

Magic Life

Sharing Experiences

- More Than Words
- Belinda Berry Podcast
- Welcome Margie
 - Ask Alex
 - Celebrations
 - Jubilee Bingo
 - Feeling Lonely
- BBQ & Sunflowers
- Thank you Alison
 - Arts & Crafts
 - Sea Life
- Fake It Till You Make It
 - Skimming Stones
 - Forgotten
 - Champions
- Donuts & Chips
 - BBQ



More Than Words

Eamonn

I hope that you have been able to embrace the somewhat good weather that has sometimes been hit and miss but typical of what we commonly know as the British Weather.

I hope that you are all safe, well and have a degree of happiness in relation to the important job that you carry out on a daily basis along with your staff team.

My musical choice for this month is 'More than words' by Extreme. Read on...

There is an obvious choice for this particular song this month because it relates to the job that we do. I mention this as my colleague Sonia has started on the next round of quality audits as well as currently collating the results of the people we support/family and staff surveys. It was an opportunity for everyone connected with Magic Life to have a say on how they feel we are as an organisation. The quality audits will also give an accurate picture of what is happening within services and generally what is being shared with the staff and people we support universally.

More than words is us as an organisation to simply share what

we consider to be more than just words but ensuring that there is an element of action attached to the words you hear from us as an organisation. I am not going to sit here and tell you that we are about to solve the world's crisis' because it is something that affects you personally. We cannot do anything about the cost of living crisis which affects the UK as a whole. We cannot fix the issues in Ukraine and we certainly cannot influence political outcomes in this country. What we can do is hear from the people we support, their families and all the staff about what we can do to make the improvements, making us a company with a good reputation is how we address issues in the organisation.

This is not the chance to create a forum of looking at things that we are unable to solve but a collective look at what can be done to improve the quality of care and support that we provide to individuals. What are we doing to meet their expectations, and those of their families. Again at the risk of continually repeating, this is the every day challenge that surrounds us.

I heard something extraordinary this morning on a news related item where one high street bank stated to its customers that if they do not like what they are doing, they are entitled to just leave.

Extraordinary way of telling people they are valued. Magic Life is just the opposite. We totally value you as a member of the Magic Life family. This is why it is so important that you tell us what is needed to improve or grow the organisation, what we can collectively do to improve how we are as an organisation. The pressures in health and social care is being felt up and down the country. That is why to us it is even more important that we gel as an organisation and grow in the way that we have. Our reputation out there in the wider role is growing and this is in part to the contributions we all make. Not for one second will I tell you that it has been easy because it is not. But you reap the rewards based on the efforts and hard work being put in.

We are listening, We care. Because we support individuals who have this expectation of us to do just that. More than just words...

Eamonn Cummings (he / him)

Director of Operations



Belinda Berry

Podcast

Belinda Berry is one of our youngest Service Managers with Magic Life. Belinda manages our newest site in Bishops Stortford. In this podcast, we chat about her journey into social care and how she started. She brings youth, energy, and fun to the lives of the people she and her team support. She is a wonderful person and always puts her service users first. To listen to her podcast please visit <https://magiclifeuk.com/podcast-with-belinda-berry/>



Welcome Margie

Margie Gilding

We would like to welcome Margie Gilding to Magic Life. Margie brings a lot experience to the team and she will be heading the team at Northlands. So please give her a warm welcome.



Ask Alex

All things Deputy

If you have a question about Deputy and would like some further training on this system Alex is your man

In addition he can also help you with your basic IT needs. Please give Alex a call, on 0208 826 4356 or email him at alex@paulsimonhomes.com



Celebrations

Bruce Grove

The sun surely had a major part to play in brightening up the mood and contributing to change of mind for our guys to venture out this month.

It has been all fun, fun, fun and plenty of celebrations this month, since there was so much to enjoy. The Queen's Jubilee was the biggest celebration that most of the country took pleasure in being a part of. We decided to make the most of this and went all out for the service users at Bruce Grove, the Queen's Jubilee led to a beautifully decorated lounge, we treated the service users to a jubilee breakfast to start their day. They then moved onto the big BBQ in the garden, with plenty of food, good music and sheer enjoyment for all. SSG managed the BBQ, he is great at it and loves a bit of Jerk chicken. Staff spent some time preparing and seasoning meat the day before, ready for the cook out. It was a great success and encouraged all of the service users to engage with each other and chill out as a team, fun was had by all.

Let's send a massive shout out to DK, who celebrated his birthday this month. Staff bought him a beautiful cake and he treated all of his co-residents to kebabs. He was so happy, it's the little things that we do, that make a big difference to how our service users feel. He felt special on his day.

Staff have made the most of the beautiful weather that we have been experiencing. DK for the first time in a long while, agreed to go to the park with Nana, they relaxed and chilled taking in the sun.

SSG has been busy too he visited Bruce Grove Museum, Café Castle park, and spent time talking to the ladies at the museum. One of them being the councillor (who was visiting at the time). He really enjoyed looking at the art work. He then went to see the emergency response helicopter that had landed on the park field and was able to take some pictures. He also went to see the holocaust memorial garden in the park. He really appreciated being able to look at history and be a part of a beautiful day out. That's not all, SSG went to get his hair done ready for his birthday on the 24th June. He really wanted to take in some more sun and was taken to buy a gift for his mum's birthday, which is also this month, he enjoyed KFC with staff. He has had an amazing month and totally appreciated the effort made by Nana to spend some time with him in the community. We thank you Nana!

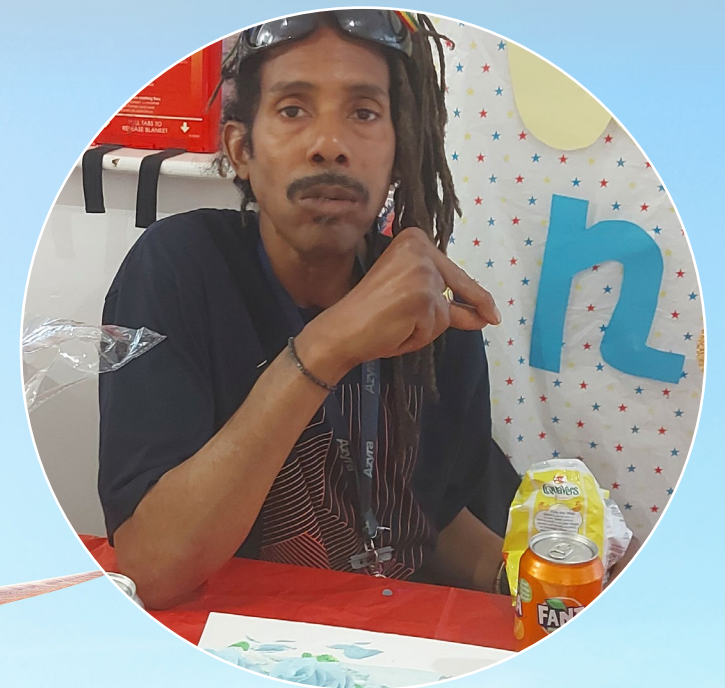
HC enjoyed the weather in the park and decided to show staff his strength by exercising and doing press ups in the park, he had a great day.

This is what support work is about, making their day a memorable one, changing their routine and mood to bring a smile to everyone's face.

KU:- spent time with his family, which is a usual thing for him. He loves to see his daughter and engage with her. He continues to cook and furnish his room to make it his safe haven.

BF:- has been quiet this month but has been doing well. He has not felt like going out much, but has been engaging well, eating well and looking after himself more.

RB:- enjoyed the Queen's Jubilee and DK's birthday celebration. and continues to work towards his goals



Jubilee Bingo

Grove Park Road

Staff has taken the Platinum Jubilee as a chance to have the residents interact more with each other, and a great way to take part and enjoy in-service activities. We had a bingo night.

Tea, Coffee and Scones

In celebration of the Queen's Platinum Jubilee, residents here at Grove Park enjoyed a morning of delicious scones, cakes, and other pastries with a cup of hot or cold drinks of their choice. The residents were entertained by the Jubilee celebrations. They all had a wonderful morning.

We also celebrated Dawn's birthday. She enjoyed the day having a nice lunch with her friend.

Upon returning to the service, staff and other residents celebrated with her. Dawn told staff that she had a great time. Dawn had saved some of her delicious chocolate cake to share with her family.



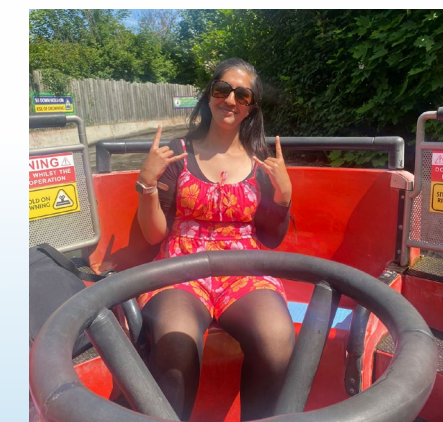
Feeling Lonely

Winns Mews 3

This has been a great month for the service users with regards to getting out into the community and really taking in the sunshine. They have had lots of celebrations with the Queen's Jubilee the beginning of the month, where they partied at a BBQ that the staff had put on for them. There was lots of preparations by Tamara who really enjoys this aspect of the job. She also planned a trip to Thorpe Park and then took the some of service users to Alexandra Palace for a picnic, they really appreciated and contributed to a lovely month of activities.

This month has been very difficult for one of our ladies, she continued to say that she feels lonely, having spoken to her, I now understand it better. I am sure at some stage of our life we have felt an element of loneliness and isolation but it would have been when we have been going through something difficult; maybe a breakup, an argument with mum, dad or your sibling, that has made you feel lonely since we as humans rely on people to uplift us, have meaningful conversations, make you laugh, learn things, feel wanted and loved. What happens when you don't have any of this, you become isolated from the world, you feel a sense of rejection, abandonment, feel unloved and unwanted. This is what was established from the conversation I had with one of my service users. We had to try to make her understand that she is not to be blamed for how others have left her feeling but it is hard to shake that off. No matter what a person tells you. Henrietta saved the day; I could not

believe how happy the Support Workers made her after such a heartfelt and sad conversation. They cooked a lovely evening meal, watched movies, and made her day. That's what support work is about, sharing, caring and understanding...



BBQ & Sunflowers

Harringay Road

It was a very busy and eventful month here at Harringay Road.

We celebrated the Queen's Jubilee in style on June 2nd & 3rd, all our residents and staff celebrated the special occasion.

We also had a BBQ on June 16th. We had a good turnout from our residents. Our residents sat in the garden together socialising whilst they waited for their meal.

Staff supported one of the residents with a trip to Ikea for some bedroom furniture. Whilst there we enjoyed Ikeas famous meatballs.



Feels Like Home

Winns Mews 2

Winns Mews 2 is running smoothly. The service users have all settled in really well. I would like to take this opportunity to welcome Pravin in 2 Winns Mews, he joined us two weeks ago. He appears to be happy and is enjoying his new home, staff have been supporting him in every way possible to make him feel welcome.

The service users have been enjoying the warm weather and some of the activities that have been put on, we teamed up with No 3 Winns Mews and invited everyone to the BBQ put on during the Queen's Jubilee bank holiday.

They ate lots of food and had great music.

We took the service users to Thorpe Park, in June, we teamed up with 3 Winns Mews who had pre-planned the trip, but we

thought it would be nice if we extended the invitation. He had a wonderful time and was brave enough to go on a lot of the scary rides. We planned another trip for everyone to go to Alexandra Palace, RT had an amazing time and caught a wonderful tan. He said that he loves living at Winns as it feels like home.

KF has made excellent progress, as well as having a new PlayStation. He has invited Isaac (Support Worker) to a game. The smile he gives, since being back here is infectious, you can see a real sense of happiness through the smile.

We now have a full house at No 2 Winns Mews, which is calm and peaceful for those that live here. Our aim is to ensure that each service users' needs are met, that they are happy and can call home a home.





Thank you Alison

672 High Road



Firstly, we would like to give a big hands up to Alison Douglas who we would like to recommend for staff of the month for taking time to positively engage with RS by talking and listening to his stories and playing dominoes with him.

672 Celebrated the Queens Jubilee with a BBQ, music and all the residents participated. CK's family came to celebrate with us all.

CK was supported to Bruce Castle Park, reading the Magic Life UK magazine to try and find his photos in the newsletter. CK enjoyed using the hula-hoop in the courtyard. PH had a picnic in the park with staff, he also enjoyed the healthy picnic in the courtyard with some music and took pride in doing his weekly shopping and scanning the items. PH had made cheesecake for MFE in his flat to have whilst having their residents meeting.

SSS has been in the courtyard enjoying the BBQ, music and interacting with other residents. Staff surprised Segun for his birthday with cake and a card.



Art's & Craft's

Burlington Lodge

We have got a new resident at Burlington Lodge .

Paul moved to our service in the end of May. He is an older gentleman with learning disabilities and moved to us from Islington Borough.

Paul is a big fan of Superman and he likes to be called Clark Kent.

He is making making friends fast at Burlington Lodge. He likes to interact with Sam and takes part in activities with the other service users. His favourite activity is playing cards, he also enjoys baking and art sessions, he likes to watch TV and old films.

Due to good weather the service users have gone into the community often, visited local parks and shopping centres.



Sea Life

Chapel Row



Fake It Till You Make It

Devonshire Lodge



One of the highlights of the passing month definitely was celebrating learning disability week. What stood out from the process of preparing the event is the fact that the entire team missed it, forgot about it until very last minute. It was Thursday when we were reminded by head office that this event was going ahead. We had a few hours of panic, guilt and embarrassment which was quickly replaced by enthusiasm mixed with confidence that we can pull this off even at a very short notice. It was nice to see, the entire team recovering

from a mistake made and stepping up to the challenge. It was within hours that we established a positive, working relationship and trust with Mencap Fundraising Teams. The lesson learned during Autism Awareness Week kicked in and it was a matter of time before we had a fundraising page set up, t-shirts delivered to our address and collection boxes assembled.

It was good to see everyone knowing what is expected of them and doing their important bit to make a

success out of the entire week. The plan was for our residents to bake cupcakes and visit surrounding houses asking for donations, whilst raising awareness about learning disabilities. Majority of neighbours in the area have been supportive of everything we do, therefore it was also a great opportunity to say "Hi!" and show how thankful we are for their patience and support they give to our residents.

Last but not least, we visited head office. It was only fair since it was our colleagues

based there that kindly reminded us about this glorious event. Two of our people supported took part in the trip and made themselves very comfortable and went over to one of the rooms which our staff asked for donations.

We would like to take this opportunity to thank everyone who opened their wallets and hearts and made this day special and enjoyable even though, the event started with someone forgetting it was actually taking place.



Skimming Stones

Manor Lodge

Soon, it is the middle of the year and our clients have been phenomenal by beating all the odds in terms of rejuvenating their commitments in socialising and engaging with all sorts of activities in the community after the pandemic. We even had one of our clients travelling all the way to Sardinia in Italy, others spending couple of days with parents here in the United Kingdom. Both clients and staff from Manor Place and Northlands had the opportunity earlier this month to come together in celebrating the Queen's Platinum Jubilee. Staff and clients again went to South-End on Sea to enjoy one of the hottest days in June 2022.

We also had visits from almost all of our client's families, friends, social workers and themaintenance team from the head office. The service has had a boost of two new staff members this month and quite a few face to face and online staff training sessions.



Forgotten

Northlands

JC went to High Wycombe to visit Millie. She was anxious about the journey and about how long she was going to sit in the car. Staff supported her throughout. She met with Millie and managed to have a good time. They talked about their old times and did some TikTok videos together. She told staff that that she had forgotten how to laugh. She loved every minute that she was with Millie and treated herself to McDonald's when she returned to the house.

She also enjoyed the sun and went to have her nails done at the nail salon. She was a bit anxious because of her sensory issues. She chose some nice summery colours and enjoyed a walk at the park. She enjoyed baking a cake. She has been struggling a bit with her body image, but she is trying her best. She shared her cake with everyone.

LM went to the aqua park. She

enjoyed swimming and diving in the water. Staff participated in the activity with her, and she was happy. She has been struggling a lot lately but doing these kinds of activities distract her and make her happy. She also bought a pool that she put out in the back garden. She is enjoying the hot days. She always makes time to go to the park and feed the ducks. She has named all the ducks and spends time just watching them. The girls have also tried to spend time together braiding each other's hair.

Both ladies love colouring their hair and it looks good in summer



Champions

Hale End

We have had a couple of birthdays this month with Toby turning 24, his mum really laid on a brilliant party for all residents and staff with hook the duck, lucky dip, loop the hoop, bubbles and lots more and Sarah also turned 24.

We would also like to congratulate our doctor Prosenjit who is now our Medication Champion and has also just been promoted to Senior.

Alicia, who is our newest resident, has really shown great progress. We also enjoyed the water sprinkler in the garden on them lovely hot days.

In addition to the parties there have been lots of outings and personal achievements to be proud of.

Visits to the local shops and parks were the order of the day in addition to trips on buses and swimming pools to mention just a few. Back in the homes residents enjoy board games, arts and crafts and using the outdoor gym.



Donuts & Chips

Park Lodge

We had the busiest days at Park Lodge during the month of June while the home got refurbished. In addition a new office was built which include a staff room.

We also welcomed a new resident to the home who is settling in well.

Our activities remained in place with no changes, we however organised a day out at Southend as the weather improved.

This was a group activity planned for AW and SGF. They spent the day the beach and went to the arcade to play coin machines and won so many candies. They both enjoyed their lunch at the local fish & chips' which tasted better than ever before and freshly cooked doughnuts were just amazing.

Both were very happy having spent a great day out and look forward for next seaside trip.





BBQ

Park Side



The 3rd of June was a very important day for so many people, it was the Platinum Jubilee of our Queen who is the only Monarch to sit on the throne for 70 years. It was a day celebrated by the whole country. Our Manager Dan and staff from Parkside and Park lodge decided to make a special day for the residents of both projects, so we got together and went through some ideas and after discussing with the residents we all decided that a Barbecue was the perfect idea,

We decided what food, drinks and snacks they would like. Some residents decided that they would like to cook some food of their choice for the day and others decided they just wanted to enjoy the day.

The team worked really hard preparing the home for the day and we also invited residents from Park Lodge to join in the celebrations. The day was enjoyed by everyone and was a complete success.

We are also pleased to say that our sunflowers and doing well. The residents enjoy watching the flowers blossom.

