

Magic Life

Sharing Experiences

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I'm A Believer

Eamonn

The song choice for this month is "I'm a Believer" by the Monkees. (Showing my age.)

I have decided that the message will be short this month as I do not want to take up all of your time reading a full transcript and will just focus on the reason for choosing the song instead and how it connects to what we do.

Last month (I know it's only just past) but I was asked to look at nominating the organisation for potential care awards as well as being asked by a local authority to put together a few case studies on the successes of Magic Life and in truth, it did not take long for images to formulate in the mind. As I started to write, it became easier as having spent time in services and seeing what is happening on a day to day basis has made me realise just how much has changed this year alone. The growth of the organisation is hard not to notice. The dedication from the managers and staff is hard not to notice. However, like every organisation out there, we still encounter pitfalls and not sitting here saying it is perfect. Far from it. We are at the point when providing support, we will focus on the 'what we still need to do' rather than the 'damn that was great' and that is natural. It should be about continual improvement but it doesn't hurt to sit back and reflect on

the way the Magic made you feel. (See what I did there)

People who have spent time with me over the last few months will know that I am always looking forward. Always positive about what we can and still have to do. But aware that we will continue to have challenges ahead. I appreciate that there will always be periods of uncertainty ahead and it will make us as managers nervous. Our staff team will also be naturally nervous, but I have to believe that we continue to be destined for great things as an organisation. Our growth in the last year has demonstrated our belief in knowing that out of the darkness, the light emerges. I have seen Magic Life provide safer places to be for the people we support. We roll up our sleeves and we work towards getting things done. Some days are harder than others but we recognise this and keep coming back. That is the spirit of being a true believer and **I'm a believer.**

Eamonn Cummings (he / him)
Director of Operations



Talent Show

672 High Road

672 High Road held a talent show on the 19th of August. This has become something of an annual event. A lot of preparation went into organising the day and everyone got stuck into making the day a success.

The talent show started in the afternoon and guests and performers from other Magic Life homes started to arrive.

The smell of the BBQ made for a warm welcome as the show was introduced by Segun the service manager. The show started with a Performance from Paul. He did a wonderful job and clearly enjoyed his time on the stage. This was followed by Mica who also performed well. Everyone who wanted to perform had a go which was great to see.

Aside from the show we also celebrated Satpal's birthday with a birthday cake.

672 High Road would like to thank Sandy Yell and Morris Campbell for their support with the sound system and their time which they provided for free.



Time To Clean

Bruce Grove

Bruce Grove residents have spent time going to the park and just chilling out in the back garden.

Positive engagement has a wide meaning and is not only about going out into the community but completing tasks that contribute to development for the individual. Over the months it has been a struggle to bring routine and consistency into some of the service users lives, but we continue to use different strategies to manage this using a person centred approach, knowing the individuals likes and dislikes, strengths and weaknesses enables you to come up with a plan that might work.

Time for a clean up

RB: Has struggled with keeping his room tidy, took matters into his hand with cleaning his room and getting rid of his old clothes. He was supported to give the room a big clean, when finished he laid across his bed like a king in his own castle.

SSG: Also did a big clean of his room which left him in a happy place. Also he has been wanting to rekindle his youth and buy roller skates, he said back in the day he was the best, holding onto buses and skating alongside it

With this in mind we hope that he will get his skates on and use them in roller city

Tottenham. No rollering on the back of buses please.

He put on a show at the talent show held at 672, his song about his medication went down a treat, we all know the words at Bruce Grove and singalong with him in the mornings. He really also wants to go to a recording studio since he does have a good voice, this is something we will look into.



Summer BBQ

Grove Park Road



The residents have been enjoying the warm sunny days this month, some of them went out in the community while others sat in the back garden and enjoyed the cool breeze.

A garden BBQ was held at the service on the 13th of August all the residents told staff that they had a wonderful time and that they enjoyed the great selection of food that was provided, the residents ate and enjoyed the company of their fellow house mates. Overall, they had a great time.

NR: Stayed in the service to attend the garden BBQ, she enjoyed the food and drinks that was provided, and complimented staff on the delicious tasting food. NR said she had a great time.



EL: Continues to do her weekly food shopping and cooking. EL has participated in planned activities in the service, such as cooking with staff and attending a BBQ in the garden.

EB has moved in on 22/08, staffs supported her to the supermarket after she had settled in. ET went out to Wood Green in the late evening to familiarise herself with the area where Maca Bingo is.



DR: Has had a few coffee mornings with Charmaine a Community Care-coordinator from MIND Haringey, they have gone out to Costa Coffee and had also stayed in the garden and have a chat over coffee, DR seems to enjoy this and had agreed to join the local gym and will be supported by Charmaine to go and view the facilities.

ET: Spent most of her days out in the community. Staff supports her with preparing simple meals and encourages her to accept support in tidying her room. ET was present for the BBQ and she seems to have enjoyed the food very much.

Family & Friends

171 Harringay Road



BR: Has been visiting his family alot and enjoys his time there. He has also been visited by his girlfriend which he enjoys.

SE: visited Alexandra Palace for brunch with staff. She loves it there and enjoys looking over all parts of London, she said that it had been many years since she has been back there.

JC: Likes to go out into the community. Sometimes he visits the local shops a few

times a day. Also, this month he went out to eat with staff and also did some retail therapy and bought a few items.

RL: went out into the community to local cafes/ restaurants this month. She said she visited the famous Gail's bakery in Crouch End for pastries and a coffee, she always wanted to go there.

NC was out out a lot visting friends.

Family Ties

Burlington Lodge

All service users have been engaged in varieties of activities according to their strengths and preferences.

Michael loved his toy musical instrument, the organ, piano and accordion and so his devices were always charged with batteries to ensure they function well. It was a delight to see him riding his wheelchair while listening to the melody of the instruments.

Sam has been going to the local park and enjoys chatting to people he meets there. He loves riding his scooter from place to place.

Jamie likes going to the day centre. He has been going there a few times a week. He also enjoys spending time with his family and looks forward to their visits.

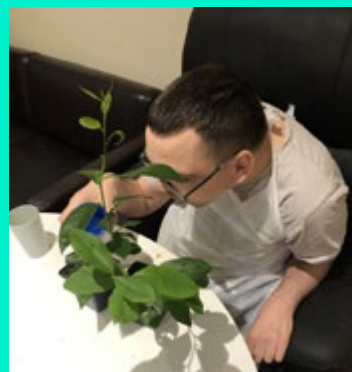
Junior likes to be ready for his family visits. He spends a lot of time with them and really looks forward to collecting for family occasions.

We have nicknamed Elijah the swimmer. Elijah demonstrated a happy mood when he goes to the hydrotherapy sessions.

Effort is being made to help Paul to stand once again on his feet, his physiotherapist visited, and everyone was

delighted to see Paul making effort to stand with the help of Sarah Sturdy.

We are happy with the progress everyone is making and the month was filled with activities and in the warm weather.



Not Great Odds

Devonshire Lodge

“When something is important enough, you do it even if the odds are not in your favour” – Elon Musk

This short message is being written as the summer is coming to an end. The first, somewhat still warm rain is falling on Devonshire Hill Lane. Is there a better opportunity to summarise and reflect on the past few months decorated with adventures, exploits and trips? I know this all sounds

On this occasion, there is not going to be build up to a great finale. Yes, as it stands, both clients settled in well (fingers crossed) much better than in previous placements. Yes, there were incidents and surprises but overall, we have managed to cut down on the number of incidents by 60% comparing to previous placements. The attitude of transparency and positive risk taking worked again. The grand finale on this occasion will only focus on

eyes. Pretty much everyone was convinced that this was the only way forward. The only reason they wanted to be out and about with new clients was because they wanted to see them develop. They did not care about the reputation of Magic Life, opinion of their manager or anything else. They were happy to see new arrivals settling in and living their best life at the lodge. This was so important to Them, they were happy to do it even if the odds suggested there

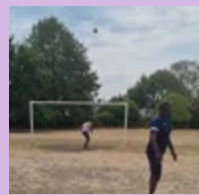
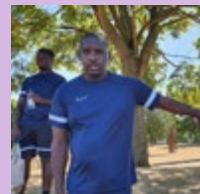
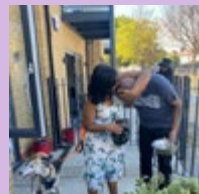
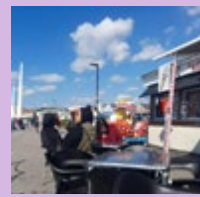
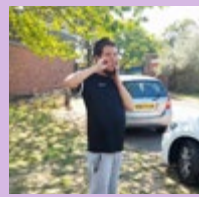
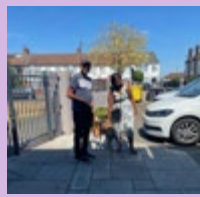
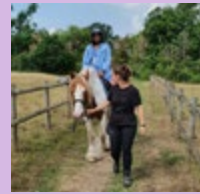
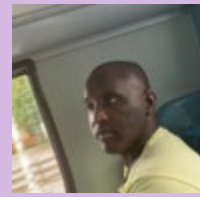
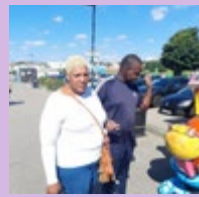
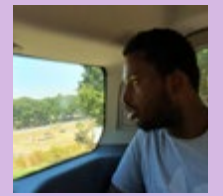
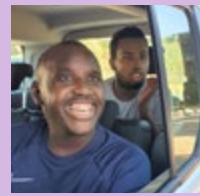
**“When something is important enough, you do it even if the odds are not in your favour”
– Elon Musk**

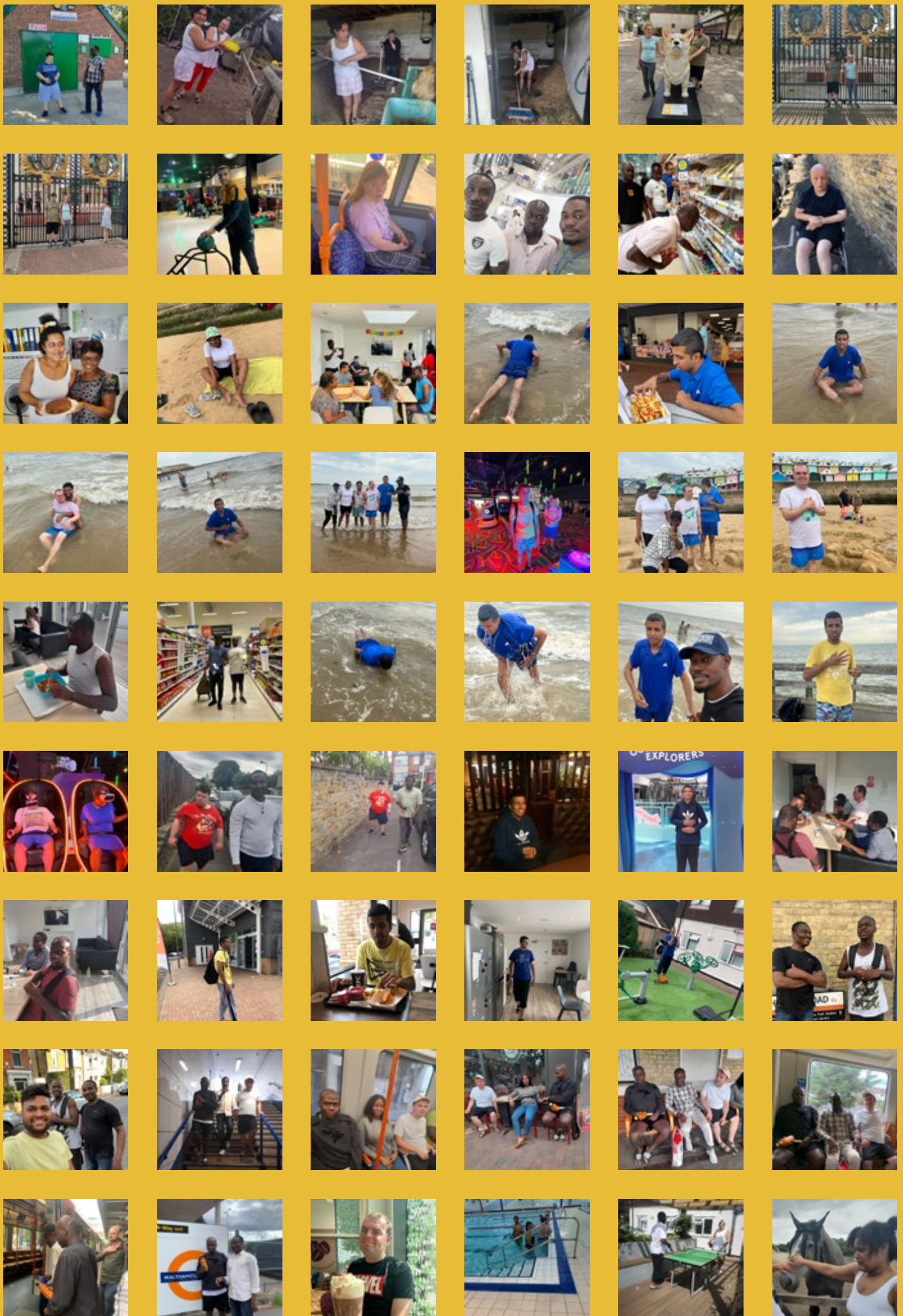
far too melancholic, but I wanted to commit this peace to a special kind of a support worker. The kind who joined this job for the right reason. Since the spring started, we have accepted two new clients and both individuals were referred to us by CCG as we became a preferred provider, for one of the local authorities in London. It was great feeling to get to this stage but, staying at this level, and proofing professionals, that trusted us, this was the right call, is another. Having this in mind, the entire team was slightly worried, how are we going to get on with new arrivals. Are they going to settle in? Will there be any challenges?

the attitudes behind this success. There were occasions where we had to work with people we did not know. The expectation we set was to get people out and about as soon as possible so they do not get into routine of staying inside the house. This meant that our staff would be working outside of their comfort zones with the clients the do not know. Often in the new environment. This applied to, shopping trips, swimming, long walks with people with learning disabilities we only have just met. It was obvious it was possible things will occasionally go wrong. At the same time it was great to see majority of the team having this confidence in their

may be a challenge or two ahead. Perhaps this attitude is not going to fly The Lodge to the Moon as it may be the case with the author of this quote. But it is more than enough, to have a happy group of people working in social care. Well done everyone!







What A Great Month

Hale End

Wow what a great month we have had, we have had one off the biggest improvements to date at Hale End, Jude has really progressed, he has been on train rides, and buses even to Tesco's doing his weekly shopping, walks to the park and around Highams park.

New Staff Join Hale End

Kasimi ,Nadeisha, Buster and Sumey. The newbies are settling in fantastic, and residents are accepting the change with staff. My husband (Patsy) has run away and eloped to Barbados (how dare he) and forgot to take me.

Residents have had a great month with all this lovely weather, trips to Walton on Naze, Buckingham Palace, London Zoo, Southend. We have had several Barbecues even family members come.

Ayhan has now started to come in the garden with his family, as they got a wheel chair for him, he is progressing well.

Adrian is still giving the staff the run around lol, loves to be heard and loves banter. He has been loving his family coming to see him and his car rides out in the magic life car.

Michelle enjoyed her trip to the seaside and especially the VR game with our Toby.

Raphael has had some home visits which went really well ,playing in the pool in his Mums garden, and also been having fun with his walks and car rides .

Irfan had a great time at the seaside with the other residents, he thought was a seal lying down in the water lol. Irfan has been going bowling which he likes and even playing basketball in the garden and enjoying the barbecues. He has even had some great days swimming with other residents to.

Toby had fun on the VR at Walton on naze and even tried to get into Buckingham Palace with Rebekah for a cuppa tea with the Queen but it never happened she was out. He has also had a great time swimming and playing in the garden with all the other residents and still enjoying his trips up London.

Sarah has been on her trips to the park which she loves and paying on her organ, she has now gone on holiday with her dad to Crete, lucky lady

Jude has done so well this month, train rides trips to Tescos to do his shopping bus rides and walks all around Highams park .I would love to say A GREAT BIG THANK YOU to all the staff that have been working with Jude on this great progress. He is now even having his dinners with the other residents and

playing games with them and interacting so well with everyone.

Rebekah has been away this month with her family.

Alicia enjoyed her holiday with her Family (so did Julie enjoy her time off). She enjoyed her day up the stables, cleaning out the stables and feeding Julies horses. She is happy to be back here doing the residents laundry and cleaning everywhere, she is like our



Boxing Fit

Bishops Stortford



Pottering Around

Northlands



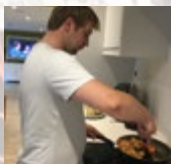
Big Half

Park Lodge

August month was one of the busiest times at Park Lodge as we had resident ES who moved in room 6 on 24th August.

We also had resident DF who move in room 7 on 26 August after completing two weeks transition. After the last two residents moved in, we are now full house at Project Park Lodge.

On the other hand, resident CR remained busy with his Athletic training. He won a medal for 13.1 miles in running competition for Big-Half Project Park Lodge is settled with increased number of new residents and staff support. Our young people enjoy each other's company they spent their first weekend by sharing indoor activities such as Sunday Brunch, Bingo afternoon games and Sunday roast in the evening. All resident and staff team made the most of the rest of good weather to have a small picnic at Pimm's park as we approach end of summertime.

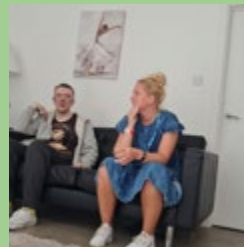
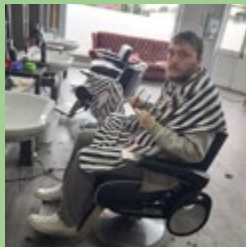
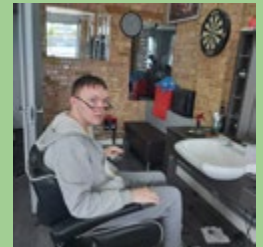
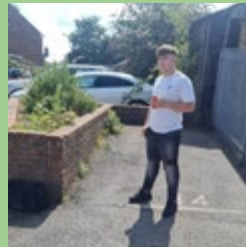
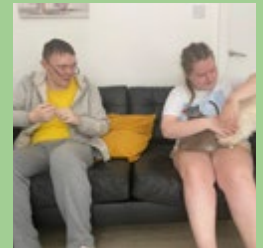
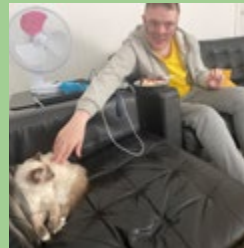
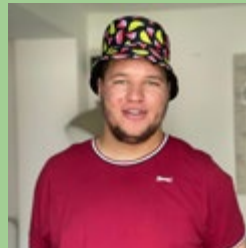
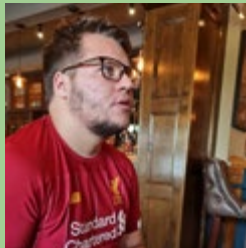
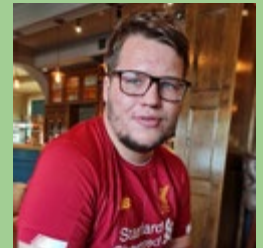
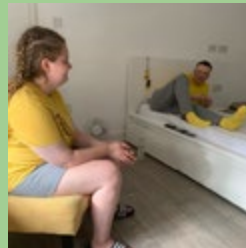
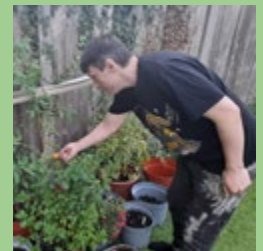
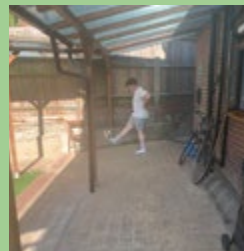


Seeing Clearly

Manor Lodge

Manor Lodge has had a fresh coat of paint brightning up the home. Residents have been visitng family and friends and also spent time with Northlands where they played with the house cat.

There have been trips to the dentist, opticians and the local GP surgery and everyone is in tiptop shape. GS has havested his tomoatos and shared them with his housemate. MT also enjoyed a trip to the cinema and Jo has been enjoying his weekly swim at the local pool.



Suncream & Hats

Winns Mews 3

The Beach, suncream and Hats

Things have been up and down at the service this month but generally quiet, one of our service users, unfortunately became unwell and has been in hospital for two weeks, but has come back home feeling much better and listened to by the mental health team. It has been a battle, due to the demand on the mental health service in Haringey, as the process for transition for those who are from out of borough and in need, seems to be taking longer and longer, this is not helpful, for those struggling to manage their mental health and disagree that they should have to reach breaking point before help is given. We give 100% support at the service, but sometimes professional intervention, beyond our remit, becomes desperate, leaving us very little room and scope to try to prevent a decline, its heart-breaking to watch, knowing that you have explored every avenue to get the support needed.

On the upside the sun was out in its intensity and have been blessed with some beautiful weather this summer, a bit too hot for some, but it did not stop the team from planning more experiences and memories for our ladies at 3 Winns Mews. The suncream and sun hats came out, bags were packed with goodies and off they went, to Brent Cross Man made beach, what an experience. Is this not

what its about. This has to be the highlight of the month. It was lovely to see the majority of service users participate in this activity and share their experience, with the staff on their return. They just loved it, due to the fact that they had never been to anything like this before, they just want to see and experience more and more of what's out there to enjoy.

One of our ladies took a trip down to Nottinghill carnival, she said it was brilliant, since it has not been on since 2019, due to the pandemic, she was so excited, as it got closer to the bank holiday, she was oozing with happiness, she danced the day away, with her family and friends, lets not forget the aching legs the following day, but she said it was all worth it. She also experienced a make up tutorial with our gifted and creative Tamara, this is something she has never done before, so for her she also learnt how to apply her makeup, which she also enjoyed, there is not stopping us at Winns Mews.

Our next trip is a boat cruise on the River Thames, before the weather changes, even I am excited, as some of the activities planned, staff have not experienced them, this also gives everyone to opportunity to share these ideas with family and friends and other services. Try it, we are going all out.

PB: has been away to

Scotland to enter further skateboarding competitions, so has not been at the service for a while but is back now.

LC: Highlight this month has been going to the Nottinghill carnival, she was so excited, she is a great dancer so can imagine that she definitely had the greatest time with her family and friends.

HF: has been very quiet this month and is not in the greatest place, she has not been out much, and is finding it difficult to engage, but staff are doing their best to support her through this difficult time.

KN: has been unwell and was admitted to hospital but did enjoy going to Brentcross Beach, she said that it was amazing.

MC: Is struggling with her mental health, it has been a difficult month for her, again, we are looking at the best options of support alongside the professionals and her social worker.







Growth & Progress

Winns Mews 2

The month has been great at Winns, the service users are in really good spirit and doing great. Sadly one of our services users mental health declined and had to be returned to hospital but he is doing better. It is the most rewarding feeling when your teams work and knowledge has made a massive change in anyone's life, but for us at Winns Mews, knowing how difficult it is for our service users who are constantly being told that they need support and won't be able to do, gives us that push to find ways to ensure that they achieve their goals. RT came to 2 Winns Mews in May 2022, he lacked confidence and general skills to manage his day to day living. He required support to do almost everything apart from his personal care, which needed prompting on a daily basis. He was quiet and withdrawn. The work has been intense but the reward has been greater, oh is he vocal now, yes he is, RT is now confident with regards to his level of communication, he tells us what he wants and how he wants it done, this is what we want, for everyone to have their say and their voice to be heard, as it is their right. He cooks a mean omelette to perfection but still requires support with managing the cooker and keeping safe. This month he has soared with his cooking skills, he has learnt how to cook steak,

roast potatoes and spag Bolognese. He is now putting his clothing in the washing machine and acknowledging when they require washing, cleaning his room with little prompting but with some support or more so guidance. He has enjoyed the trips that have been arranged, with his input, since coming to Winns, he has been to Brighton, Southend, Thorpe Park, Alexander Palace and loved every minute of it. We have now joined him with the local library, of which he attends twice a week, he is asking to go to the library, rather than us asking him. Most of all, his ability to say I am happy here, and openly thank Isaac and Christopher for the things they do, that make him happy means a lot.

PKP: Was unfortunately admitted to hospital in July and still remains there. He is doing better.

KF: Went into the city to visit his friends by bus, this is a massive achievement, since he asked for an oyster card, made his way there and came back safely. He is still loving his PS4.

AM: is loving living in Tottenham and has made new friends in the community, he cooks his meals without support and still has us smiling on a daily basis, since he is always making cracking one liners that have us in stitches.

HNS: Has been staying at the service more, this is a massive achievement, he is engaging well but still spends his time with his family and in

the community doing his own thing.





Queen Elizabeth II 1926 - 2022