

Magic Life

Sharing Experiences

- We Reflect On 2022
- Invitation To Share
- Your Story Matters
 - Hard Times
 - Time To Think
- Fun In The Snow
- Special Moments
 - Full Of Fun
- Drummers Drumming
 - Family Ties
 - Looking Back
 - Challenges
- Lilly Feeling Better
- Christmas Cheer
 - Snowy Outings
- Creative Dancer
 - Festive Bonding
- Empowering individuals to
live their best lives"
- Magic Life Locations

We Reflect On 2022

Eamonn

Dear colleagues,

I hope this message finds you in a festive mood as we approach the end of the year. I wanted to take this opportunity to reflect on the past year and express my sincere gratitude to each and every one of you for your hard work and dedication to Magic Life. Your efforts have helped bring magic to our organization and have allowed us to continue providing opportunities to our brightest stars.

I would like to give a warm welcome to Pawel Gawronski and Alfie Oliver, who have recently joined our growing senior management team. This reflects our ambition to continue growing and improving in the coming year. We even have brand new offices where our staff can spend time with the senior management team in a welcoming environment.

At the beginning of the year, we had high hopes for what we wanted to achieve and how much we wanted to grow. We wanted to showcase the great work we do and the high-quality support we provide to those in need. I believe we have not only met but exceeded these expectations in many areas, and I am proud to be a part of this organization.

In 2023, we plan to further expand the Magic Life brand

by developing new services for those with complex needs, autism, and mental health issues, and by providing new opportunities for people to experience the exceptional care and support we offer.

This year has been filled with pride, as I have heard from both senior team members and direct team members about their experiences and the effort put into making our individual services great places to be. Growth is not just about the size of our organization, but also about our personal growth as individuals. I have seen a group of leaders take charge and deliver high-quality services, despite facing challenges. This determination and can-do attitude have been evident in all that we have achieved this year.

I was also proud to see Magic Life recognized in the Care Awards this year. It takes a special organization to deliver imaginative and outstanding care and support, and I believe we have done just that. This was our first time being nominated, and we made a splash. In the coming year, we will continue to celebrate what makes us an organization to be reckoned with.

I see us as a stand-out group of services led by stand-out leaders – not just our managers, but also the teams, the people we support, the

families, and the external professionals who have been supportive of Magic Life. As we approach 2023, let's all play a part in making the magic happen.

Finally, I want to say a heartfelt thank you for all that you do. I hope you have a wonderful holiday season and a happy new year.

Sincerely,
Eamonn



Invitation To Share

Your Journey Has The Power

As the editor of Magic Life magazine, I am excited to welcome in the new year and all the possibilities that 2023 brings. As we look ahead to the next 12 months, we want to invite you to join us on our **podcast** to share your stories and experiences with us. We are particularly interested in showcasing the diverse and unique perspectives of our staff. Whether you have traveled to an exotic location, achieved a personal goal, or simply have a special moment you'd like to share, we want to hear from you. We also welcome stories from support workers and the people who bring their dreams to light.

In addition to sharing your experiences, we are also looking for stunning photographs that capture the beauty and essence of the world around us. If you have a talent for photography and a keen eye for detail, we encourage you to submit your best shots to be featured in Magic Life magazine.

Yours Sincerley,
Joe
Editor

Your Story Matters

Magic Life Residents!

As someone who lives in a supported living home, you have unique insights and experiences that can be valuable to others in similar situations. We would love to hear your story and learn more about your personal journey living in a supported living home.

What successes have you achieved since moving into a Magic Life home? What challenges have you faced, and how have you overcome them? Your story can provide inspiration and hope to others who may be

struggling with similar issues. If you feel comfortable, we encourage you to share your story with us. Whether you have overcome a major obstacle, made significant progress in your personal development,



or simply found joy and fulfillment in your daily life,

we want to hear about it. Your story has the power to inspire and encourage others to keep working towards their own goals and dreams.

So please, don't be shy - let me know about your personal journey living in a supported living home.

Your story matters, and it can make a difference in the lives of others.

Please send your story to me by email @ Joe@psm.group

Hard Times

Grove Park Road

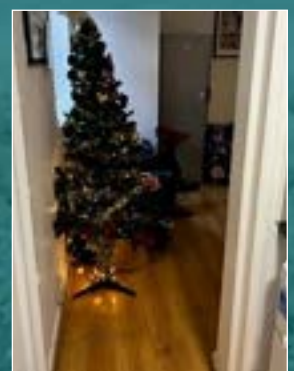
Magic Life Grove Park Road has had a busy and eventful December. NR has been working hard to ensure that meals are prepared on a daily basis and that her living space is clean and organized.

EL had a special birthday celebration on December 26th, enjoying a delicious meal of jerk chicken with rice and peas. She also participated in the Christmas lunch at the service, which was attended by ET's dad and other staff members. The atmosphere was welcoming and the conversations were enjoyable. Unfortunately, other residents were unavailable to take part in the photos.

EB has been in the hospital for the past two months, but was able to spend the Christmas holidays with her family in Newcastle. This was surely a welcomed break for her.

Unfortunately, DR experienced a loss in her family on Christmas Day, and has been spending time with other family members during this difficult time. Our thoughts and condolences go out to her and her family. ET's schedule has not changed much this month, and she has been spending a lot of time in Brixton with her partner and friends.

Overall, it has been a month of both celebration and hardship at Magic Life Grove Park Road. However, the residents and staff have come together to support one another and create a welcoming and warm environment.



Time To Think

Bruce Grove

Bruce Grove home in Tottenham, North London provides a safe and supportive environment for individuals with various needs. The home recently celebrated Christmas with a festive dinner, complete with all the traditional trimmings.

One service user was spotted sitting on a bench outside the home, enjoying a cigarette while reflecting on the recent snowfall. The snow had blanketed the area in a thick layer of white, creating a picturesque winter wonderland.

The service user, who has been living at Bruce Grove for a year, spoke of their enjoyment of the Christmas celebrations and the sense of community that the home provides. "I love living here," they said. "Everyone is so friendly and supportive. It really feels like a home away from home."

The staff at Bruce Grove are dedicated to ensuring that their residents have the best quality of life possible. They go above and beyond to create a welcoming and inclusive

atmosphere, which is evident in the joy that filled the home during the Christmas celebrations.

From decorating the common areas to preparing a delicious holiday feast, the team at Bruce Grove worked hard to make the holiday season special for all of their residents. The service user on the bench spoke of the excellent food and company, saying that it was "the best Christmas dinner I've had in a long time."

As the service user took a final drag of their cigarette and returned inside to join in the celebrations, it was clear that Bruce Grove is a place where residents can feel truly at home, surrounded by love and support.



Fun In The Snow

672 High Road

In December 2022, the 672 High Road service held a Christmas party. Mica enjoyed playing with the snow and made a small snowman with another service user. She also supported staff in the cooking for the party.

Paul enjoyed going to his favorite Aldi store, which is near the service, and actively picked items off the shelves. He also designed a small snowman in the courtyard with another service user.

Satpal participated in the Christmas party and interacted well with staff.

Rupert enjoyed going to the community. Christopher went to the cinema, took photographs, and participated in the Christmas party. He also played a game of color tiles and was able to arrange them in order.

The 672 encourages positive interactions and indoor activities that focus on life skills when the weather is not good.

Due to adverse weather, the Christmas party was moved to a different location for safety reasons, but staff still attended.



Special Moments

Burlington Lodge

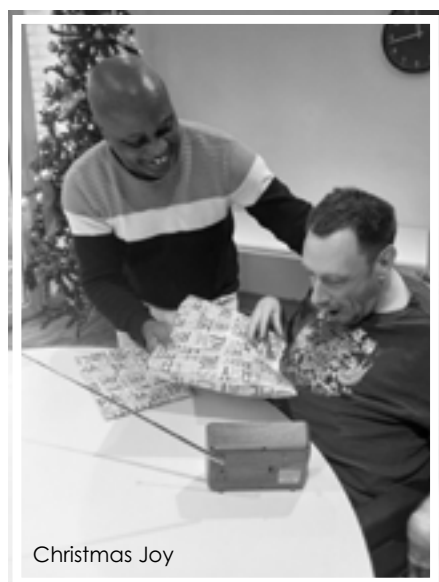
The holiday season brought many special moments for the residents of Burlington lodge. Sam received a visit from his senior brother Chris, who brought presents from the rest of the family. Michael's father and cousin also visited and brought gifts.



Junior was taken out by his partner and twin boys for dinner on Christmas Day and received presents from his mother and uncle, as well as his spouse and children.



Paul had a great time with his brother Martin and his family, who stayed with him for three days over the holidays. Jamie also left for three days and returned with presents to continue the celebrations. All the residents, including Elijah, received a package of gifts from Magic Life on Boxing Day.



Christmas Joy



The staff at Burlington lodge would like to thank the management of Magic Life for their generosity in providing coupons and boxes as presents for everyone. We are grateful and wish Magic Life a long and prosperous future.





Full Of Fun

This month has been full of fun for Alban and Ryan. They both enjoyed the snow and even built a snowman together. Ryan celebrated his 18th birthday with a trip home to Brighton, where he had a great time dancing and catching up with old friends and family. His house was decorated for the occasion and Alban even came over to sing to him and share a non-alcoholic beer and some cake. Both Alban and Ryan also enjoyed going home for Christmas and Ryan was thrilled when Santa visited him.

The Chapel



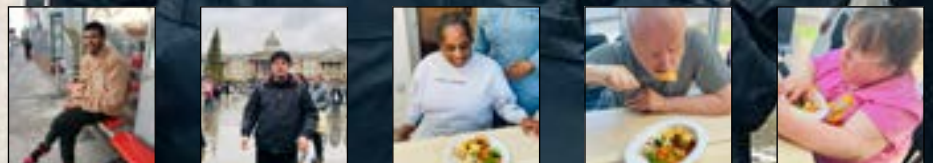
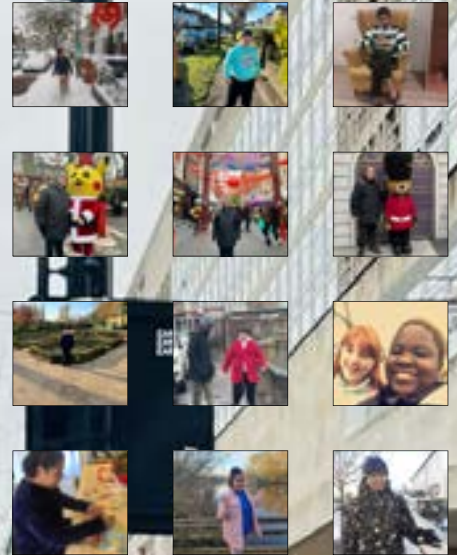
Drummers Drumming

Hale End

There are now 12 residents at Hale End, with Peter recently joining us. Unfortunately, he caught COVID and had to be hospitalized, but we are happy to report that he was able to come home just in time for Christmas. The residents have been interacting with each other and enjoying activities like sing-alongs in the lounge, game nights, and going for walks and playing in the snow.

Alicia recently celebrated her birthday and we got her a cake upon her return, and Irfan also celebrated his birthday. Claire has settled in well and has claimed Adrian as her boyfriend, much to his dismay.

The residents have been staying active by going swimming, bike riding, and making cakes. Toby enjoyed a trip to the theater and has been doing sightseeing tours of London. Ayhan has been enjoying time with his family. Jude, Michelle, Toby, and Raphael have been going on bus rides and doing their shopping at Tesco. Sarah has been enjoying her weekly activities, and Adrian has been enjoying his time with the other residents. Rebekah has been going to college and spent a few days away with her parents. Peter is settling in well after his time in the hospital and we are all glad he is back with us.



Family Ties

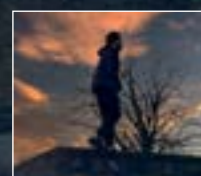
Devonshire Lodge

The staff and residents of Devonshire Lodge have formed close bonds over the past year, showing that family is not limited to shared DNA. One resident, PC, made a significant accomplishment by successfully quitting smoking and resolving to start the new year with a job. AG was able to celebrate the new year with his own family. OB has developed strong emotional connections with both staff and residents, resulting in an increase in confidence. The team at Devonshire Lodge was able to fulfill wishes for both JI and his family. Two new residents, BKD and IW, joined the Devonshire family and have achieved more than expected. IW has experienced new activities such as shopping and using public transportation, and his vocabulary and skills continue to improve daily. BKD's restrictions were reduced, allowing him to explore and build confidence with the support of the staff. SS has also discovered many new activities over the past year. DB surprised the team by leaving Devonshire Lodge with the staff.

Pawel, the service manager at Devonshire Lodge, made a significant contribution to the development and success of the home. He was able to help the staff grow and bring joy to Devonshire Lodge. However, the team had to say goodbye to Pawel as he has

moved to Magic Life Head Office to start a new role.

The staff and residents would like to express their appreciation for all of Pawel's hard work and the positive impact he had on the team. As the year comes to a close, the team at Devonshire Lodge looks forward to the start of a new chapter in 2023.



As we come to the end of 2022, we reflect on all the activities we've been a part of this past year, including happy times spent at the seaside, days out, and celebrations of birthdays with the residents. We also participated in the pumpkin challenge, coming in second place, but we will work towards coming in first place for 2023.

SE visited central London and went on a pampering day with JC, while BR shopped for presents for his friends and family to celebrate with.

TB and NC were excited for the big day, dancing to Christmas tunes and writing out their Christmas cards. Residents also joined in with decorating the tree and wrapping presents, making the house feel warm and inviting.

We know that it has been a good year, and we wish everyone a happy and joyful New Year for 2023.



Challenges

Manor Lodge

It has been a difficult year, especially as we have been working to provide the highest quality care to our clients while also recovering from the pandemic. Despite these challenges, we have made significant efforts to train and retain our staff through both online and in-person trainings. These trainings have been instrumental in helping our staff develop the necessary skills to support our clients in achieving their life goals.

Many of our clients have also made great strides this

Our clients, SH, MT, and JO have all made progress in various areas this year. SH has increased his home visits and has been able to attend football games with staff and his mother. He has also been able to go out into the community, even in inclement weather, and has made friends with some of the people he has met. MT, who has had challenging behavior in the past, has been supported by staff in achieving his daily routine and has participated in activities such as shopping and visiting

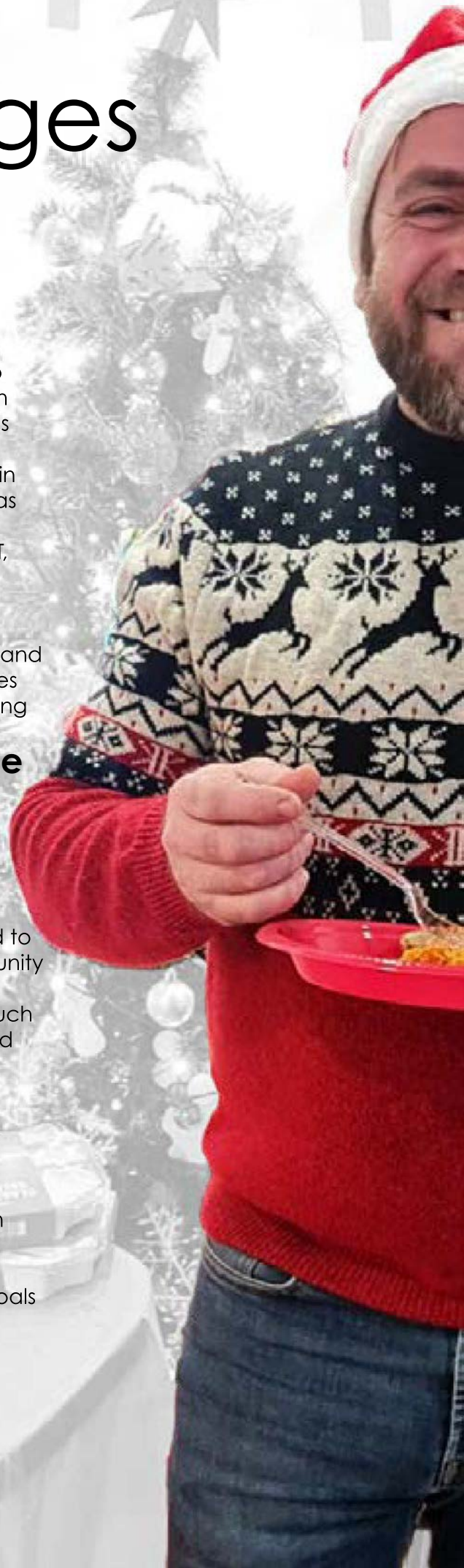
“The only person you should try to be better than is the person you were yesterday.”

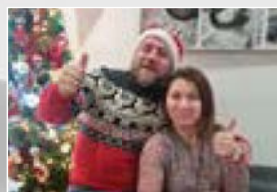
year. They have participated in frequent home visits and have taken advantage of opportunities to explore their routines in the community. They have also been able to engage in activities that they enjoy, such as watching football games and going out into the community.

One highlight of the year was the end-of-year party that we organized, which was attended by all of our clients, their families and friends, and staff both on and off duty. It was a wonderful opportunity for everyone to come together and celebrate the holidays.

the pub. JO has continued to take the lead in his community activities and has enjoyed participating in activities such as building a snowman and going out shopping.

Overall, it has been a challenging but rewarding year for our clients and staff. We are grateful for the progress that has been made and look forward to continuing to support our clients in achieving their goals in the year ahead.





Lilly Feeling Better

Northlands



December was a quiet month at Northlands as individuals prepared for Christmas and looked forward to spending time with their families. CW and LM both went home for the holiday.

During the month, LM and CW put up the Christmas tree at Northlands while listening to Christmas music.

JC has been worried about her cat Lilly, who had a small operation and was hiding in a shopping bag as part of her recovery. The staff at Northlands have supported JC and helped her give Lilly her prescribed medication, which she initially refused to take. However, JC found a way to hide the medication in Lilly's food.

There was fun to be had in the snow that fell during the month. LM, JC, and the staff enjoyed building a snowman and having snowball fights.

LM's kitten Gracie even enjoyed walking on the snow for the first time.

The staff supported JC to have a small Christmas dinner, which they helped prepare.

They also went to the local park on Christmas day.



Christmas Cheer

Park Side

On Christmas Day, the staff at Park Side had the pleasure of working alongside Lydia B, Nana, MD, and Sahar to make the day special for everyone involved. Not only did the team come together to provide services for the residents, but they also went above and beyond by preparing a festive and delicious meal. The menu included BBQ chicken, stew chicken, roasted salmon, roast pork, jollof rice, plain rice, potato salad, fresh green salad, brussels sprouts, steam mixed vegetables, roasted potatoes, fresh fruit salad, and a variety of drinks.

While some staff members were busy cooking, others helped to get the residents ready for the day. Music played in the background and some staff even joined in by dancing and singing Christmas carols with the residents. Later, everyone sat down to have a Christmas dinner together, which was attended by both staff and residents from Park Lodge. The group played games, danced, and sang, truly enjoying the festive atmosphere.

As the year comes to a close, the Christmas team and all staff at Park Side would like to wish each other a happy new year. The staff would also like to express their gratitude for all the support in 2022 and look forward to what the new year brings.



Snowy Outings

Park Lodge



December 2022 was a memorable month for the residents of Park Lodge. On the 11th, the staff and residents enjoyed a snowy outing to Pimm's park, playing and sliding in the snow. Mid-month, our team organized a festive Christmas tea party, inviting residents from Park Lodge and Park Square to join in the fun. The event was filled with music, dance, and delicious food, making it a truly joyous occasion for all in attendance.



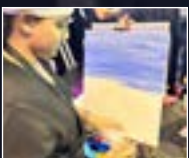
Creative Dancer

Mews Mews 3

The month of December was a special time for the staff and service users at 3 Winns Mews. The staff spent the month preparing for the holiday season, delegating tasks and coordinating with the team at No 2 Winns Mews to plan a memorable Christmas dinner. On December 19th, the big feast took place, with Cheryl and Lydia in charge of the cooking and KN learning some new culinary skills. The highlight of the day was the Christmas scavenger hunt, which brought joy to everyone, especially when all the hidden presents were found. In addition to the Christmas celebrations, one service user, LC, attended an art rave where people expressed themselves through creative art while listening to a variety of music and dancing.

Looking back on the year 2022, it has had its ups and downs, but the staff at 3 Winns Mews have worked hard to deliver the best service possible. Some service users have made great progress in their personal lives, volunteering, working, and going to college, while others have faced challenges. PB has left the service to live in Scotland, LC is working towards independence and plans to move into her own home in 2023, HF has been spending time with her grandmother and is doing better, KN is enjoying her independence by visiting friends, and MC has left the service temporarily due to personal family issues.

As the year comes to a close, the team at 3 Winns Mews looks forward to what the future holds in 2023 and sends happy New Year wishes to all the management who have inspired them to keep going.



Festive Bonding

Winns Mews 2



Winns Mews 2 has been running smoothly and the male residents have been bonding well. At the beginning of the month, there was a decline in the mental health of one of the residents, which affected the entire service. However, we prioritized obtaining the correct treatment for him and he is now doing much better and enjoying living at the home.

The males have been enjoying activities such as playing video games, watching movies, sharing meals and going out into the community together. We believe that the placement of the residents has been a good fit and they all seem happy.

This is the first Christmas that the residents have spent at Winns 2, so we decided to go all out to celebrate. Staff encouraged the residents to get involved in the preparations, and one of them even helped to put up the decorations and tree. On Christmas Day, staff cooked a special meal for the residents, and they also attended a larger Christmas dinner at Winns Mews 3 on December 19th. One of the residents, KF, was particularly excited about the Christmas celebration and demonstrated his understanding of the event by asking about it. KF has also been trying new hot foods and particularly enjoyed Jollof Rice, a traditional African dish.

Overall, 2022 has been a positive year at Winns Mews 2, with many positive changes observed in the residents. While it did take some time for the residents to settle in, we have worked as a team to encourage and empower them to make positive changes in their lives. We hope to continue improving and bringing even better outcomes in 2023.

Empowering individuals to live their best lives''

10 Reason to become a support worker

- **Helping others:** As a support worker, you'll have the opportunity to make a positive impact in the lives of others.
- **Personal fulfillment:** Many people find a sense of personal fulfillment in being able to help others and make a difference in their lives.
- **Variety of work environments:** Support workers can work in a variety of settings, including hospitals, nursing homes, schools, and community centers.
- **Flexibility:** Depending on the type of support work you do, you may have the option to work part-time or on a flexible schedule.
- **Ongoing learning and development:** Many organizations provide ongoing training and development opportunities for support workers, allowing you to continue learning and growing in your career.
- **Opportunities for advancement:** With experience and additional training, you may have the opportunity to advance to higher-level positions within your organization.
- **Competitive salary:** Depending on the location and type of work, support workers may earn competitive salaries.
- **Job security:** The healthcare and social services sectors are typically stable and often have a high demand for workers, leading to job security for support workers.
- **Positive work culture:** Many organizations that employ support workers have a positive and supportive work culture.
- **Opportunities to work with a diverse group of people:** As a support worker, you'll have the opportunity to work with a diverse group of people, including individuals of different ages, cultures, and backgrounds.



Magic Life Locations

Magic Life Head Office **5-11 Green Lanes, London, N13 4TN**

Bruce Grove
52 Bruce Grove, London, N17 6RN

Burlington Lodge
21-29 Tewkesbury Road, London, N15 6SE

Devonshire Lodge
139 Devonshire Hill Lane, London, N17 7NL

Greyhound Road
95 Greyhound Road, London, N17 6XR

Grove Park Road
57 Grove Park Road, London, N15 4SL

Harringay Road
171 Harringay Road, London, N15 3HP

High Road Tottenham
672 High Road, London, N17 0AB

Manor Lodge
3 Cedar Close, Potters Bar, Hertfordshire, EN6 1EW

Maple Lodge & Cedar Lodge
271-275 Hale End Road, Woodford Green, IG8 9NB

Northlands
10 Northlands, Potters Bar, Hertfordshire, EN6 5DF

Park Side
Quadrant Court, 2a Park Avenue, London, N18 2UH

Park Lodge
8B Park Road, London, N18 2UT

The Chapel
14 Chapel Row, Bishop's Stortford, CM23 3SE

Winns Mews
2,3,4 & 5 Winns Mews, London, N15 4FF

New Sites Coming Soon

Visit <https://magiclifeuk.com> for further details or call Raff on 0208 826 4348



Magic Life offer's a range of Services for people who require supported living accommodation

- Learning Disabilities
- Autism
- Mental Health Needs
- Respite
- Acquired Brain Injury
- Behaviours that are deemed to be Challenging
- Physical Disabilities
- Dual Diagnosis
- EUPD Support
- Forensic Support
- Long Term Support

To discuss how Magic Life can help please

Call Raff Baccus
Business Development
Manager on
0208 826 4348



<https://magiclifeuk.com>

