put on weight. Another delightful month at Winns.

PKP: spent the month settling back in, shopping in the community, enjoying music, cooking and chilling with his co residents and the staff, he appears to be happy.

KF: Has been visiting his friends in Woodgreen, shopping, playing his PS4, challenging

himself to get to the next level, when he is having difficulties with the game, he calls upon Isaac to rescue him.

HNS: has really settled in well and is engaging with the staff and his co residents, he is staying in more and relaxing in the lounge, cooking and really taking time to make that change.

RT: has been out in the community, shopping and going to the library, he has been in a good place and also has become more confident with doing his shopping.

AM is his usual bubbly self, enjoying time in the lounge and with his co-residents, making everyone laugh.

Life At Winns Mews



Magic Life Locations

Magic Life Head Office
5-11 Green Lanes, London, N13 4TN

Bruce Grove
52 Bruce Grove, London, N17 6RN

Burlington Lodge
21-29 Tewkesbury Road, London, N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London, N17 7NL

Greyhound Road
95 Greyhound Road, London, N17 6XR

Grove Park Road
57 Grove Park Road, London, N15 4SL

Harringay Road
171 Harringay Road, London, N15 3HP

High Road Tottenham
672 High Road, London, N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar, Hertfordshire, EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford Green, IG8 9NB

NorthLands
10 Northlands, Potters Bar, Hertfordshire, EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue, London, N18 2UH

Park Lodge
8B Park Road, London, N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford, CM23 3SE

Winns Mews
2 & 3 Winns Mews, London, N15 4FF



Magic Life offer's a range of Services for people who require supported living accommodation

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support
- Long Term Support

To discuss how Magic Life can help please

Call Raff Baccus
Business Development
Manager on
0208 826 4348

