

Outstanding

Eamonn

The musical choice for this month is **Outstanding** by the Gap Band.

The reason for the choice is that I am piggy backing on the football, most of you would not have failed to notice what took place on the last day of July which bringing us to the start of a new month. I sat along with a large number of the nation quietly hoping and wishing and

have watched yesterday boiled down to the last 120 minutes of a game. We know the reality is somewhat a little different. Years of planning and preparation. However, the end goal remains the same. That is to deliver on our goals for the people that we provide support to. What we have is a collection of ideals in order to wanting to know how

> we make it work. We sit and we strategise and when things do not go according to plan, we hit the reset button and start again.

This strategy is not too dissimilar

of the way

the senior management team has looked at our services. We have done this by looking at our internal quality assurance monitoring system. What we did was tweak this and the reason for doing so is to remove complacency. We could audit and manage ourselves on the same systems we have become familiar with and that brings complacency. But for you that read my monthly messages, you know that I am all about the challenge. We have to continue to strive, to challenge ourselves and that, for me, is the ultimate goal. Seeing for yourself what can be achieved.

In July we recently managed to get through the hottest day in living memory for the UK. 40+ degrees which is weather akin to that of some places in Europe and the Middle East. The challenge we had as a team

was to ensure that we supported and kept people safe during a time we have never had to experience as a country. I watched and listened as people made plans for how they were going to stay safe but also to enjoy the experience the best they could. Whilst doing so safely, it became a thing that people talked about and I sense as time passes, like most things, it will be a case of how we cope and deal with difficulties. It is something that I have learnt from being part of this amazing organisation. We do not always get things right but what we will do is look at and learn from mistakes in order to get to where we need to be.

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As I am about to sign off, the reason for my musical choice, 'Outstanding', is my goal and my ambition. I want for us as an organisation to be able to achieve this point. Our quality and our reputation states that this is something that we should be aiming to keep hold of and it will take more than 120 minutes to get us to that point. If the ambition is to achieve a standard rating, it is where I believe we ought to be aiming higher. Dare

Eamonn Cummings (he / him)

Director of Operations



whistle, I stared at the screen watching the celebrations and said to myself, now that is how you get noticed. How does this compare to the way Magic Life as an organisation supports its staff and residents? Pretty much like the way the manager sets out their stalls in order to achieve great things in order to getting noticed. They select their teams

based on what they know each

will bring to the table. They have

what they want to achieve and

then they work towards making it

happen. Most of what we would

a goal and a vision in terms of

it was a reason to do so. The final



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Talent Show

672 High Road

It's been a busy month at 672 with some of the residents visiting the National Maritime Museum in London. Also the residents have been geting out and about in the comiunity.

Outstanding Staff Memeber



Katerina is an established member of staff who is consistently committed to her role, her

passion and dedication to infection control, person centred practice and healthy eating has really contributed to service development. This month she was noticed for an "outstanding" proactiveness in supporting a new staff member by enabling him to shadow medication, food preparation and supporting him to be confident in his first shift with one of the individuals in the service, all without her being asked to do so. She is a valued member of staff who shares concerns and contributes to discussions during staff meetings.

INVITATION

672 will be holding a talent show on the

19th August 2022 starting at 2pm. Everyone

from all the projects are welcome to show

their talents. Come and join in the fun and

show us what you can do.

19TH AUGUST 2022 STARTING AT 2PM UNTIL 8PM 672 HIGH ROAD





TALENT SHOW ACTIVITIES SERVICE USERS GAMES/ STAFF GAMES, SERVICE USERS POEMS DANCING AND SINGING SKILL COMEDY TALENTS READING SKILL & OTHER ACTIVITIES FROM SERVICE USERS











Smoothie Cool

Bruce Grove

The service users have been in aood stead this month, it has been calm and relaxed in Bruce Grove, although generally busy at the service. The heatwave we had seemed to create a happy but quiet environment. It was so hot that many of the service users did not want to venture out.

With them all being in the service, it gave staff the opportunity to do something different and get them all involved, not only as a health option, but to also cool them down, such as making healthy smoothies. It was lovely to see them all taking part and being proactive in the preparation. peeling, chopping and blending. This has taught them new skills and a way of swapping fried or unhealthy foods for something more nutritious and healthy, that is also filling. Pictures of joy when drinking was the proof in the pudding as they say.

DK was blessed with a lovely tan during the hot weather, he loves to venture out into the community daily, he has a good relationship with the people that live in the area, who love talking to him and making him food to bring home, of which he tends to share with the other service users, Pilau rice and Chicken Curry seems to be his favourite, His walking has kept him fit and contributed to a massive weight loss, he looks great and feels great. So healthy beginnings all round at Bruce Grove

The other service users spent a lot of time in the garden just talking and engaging with each other which was lovely to see. SSG decided to take It upon himself to clean up the garden, we are very appreciative of the work that he has done. He enjoys gardening and potting plants, he

is consistent with watering them and watching them grow.

We are excited as the garden is in need of some revamping of which will take place very soon, with this happening we will be looking forward to supporting the service users to grow fresh vegetables next year that they can use for cooking purposes. SSG will love this.

















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Sun & Sand

171 Harringay Road

Residents enjoyed a day at the seaside on a wonderfully hot day. Taking advantage of warm weather, some even ventured into the sea and splashed around. In adition to spending time on the beach they also explored the arcades and enjoyed the tasty treats.

Also back at the home some of the residents enjoyed some pampering and and even managed a trip to the dentist.



Optimist

Devonshire Lodge

"Optimist: someone who figures that taking a step backward after taking a step forward is not a disaster, it's more like a cha-cha." - Robert Brault

It's been a quiet yet busy month for all of us at Devonshire Lodge. In the midst of completing a transition for our new client BK. some of our other residents continued to stay busy, both individually and together.

Since the sunflower competition PC has become captivated with gardening. He has started to grow his own tomatoes, cress, spring onion, courgettes, and a lot more, all right up in his bedroom and he is very eager to move it all to the communal garden. There are plans to set up a perfect sized greenhouse to get everybody else involved. PC has similarly started his own family competition of who can grow the best strawberries.

This month we have also celebrated the birthdays of OB and IW; every person at the lodge gathered together to celebrate it with them. The cherry on the cake was DB singing Happy Birthday.

SS has been getting more active with her swimming sessions and horse-riding lessons.

When Jamal is with us for the whole day on weekends, we go on his favourite trip to Milton Keynes TopJump. Even the mention of a trampoline park gets him super excited to go again.

And last but not least, DB has gone away on a vacation with her family to her home country Kosovo.







































A Busy Month

Wow what a month we have had, firstly I would like to say a big thank you to Head office for the barbecue and new toys as the residents are loving them all. We have some happy residents now playing table tennis even with their family members joining in on the fun.

Toby and Irfan are now Hale End's newest top basketball players, they just love the game. Irfan and Sarah are really enjoying table tennis and I think the staff and family members are too.

The water sprinklers are brilliant, all residents have had a really great time with these especially playing around in the hot weather. It has been so overwhelming seeing them all smiling, laughing and playing together.

We had a big barbecue over the weekend, and everyone had a great time.

We have 3 new members of staff that have also joined the team, So a big warm welcome to **Buster, Nilla** and **Marvin,** They are settling in really well.

MG- has been enjoying her car rides and had a lovely time at her mum's for the day, she has also enjoyed all the new activities in the garden and in the activity room.

She went to Southend with Irfan which they both enjoyed

RE- has been enjoying his morning walks and afternoon car rides, he is coming on heaps and bounds

He liked watching all the staff open and set up all the new stuff we got, he is also interacting with other residents now. II- has been going to the parks and enjoying his time there and loving his weekly bus rides, he is also going swimming twice a week. He has had so much fun playing basketball and table tennis in the garden. He also enjoyed playing with the water sprinklers and visiting Southend.

TP- had a lovely time at DiggerLand driving all the trucks and even got a medal for his great driving. He has also been going ice skating and golf at Alexandra Palace. He is going all over the place and he really enjoys himself. He looks forward to his Tuesday's and Friday's swimming with his new friend Alicia. He has really enjoyed playing basketball with his housemate and staff. He really loved the water sprinklers in the hot weather.

SR- has been enjoying her bike riding, park visits and had a great time at the funfair and bowling at Westfield with Toby and Rebekah

JA- has been enjoying the fun with water and doing arts and crafts in the activity room

RS- went on holiday with her family. She has also enjoyed her days out to the cinema and bowling. She really enjoys her bike rides with the other residents on weekends.

SJ- has been going to her old club and also went to Southend. She has been visiting the cinema and Westfield. Sadly, SJ will be leaving us this month and moving into her new forever home.

AMD- has come on so well, using her voice more and she loves doing all the residents washing and taking it back to their rooms

Hale End

for them. She really enjoys her swimming with her new best friend. She has been enjoying her weekly forest walks and shopping trips and especially her McDonald's treat. She has settled in so well playing in the garden with other residents enjoying all the new games

AR- well what a big character he is ,he has settled so well, laughing, moaning and even shouting but he always makes us smile, he is really enjoying his weekly car rides and phone calls from family and he loves it when they come and visit him





















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Proud

Marathon Man

Park Lodge

Christopher Reid

Everyone at Park Lodge would like to welcome Christopher who moved to the home on the 18th of July. He is known for his remarkable fitness skills. He is currently supported at Mill-end Leisure Centre to have regular training sessions for the upcoming marathon.

On the other hand we celebrated joint birthdays for EG's and CR's on the 5th & 6th of July. They celebrated their birthdays with fellow housemates and had a wonderfull time.

7th of July was a proud moment for Shomari as he was invited to Morrison's for an afternoon teaparty hosted by the community champion of the Palmers Green store. SGF was appreciated for his previous artwork which was displayed at the store.















Christopher is running the London Marathon on the 2nd of October 2022 in support of Mencap. He has raised £1335.00 and is close to the target of £2000.00. Let's help him get over the line and reach his goal of £2000.00.

To support Christopher please search Christopher Reid on Just Giving.

I am doing the London marathon for mencap because I was first inspired by Mo Farah at the 2012 London Olympics and I thought to myself I can do that. I started my first parkrun and I could barely run it... Right now, people with a learning disability face inequalities in every area of life with almost 1 in 3 young people with a learning disability spending less than 1 hour outside their home on a typical Saturday. They face barriers finding a job, accessing activities in their local community and receiving good quality healthcare. We tackle these issues head on by providing support in a way that meets individual needs and encourages greater independence.We give expert advice and information that empowers people and their families. And we campaign relentlessly for changes that bring greater equality for people with a learning disability. By supporting Team Mencap you will be helping us to support people with

a learning disability to live the life they choose, and do the things



Sunflowers & Cakes

Errol's sunflowers have grown quite big, he has been watering it every morning and evenings.

He is always cheerful when he sees it growing bigger and bigger each day and sits outside during the days admiring how bit its grown. He loves showing the staff how well it's doing and is very proud of his hard work.

There are also other plants and vegetable that was planted by the other residents that has grown very lovely.



Pauline baked a chocolate cake with a little help from staff.







The cake was a great sucess and was even better with custard and icecream. Pauline shared her creation with all the residents. Needless to say everyone is looking forward to the next one. Pauline said that she will be making more to share with the other resident at Park Lodge next





Living my best life

Winns Mews 3

It has been a vibrant month at 3 Winns Mews for our ladies, First lets wish HF a belated Happy Birthday, she has to be the star this month. To her surprise, staff put together a surprise birthday party for her. The appreciation and aratitude she showed was heart-warming. She received lovely gifts from her foster mother, arandmother and brother. To finish the night staff took her and one of the other residents to a Greek restaurant for a meal. This made her month

The service remains settled and calm with that lovely homely warm feeling on entry, each individual seems to have found their own peace and are all becoming more and more independent, shaping their life and future.

MC has started a new job, she enjoys working, which is a great start for a young person, having found the job herself, we can only admire her want to progress and have her own, she does not like relying on benefits. This we love about her, she requires no prompting to get up for work and getting their on time. We are really proud of her.

KN: is just living her best life, she has been away for four days to Bristol to stay with her friend, she loves going out and wants to experience everything that can be offered, last month it was afternoon tea and Harrods, this month it has been the backyard Cinema and a Greek restaurant. She still battles with her issues but handles it very adult like. We are proud of her achievements since she came to the service. Confident, funny, understanding and reasonable, thats our Karen.

Backyard Cinema

Have you heard of the backyard Cinema, the team recommend this if your service users love going to the cinema, this has to be the best activity that the service users have done, they could not wait to tell us about it on their return, the cinema is set up like being on a plane, all of the procedures that you would go through when boarding a flight is put in place, apart from the additional show when they board to go into the cinema, the staff are dressed as air hostesses, they said it was great, thanks again to our lovely Tamara who saw this advertised and aot on it straight away, HF and KN had the most amazing time, they have not stopped talking about it. Each month we want the ladies to experience something new and share their experiences with other. Right now they are all in a good place and living their best life. That's what we call Magic created by Magic Life.











I can do it





We continue on our journey, striving for change and positive outcomes for our service users, and can honestly say that there have been some emotional moments at 2 Winns Mews in July. Loving and having a passionate for your job will take you to a different level of happiness when you experience and witness a change in an individual or individuals, it has its challenges, but I am proud to manage a team of hardworking and experienced support workers, who want the same outcomes as I do. This is always a good start and makes the job easier, when you are all reading from the same page.

I would like to welcome KF to our news magazine, he has been with us since April 22, but has not been ready to come on board with taking photos, but most of all, over the last three months ,we are proud to say, that he has settled, grown in confidence, will ask for support when needed, although always on hand, welcome male staff into his room to support him. He had a rocky start and left the service last month, we had no idea where he had gone, but made his own decision to return, since then it has been up and up.



As the months have progressed his smile has become bigger and bigger, to the point that every time I see it I become emotional, I am only human. He says hello rather than just a nod, he says, I am fine rather than yes. His first language is polish, to enable better communication the staff use the google translator to help with assisting with his needs. This

has also opened new doors for

him and the staff.

Winns Mews 2

KF was brought a new PS4 by his Social Worker, this changed his whole persona, body language and the way he now engages with us all. He has not stopped smiling since then. The biggest moment this month was when he came to the office asking for his keyworker and told him to come, the support worker followed him to his room, KF had invited him to support him to play his PS4, as he could not get to the next level on one of his games. The fact that he initiated this himself and has never really asked for help with a smile, was a wonderful moment for all. Things are just great.

The cinema seems to be the place to be right now, as most of our service users, are just loving going to the cinema to watch movies. RT is doing amazing in the service, he has learnt to cook Bolognese sauce and Pasta, stir fried rice and continues to take charge when cooking his omelette to perfection with little support. The warm weather seems to have brought RT out of his shell even more, he had a great time at the park, we have established that he likes dogs so captured the moment when he stroked a dog with much passion in the park. He cannot wait to go to Southend on the 28.7.22.

Magic Life Locations

Magic Life Head Office 5-11 Green Lanes, London, N13 4TN

Bruce Grove 52 Bruce Grove, London, N17 6RN

Burlington Lodge 21-29 Tewkesbury Road, London, N15 6SE

Devonshire Lodge 139 Devonshire Hill Lane, London, N17 7NL

Greyhound Road, London, N17 6XR

Grove Park Road 57 Grove Park Road, London, N15 4SL

Harringay Road 171 Harringay Road, London, N15 3HP

High Road Tottenham 672 High Road, London, N17 0AB

Manor Lodge 3 Cedar Close, Potters Bar, Hertfordshire, EN6 1EW

Maple Lodge & Cedar Lodge 271-275 Hale End Road, Woodford Green, IG8 9NB

NorthLands 10 Northlands, Potters Bar, Hertfordshire, EN6 5DF

Park Side Quadrant Court, 2a Park Avenue, London, N18 2UH

Park Lodge 8B Park Road, London, N18 2UT

The Chapel 14 Chapel Row, Bishop's Stortford, CM23 3SE

Winns Mews 2 & 3 Winns Mews, London, N15 4FF



Magic Life offer's a range of Services for people who require supported living accommodation

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support
- Long Term Support

To discuss how Magic Life can help please

Call Raff Baccus Business Development Manager on 0208 826 4348

